



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
1	1 - FILIPE AFONSO	1	31:26.127	15,3	31:26.127	12:30:29.874	Solo
1	1 - FILIPE AFONSO	2	27:13.933	17,6	58:40.060	12:57:43.807	Solo
1	1 - FILIPE AFONSO	3	26:59.259	17,8	1:25:39.319	13:24:43.066	Solo
1	1 - FILIPE AFONSO	4	27:01.529	17,8	1:52:40.848	13:51:44.595	Solo
1	1 - FILIPE AFONSO	5	27:29.236	17,5	2:20:10.084	14:19:13.831	Solo
1	1 - FILIPE AFONSO	6	27:35.823	17,4	2:47:45.907	14:46:49.654	Solo
1	1 - FILIPE AFONSO	7	26:05.240	18,4	3:13:51.147	15:12:54.894	Solo
1	1 - FILIPE AFONSO	8	26:16.057	18,3	3:40:07.204	15:39:10.951	Solo
1	1 - FILIPE AFONSO	9	43:40.091	11	4:23:47.295	16:22:51.042	Solo
1	1 - FILIPE AFONSO	10	27:33.381	17,4	4:51:20.676	16:50:24.423	Solo
1	1 - FILIPE AFONSO	11	27:15.628	17,6	5:18:36.304	17:17:40.051	Solo
1	1 - FILIPE AFONSO	12	27:28.839	17,5	5:46:05.143	17:45:08.890	Solo
1	1 - FILIPE AFONSO	13	27:46.367	17,3	6:13:51.510	18:12:55.257	Solo
1	1 - FILIPE AFONSO	14	27:21.688	17,5	6:41:13.198	18:40:16.945	Solo
1	1 - FILIPE AFONSO	15	50:09.312	9,6	7:31:22.510	19:30:26.257	Solo
1	1 - FILIPE AFONSO	16	28:27.109	16,9	7:59:49.619	19:58:53.366	Solo
1	1 - FILIPE AFONSO	17	27:32.575	17,4	8:27:22.194	20:26:25.941	Solo
1	1 - FILIPE AFONSO	18	27:06.458	17,7	8:54:28.652	20:53:32.399	Solo
1	1 - FILIPE AFONSO	19	27:54.972	17,2	9:22:23.624	21:21:27.371	Solo
1	1 - FILIPE AFONSO	20	1:11:56.609	6,7	10:34:20.233	22:33:23.980	Solo
1	1 - FILIPE AFONSO	21	29:39.801	16,2	11:04:00.034	23:03:03.781	Solo
1	1 - FILIPE AFONSO	22	28:38.988	16,8	11:32:39.022	23:31:42.769	Solo
1	1 - FILIPE AFONSO	23	1:02:22.436	7,7	12:35:01.458	0:34:05.205	Solo
1	1 - FILIPE AFONSO	24	35:39.154	13,5	13:10:40.612	1:09:44.359	Solo
1	1 - FILIPE AFONSO	25	27:51.489	17,2	13:38:32.101	1:37:35.848	Solo
1	1 - FILIPE AFONSO	26	28:24.981	16,9	14:06:57.082	2:06:00.829	Solo
1	1 - FILIPE AFONSO	27	30:21.680	15,8	14:37:18.762	2:36:22.509	Solo
1	1 - FILIPE AFONSO	28	3:31:33.323	2,3	18:08:52.085	6:07:55.832	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
1	1 - FILIPE AFONSO	29	28:28.465	16,9	18:37:20.550	6:36:24.297	Solo
1	1 - FILIPE AFONSO	30	45:04.718	10,6	19:22:25.268	7:21:29.015	Solo
1	1 - FILIPE AFONSO	31	29:19.653	16,4	19:51:44.921	7:50:48.668	Solo
1	1 - FILIPE AFONSO	32	30:04.933	16	20:21:49.854	8:20:53.601	Solo
1	1 - FILIPE AFONSO	33	52:40.469	9,1	21:14:30.323	9:13:34.070	Solo
1	1 - FILIPE AFONSO	34	30:32.354	15,7	21:45:02.677	9:44:06.424	Solo
1	1 - FILIPE AFONSO	35	49:09.673	9,8	22:34:12.350	10:33:16.097	Solo
1	1 - FILIPE AFONSO	36	27:42.256	17,3	23:01:54.606	11:00:58.353	Solo
1	1 - FILIPE AFONSO	37	25:54.933	18,5	23:27:49.539	11:26:53.286	Solo
1	1 - FILIPE AFONSO	38	27:21.056	17,5	23:55:10.595	11:54:14.342	Solo
2	2 - FILIPE FLORÊNCIO	1	32:15.914	14,9	32:15.914	12:31:19.661	Solo
2	2 - FILIPE FLORÊNCIO	2	25:45.210	18,6	58:01.124	12:57:04.871	Solo
2	2 - FILIPE FLORÊNCIO	3	25:47.300	18,6	1:23:48.424	13:22:52.171	Solo
2	2 - FILIPE FLORÊNCIO	4	26:24.464	18,2	1:50:12.888	13:49:16.635	Solo
2	2 - FILIPE FLORÊNCIO	5	25:47.009	18,6	2:15:59.897	14:15:03.644	Solo
2	2 - FILIPE FLORÊNCIO	6	26:39.818	18	2:42:39.715	14:41:43.462	Solo
2	2 - FILIPE FLORÊNCIO	7	26:51.624	17,9	3:09:31.339	15:08:35.086	Solo
2	2 - FILIPE FLORÊNCIO	8	25:36.951	18,7	3:35:08.290	15:34:12.037	Solo
2	2 - FILIPE FLORÊNCIO	9	27:22.167	17,5	4:02:30.457	16:01:34.204	Solo
2	2 - FILIPE FLORÊNCIO	10	27:19.307	17,6	4:29:49.764	16:28:53.511	Solo
2	2 - FILIPE FLORÊNCIO	11	28:51.190	16,6	4:58:40.954	16:57:44.701	Solo
2	2 - FILIPE FLORÊNCIO	12	27:05.891	17,7	5:25:46.845	17:24:50.592	Solo
2	2 - FILIPE FLORÊNCIO	13	26:55.052	17,8	5:52:41.897	17:51:45.644	Solo
2	2 - FILIPE FLORÊNCIO	14	28:29.010	16,9	6:21:10.907	18:20:14.654	Solo
2	2 - FILIPE FLORÊNCIO	15	29:35.182	16,2	6:50:46.089	18:49:49.836	Solo
2	2 - FILIPE FLORÊNCIO	16	2:04:47.626	3,8	8:55:33.715	20:54:37.462	Solo
2	2 - FILIPE FLORÊNCIO	17	28:39.956	16,7	9:24:13.671	21:23:17.418	Solo
2	2 - FILIPE FLORÊNCIO	18	29:55.982	16	9:54:09.653	21:53:13.400	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
2	2 - FILIPE FLORÊNCIO	19	30:26.249	15,8	10:24:35.902	22:23:39.649	Solo
2	2 - FILIPE FLORÊNCIO	20	31:13.749	15,4	10:55:49.651	22:54:53.398	Solo
2	2 - FILIPE FLORÊNCIO	21	32:09.379	14,9	11:27:59.030	23:27:02.777	Solo
2	2 - FILIPE FLORÊNCIO	22	35:39.890	13,5	12:03:38.920	0:02:42.667	Solo
3	3 - RODOLFO DIAS	1	29:59.842	16	29:59.842	12:29:03.589	Solo
3	3 - RODOLFO DIAS	2	22:45.835	21,1	52:45.677	12:51:49.424	Solo
3	3 - RODOLFO DIAS	3	23:21.322	20,6	1:16:06.999	13:15:10.746	Solo
3	3 - RODOLFO DIAS	4	23:32.314	20,4	1:39:39.313	13:38:43.060	Solo
3	3 - RODOLFO DIAS	5	24:04.721	19,9	2:03:44.034	14:02:47.781	Solo
3	3 - RODOLFO DIAS	6	24:10.181	19,9	2:27:54.215	14:26:57.962	Solo
3	3 - RODOLFO DIAS	7	25:36.723	18,7	2:53:30.938	14:52:34.685	Solo
3	3 - RODOLFO DIAS	8	24:37.217	19,5	3:18:08.155	15:17:11.902	Solo
3	3 - RODOLFO DIAS	9	24:45.492	19,4	3:42:53.647	15:41:57.394	Solo
3	3 - RODOLFO DIAS	10	25:12.223	19	4:08:05.870	16:07:09.617	Solo
3	3 - RODOLFO DIAS	11	25:39.203	18,7	4:33:45.073	16:32:48.820	Solo
3	3 - RODOLFO DIAS	12	25:52.839	18,5	4:59:37.912	16:58:41.659	Solo
3	3 - RODOLFO DIAS	13	24:54.290	19,3	5:24:32.202	17:23:35.949	Solo
3	3 - RODOLFO DIAS	14	24:17.205	19,8	5:48:49.407	17:47:53.154	Solo
3	3 - RODOLFO DIAS	15	24:28.348	19,6	6:13:17.755	18:12:21.502	Solo
3	3 - RODOLFO DIAS	16	24:22.833	19,7	6:37:40.588	18:36:44.335	Solo
3	3 - RODOLFO DIAS	17	25:04.862	19,1	7:02:45.450	19:01:49.197	Solo
3	3 - RODOLFO DIAS	18	26:11.864	18,3	7:28:57.314	19:28:01.061	Solo
3	3 - RODOLFO DIAS	19	26:16.754	18,3	7:55:14.068	19:54:17.815	Solo
3	3 - RODOLFO DIAS	20	25:55.395	18,5	8:21:09.463	20:20:13.210	Solo
3	3 - RODOLFO DIAS	21	27:03.834	17,7	8:48:13.297	20:47:17.044	Solo
3	3 - RODOLFO DIAS	22	27:52.839	17,2	9:16:06.136	21:15:09.883	Solo
3	3 - RODOLFO DIAS	23	29:29.110	16,3	9:45:35.246	21:44:38.993	Solo
3	3 - RODOLFO DIAS	24	29:19.623	16,4	10:14:54.869	22:13:58.616	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
3	3 - RODOLFO DIAS	25	26:06.315	18,4	10:41:01.184	22:40:04.931	Solo
3	3 - RODOLFO DIAS	26	27:13.038	17,6	11:08:14.222	23:07:17.969	Solo
3	3 - RODOLFO DIAS	27	27:58.415	17,2	11:36:12.637	23:35:16.384	Solo
3	3 - RODOLFO DIAS	28	26:34.375	18,1	12:02:47.012	0:01:50.759	Solo
3	3 - RODOLFO DIAS	29	31:49.835	15,1	12:34:36.847	0:33:40.594	Solo
3	3 - RODOLFO DIAS	30	28:39.733	16,7	13:03:16.580	1:02:20.327	Solo
3	3 - RODOLFO DIAS	31	28:20.339	16,9	13:31:36.919	1:30:40.666	Solo
3	3 - RODOLFO DIAS	32	34:05.794	14,1	14:05:42.713	2:04:46.460	Solo
3	3 - RODOLFO DIAS	33	27:16.596	17,6	14:32:59.309	2:32:03.056	Solo
3	3 - RODOLFO DIAS	34	28:37.389	16,8	15:01:36.698	3:00:40.445	Solo
3	3 - RODOLFO DIAS	35	28:33.778	16,8	15:30:10.476	3:29:14.223	Solo
3	3 - RODOLFO DIAS	36	35:04.308	13,7	16:05:14.784	4:04:18.531	Solo
3	3 - RODOLFO DIAS	37	34:12.400	14	16:39:27.184	4:38:30.931	Solo
3	3 - RODOLFO DIAS	38	30:01.386	16	17:09:28.570	5:08:32.317	Solo
3	3 - RODOLFO DIAS	39	27:14.554	17,6	17:36:43.124	5:35:46.871	Solo
3	3 - RODOLFO DIAS	40	30:09.198	15,9	18:06:52.322	6:05:56.069	Solo
3	3 - RODOLFO DIAS	41	27:19.922	17,6	18:34:12.244	6:33:15.991	Solo
3	3 - RODOLFO DIAS	42	27:24.526	17,5	19:01:36.770	7:00:40.517	Solo
3	3 - RODOLFO DIAS	43	32:07.302	14,9	19:33:44.072	7:32:47.819	Solo
3	3 - RODOLFO DIAS	44	28:01.863	17,1	20:01:45.935	8:00:49.682	Solo
3	3 - RODOLFO DIAS	45	29:44.001	16,1	20:31:29.936	8:30:33.683	Solo
3	3 - RODOLFO DIAS	46	32:31.778	14,8	21:04:01.714	9:03:05.461	Solo
3	3 - RODOLFO DIAS	47	29:50.028	16,1	21:33:51.742	9:32:55.489	Solo
3	3 - RODOLFO DIAS	48	34:37.809	13,9	22:08:29.551	10:07:33.298	Solo
3	3 - RODOLFO DIAS	49	28:33.755	16,8	22:37:03.306	10:36:07.053	Solo
3	3 - RODOLFO DIAS	50	32:18.616	14,9	23:09:21.922	11:08:25.669	Solo
3	3 - RODOLFO DIAS	51	56:39.962	8,5	24:06:01.884	12:05:05.631	Solo
4	4 - LUIS SILVA	1	34:15.781	14	34:15.781	12:33:19.528	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
4	4 - LUIS SILVA	2	27:03.758	17,7	1:01:19.539	13:00:23.286	Solo
4	4 - LUIS SILVA	3	28:45.913	16,7	1:30:05.452	13:29:09.199	Solo
4	4 - LUIS SILVA	4	28:51.867	16,6	1:58:57.319	13:58:01.066	Solo
4	4 - LUIS SILVA	5	34:10.717	14	2:33:08.036	14:32:11.783	Solo
4	4 - LUIS SILVA	6	29:09.455	16,5	3:02:17.491	15:01:21.238	Solo
4	4 - LUIS SILVA	7	35:53.050	13,4	3:38:10.541	15:37:14.288	Solo
4	4 - LUIS SILVA	8	38:53.346	12,3	4:17:03.887	16:16:07.634	Solo
4	4 - LUIS SILVA	9	38:01.944	12,6	4:55:05.831	16:54:09.578	Solo
4	4 - LUIS SILVA	10	30:17.350	15,8	5:25:23.181	17:24:26.928	Solo
4	4 - LUIS SILVA	11	36:08.061	13,3	6:01:31.242	18:00:34.989	Solo
4	4 - LUIS SILVA	12	35:04.902	13,7	6:36:36.144	18:35:39.891	Solo
4	4 - LUIS SILVA	13	4:59:32.774	1,6	11:36:08.918	23:35:12.665	Solo
4	4 - LUIS SILVA	14	31:54.100	15	12:08:03.018	0:07:06.765	Solo
4	4 - LUIS SILVA	15	39:05.883	12,3	12:47:08.901	0:46:12.648	Solo
4	4 - LUIS SILVA	16	33:53.790	14,2	13:21:02.691	1:20:06.438	Solo
4	4 - LUIS SILVA	17	5:33:54.635	1,4	18:54:57.326	6:54:01.073	Solo
4	4 - LUIS SILVA	18	34:06.147	14,1	19:29:03.473	7:28:07.220	Solo
4	4 - LUIS SILVA	19	2:26:19.163	3,3	21:55:22.636	9:54:26.383	Solo
5	5 - PAULO CAÇOETE	1	30:57.098	15,5	30:57.098	12:30:00.845	Solo
5	5 - PAULO CAÇOETE	2	25:08.504	19,1	56:05.602	12:55:09.349	Solo
5	5 - PAULO CAÇOETE	3	24:52.930	19,3	1:20:58.532	13:20:02.279	Solo
5	5 - PAULO CAÇOETE	4	26:04.754	18,4	1:47:03.286	13:46:07.033	Solo
5	5 - PAULO CAÇOETE	5	24:27.740	19,6	2:11:31.026	14:10:34.773	Solo
5	5 - PAULO CAÇOETE	6	25:44.162	18,7	2:37:15.188	14:36:18.935	Solo
5	5 - PAULO CAÇOETE	7	24:30.832	19,6	3:01:46.020	15:00:49.767	Solo
5	5 - PAULO CAÇOETE	8	26:02.464	18,4	3:27:48.484	15:26:52.231	Solo
5	5 - PAULO CAÇOETE	9	25:24.056	18,9	3:53:12.540	15:52:16.287	Solo
5	5 - PAULO CAÇOETE	10	24:35.684	19,5	4:17:48.224	16:16:51.971	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
5	5 - PAULO CAÇOETE	11	25:33.432	18,8	4:43:21.656	16:42:25.403	Solo
5	5 - PAULO CAÇOETE	12	25:47.809	18,6	5:09:09.465	17:08:13.212	Solo
5	5 - PAULO CAÇOETE	13	24:37.226	19,5	5:33:46.691	17:32:50.438	Solo
5	5 - PAULO CAÇOETE	14	25:36.262	18,7	5:59:22.953	17:58:26.700	Solo
5	5 - PAULO CAÇOETE	15	27:24.469	17,5	6:26:47.422	18:25:51.169	Solo
5	5 - PAULO CAÇOETE	16	25:29.481	18,8	6:52:16.903	18:51:20.650	Solo
5	5 - PAULO CAÇOETE	17	1:08:20.127	7	8:00:37.030	19:59:40.777	Solo
5	5 - PAULO CAÇOETE	18	36:28.535	13,2	8:37:05.565	20:36:09.312	Solo
5	5 - PAULO CAÇOETE	19	25:14.997	19	9:02:20.562	21:01:24.309	Solo
5	5 - PAULO CAÇOETE	20	26:04.296	18,4	9:28:24.858	21:27:28.605	Solo
5	5 - PAULO CAÇOETE	21	49:26.198	9,7	10:17:51.056	22:16:54.803	Solo
5	5 - PAULO CAÇOETE	22	32:30.710	14,8	10:50:21.766	22:49:25.513	Solo
5	5 - PAULO CAÇOETE	23	27:08.286	17,7	11:17:30.052	23:16:33.799	Solo
5	5 - PAULO CAÇOETE	24	27:15.865	17,6	11:44:45.917	23:43:49.664	Solo
5	5 - PAULO CAÇOETE	25	28:27.835	16,9	12:13:13.752	0:12:17.499	Solo
5	5 - PAULO CAÇOETE	26	27:44.222	17,3	12:40:57.974	0:40:01.721	Solo
5	5 - PAULO CAÇOETE	27	28:44.966	16,7	13:09:42.940	1:08:46.687	Solo
5	5 - PAULO CAÇOETE	28	28:24.965	16,9	13:38:07.905	1:37:11.652	Solo
5	5 - PAULO CAÇOETE	29	29:12.174	16,4	14:07:20.079	2:06:23.826	Solo
5	5 - PAULO CAÇOETE	30	27:42.260	17,3	14:35:02.339	2:34:06.086	Solo
5	5 - PAULO CAÇOETE	31	28:09.148	17,1	15:03:11.487	3:02:15.234	Solo
5	5 - PAULO CAÇOETE	32	31:43.039	15,1	15:34:54.526	3:33:58.273	Solo
5	5 - PAULO CAÇOETE	33	31:27.104	15,3	16:06:21.630	4:05:25.377	Solo
5	5 - PAULO CAÇOETE	34	31:41.908	15,1	16:38:03.538	4:37:07.285	Solo
5	5 - PAULO CAÇOETE	35	29:56.791	16	17:08:00.329	5:07:04.076	Solo
5	5 - PAULO CAÇOETE	36	30:34.624	15,7	17:38:34.953	5:37:38.700	Solo
5	5 - PAULO CAÇOETE	37	32:07.676	14,9	18:10:42.629	6:09:46.376	Solo
5	5 - PAULO CAÇOETE	38	30:31.628	15,7	18:41:14.257	6:40:18.004	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
5	5 - PAULO CAÇOETE	39	41:47.670	11,5	19:23:01.927	7:22:05.674	Solo
5	5 - PAULO CAÇOETE	40	31:17.963	15,3	19:54:19.890	7:53:23.637	Solo
5	5 - PAULO CAÇOETE	41	31:24.392	15,3	20:25:44.282	8:24:48.029	Solo
5	5 - PAULO CAÇOETE	42	32:11.894	14,9	20:57:56.176	8:56:59.923	Solo
5	5 - PAULO CAÇOETE	43	32:43.822	14,7	21:30:39.998	9:29:43.745	Solo
5	5 - PAULO CAÇOETE	44	41:21.239	11,6	22:12:01.237	10:11:04.984	Solo
5	5 - PAULO CAÇOETE	45	37:50.400	12,7	22:49:51.637	10:48:55.384	Solo
5	5 - PAULO CAÇOETE	46	1:10:54.890	6,8	24:00:46.527	11:59:50.274	Solo
6	6 - LUÍS PASTILHA	1	34:03.999	14,1	34:03.999	12:33:07.746	Solo
6	6 - LUÍS PASTILHA	2	27:57.829	17,2	1:02:01.828	13:01:05.575	Solo
6	6 - LUÍS PASTILHA	3	28:27.275	16,9	1:30:29.103	13:29:32.850	Solo
6	6 - LUÍS PASTILHA	4	29:24.891	16,3	1:59:53.994	13:58:57.741	Solo
6	6 - LUÍS PASTILHA	5	29:21.802	16,3	2:29:15.796	14:28:19.543	Solo
6	6 - LUÍS PASTILHA	6	29:48.676	16,1	2:59:04.472	14:58:08.219	Solo
6	6 - LUÍS PASTILHA	7	1:12:00.259	6,7	4:11:04.731	16:10:08.478	Solo
6	6 - LUÍS PASTILHA	8	29:31.082	16,3	4:40:35.813	16:39:39.560	Solo
6	6 - LUÍS PASTILHA	9	2:47:45.008	2,9	7:28:20.821	19:27:24.568	Solo
6	6 - LUÍS PASTILHA	10	27:19.606	17,6	7:55:40.427	19:54:44.174	Solo
6	6 - LUÍS PASTILHA	11	49:26.848	9,7	8:45:07.275	20:44:11.022	Solo
6	6 - LUÍS PASTILHA	12	40:45.524	11,8	9:25:52.799	21:24:56.546	Solo
6	6 - LUÍS PASTILHA	13	2:12:56.868	3,6	11:38:49.667	23:37:53.414	Solo
6	6 - LUÍS PASTILHA	14	35:43.171	13,4	12:14:32.838	0:13:36.585	Solo
6	6 - LUÍS PASTILHA	15	33:23.457	14,4	12:47:56.295	0:47:00.042	Solo
6	6 - LUÍS PASTILHA	16	28:51.408	16,6	13:16:47.703	1:15:51.450	Solo
6	6 - LUÍS PASTILHA	17	52:19.230	9,2	14:09:06.933	2:08:10.680	Solo
6	6 - LUÍS PASTILHA	18	30:13.647	15,9	14:39:20.580	2:38:24.327	Solo
6	6 - LUÍS PASTILHA	19	3:31:23.094	2,3	18:10:43.674	6:09:47.421	Solo
6	6 - LUÍS PASTILHA	20	31:01.970	15,5	18:41:45.644	6:40:49.391	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
6	6 - LUÍS PASTILHA	21	1:31:02.610	5,3	20:12:48.254	8:11:52.001	Solo
6	6 - LUÍS PASTILHA	22	29:55.774	16	20:42:44.028	8:41:47.775	Solo
6	6 - LUÍS PASTILHA	23	53:59.970	8,9	21:36:43.998	9:35:47.745	Solo
6	6 - LUÍS PASTILHA	24	29:55.065	16	22:06:39.063	10:05:42.810	Solo
6	6 - LUÍS PASTILHA	25	39:27.429	12,2	22:46:06.492	10:45:10.239	Solo
6	6 - LUÍS PASTILHA	26	29:57.000	16	23:16:03.492	11:15:07.239	Solo
6	6 - LUÍS PASTILHA	27	28:56.211	16,6	23:44:59.703	11:44:03.450	Solo
6	6 - LUÍS PASTILHA	28	26:14.805	18,3	24:11:14.508	12:10:18.255	Solo
7	7 - LUIS CRISTINO	1	42:35.523	11,3	42:35.523	12:41:39.270	Solo
7	7 - LUIS CRISTINO	2	33:58.915	14,1	1:16:34.438	13:15:38.185	Solo
7	7 - LUIS CRISTINO	3	39:50.577	12	1:56:25.015	13:55:28.762	Solo
7	7 - LUIS CRISTINO	4	36:18.597	13,2	2:32:43.612	14:31:47.359	Solo
7	7 - LUIS CRISTINO	5	37:04.004	12,9	3:09:47.616	15:08:51.363	Solo
7	7 - LUIS CRISTINO	6	2:23:19.875	3,3	5:33:07.491	17:32:11.238	Solo
7	7 - LUIS CRISTINO	7	34:51.260	13,8	6:07:58.751	18:07:02.498	Solo
7	7 - LUIS CRISTINO	8	2:01:04.092	4	8:09:02.843	20:08:06.590	Solo
7	7 - LUIS CRISTINO	9	36:39.945	13,1	8:45:42.788	20:44:46.535	Solo
7	7 - LUIS CRISTINO	10	1:57:24.865	4,1	10:43:07.653	22:42:11.400	Solo
7	7 - LUIS CRISTINO	11	37:52.272	12,7	11:20:59.925	23:20:03.672	Solo
8	8 - ANTÓNIO MARTINS	1	34:02.741	14,1	34:02.741	12:33:06.488	Solo
8	8 - ANTÓNIO MARTINS	2	26:02.981	18,4	1:00:05.722	12:59:09.469	Solo
8	8 - ANTÓNIO MARTINS	3	26:34.053	18,1	1:26:39.775	13:25:43.522	Solo
8	8 - ANTÓNIO MARTINS	4	26:43.149	18	1:53:22.924	13:52:26.671	Solo
8	8 - ANTÓNIO MARTINS	5	28:08.102	17,1	2:21:31.026	14:20:34.773	Solo
8	8 - ANTÓNIO MARTINS	6	26:44.063	18	2:48:15.089	14:47:18.836	Solo
8	8 - ANTÓNIO MARTINS	7	27:58.639	17,2	3:16:13.728	15:15:17.475	Solo
8	8 - ANTÓNIO MARTINS	8	29:10.770	16,4	3:45:24.498	15:44:28.245	Solo
8	8 - ANTÓNIO MARTINS	9	38:52.294	12,3	4:24:16.792	16:23:20.539	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
8	8 - ANTÓNIO MARTINS	10	42:33.501	11,3	5:06:50.293	17:05:54.040	Solo
8	8 - ANTÓNIO MARTINS	11	27:20.594	17,6	5:34:10.887	17:33:14.634	Solo
8	8 - ANTÓNIO MARTINS	12	30:01.068	16	6:04:11.955	18:03:15.702	Solo
8	8 - ANTÓNIO MARTINS	13	28:53.138	16,6	6:33:05.093	18:32:08.840	Solo
8	8 - ANTÓNIO MARTINS	14	30:12.375	15,9	7:03:17.468	19:02:21.215	Solo
8	8 - ANTÓNIO MARTINS	15	34:28.904	13,9	7:37:46.372	19:36:50.119	Solo
8	8 - ANTÓNIO MARTINS	16	30:23.942	15,8	8:08:10.314	20:07:14.061	Solo
8	8 - ANTÓNIO MARTINS	17	30:01.955	16	8:38:12.269	20:37:16.016	Solo
8	8 - ANTÓNIO MARTINS	18	2:07:36.719	3,8	10:45:48.988	22:44:52.735	Solo
8	8 - ANTÓNIO MARTINS	19	46:18.150	10,4	11:32:07.138	23:31:10.885	Solo
8	8 - ANTÓNIO MARTINS	20	28:32.291	16,8	12:00:39.429	23:59:43.176	Solo
8	8 - ANTÓNIO MARTINS	21	29:03.843	16,5	12:29:43.272	0:28:47.019	Solo
8	8 - ANTÓNIO MARTINS	22	29:54.900	16	12:59:38.172	0:58:41.919	Solo
8	8 - ANTÓNIO MARTINS	23	40:16.598	11,9	13:39:54.770	1:38:58.517	Solo
8	8 - ANTÓNIO MARTINS	24	30:47.669	15,6	14:10:42.439	2:09:46.186	Solo
8	8 - ANTÓNIO MARTINS	25	31:59.981	15	14:42:42.420	2:41:46.167	Solo
8	8 - ANTÓNIO MARTINS	26	1:01:09.565	7,8	15:43:51.985	3:42:55.732	Solo
8	8 - ANTÓNIO MARTINS	27	1:03:58.844	7,5	16:47:50.829	4:46:54.576	Solo
8	8 - ANTÓNIO MARTINS	28	32:56.285	14,6	17:20:47.114	5:19:50.861	Solo
8	8 - ANTÓNIO MARTINS	29	31:52.625	15,1	17:52:39.739	5:51:43.486	Solo
8	8 - ANTÓNIO MARTINS	30	30:31.119	15,7	18:23:10.858	6:22:14.605	Solo
8	8 - ANTÓNIO MARTINS	31	31:05.732	15,4	18:54:16.590	6:53:20.337	Solo
8	8 - ANTÓNIO MARTINS	32	1:03:55.388	7,5	19:58:11.978	7:57:15.725	Solo
8	8 - ANTÓNIO MARTINS	33	30:45.726	15,6	20:28:57.704	8:28:01.451	Solo
8	8 - ANTÓNIO MARTINS	34	32:37.380	14,7	21:01:35.084	9:00:38.831	Solo
8	8 - ANTÓNIO MARTINS	35	1:23:54.116	5,7	22:25:29.200	10:24:32.947	Solo
8	8 - ANTÓNIO MARTINS	36	32:02.379	15	22:57:31.579	10:56:35.326	Solo
8	8 - ANTÓNIO MARTINS	37	25:55.932	18,5	23:23:27.511	11:22:31.258	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
8	8 - ANTÓNIO MARTINS	38	26:04.690	18,4	23:49:32.201	11:48:35.948	Solo
8	8 - ANTÓNIO MARTINS	39	27:42.018	17,3	24:17:14.219	12:16:17.966	Solo
9	9 - TÓ-ZÉ	1	50:56.827	9,4	50:56.827	12:50:00.574	Solo
9	9 - TÓ-ZÉ	2	28:20.067	16,9	1:19:16.894	13:18:20.641	Solo
9	9 - TÓ-ZÉ	3	31:03.430	15,5	1:50:20.324	13:49:24.071	Solo
9	9 - TÓ-ZÉ	4	31:20.343	15,3	2:21:40.667	14:20:44.414	Solo
9	9 - TÓ-ZÉ	5	1:34:22.798	5,1	3:56:03.465	15:55:07.212	Solo
9	9 - TÓ-ZÉ	6	32:17.601	14,9	4:28:21.066	16:27:24.813	Solo
10	10 - CARLOS ALBERTINA	1	40:49.397	11,8	40:49.397	12:39:53.144	Solo
10	10 - CARLOS ALBERTINA	2	32:43.210	14,7	1:13:32.607	13:12:36.354	Solo
10	10 - CARLOS ALBERTINA	3	36:56.203	13	1:50:28.810	13:49:32.557	Solo
10	10 - CARLOS ALBERTINA	4	4:06:00.362	2	5:56:29.172	17:55:32.919	Solo
10	10 - CARLOS ALBERTINA	5	36:22.488	13,2	6:32:51.660	18:31:55.407	Solo
10	10 - CARLOS ALBERTINA	6	4:49:36.604	1,7	11:22:28.264	23:21:32.011	Solo
11	11 - HENRIQUE ALMEIDA	1	5:56:08.350	1,3	5:56:08.350	17:55:12.097	Solo
12	12 - PAULO BARBOSA	1	35:06.024	13,7	35:06.024	12:34:09.771	Solo
12	12 - PAULO BARBOSA	2	27:55.202	17,2	1:03:01.226	13:02:04.973	Solo
12	12 - PAULO BARBOSA	3	28:59.990	16,6	1:32:01.216	13:31:04.963	Solo
12	12 - PAULO BARBOSA	4	29:33.580	16,2	2:01:34.796	14:00:38.543	Solo
12	12 - PAULO BARBOSA	5	30:42.580	15,6	2:32:17.376	14:31:21.123	Solo
12	12 - PAULO BARBOSA	6	2:07:56.741	3,8	4:40:14.117	16:39:17.864	Solo
12	12 - PAULO BARBOSA	7	29:19.720	16,4	5:09:33.837	17:08:37.584	Solo
12	12 - PAULO BARBOSA	8	29:29.845	16,3	5:39:03.682	17:38:07.429	Solo
12	12 - PAULO BARBOSA	9	31:42.728	15,1	6:10:46.410	18:09:50.157	Solo
12	12 - PAULO BARBOSA	10	33:31.043	14,3	6:44:17.453	18:43:21.200	Solo
12	12 - PAULO BARBOSA	11	1:08:52.938	7	7:53:10.391	19:52:14.138	Solo
12	12 - PAULO BARBOSA	12	35:38.320	13,5	8:28:48.711	20:27:52.458	Solo
12	12 - PAULO BARBOSA	13	10:25:29.422	0,8	18:54:18.133	6:53:21.880	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
12	12 - PAULO BARBOSA	14	31:05.429	15,4	19:25:23.562	7:24:27.309	Solo
12	12 - PAULO BARBOSA	15	41:15.328	11,6	20:06:38.890	8:05:42.637	Solo
12	12 - PAULO BARBOSA	16	31:10.972	15,4	20:37:49.862	8:36:53.609	Solo
12	12 - PAULO BARBOSA	17	31:05.301	15,4	21:08:55.163	9:07:58.910	Solo
12	12 - PAULO BARBOSA	18	1:16:47.089	6,3	22:25:42.252	10:24:45.999	Solo
12	12 - PAULO BARBOSA	19	30:41.865	15,6	22:56:24.117	10:55:27.864	Solo
12	12 - PAULO BARBOSA	20	31:00.740	15,5	23:27:24.857	11:26:28.604	Solo
12	12 - PAULO BARBOSA	21	37:37.738	12,8	24:05:02.595	12:04:06.342	Solo
13	13 - VICTOR SOBRAL	1	42:11.789	11,4	42:11.789	12:41:15.536	Solo
13	13 - VICTOR SOBRAL	2	35:20.234	13,6	1:17:32.023	13:16:35.770	Solo
13	13 - VICTOR SOBRAL	3	38:49.452	12,4	1:56:21.475	13:55:25.222	Solo
13	13 - VICTOR SOBRAL	4	40:09.384	12	2:36:30.859	14:35:34.606	Solo
13	13 - VICTOR SOBRAL	5	3:02:27.608	2,6	5:38:58.467	17:38:02.214	Solo
13	13 - VICTOR SOBRAL	6	42:13.764	11,4	6:21:12.231	18:20:15.978	Solo
14	14 - ANTONIO NUNES	1	37:23.755	12,8	37:23.755	12:36:27.502	Solo
14	14 - ANTONIO NUNES	2	31:12.340	15,4	1:08:36.095	13:07:39.842	Solo
14	14 - ANTONIO NUNES	3	31:44.678	15,1	1:40:20.773	13:39:24.520	Solo
14	14 - ANTONIO NUNES	4	32:34.947	14,7	2:12:55.720	14:11:59.467	Solo
14	14 - ANTONIO NUNES	5	3:19:24.335	2,4	5:32:20.055	17:31:23.802	Solo
14	14 - ANTONIO NUNES	6	30:09.843	15,9	6:02:29.898	18:01:33.645	Solo
14	14 - ANTONIO NUNES	7	38:04.937	12,6	6:40:34.835	18:39:38.582	Solo
14	14 - ANTONIO NUNES	8	33:37.315	14,3	7:14:12.150	19:13:15.897	Solo
15	15 - ANTONIO BRAZ	1	37:23.876	12,8	37:23.876	12:36:27.623	Solo
15	15 - ANTONIO BRAZ	2	30:24.262	15,8	1:07:48.138	13:06:51.885	Solo
15	15 - ANTONIO BRAZ	3	25:13.385	19	1:33:01.523	13:32:05.270	Solo
15	15 - ANTONIO BRAZ	4	25:25.139	18,9	1:58:26.662	13:57:30.409	Solo
15	15 - ANTONIO BRAZ	5	3:29:22.383	2,3	5:27:49.045	17:26:52.792	Solo
15	15 - ANTONIO BRAZ	6	29:57.603	16	5:57:46.648	17:56:50.395	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
15	15 - ANTONIO BRAZ	7	40:09.904	12	6:37:56.552	18:37:00.299	Solo
15	15 - ANTONIO BRAZ	8	35:34.872	13,5	7:13:31.424	19:12:35.171	Solo
15	15 - ANTONIO BRAZ	9	1:39:54.161	4,8	8:53:25.585	20:52:29.332	Solo
16	16 - CARINA GUERREIRO	1	44:39.068	10,8	44:39.068	12:43:42.815	Solo Feminino
16	16 - CARINA GUERREIRO	2	34:58.180	13,7	1:19:37.248	13:18:40.995	Solo Feminino
16	16 - CARINA GUERREIRO	3	36:30.973	13,1	1:56:08.221	13:55:11.968	Solo Feminino
16	16 - CARINA GUERREIRO	4	44:05.608	10,9	2:40:13.829	14:39:17.576	Solo Feminino
16	16 - CARINA GUERREIRO	5	37:47.781	12,7	3:18:01.610	15:17:05.357	Solo Feminino
16	16 - CARINA GUERREIRO	6	46:31.860	10,3	4:04:33.470	16:03:37.217	Solo Feminino
16	16 - CARINA GUERREIRO	7	1:03:34.738	7,5	5:08:08.208	17:07:11.955	Solo Feminino
16	16 - CARINA GUERREIRO	8	38:53.318	12,3	5:47:01.526	17:46:05.273	Solo Feminino
16	16 - CARINA GUERREIRO	9	54:09.448	8,9	6:41:10.974	18:40:14.721	Solo Feminino
17	17 - LUIS PEREIRA.	1	39:29.445	12,2	39:29.445	12:38:33.192	Solo
17	17 - LUIS PEREIRA.	2	32:41.879	14,7	1:12:11.324	13:11:15.071	Solo
17	17 - LUIS PEREIRA.	3	35:18.352	13,6	1:47:29.676	13:46:33.423	Solo
17	17 - LUIS PEREIRA.	4	26:33.903	18,1	2:14:03.579	14:13:07.326	Solo
17	17 - LUIS PEREIRA.	5	26:00.419	18,5	2:40:03.998	14:39:07.745	Solo
17	17 - LUIS PEREIRA.	6	2:47:10.995	2,9	5:27:14.993	17:26:18.740	Solo
17	17 - LUIS PEREIRA.	7	25:57.958	18,5	5:53:12.951	17:52:16.698	Solo
17	17 - LUIS PEREIRA.	8	5:29:15.140	1,5	11:22:28.091	23:21:31.838	Solo
18	18 - DANIEL ASSUNÇÃO	1	33:34.406	14,3	33:34.406	12:32:38.153	Solo
18	18 - DANIEL ASSUNÇÃO	2	25:46.428	18,6	59:20.834	12:58:24.581	Solo
18	18 - DANIEL ASSUNÇÃO	3	27:16.482	17,6	1:26:37.316	13:25:41.063	Solo
18	18 - DANIEL ASSUNÇÃO	4	26:35.498	18,1	1:53:12.814	13:52:16.561	Solo
18	18 - DANIEL ASSUNÇÃO	5	27:55.590	17,2	2:21:08.404	14:20:12.151	Solo
18	18 - DANIEL ASSUNÇÃO	6	27:23.999	17,5	2:48:32.403	14:47:36.150	Solo
18	18 - DANIEL ASSUNÇÃO	7	27:40.834	17,3	3:16:13.237	15:15:16.984	Solo
18	18 - DANIEL ASSUNÇÃO	8	28:26.394	16,9	3:44:39.631	15:43:43.378	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
18	18 - DANIEL ASSUNÇÃO	9	29:12.497	16,4	4:13:52.128	16:12:55.875	Solo
18	18 - DANIEL ASSUNÇÃO	10	29:56.707	16	4:43:48.835	16:42:52.582	Solo
18	18 - DANIEL ASSUNÇÃO	11	28:58.443	16,6	5:12:47.278	17:11:51.025	Solo
18	18 - DANIEL ASSUNÇÃO	12	28:39.680	16,7	5:41:26.958	17:40:30.705	Solo
18	18 - DANIEL ASSUNÇÃO	13	29:01.535	16,5	6:10:28.493	18:09:32.240	Solo
18	18 - DANIEL ASSUNÇÃO	14	28:41.880	16,7	6:39:10.373	18:38:14.120	Solo
18	18 - DANIEL ASSUNÇÃO	15	30:19.209	15,8	7:09:29.582	19:08:33.329	Solo
18	18 - DANIEL ASSUNÇÃO	16	34:17.777	14	7:43:47.359	19:42:51.106	Solo
18	18 - DANIEL ASSUNÇÃO	17	32:22.865	14,8	8:16:10.224	20:15:13.971	Solo
18	18 - DANIEL ASSUNÇÃO	18	31:27.388	15,3	8:47:37.612	20:46:41.359	Solo
18	18 - DANIEL ASSUNÇÃO	19	31:57.273	15	9:19:34.885	21:18:38.632	Solo
18	18 - DANIEL ASSUNÇÃO	20	33:50.624	14,2	9:53:25.509	21:52:29.256	Solo
18	18 - DANIEL ASSUNÇÃO	21	47:24.376	10,1	10:40:49.885	22:39:53.632	Solo
18	18 - DANIEL ASSUNÇÃO	22	1:00:42.008	7,9	11:41:31.893	23:40:35.640	Solo
18	18 - DANIEL ASSUNÇÃO	23	32:20.540	14,8	12:13:52.433	0:12:56.180	Solo
18	18 - DANIEL ASSUNÇÃO	24	32:43.844	14,7	12:46:36.277	0:45:40.024	Solo
18	18 - DANIEL ASSUNÇÃO	25	43:21.147	11,1	13:29:57.424	1:29:01.171	Solo
18	18 - DANIEL ASSUNÇÃO	26	36:10.254	13,3	14:06:07.678	2:05:11.425	Solo
18	18 - DANIEL ASSUNÇÃO	27	36:00.487	13,3	14:42:08.165	2:41:11.912	Solo
18	18 - DANIEL ASSUNÇÃO	28	35:24.068	13,6	15:17:32.233	3:16:35.980	Solo
18	18 - DANIEL ASSUNÇÃO	29	48:22.011	9,9	16:05:54.244	4:04:57.991	Solo
18	18 - DANIEL ASSUNÇÃO	30	41:55.539	11,4	16:47:49.783	4:46:53.530	Solo
18	18 - DANIEL ASSUNÇÃO	31	1:02:38.767	7,7	17:50:28.550	5:49:32.297	Solo
18	18 - DANIEL ASSUNÇÃO	32	33:42.491	14,2	18:24:11.041	6:23:14.788	Solo
18	18 - DANIEL ASSUNÇÃO	33	39:26.949	12,2	19:03:37.990	7:02:41.737	Solo
18	18 - DANIEL ASSUNÇÃO	34	42:25.872	11,3	19:46:03.862	7:45:07.609	Solo
18	18 - DANIEL ASSUNÇÃO	35	34:38.584	13,9	20:20:42.446	8:19:46.193	Solo
18	18 - DANIEL ASSUNÇÃO	36	33:19.057	14,4	20:54:01.503	8:53:05.250	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
18	18 - DANIEL ASSUNÇÃO	37	35:05.971	13,7	21:29:07.474	9:28:11.221	Solo
18	18 - DANIEL ASSUNÇÃO	38	31:24.210	15,3	22:00:31.684	9:59:35.431	Solo
18	18 - DANIEL ASSUNÇÃO	39	36:33.455	13,1	22:37:05.139	10:36:08.886	Solo
19	19 - JOÃO VIEGAS	1	29:35.670	16,2	29:35.670	12:28:39.417	Solo
19	19 - JOÃO VIEGAS	2	23:11.992	20,7	52:47.662	12:51:51.409	Solo
19	19 - JOÃO VIEGAS	3	23:30.523	20,4	1:16:18.185	13:15:21.932	Solo
19	19 - JOÃO VIEGAS	4	28:46.785	16,7	1:45:04.970	13:44:08.717	Solo
19	19 - JOÃO VIEGAS	5	31:21.044	15,3	2:16:26.014	14:15:29.761	Solo
19	19 - JOÃO VIEGAS	6	25:15.417	19	2:41:41.431	14:40:45.178	Solo
19	19 - JOÃO VIEGAS	7	25:56.113	18,5	3:07:37.544	15:06:41.291	Solo
19	19 - JOÃO VIEGAS	8	25:52.858	18,5	3:33:30.402	15:32:34.149	Solo
19	19 - JOÃO VIEGAS	9	26:25.767	18,2	3:59:56.169	15:58:59.916	Solo
19	19 - JOÃO VIEGAS	10	27:11.777	17,6	4:27:07.946	16:26:11.693	Solo
19	19 - JOÃO VIEGAS	11	26:50.380	17,9	4:53:58.326	16:53:02.073	Solo
19	19 - JOÃO VIEGAS	12	26:47.409	17,9	5:20:45.735	17:19:49.482	Solo
19	19 - JOÃO VIEGAS	13	26:37.973	18	5:47:23.708	17:46:27.455	Solo
19	19 - JOÃO VIEGAS	14	48:27.670	9,9	6:35:51.378	18:34:55.125	Solo
19	19 - JOÃO VIEGAS	15	26:55.434	17,8	7:02:46.812	19:01:50.559	Solo
19	19 - JOÃO VIEGAS	16	32:37.910	14,7	7:35:24.722	19:34:28.469	Solo
19	19 - JOÃO VIEGAS	17	26:53.346	17,9	8:02:18.068	20:01:21.815	Solo
19	19 - JOÃO VIEGAS	18	27:49.080	17,3	8:30:07.148	20:29:10.895	Solo
19	19 - JOÃO VIEGAS	19	27:11.956	17,6	8:57:19.104	20:56:22.851	Solo
19	19 - JOÃO VIEGAS	20	28:16.288	17	9:25:35.392	21:24:39.139	Solo
19	19 - JOÃO VIEGAS	21	29:40.782	16,2	9:55:16.174	21:54:19.921	Solo
19	19 - JOÃO VIEGAS	22	55:04.630	8,7	10:50:20.804	22:49:24.551	Solo
19	19 - JOÃO VIEGAS	23	30:40.262	15,6	11:21:01.066	23:20:04.813	Solo
19	19 - JOÃO VIEGAS	24	31:33.583	15,2	11:52:34.649	23:51:38.396	Solo
19	19 - JOÃO VIEGAS	25	30:13.480	15,9	12:22:48.129	0:21:51.876	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
19	19 - JOÃO VIEGAS	26	38:25.910	12,5	13:01:14.039	1:00:17.786	Solo
19	19 - JOÃO VIEGAS	27	32:32.319	14,8	13:33:46.358	1:32:50.105	Solo
20	20 - MÓNICA SEBASTIÃO	1	43:58.763	10,9	43:58.763	12:43:02.510	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	2	36:20.314	13,2	1:20:19.077	13:19:22.824	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	3	1:41:34.632	4,7	3:01:53.709	15:00:57.456	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	4	37:11.330	12,9	3:39:05.039	15:38:08.786	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	5	35:01.138	13,7	4:14:06.177	16:13:09.924	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	6	1:58:38.741	4	6:12:44.918	18:11:48.665	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	7	36:38.246	13,1	6:49:23.164	18:48:26.911	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	8	35:57.866	13,3	7:25:21.030	19:24:24.777	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	9	4:13:40.659	1,9	11:39:01.689	23:38:05.436	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	10	35:29.950	13,5	12:14:31.639	0:13:35.386	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	11	7:23:22.034	1,1	19:37:53.673	7:36:57.420	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	12	36:01.127	13,3	20:13:54.800	8:12:58.547	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	13	35:11.849	13,6	20:49:06.649	8:48:10.396	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	14	33:55.209	14,2	21:23:01.858	9:22:05.605	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	15	35:29.613	13,5	21:58:31.471	9:57:35.218	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	16	40:35.781	11,8	22:39:07.252	10:38:10.999	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	17	40:48.885	11,8	23:19:56.137	11:18:59.884	Solo Feminino
20	20 - MÓNICA SEBASTIÃO	18	46:05.863	10,4	24:06:02.000	12:05:05.747	Solo Feminino
21	21 - MARCO MONTE	1	31:13.047	15,4	31:13.047	12:30:16.794	Solo
21	21 - MARCO MONTE	2	25:28.031	18,8	56:41.078	12:55:44.825	Solo
21	21 - MARCO MONTE	3	26:02.228	18,4	1:22:43.306	13:21:47.053	Solo
21	21 - MARCO MONTE	4	25:37.605	18,7	1:48:20.911	13:47:24.658	Solo
21	21 - MARCO MONTE	5	26:50.741	17,9	2:15:11.652	14:14:15.399	Solo
21	21 - MARCO MONTE	6	29:47.487	16,1	2:44:59.139	14:44:02.886	Solo
21	21 - MARCO MONTE	7	27:53.562	17,2	3:12:52.701	15:11:56.448	Solo
21	21 - MARCO MONTE	8	29:08.801	16,5	3:42:01.502	15:41:05.249	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
21	21 - MARCO MONTE	9	29:21.630	16,3	4:11:23.132	16:10:26.879	Solo
21	21 - MARCO MONTE	10	29:03.361	16,5	4:40:26.493	16:39:30.240	Solo
21	21 - MARCO MONTE	11	29:51.106	16,1	5:10:17.599	17:09:21.346	Solo
21	21 - MARCO MONTE	12	30:04.164	16	5:40:21.763	17:39:25.510	Solo
21	21 - MARCO MONTE	13	49:10.909	9,8	6:29:32.672	18:28:36.419	Solo
21	21 - MARCO MONTE	14	30:14.561	15,9	6:59:47.233	18:58:50.980	Solo
21	21 - MARCO MONTE	15	29:18.857	16,4	7:29:06.090	19:28:09.837	Solo
21	21 - MARCO MONTE	16	30:26.583	15,8	7:59:32.673	19:58:36.420	Solo
21	21 - MARCO MONTE	17	29:09.749	16,5	8:28:42.422	20:27:46.169	Solo
21	21 - MARCO MONTE	18	1:14:16.144	6,5	9:42:58.566	21:42:02.313	Solo
21	21 - MARCO MONTE	19	28:42.149	16,7	10:11:40.715	22:10:44.462	Solo
21	21 - MARCO MONTE	20	28:27.774	16,9	10:40:08.489	22:39:12.236	Solo
21	21 - MARCO MONTE	21	30:09.600	15,9	11:10:18.089	23:09:21.836	Solo
21	21 - MARCO MONTE	22	30:16.868	15,9	11:40:34.957	23:39:38.704	Solo
21	21 - MARCO MONTE	23	31:49.283	15,1	12:12:24.240	0:11:27.987	Solo
21	21 - MARCO MONTE	24	1:19:38.687	6	13:32:02.927	1:31:06.674	Solo
21	21 - MARCO MONTE	25	35:17.162	13,6	14:07:20.089	2:06:23.836	Solo
21	21 - MARCO MONTE	26	30:14.988	15,9	14:37:35.077	2:36:38.824	Solo
21	21 - MARCO MONTE	27	30:43.077	15,6	15:08:18.154	3:07:21.901	Solo
21	21 - MARCO MONTE	28	31:39.318	15,2	15:39:57.472	3:39:01.219	Solo
21	21 - MARCO MONTE	29	33:37.346	14,3	16:13:34.818	4:12:38.565	Solo
21	21 - MARCO MONTE	30	4:14:23.896	1,9	20:27:58.714	8:27:02.461	Solo
21	21 - MARCO MONTE	31	30:22.033	15,8	20:58:20.747	8:57:24.494	Solo
21	21 - MARCO MONTE	32	31:38.277	15,2	21:29:59.024	9:29:02.771	Solo
21	21 - MARCO MONTE	33	35:50.763	13,4	22:05:49.787	10:04:53.534	Solo
21	21 - MARCO MONTE	34	34:03.918	14,1	22:39:53.705	10:38:57.452	Solo
22	22 - MARCO ROSA	1	34:38.205	13,9	34:38.205	12:33:41.952	Solo
22	22 - MARCO ROSA	2	26:47.317	17,9	1:01:25.522	13:00:29.269	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
22	22 - MARCO ROSA	3	26:32.111	18,1	1:27:57.633	13:27:01.380	Solo
22	22 - MARCO ROSA	4	26:38.941	18	1:54:36.574	13:53:40.321	Solo
22	22 - MARCO ROSA	5	27:45.728	17,3	2:22:22.302	14:21:26.049	Solo
22	22 - MARCO ROSA	6	27:07.953	17,7	2:49:30.255	14:48:34.002	Solo
22	22 - MARCO ROSA	7	27:00.089	17,8	3:16:30.344	15:15:34.091	Solo
22	22 - MARCO ROSA	8	45:59.528	10,4	4:02:29.872	16:01:33.619	Solo
22	22 - MARCO ROSA	9	27:25.181	17,5	4:29:55.053	16:28:58.800	Solo
22	22 - MARCO ROSA	10	27:58.615	17,2	4:57:53.668	16:56:57.415	Solo
22	22 - MARCO ROSA	11	27:56.001	17,2	5:25:49.669	17:24:53.416	Solo
22	22 - MARCO ROSA	12	28:41.603	16,7	5:54:31.272	17:53:35.019	Solo
22	22 - MARCO ROSA	13	1:37:34.493	4,9	7:32:05.765	19:31:09.512	Solo
22	22 - MARCO ROSA	14	28:21.269	16,9	8:00:27.034	19:59:30.781	Solo
22	22 - MARCO ROSA	15	28:32.446	16,8	8:28:59.480	20:28:03.227	Solo
22	22 - MARCO ROSA	16	28:18.291	17	8:57:17.771	20:56:21.518	Solo
22	22 - MARCO ROSA	17	1:36:24.745	5	10:33:42.516	22:32:46.263	Solo
22	22 - MARCO ROSA	18	31:14.653	15,4	11:04:57.169	23:04:00.916	Solo
22	22 - MARCO ROSA	19	31:08.228	15,4	11:36:05.397	23:35:09.144	Solo
22	22 - MARCO ROSA	20	30:06.131	15,9	12:06:11.528	0:05:15.275	Solo
22	22 - MARCO ROSA	21	1:39:19.966	4,8	13:45:31.494	1:44:35.241	Solo
22	22 - MARCO ROSA	22	31:49.430	15,1	14:17:20.924	2:16:24.671	Solo
22	22 - MARCO ROSA	23	30:34.066	15,7	14:47:54.990	2:46:58.737	Solo
22	22 - MARCO ROSA	24	31:44.683	15,1	15:19:39.673	3:18:43.420	Solo
22	22 - MARCO ROSA	25	2:23:20.294	3,3	17:42:59.967	5:42:03.714	Solo
22	22 - MARCO ROSA	26	30:16.166	15,9	18:13:16.133	6:12:19.880	Solo
22	22 - MARCO ROSA	27	28:42.597	16,7	18:41:58.730	6:41:02.477	Solo
22	22 - MARCO ROSA	28	30:34.730	15,7	19:12:33.460	7:11:37.207	Solo
22	22 - MARCO ROSA	29	2:06:42.511	3,8	21:19:15.971	9:18:19.718	Solo
22	22 - MARCO ROSA	30	28:41.790	16,7	21:47:57.761	9:47:01.508	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
22	22 - MARCO ROSA	31	29:01.393	16,5	22:16:59.154	10:16:02.901	Solo
22	22 - MARCO ROSA	32	43:54.901	10,9	23:00:54.055	10:59:57.802	Solo
22	22 - MARCO ROSA	33	29:13.246	16,4	23:30:07.301	11:29:11.048	Solo
22	22 - MARCO ROSA	34	30:24.846	15,8	24:00:32.147	11:59:35.894	Solo
23	23 - NUNO CARDOSO	1	39:29.649	12,2	39:29.649	12:38:33.396	Solo
23	23 - NUNO CARDOSO	2	32:41.844	14,7	1:12:11.493	13:11:15.240	Solo
23	23 - NUNO CARDOSO	3	35:45.985	13,4	1:47:57.478	13:47:01.225	Solo
23	23 - NUNO CARDOSO	4	32:01.814	15	2:19:59.292	14:19:03.039	Solo
23	23 - NUNO CARDOSO	5	31:39.039	15,2	2:51:38.331	14:50:42.078	Solo
23	23 - NUNO CARDOSO	6	41:08.350	11,7	3:32:46.681	15:31:50.428	Solo
23	23 - NUNO CARDOSO	7	2:22:33.244	3,4	5:55:19.925	17:54:23.672	Solo
23	23 - NUNO CARDOSO	8	29:58.124	16	6:25:18.049	18:24:21.796	Solo
26	26 - CARLOS COELHO	1	30:25.412	15,8	30:25.412	12:29:29.159	Solo
26	26 - CARLOS COELHO	2	30:50.445	15,6	1:01:15.857	13:00:19.604	Solo
26	26 - CARLOS COELHO	3	39:11.644	12,2	1:40:27.501	13:39:31.248	Solo
26	26 - CARLOS COELHO	4	26:03.682	18,4	2:06:31.183	14:05:34.930	Solo
26	26 - CARLOS COELHO	5	26:37.309	18	2:33:08.492	14:32:12.239	Solo
26	26 - CARLOS COELHO	6	26:14.191	18,3	2:59:22.683	14:58:26.430	Solo
26	26 - CARLOS COELHO	7	25:50.274	18,6	3:25:12.957	15:24:16.704	Solo
26	26 - CARLOS COELHO	8	26:40.513	18	3:51:53.470	15:50:57.217	Solo
26	26 - CARLOS COELHO	9	26:18.931	18,2	4:18:12.401	16:17:16.148	Solo
26	26 - CARLOS COELHO	10	25:59.091	18,5	4:44:11.492	16:43:15.239	Solo
26	26 - CARLOS COELHO	11	24:58.702	19,2	5:09:10.194	17:08:13.941	Solo
26	26 - CARLOS COELHO	12	25:53.447	18,5	5:35:03.641	17:34:07.388	Solo
26	26 - CARLOS COELHO	13	27:49.875	17,2	6:02:53.516	18:01:57.263	Solo
26	26 - CARLOS COELHO	14	30:20.522	15,8	6:33:14.038	18:32:17.785	Solo
26	26 - CARLOS COELHO	15	27:20.366	17,6	7:00:34.404	18:59:38.151	Solo
26	26 - CARLOS COELHO	16	27:21.720	17,5	7:27:56.124	19:26:59.871	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
26	26 - CARLOS COELHO	17	26:46.801	17,9	7:54:42.925	19:53:46.672	Solo
26	26 - CARLOS COELHO	18	26:05.975	18,4	8:20:48.900	20:19:52.647	Solo
26	26 - CARLOS COELHO	19	26:27.094	18,1	8:47:15.994	20:46:19.741	Solo
26	26 - CARLOS COELHO	20	25:35.202	18,8	9:12:51.196	21:11:54.943	Solo
26	26 - CARLOS COELHO	21	47:06.380	10,2	9:59:57.576	21:59:01.323	Solo
26	26 - CARLOS COELHO	22	27:12.676	17,6	10:27:10.252	22:26:13.999	Solo
26	26 - CARLOS COELHO	23	27:25.963	17,5	10:54:36.215	22:53:39.962	Solo
26	26 - CARLOS COELHO	24	28:31.603	16,8	11:23:07.818	23:22:11.565	Solo
26	26 - CARLOS COELHO	25	34:52.152	13,8	11:57:59.970	23:57:03.717	Solo
26	26 - CARLOS COELHO	26	27:09.406	17,7	12:25:09.376	0:24:13.123	Solo
26	26 - CARLOS COELHO	27	26:41.780	18	12:51:51.156	0:50:54.903	Solo
26	26 - CARLOS COELHO	28	28:01.288	17,1	13:19:52.444	1:18:56.191	Solo
26	26 - CARLOS COELHO	29	27:33.169	17,4	13:47:25.613	1:46:29.360	Solo
26	26 - CARLOS COELHO	30	27:45.696	17,3	14:15:11.309	2:14:15.056	Solo
26	26 - CARLOS COELHO	31	30:21.016	15,8	14:45:32.325	2:44:36.072	Solo
26	26 - CARLOS COELHO	32	26:53.099	17,9	15:12:25.424	3:11:29.171	Solo
26	26 - CARLOS COELHO	33	26:47.489	17,9	15:39:12.913	3:38:16.660	Solo
26	26 - CARLOS COELHO	34	54:37.973	8,8	16:33:50.886	4:32:54.633	Solo
26	26 - CARLOS COELHO	35	26:18.091	18,2	17:00:08.977	4:59:12.724	Solo
26	26 - CARLOS COELHO	36	27:18.478	17,6	17:27:27.455	5:26:31.202	Solo
26	26 - CARLOS COELHO	37	28:32.107	16,8	17:55:59.562	5:55:03.309	Solo
26	26 - CARLOS COELHO	38	27:00.236	17,8	18:22:59.798	6:22:03.545	Solo
26	26 - CARLOS COELHO	39	26:26.783	18,1	18:49:26.581	6:48:30.328	Solo
26	26 - CARLOS COELHO	40	27:02.372	17,8	19:16:28.953	7:15:32.700	Solo
26	26 - CARLOS COELHO	41	31:39.081	15,2	19:48:08.034	7:47:11.781	Solo
26	26 - CARLOS COELHO	42	27:53.292	17,2	20:16:01.326	8:15:05.073	Solo
26	26 - CARLOS COELHO	43	27:26.841	17,5	20:43:28.167	8:42:31.914	Solo
26	26 - CARLOS COELHO	44	37:35.457	12,8	21:21:03.624	9:20:07.371	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
26	26 - CARLOS COELHO	45	29:28.969	16,3	21:50:32.593	9:49:36.340	Solo
26	26 - CARLOS COELHO	46	31:34.379	15,2	22:22:06.972	10:21:10.719	Solo
26	26 - CARLOS COELHO	47	34:09.733	14,1	22:56:16.705	10:55:20.452	Solo
26	26 - CARLOS COELHO	48	32:43.773	14,7	23:29:00.478	11:28:04.225	Solo
26	26 - CARLOS COELHO	49	31:48.479	15,1	24:00:48.957	11:59:52.704	Solo
27	27 - JOSÉ ALFACE	1	36:07.957	13,3	36:07.957	12:35:11.704	Solo
27	27 - JOSÉ ALFACE	2	28:52.629	16,6	1:05:00.586	13:04:04.333	Solo
27	27 - JOSÉ ALFACE	3	31:14.515	15,4	1:36:15.101	13:35:18.848	Solo
27	27 - JOSÉ ALFACE	4	30:20.093	15,8	2:06:35.194	14:05:38.941	Solo
27	27 - JOSÉ ALFACE	5	31:07.830	15,4	2:37:43.024	14:36:46.771	Solo
27	27 - JOSÉ ALFACE	6	29:22.153	16,3	3:07:05.177	15:06:08.924	Solo
27	27 - JOSÉ ALFACE	7	1:03:59.729	7,5	4:11:04.906	16:10:08.653	Solo
27	27 - JOSÉ ALFACE	8	29:32.198	16,3	4:40:37.104	16:39:40.851	Solo
27	27 - JOSÉ ALFACE	9	2:19:23.117	3,4	7:00:00.221	18:59:03.968	Solo
27	27 - JOSÉ ALFACE	10	29:35.578	16,2	7:29:35.799	19:28:39.546	Solo
27	27 - JOSÉ ALFACE	11	1:23:49.386	5,7	8:53:25.185	20:52:28.932	Solo
27	27 - JOSÉ ALFACE	12	32:27.534	14,8	9:25:52.719	21:24:56.466	Solo
27	27 - JOSÉ ALFACE	13	2:12:58.441	3,6	11:38:51.160	23:37:54.907	Solo
27	27 - JOSÉ ALFACE	14	35:42.657	13,4	12:14:33.817	0:13:37.564	Solo
27	27 - JOSÉ ALFACE	15	5:56:09.730	1,3	18:10:43.547	6:09:47.294	Solo
27	27 - JOSÉ ALFACE	16	31:00.238	15,5	18:41:43.785	6:40:47.532	Solo
27	27 - JOSÉ ALFACE	17	1:40:41.210	4,8	20:22:24.995	8:21:28.742	Solo
28	28 - MICAEL SOARES	1	32:45.310	14,7	32:45.310	12:31:49.057	Solo
28	28 - MICAEL SOARES	2	25:46.008	18,6	58:31.318	12:57:35.065	Solo
28	28 - MICAEL SOARES	3	25:05.093	19,1	1:23:36.411	13:22:40.158	Solo
28	28 - MICAEL SOARES	4	25:56.649	18,5	1:49:33.060	13:48:36.807	Solo
28	28 - MICAEL SOARES	5	25:48.796	18,6	2:15:21.856	14:14:25.603	Solo
28	28 - MICAEL SOARES	6	25:45.956	18,6	2:41:07.812	14:40:11.559	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
28	28 - MICAEL SOARES	7	36:57.739	13	3:18:05.551	15:17:09.298	Solo
28	28 - MICAEL SOARES	8	25:22.406	18,9	3:43:27.957	15:42:31.704	Solo
28	28 - MICAEL SOARES	9	26:08.224	18,4	4:09:36.181	16:08:39.928	Solo
28	28 - MICAEL SOARES	10	26:23.936	18,2	4:36:00.117	16:35:03.864	Solo
28	28 - MICAEL SOARES	11	26:36.021	18	5:02:36.138	17:01:39.885	Solo
28	28 - MICAEL SOARES	12	27:05.179	17,7	5:29:41.317	17:28:45.064	Solo
28	28 - MICAEL SOARES	13	26:58.912	17,8	5:56:40.229	17:55:43.976	Solo
28	28 - MICAEL SOARES	14	43:48.412	11	6:40:28.641	18:39:32.388	Solo
28	28 - MICAEL SOARES	15	27:59.140	17,2	7:08:27.781	19:07:31.528	Solo
28	28 - MICAEL SOARES	16	29:17.292	16,4	7:37:45.073	19:36:48.820	Solo
28	28 - MICAEL SOARES	17	30:23.964	15,8	8:08:09.037	20:07:12.784	Solo
28	28 - MICAEL SOARES	18	30:01.715	16	8:38:10.752	20:37:14.499	Solo
28	28 - MICAEL SOARES	19	53:34.964	9	9:31:45.716	21:30:49.463	Solo
28	28 - MICAEL SOARES	20	27:27.658	17,5	9:59:13.374	21:58:17.121	Solo
28	28 - MICAEL SOARES	21	1:02:56.792	7,6	11:02:10.166	23:01:13.913	Solo
28	28 - MICAEL SOARES	22	30:18.270	15,8	11:32:28.436	23:31:32.183	Solo
28	28 - MICAEL SOARES	23	30:21.509	15,8	12:02:49.945	0:01:53.692	Solo
28	28 - MICAEL SOARES	24	29:26.262	16,3	12:32:16.207	0:31:19.954	Solo
28	28 - MICAEL SOARES	25	29:30.706	16,3	13:01:46.913	1:00:50.660	Solo
28	28 - MICAEL SOARES	26	29:30.610	16,3	13:31:17.523	1:30:21.270	Solo
28	28 - MICAEL SOARES	27	33:17.882	14,4	14:04:35.405	2:03:39.152	Solo
28	28 - MICAEL SOARES	28	1:48:54.922	4,4	15:53:30.327	3:52:34.074	Solo
28	28 - MICAEL SOARES	29	31:20.459	15,3	16:24:50.786	4:23:54.533	Solo
28	28 - MICAEL SOARES	30	31:51.292	15,1	16:56:42.078	4:55:45.825	Solo
28	28 - MICAEL SOARES	31	32:03.462	15	17:28:45.540	5:27:49.287	Solo
28	28 - MICAEL SOARES	32	1:05:36.523	7,3	18:34:22.063	6:33:25.810	Solo
29	29 - JORGE CRISTINO	1	35:12.053	13,6	35:12.053	12:34:15.800	Solo
29	29 - JORGE CRISTINO	2	27:58.489	17,2	1:03:10.542	13:02:14.289	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
29	29 - JORGE CRISTINO	3	32:08.031	14,9	1:35:18.573	13:34:22.320	Solo
29	29 - JORGE CRISTINO	4	28:41.010	16,7	2:03:59.583	14:03:03.330	Solo
29	29 - JORGE CRISTINO	5	28:43.569	16,7	2:32:43.152	14:31:46.899	Solo
29	29 - JORGE CRISTINO	6	26:40.896	18	2:59:24.048	14:58:27.795	Solo
29	29 - JORGE CRISTINO	7	28:16.713	17	3:27:40.761	15:26:44.508	Solo
29	29 - JORGE CRISTINO	8	1:13:19.169	6,5	4:40:59.930	16:40:03.677	Solo
29	29 - JORGE CRISTINO	9	28:39.688	16,7	5:09:39.618	17:08:43.365	Solo
29	29 - JORGE CRISTINO	10	30:59.638	15,5	5:40:39.256	17:39:43.003	Solo
29	29 - JORGE CRISTINO	11	31:49.427	15,1	6:12:28.683	18:11:32.430	Solo
29	29 - JORGE CRISTINO	12	41:41.363	11,5	6:54:10.046	18:53:13.793	Solo
29	29 - JORGE CRISTINO	13	47:41.751	10,1	7:41:51.797	19:40:55.544	Solo
29	29 - JORGE CRISTINO	14	32:46.424	14,6	8:14:38.221	20:13:41.968	Solo
29	29 - JORGE CRISTINO	15	33:08.044	14,5	8:47:46.265	20:46:50.012	Solo
29	29 - JORGE CRISTINO	16	40:06.137	12	9:27:52.402	21:26:56.149	Solo
29	29 - JORGE CRISTINO	17	32:57.477	14,6	10:00:49.879	21:59:53.626	Solo
29	29 - JORGE CRISTINO	18	35:14.784	13,6	10:36:04.663	22:35:08.410	Solo
29	29 - JORGE CRISTINO	19	42:20.951	11,3	11:18:25.614	23:17:29.361	Solo
29	29 - JORGE CRISTINO	20	1:11:22.382	6,7	12:29:47.996	0:28:51.743	Solo
29	29 - JORGE CRISTINO	21	37:06.672	12,9	13:06:54.668	1:05:58.415	Solo
29	29 - JORGE CRISTINO	22	53:42.305	8,9	14:00:36.973	1:59:40.720	Solo
29	29 - JORGE CRISTINO	23	30:25.686	15,8	14:31:02.659	2:30:06.406	Solo
29	29 - JORGE CRISTINO	24	59:05.361	8,1	15:30:08.020	3:29:11.767	Solo
29	29 - JORGE CRISTINO	25	31:41.418	15,1	16:01:49.438	4:00:53.185	Solo
29	29 - JORGE CRISTINO	26	31:48.051	15,1	16:33:37.489	4:32:41.236	Solo
29	29 - JORGE CRISTINO	27	30:30.617	15,7	17:04:08.106	5:03:11.853	Solo
29	29 - JORGE CRISTINO	28	31:26.858	15,3	17:35:34.964	5:34:38.711	Solo
29	29 - JORGE CRISTINO	29	32:43.951	14,7	18:08:18.915	6:07:22.662	Solo
29	29 - JORGE CRISTINO	30	1:08:18.573	7	19:16:37.488	7:15:41.235	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
30	30 - NUNO MALAFAIA	1	34:04.519	14,1	34:04.519	12:33:08.266	Solo
30	30 - NUNO MALAFAIA	2	27:58.827	17,2	1:02:03.346	13:01:07.093	Solo
30	30 - NUNO MALAFAIA	3	28:26.889	16,9	1:30:30.235	13:29:33.982	Solo
30	30 - NUNO MALAFAIA	4	29:27.404	16,3	1:59:57.639	13:59:01.386	Solo
30	30 - NUNO MALAFAIA	5	29:18.745	16,4	2:29:16.384	14:28:20.131	Solo
30	30 - NUNO MALAFAIA	6	29:48.729	16,1	2:59:05.113	14:58:08.860	Solo
30	30 - NUNO MALAFAIA	7	1:12:00.293	6,7	4:11:05.406	16:10:09.153	Solo
30	30 - NUNO MALAFAIA	8	29:29.988	16,3	4:40:35.394	16:39:39.141	Solo
30	30 - NUNO MALAFAIA	9	2:19:24.536	3,4	6:59:59.930	18:59:03.677	Solo
30	30 - NUNO MALAFAIA	10	29:35.979	16,2	7:29:35.909	19:28:39.656	Solo
30	30 - NUNO MALAFAIA	11	1:23:51.667	5,7	8:53:27.576	20:52:31.323	Solo
30	30 - NUNO MALAFAIA	12	32:22.997	14,8	9:25:50.573	21:24:54.320	Solo
30	30 - NUNO MALAFAIA	13	2:12:58.509	3,6	11:38:49.082	23:37:52.829	Solo
30	30 - NUNO MALAFAIA	14	35:45.446	13,4	12:14:34.528	0:13:38.275	Solo
30	30 - NUNO MALAFAIA	15	5:56:07.254	1,3	18:10:41.782	6:09:45.529	Solo
30	30 - NUNO MALAFAIA	16	31:03.250	15,5	18:41:45.032	6:40:48.779	Solo
30	30 - NUNO MALAFAIA	17	1:31:02.680	5,3	20:12:47.712	8:11:51.459	Solo
30	30 - NUNO MALAFAIA	18	29:56.762	16	20:42:44.474	8:41:48.221	Solo
30	30 - NUNO MALAFAIA	19	54:01.021	8,9	21:36:45.495	9:35:49.242	Solo
30	30 - NUNO MALAFAIA	20	29:53.260	16,1	22:06:38.755	10:05:42.502	Solo
30	30 - NUNO MALAFAIA	21	39:28.478	12,2	22:46:07.233	10:45:10.980	Solo
30	30 - NUNO MALAFAIA	22	29:55.318	16	23:16:02.551	11:15:06.298	Solo
30	30 - NUNO MALAFAIA	23	28:55.820	16,6	23:44:58.371	11:44:02.118	Solo
31	31 - MÁRCIO GUERREIRO	1	39:29.904	12,2	39:29.904	12:38:33.651	Solo
31	31 - MÁRCIO GUERREIRO	2	32:42.027	14,7	1:12:11.931	13:11:15.678	Solo
31	31 - MÁRCIO GUERREIRO	3	35:18.028	13,6	1:47:29.959	13:46:33.706	Solo
31	31 - MÁRCIO GUERREIRO	4	26:49.112	17,9	2:14:19.071	14:13:22.818	Solo
31	31 - MÁRCIO GUERREIRO	5	25:45.427	18,6	2:40:04.498	14:39:08.245	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
31	31 - MÁRCIO GUERREIRO	6	2:47:10.450	2,9	5:27:14.948	17:26:18.695	Solo
31	31 - MÁRCIO GUERREIRO	7	27:20.970	17,6	5:54:35.918	17:53:39.665	Solo
31	31 - MÁRCIO GUERREIRO	8	27:41.631	17,3	6:22:17.549	18:21:21.296	Solo
31	31 - MÁRCIO GUERREIRO	9	28:35.204	16,8	6:50:52.753	18:49:56.500	Solo
31	31 - MÁRCIO GUERREIRO	10	2:49:15.901	2,8	9:40:08.654	21:39:12.401	Solo
31	31 - MÁRCIO GUERREIRO	11	29:22.640	16,3	10:09:31.294	22:08:35.041	Solo
31	31 - MÁRCIO GUERREIRO	12	1:22:24.847	5,8	11:31:56.141	23:30:59.888	Solo
31	31 - MÁRCIO GUERREIRO	13	32:51.507	14,6	12:04:47.648	0:03:51.395	Solo
31	31 - MÁRCIO GUERREIRO	14	29:43.525	16,1	12:34:31.173	0:33:34.920	Solo
31	31 - MÁRCIO GUERREIRO	15	3:30:39.840	2,3	16:05:11.013	4:04:14.760	Solo
31	31 - MÁRCIO GUERREIRO	16	6:42:20.313	1,2	22:47:31.326	10:46:35.073	Solo
33	33 - INÁCIO SERAFIM	1	33:56.102	14,1	33:56.102	12:32:59.849	Solo
33	33 - INÁCIO SERAFIM	2	26:14.437	18,3	1:00:10.539	12:59:14.286	Solo
33	33 - INÁCIO SERAFIM	3	28:04.930	17,1	1:28:15.469	13:27:19.216	Solo
33	33 - INÁCIO SERAFIM	4	29:19.082	16,4	1:57:34.551	13:56:38.298	Solo
33	33 - INÁCIO SERAFIM	5	28:16.412	17	2:25:50.963	14:24:54.710	Solo
33	33 - INÁCIO SERAFIM	6	37:09.250	12,9	3:03:00.213	15:02:03.960	Solo
34	34 - FERNANDO SEBASTIÃO	1	40:31.136	11,8	40:31.136	12:39:34.883	Solo
34	34 - FERNANDO SEBASTIÃO	2	27:16.535	17,6	1:07:47.671	13:06:51.418	Solo
34	34 - FERNANDO SEBASTIÃO	3	28:28.384	16,9	1:36:16.055	13:35:19.802	Solo
34	34 - FERNANDO SEBASTIÃO	4	30:19.541	15,8	2:06:35.596	14:05:39.343	Solo
34	34 - FERNANDO SEBASTIÃO	5	31:07.338	15,4	2:37:42.934	14:36:46.681	Solo
34	34 - FERNANDO SEBASTIÃO	6	30:50.202	15,6	3:08:33.136	15:07:36.883	Solo
34	34 - FERNANDO SEBASTIÃO	7	30:31.580	15,7	3:39:04.716	15:38:08.463	Solo
34	34 - FERNANDO SEBASTIÃO	8	33:57.261	14,1	4:13:01.977	16:12:05.724	Solo
34	34 - FERNANDO SEBASTIÃO	9	2:46:59.511	2,9	7:00:01.488	18:59:05.235	Solo
34	34 - FERNANDO SEBASTIÃO	10	29:33.610	16,2	7:29:35.098	19:28:38.845	Solo
34	34 - FERNANDO SEBASTIÃO	11	1:23:51.674	5,7	8:53:26.772	20:52:30.519	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
34	34 - FERNANDO SEBASTIÃO	12	32:23.603	14,8	9:25:50.375	21:24:54.122	Solo
34	34 - FERNANDO SEBASTIÃO	13	2:12:59.681	3,6	11:38:50.056	23:37:53.803	Solo
34	34 - FERNANDO SEBASTIÃO	14	35:41.864	13,4	12:14:31.920	0:13:35.667	Solo
34	34 - FERNANDO SEBASTIÃO	15	5:56:12.786	1,3	18:10:44.706	6:09:48.453	Solo
34	34 - FERNANDO SEBASTIÃO	16	30:58.676	15,5	18:41:43.382	6:40:47.129	Solo
34	34 - FERNANDO SEBASTIÃO	17	1:32:10.345	5,2	20:13:53.727	8:12:57.474	Solo
34	34 - FERNANDO SEBASTIÃO	18	35:12.615	13,6	20:49:06.342	8:48:10.089	Solo
34	34 - FERNANDO SEBASTIÃO	19	33:55.051	14,2	21:23:01.393	9:22:05.140	Solo
34	34 - FERNANDO SEBASTIÃO	20	35:28.932	13,5	21:58:30.325	9:57:34.072	Solo
34	34 - FERNANDO SEBASTIÃO	21	40:44.510	11,8	22:39:14.835	10:38:18.582	Solo
34	34 - FERNANDO SEBASTIÃO	22	40:40.761	11,8	23:19:55.596	11:18:59.343	Solo
34	34 - FERNANDO SEBASTIÃO	23	46:11.106	10,4	24:06:06.702	12:05:10.449	Solo
35	35 - NUNO ALMEIDA	1	40:50.358	11,8	40:50.358	12:39:54.105	Solo
35	35 - NUNO ALMEIDA	2	31:20.362	15,3	1:12:10.720	13:11:14.467	Solo
35	35 - NUNO ALMEIDA	3	34:33.158	13,9	1:46:43.878	13:45:47.625	Solo
35	35 - NUNO ALMEIDA	4	3:22:14.103	2,4	5:08:57.981	17:08:01.728	Solo
35	35 - NUNO ALMEIDA	5	6:13:26.936	1,3	11:22:24.917	23:21:28.664	Solo
38	38 - MICHEL CUSTODIO	1	34:16.772	14	34:16.772	12:33:20.519	Solo
38	38 - MICHEL CUSTODIO	2	25:37.477	18,7	59:54.249	12:58:57.996	Solo
38	38 - MICHEL CUSTODIO	3	25:08.742	19,1	1:25:02.991	13:24:06.738	Solo
38	38 - MICHEL CUSTODIO	4	24:48.604	19,3	1:49:51.595	13:48:55.342	Solo
38	38 - MICHEL CUSTODIO	5	25:23.388	18,9	2:15:14.983	14:14:18.730	Solo
38	38 - MICHEL CUSTODIO	6	49:08.932	9,8	3:04:23.915	15:03:27.662	Solo
38	38 - MICHEL CUSTODIO	7	24:05.261	19,9	3:28:29.176	15:27:32.923	Solo
38	38 - MICHEL CUSTODIO	8	24:10.957	19,8	3:52:40.133	15:51:43.880	Solo
38	38 - MICHEL CUSTODIO	9	24:32.428	19,6	4:17:12.561	16:16:16.308	Solo
38	38 - MICHEL CUSTODIO	10	23:21.843	20,5	4:40:34.404	16:39:38.151	Solo
38	38 - MICHEL CUSTODIO	11	3:58:57.699	2	8:39:32.103	20:38:35.850	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
38	38 - MICHEL CUSTODIO	12	24:58.274	19,2	9:04:30.377	21:03:34.124	Solo
38	38 - MICHEL CUSTODIO	13	27:14.572	17,6	9:31:44.949	21:30:48.696	Solo
38	38 - MICHEL CUSTODIO	14	27:21.548	17,5	9:59:06.497	21:58:10.244	Solo
38	38 - MICHEL CUSTODIO	15	4:40:26.079	1,7	14:39:32.576	2:38:36.323	Solo
38	38 - MICHEL CUSTODIO	16	27:44.891	17,3	15:07:17.467	3:06:21.214	Solo
38	38 - MICHEL CUSTODIO	17	4:56:42.279	1,6	20:03:59.746	8:03:03.493	Solo
38	38 - MICHEL CUSTODIO	18	24:00.772	20	20:28:00.518	8:27:04.265	Solo
38	38 - MICHEL CUSTODIO	19	46:21.930	10,4	21:14:22.448	9:13:26.195	Solo
38	38 - MICHEL CUSTODIO	20	23:52.487	20,1	21:38:14.935	9:37:18.682	Solo
38	38 - MICHEL CUSTODIO	21	49:53.204	9,6	22:28:08.139	10:27:11.886	Solo
38	38 - MICHEL CUSTODIO	22	23:14.875	20,6	22:51:23.014	10:50:26.761	Solo
38	38 - MICHEL CUSTODIO	23	39:24.132	12,2	23:30:47.146	11:29:50.893	Solo
38	38 - MICHEL CUSTODIO	24	24:18.032	19,8	23:55:05.178	11:54:08.925	Solo
38	38 - MICHEL CUSTODIO	25	25:54.403	18,5	24:20:59.581	12:20:03.328	Solo
39	39 - ROGÉRIO SANTOS	1	23:36:36.950	0,3	23:36:36.950	11:35:40.697	Solo
40	40 - RUI SILVESTRE	1	43:47.571	11	43:47.571	12:42:51.318	Solo
40	40 - RUI SILVESTRE	2	48:39.023	9,9	1:32:26.594	13:31:30.341	Solo
40	40 - RUI SILVESTRE	3	19:55:16.164	0,4	21:27:42.758	9:26:46.505	Solo
41	41 - MANUEL SILVESTRE	1	34:09.638	14,1	34:09.638	12:33:13.385	Solo
41	41 - MANUEL SILVESTRE	2	28:42.707	16,7	1:02:52.345	13:01:56.092	Solo
41	41 - MANUEL SILVESTRE	3	29:53.895	16,1	1:32:46.240	13:31:49.987	Solo
41	41 - MANUEL SILVESTRE	4	29:58.530	16	2:02:44.770	14:01:48.517	Solo
41	41 - MANUEL SILVESTRE	5	32:07.297	14,9	2:34:52.067	14:33:55.814	Solo
41	41 - MANUEL SILVESTRE	6	31:00.969	15,5	3:05:53.036	15:04:56.783	Solo
41	41 - MANUEL SILVESTRE	7	1:37:31.596	4,9	4:43:24.632	16:42:28.379	Solo
41	41 - MANUEL SILVESTRE	8	30:32.017	15,7	5:13:56.649	17:13:00.396	Solo
41	41 - MANUEL SILVESTRE	9	5:03:39.616	1,6	10:17:36.265	22:16:40.012	Solo
41	41 - MANUEL SILVESTRE	10	37:03.981	12,9	10:54:40.246	22:53:43.993	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
42	42 - NIDIA SILVA	1	40:50.546	11,8	40:50.546	12:39:54.293	Solo Feminino
42	42 - NIDIA SILVA	2	32:54.126	14,6	1:13:44.672	13:12:48.419	Solo Feminino
42	42 - NIDIA SILVA	3	33:33.814	14,3	1:47:18.486	13:46:22.233	Solo Feminino
42	42 - NIDIA SILVA	4	39:50.629	12	2:27:09.115	14:26:12.862	Solo Feminino
42	42 - NIDIA SILVA	5	37:24.331	12,8	3:04:33.446	15:03:37.193	Solo Feminino
42	42 - NIDIA SILVA	6	2:51:56.289	2,8	5:56:29.735	17:55:33.482	Solo Feminino
42	42 - NIDIA SILVA	7	40:10.517	11,9	6:36:40.252	18:35:43.999	Solo Feminino
42	42 - NIDIA SILVA	8	4:41:01.099	1,7	11:17:41.351	23:16:45.098	Solo Feminino
42	42 - NIDIA SILVA	9	54:38.866	8,8	12:12:20.217	0:11:23.964	Solo Feminino
42	42 - NIDIA SILVA	10	50:00.121	9,6	13:02:20.338	1:01:24.085	Solo Feminino
42	42 - NIDIA SILVA	11	2:02:02.234	3,9	15:04:22.572	3:03:26.319	Solo Feminino
42	42 - NIDIA SILVA	12	1:01:47.061	7,8	16:06:09.633	4:05:13.380	Solo Feminino
42	42 - NIDIA SILVA	13	6:12:03.915	1,3	22:18:13.548	10:17:17.295	Solo Feminino
42	42 - NIDIA SILVA	14	47:34.579	10,1	23:05:48.127	11:04:51.874	Solo Feminino
42	42 - NIDIA SILVA	15	1:27:27.430	5,5	24:33:15.557	12:32:19.304	Solo Feminino
43	43 - DUARTE	1	35:39.817	13,5	35:39.817	12:34:43.564	Solo
43	43 - DUARTE	2	29:54.253	16,1	1:05:34.070	13:04:37.817	Solo
43	43 - DUARTE	3	32:26.701	14,8	1:38:00.771	13:37:04.518	Solo
43	43 - DUARTE	4	30:59.682	15,5	2:09:00.453	14:08:04.200	Solo
43	43 - DUARTE	5	1:23:46.380	5,7	3:32:46.833	15:31:50.580	Solo
43	43 - DUARTE	6	38:20.279	12,5	4:11:07.112	16:10:10.859	Solo
43	43 - DUARTE	7	38:15.095	12,5	4:49:22.207	16:48:25.954	Solo
43	43 - DUARTE	8	1:06:06.173	7,3	5:55:28.380	17:54:32.127	Solo
43	43 - DUARTE	9	29:14.521	16,4	6:24:42.901	18:23:46.648	Solo
43	43 - DUARTE	10	1:08:45.567	7	7:33:28.468	19:32:32.215	Solo
43	43 - DUARTE	11	30:37.952	15,7	8:04:06.420	20:03:10.167	Solo
43	43 - DUARTE	12	1:37:59.172	4,9	9:42:05.592	21:41:09.339	Solo
43	43 - DUARTE	13	32:37.503	14,7	10:14:43.095	22:13:46.842	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
43	43 - DUARTE	14	1:57:33.515	4,1	12:12:16.610	0:11:20.357	Solo
43	43 - DUARTE	15	1:09:35.220	6,9	13:21:51.830	1:20:55.577	Solo
43	43 - DUARTE	16	6:43:03.495	1,2	20:04:55.325	8:03:59.072	Solo
43	43 - DUARTE	17	45:58.977	10,4	20:50:54.302	8:49:58.049	Solo
43	43 - DUARTE	18	31:25.867	15,3	21:22:20.169	9:21:23.916	Solo
43	43 - DUARTE	19	1:04:40.383	7,4	22:27:00.552	10:26:04.299	Solo
43	43 - DUARTE	20	31:29.770	15,2	22:58:30.322	10:57:34.069	Solo
43	43 - DUARTE	21	32:18.151	14,9	23:30:48.473	11:29:52.220	Solo
43	43 - DUARTE	22	32:26.851	14,8	24:03:15.324	12:02:19.071	Solo
44	44 - JORGE CHAVECA	1	25:38.980	18,7	25:38.980	12:24:42.727	Solo
44	44 - JORGE CHAVECA	2	22:26.286	21,4	48:05.266	12:47:09.013	Solo
44	44 - JORGE CHAVECA	3	22:30.191	21,3	1:10:35.457	13:09:39.204	Solo
44	44 - JORGE CHAVECA	4	23:45.979	20,2	1:34:21.436	13:33:25.183	Solo
44	44 - JORGE CHAVECA	5	24:01.674	20	1:58:23.110	13:57:26.857	Solo
44	44 - JORGE CHAVECA	6	23:51.238	20,1	2:22:14.348	14:21:18.095	Solo
44	44 - JORGE CHAVECA	7	24:10.750	19,9	2:46:25.098	14:45:28.845	Solo
44	44 - JORGE CHAVECA	8	24:25.694	19,6	3:10:50.792	15:09:54.539	Solo
44	44 - JORGE CHAVECA	9	25:01.685	19,2	3:35:52.477	15:34:56.224	Solo
44	44 - JORGE CHAVECA	10	25:34.694	18,8	4:01:27.171	16:00:30.918	Solo
44	44 - JORGE CHAVECA	11	25:25.784	18,9	4:26:52.955	16:25:56.702	Solo
44	44 - JORGE CHAVECA	12	26:01.567	18,4	4:52:54.522	16:51:58.269	Solo
44	44 - JORGE CHAVECA	13	23:28.253	20,5	5:16:22.775	17:15:26.522	Solo
44	44 - JORGE CHAVECA	14	25:30.648	18,8	5:41:53.423	17:40:57.170	Solo
44	44 - JORGE CHAVECA	15	25:26.743	18,9	6:07:20.166	18:06:23.913	Solo
44	44 - JORGE CHAVECA	16	31:46.867	15,1	6:39:07.033	18:38:10.780	Solo
44	44 - JORGE CHAVECA	17	30:53.570	15,5	7:10:00.603	19:09:04.350	Solo
44	44 - JORGE CHAVECA	18	58:52.712	8,2	8:08:53.315	20:07:57.062	Solo
44	44 - JORGE CHAVECA	19	27:12.709	17,6	8:36:06.024	20:35:09.771	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
44	44 - JORGE CHAVECA	20	31:24.837	15,3	9:07:30.861	21:06:34.608	Solo
44	44 - JORGE CHAVECA	21	30:31.260	15,7	9:38:02.121	21:37:05.868	Solo
44	44 - JORGE CHAVECA	22	33:01.708	14,5	10:11:03.829	22:10:07.576	Solo
44	44 - JORGE CHAVECA	23	2:31:25.153	3,2	12:42:28.982	0:41:32.729	Solo
44	44 - JORGE CHAVECA	24	23:58.842	20	13:06:27.824	1:05:31.571	Solo
44	44 - JORGE CHAVECA	25	27:00.626	17,8	13:33:28.450	1:32:32.197	Solo
44	44 - JORGE CHAVECA	26	28:58.550	16,6	14:02:27.000	2:01:30.747	Solo
44	44 - JORGE CHAVECA	27	26:34.920	18,1	14:29:01.920	2:28:05.667	Solo
44	44 - JORGE CHAVECA	28	27:06.138	17,7	14:56:08.058	2:55:11.805	Solo
44	44 - JORGE CHAVECA	29	30:26.026	15,8	15:26:34.084	3:25:37.831	Solo
44	44 - JORGE CHAVECA	30	38:41.556	12,4	16:05:15.640	4:04:19.387	Solo
44	44 - JORGE CHAVECA	31	46:31.918	10,3	16:51:47.558	4:50:51.305	Solo
44	44 - JORGE CHAVECA	31	5:08:33.509	1,6	16:51:47.558	9:59:24.814	Solo
45	45 - HORÁCIO CORREIA	1	32:32.750	14,7	32:32.750	12:31:36.497	Solo
45	45 - HORÁCIO CORREIA	2	25:48.618	18,6	58:21.368	12:57:25.115	Solo
45	45 - HORÁCIO CORREIA	3	27:45.950	17,3	1:26:07.318	13:25:11.065	Solo
45	45 - HORÁCIO CORREIA	4	1:49:00.128	4,4	3:15:07.446	15:14:11.193	Solo
45	45 - HORÁCIO CORREIA	5	26:08.017	18,4	3:41:15.463	15:40:19.210	Solo
45	45 - HORÁCIO CORREIA	6	30:15.118	15,9	4:11:30.581	16:10:34.328	Solo
45	45 - HORÁCIO CORREIA	7	7:04:08.484	1,1	11:15:39.065	23:14:42.812	Solo
45	45 - HORÁCIO CORREIA	8	33:48.317	14,2	11:49:27.382	23:48:31.129	Solo
46	46 - VITOR GRACA	1	35:29.855	13,5	35:29.855	12:34:33.602	Solo
46	46 - VITOR GRACA	2	23:06.761	20,8	58:36.616	12:57:40.363	Solo
46	46 - VITOR GRACA	3	23:20.101	20,6	1:21:56.717	13:21:00.464	Solo
46	46 - VITOR GRACA	4	24:29.591	19,6	1:46:26.308	13:45:30.055	Solo
46	46 - VITOR GRACA	5	24:45.967	19,4	2:11:12.275	14:10:16.022	Solo
46	46 - VITOR GRACA	6	24:14.147	19,8	2:35:26.422	14:34:30.169	Solo
46	46 - VITOR GRACA	7	24:24.584	19,7	2:59:51.006	14:58:54.753	Solo



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
46	46 - VITOR GRACA	8	24:01.927	20	3:23:52.933	15:22:56.680	Solo
46	46 - VITOR GRACA	9	25:58.454	18,5	3:49:51.387	15:48:55.134	Solo
46	46 - VITOR GRACA	10	24:29.957	19,6	4:14:21.344	16:13:25.091	Solo
46	46 - VITOR GRACA	11	27:01.385	17,8	4:41:22.729	16:40:26.476	Solo
46	46 - VITOR GRACA	12	34:59.360	13,7	5:16:22.089	17:15:25.836	Solo
46	46 - VITOR GRACA	13	25:29.905	18,8	5:41:51.994	17:40:55.741	Solo
46	46 - VITOR GRACA	14	25:26.356	18,9	6:07:18.350	18:06:22.097	Solo
46	46 - VITOR GRACA	15	31:01.072	15,5	6:38:19.422	18:37:23.169	Solo
46	46 - VITOR GRACA	16	27:36.987	17,4	7:05:56.409	19:05:00.156	Solo
46	46 - VITOR GRACA	17	23:50.785	20,1	7:29:47.194	19:28:50.941	Solo
46	46 - VITOR GRACA	18	25:06.133	19,1	7:54:53.327	19:53:57.074	Solo
46	46 - VITOR GRACA	19	25:04.381	19,1	8:19:57.708	20:19:01.455	Solo
46	46 - VITOR GRACA	20	27:10.216	17,7	8:47:07.924	20:46:11.671	Solo
46	46 - VITOR GRACA	21	25:37.270	18,7	9:12:45.194	21:11:48.941	Solo
46	46 - VITOR GRACA	22	26:44.400	18	9:39:29.594	21:38:33.341	Solo
46	46 - VITOR GRACA	23	29:18.730	16,4	10:08:48.324	22:07:52.071	Solo
46	46 - VITOR GRACA	24	29:04.891	16,5	10:37:53.215	22:36:56.962	Solo
46	46 - VITOR GRACA	25	29:29.755	16,3	11:07:22.970	23:06:26.717	Solo
46	46 - VITOR GRACA	26	27:31.927	17,4	11:34:54.897	23:33:58.644	Solo
46	46 - VITOR GRACA	27	28:59.662	16,6	12:03:54.559	0:02:58.306	Solo
201	201-A - LUIS PORFIRIO	1	30:38.856	15,7	30:38.856	12:29:42.603	Equipa 2
201	201-A - LUIS PORFIRIO	2	24:39.891	19,5	55:18.747	12:54:22.494	Equipa 2
201	201-B - RICARDO NOBRE	3	24:48.021	19,4	1:20:06.768	13:19:10.515	Equipa 2
201	201-B - RICARDO NOBRE	4	25:14.310	19	1:45:21.078	13:44:24.825	Equipa 2
201	201-A - LUIS PORFIRIO	5	24:47.240	19,4	2:10:08.318	14:09:12.065	Equipa 2
201	201-B - RICARDO NOBRE	6	24:39.806	19,5	2:34:48.124	14:33:51.871	Equipa 2
201	201-A - LUIS PORFIRIO	7	25:13.221	19	3:00:01.345	14:59:05.092	Equipa 2
201	201-B - RICARDO NOBRE	8	25:58.700	18,5	3:26:00.045	15:25:03.792	Equipa 2



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
201	201-A - LUIS PORFIRIO	9	26:01.702	18,4	3:52:01.747	15:51:05.494	Equipa 2
201	201-B - RICARDO NOBRE	10	25:42.063	18,7	4:17:43.810	16:16:47.557	Equipa 2
201	201-A - LUIS PORFIRIO	11	26:50.475	17,9	4:44:34.285	16:43:38.032	Equipa 2
201	201-B - RICARDO NOBRE	12	3:03:50.169	2,6	7:48:24.454	19:47:28.201	Equipa 2
201	201-A - LUIS PORFIRIO	13	25:39.160	18,7	8:14:03.614	20:13:07.361	Equipa 2
201	201-B - RICARDO NOBRE	14	25:41.736	18,7	8:39:45.350	20:38:49.097	Equipa 2
201	201-A - LUIS PORFIRIO	15	25:43.150	18,7	9:05:28.500	21:04:32.247	Equipa 2
201	201-B - RICARDO NOBRE	16	28:14.740	17	9:33:43.240	21:32:46.987	Equipa 2
201	201-A - LUIS PORFIRIO	17	32:35.155	14,7	10:06:18.395	22:05:22.142	Equipa 2
201	201-A - LUIS PORFIRIO	18	8:03:53.604	1	18:10:11.999	6:09:15.746	Equipa 2
201	201-A - LUIS PORFIRIO	19	28:17.891	17	18:38:29.890	6:37:33.637	Equipa 2
201	201-A - LUIS PORFIRIO	20	28:22.595	16,9	19:06:52.485	7:05:56.232	Equipa 2
201	201-B - RICARDO NOBRE	21	27:21.601	17,5	19:34:14.086	7:33:17.833	Equipa 2
201	201-B - RICARDO NOBRE	22	27:10.539	17,7	20:01:24.625	8:00:28.372	Equipa 2
201	201-B - RICARDO NOBRE	23	27:50.145	17,2	20:29:14.770	8:28:18.517	Equipa 2
201	201-A - LUIS PORFIRIO	24	27:47.976	17,3	20:57:02.746	8:56:06.493	Equipa 2
201	201-A - LUIS PORFIRIO	25	26:05.818	18,4	21:23:08.564	9:22:12.311	Equipa 2
201	201-B - RICARDO NOBRE	26	28:13.394	17	21:51:21.958	9:50:25.705	Equipa 2
201	201-B - RICARDO NOBRE	27	28:01.586	17,1	22:19:23.544	10:18:27.291	Equipa 2
201	201-A - LUIS PORFIRIO	28	26:29.512	18,1	22:45:53.056	10:44:56.803	Equipa 2
201	201-A - LUIS PORFIRIO	29	31:12.166	15,4	23:17:05.222	11:16:08.969	Equipa 2
201	201-A - LUIS PORFIRIO	30	26:47.324	17,9	23:43:52.546	11:42:56.293	Equipa 2
202	202-B - NUNO RODRIGUES	1	26:32.069	18,1	26:32.069	12:25:35.816	Equipa 2
202	202-B - NUNO RODRIGUES	2	21:34.138	22,3	48:06.207	12:47:09.954	Equipa 2
202	202-A - RUI MANO	3	22:22.156	21,5	1:10:28.363	13:09:32.110	Equipa 2
202	202-A - RUI MANO	4	22:16.771	21,5	1:32:45.134	13:31:48.881	Equipa 2
202	202-B - NUNO RODRIGUES	5	23:16.236	20,6	1:56:01.370	13:55:05.117	Equipa 2
202	202-B - NUNO RODRIGUES	6	23:11.933	20,7	2:19:13.303	14:18:17.050	Equipa 2



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
202	202-A - RUI MANO	7	22:42.045	21,1	2:41:55.348	14:40:59.095	Equipa 2
202	202-A - RUI MANO	8	22:59.171	20,9	3:04:54.519	15:03:58.266	Equipa 2
202	202-B - NUNO RODRIGUES	9	23:22.729	20,5	3:28:17.248	15:27:20.995	Equipa 2
202	202-B - NUNO RODRIGUES	10	23:06.274	20,8	3:51:23.522	15:50:27.269	Equipa 2
202	202-A - RUI MANO	11	23:23.177	20,5	4:14:46.699	16:13:50.446	Equipa 2
202	202-A - RUI MANO	12	23:29.025	20,4	4:38:15.724	16:37:19.471	Equipa 2
202	202-B - NUNO RODRIGUES	13	24:30.805	19,6	5:02:46.529	17:01:50.276	Equipa 2
202	202-B - NUNO RODRIGUES	14	23:24.746	20,5	5:26:11.275	17:25:15.022	Equipa 2
202	202-A - RUI MANO	15	23:36.803	20,3	5:49:48.078	17:48:51.825	Equipa 2
202	202-A - RUI MANO	16	24:02.045	20	6:13:50.123	18:12:53.870	Equipa 2
202	202-B - NUNO RODRIGUES	17	27:58.618	17,2	6:41:48.741	18:40:52.488	Equipa 2
202	202-B - NUNO RODRIGUES	18	25:05.409	19,1	7:06:54.150	19:05:57.897	Equipa 2
202	202-A - RUI MANO	19	24:23.468	19,7	7:31:17.618	19:30:21.365	Equipa 2
202	202-A - RUI MANO	20	23:53.086	20,1	7:55:10.704	19:54:14.451	Equipa 2
202	202-B - NUNO RODRIGUES	21	23:21.562	20,5	8:18:32.266	20:17:36.013	Equipa 2
202	202-B - NUNO RODRIGUES	22	23:04.970	20,8	8:41:37.236	20:40:40.983	Equipa 2
202	202-A - RUI MANO	23	23:55.916	20,1	9:05:33.152	21:04:36.899	Equipa 2
202	202-A - RUI MANO	24	24:26.050	19,6	9:29:59.202	21:29:02.949	Equipa 2
202	202-B - NUNO RODRIGUES	25	25:49.276	18,6	9:55:48.478	21:54:52.225	Equipa 2
202	202-B - NUNO RODRIGUES	26	26:10.761	18,3	10:21:59.239	22:21:02.986	Equipa 2
202	202-A - RUI MANO	27	25:30.504	18,8	10:47:29.743	22:46:33.490	Equipa 2
202	202-A - RUI MANO	28	25:29.309	18,8	11:12:59.052	23:12:02.799	Equipa 2
202	202-B - NUNO RODRIGUES	29	26:55.892	17,8	11:39:54.944	23:38:58.691	Equipa 2
202	202-B - NUNO RODRIGUES	30	25:15.554	19	12:05:10.498	0:04:14.245	Equipa 2
202	202-A - RUI MANO	31	25:54.899	18,5	12:31:05.397	0:30:09.144	Equipa 2
202	202-A - RUI MANO	32	26:03.780	18,4	12:57:09.177	0:56:12.924	Equipa 2
202	202-B - NUNO RODRIGUES	33	30:56.955	15,5	13:28:06.132	1:27:09.879	Equipa 2
202	202-B - NUNO RODRIGUES	34	27:00.198	17,8	13:55:06.330	1:54:10.077	Equipa 2



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
202	202-A - RUI MANO	35	26:48.213	17,9	14:21:54.543	2:20:58.290	Equipa 2
202	202-A - RUI MANO	36	27:35.791	17,4	14:49:30.334	2:48:34.081	Equipa 2
202	202-B - NUNO RODRIGUES	37	27:15.458	17,6	15:16:45.792	3:15:49.539	Equipa 2
202	202-B - NUNO RODRIGUES	38	26:10.710	18,3	15:42:56.502	3:42:00.249	Equipa 2
202	202-A - RUI MANO	39	25:59.978	18,5	16:08:56.480	4:08:00.227	Equipa 2
202	202-A - RUI MANO	40	26:17.448	18,3	16:35:13.928	4:34:17.675	Equipa 2
202	202-B - NUNO RODRIGUES	41	24:13.882	19,8	16:59:27.810	4:58:31.557	Equipa 2
202	202-B - NUNO RODRIGUES	42	23:57.141	20	17:23:24.951	5:22:28.698	Equipa 2
202	202-B - NUNO RODRIGUES	43	26:29.558	18,1	17:49:54.509	5:48:58.256	Equipa 2
202	202-A - RUI MANO	44	25:24.600	18,9	18:15:19.109	6:14:22.856	Equipa 2
202	202-A - RUI MANO	45	25:02.587	19,2	18:40:21.696	6:39:25.443	Equipa 2
202	202-B - NUNO RODRIGUES	46	27:42.496	17,3	19:08:04.192	7:07:07.939	Equipa 2
202	202-B - NUNO RODRIGUES	47	27:31.148	17,4	19:35:35.340	7:34:39.087	Equipa 2
202	202-A - RUI MANO	48	25:42.821	18,7	20:01:18.161	8:00:21.908	Equipa 2
202	202-A - RUI MANO	49	25:55.462	18,5	20:27:13.623	8:26:17.370	Equipa 2
202	202-B - NUNO RODRIGUES	50	29:57.814	16	20:57:11.437	8:56:15.184	Equipa 2
202	202-A - RUI MANO	51	26:04.268	18,4	21:23:15.705	9:22:19.452	Equipa 2
202	202-A - RUI MANO	52	24:25.874	19,6	21:47:41.579	9:46:45.326	Equipa 2
202	202-B - NUNO RODRIGUES	53	28:25.094	16,9	22:16:06.673	10:15:10.420	Equipa 2
202	202-A - RUI MANO	54	31:58.732	15	22:48:05.405	10:47:09.152	Equipa 2
203	203-B - PEDRO RASQUETE	1	24:58.070	19,2	24:58.070	12:24:01.817	Equipa 2
203	203-B - PEDRO RASQUETE	2	21:03.676	22,8	46:01.746	12:45:05.493	Equipa 2
203	203-B - PEDRO RASQUETE	3	20:57.878	22,9	1:06:59.624	13:06:03.371	Equipa 2
203	203-B - PEDRO RASQUETE	4	21:04.351	22,8	1:28:03.975	13:27:07.722	Equipa 2
203	203-B - PEDRO RASQUETE	5	21:03.152	22,8	1:49:07.127	13:48:10.874	Equipa 2
203	203-B - PEDRO RASQUETE	6	21:28.249	22,4	2:10:35.376	14:09:39.123	Equipa 2
203	203-A - PAULO AGOSTINHO	7	21:07.220	22,7	2:31:42.596	14:30:46.343	Equipa 2
203	203-A - PAULO AGOSTINHO	8	21:45.029	22,1	2:53:27.625	14:52:31.372	Equipa 2



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
203	203-A - PAULO AGOSTINHO	9	22:10.931	21,6	3:15:38.556	15:14:42.303	Equipa 2
203	203-A - PAULO AGOSTINHO	10	22:43.456	21,1	3:38:22.012	15:37:25.759	Equipa 2
203	203-A - PAULO AGOSTINHO	11	23:24.522	20,5	4:01:46.534	16:00:50.281	Equipa 2
203	203-A - PAULO AGOSTINHO	12	26:29.821	18,1	4:28:16.355	16:27:20.102	Equipa 2
203	203-B - PEDRO RASQUETE	13	20:59.359	22,9	4:49:15.714	16:48:19.461	Equipa 2
203	203-B - PEDRO RASQUETE	14	20:42.538	23,2	5:09:58.252	17:09:01.999	Equipa 2
203	203-B - PEDRO RASQUETE	15	22:19.185	21,5	5:32:17.437	17:31:21.184	Equipa 2
203	203-B - PEDRO RASQUETE	16	23:37.014	20,3	5:55:54.451	17:54:58.198	Equipa 2
203	203-B - PEDRO RASQUETE	17	22:05.712	21,7	6:18:00.163	18:17:03.910	Equipa 2
203	203-A - PAULO AGOSTINHO	18	23:50.439	20,1	6:41:50.602	18:40:54.349	Equipa 2
203	203-A - PAULO AGOSTINHO	19	25:46.171	18,6	7:07:36.773	19:06:40.520	Equipa 2
203	203-A - PAULO AGOSTINHO	20	26:16.051	18,3	7:33:52.824	19:32:56.571	Equipa 2
203	203-A - PAULO AGOSTINHO	21	26:30.724	18,1	8:00:23.548	19:59:27.295	Equipa 2
203	203-B - PEDRO RASQUETE	22	21:20.393	22,5	8:21:43.941	20:20:47.688	Equipa 2
203	203-B - PEDRO RASQUETE	23	21:21.823	22,5	8:43:05.764	20:42:09.511	Equipa 2
203	203-B - PEDRO RASQUETE	24	21:30.108	22,3	9:04:35.872	21:03:39.619	Equipa 2
203	203-B - PEDRO RASQUETE	25	21:42.806	22,1	9:26:18.678	21:25:22.425	Equipa 2
203	203-B - PEDRO RASQUETE	26	22:36.232	21,2	9:48:54.910	21:47:58.657	Equipa 2
203	203-A - PAULO AGOSTINHO	27	25:02.607	19,2	10:13:57.517	22:13:01.264	Equipa 2
203	203-A - PAULO AGOSTINHO	28	26:58.310	17,8	10:40:55.827	22:39:59.574	Equipa 2
203	203-A - PAULO AGOSTINHO	29	31:20.625	15,3	11:12:16.452	23:11:20.199	Equipa 2
203	203-A - PAULO AGOSTINHO	30	27:58.679	17,2	11:40:15.131	23:39:18.878	Equipa 2
203	203-A - PAULO AGOSTINHO	31	33:12.004	14,5	12:13:27.135	0:12:30.882	Equipa 2
203	203-B - PEDRO RASQUETE	32	23:11.120	20,7	12:36:38.255	0:35:42.002	Equipa 2
203	203-B - PEDRO RASQUETE	33	26:04.351	18,4	13:02:42.606	1:01:46.353	Equipa 2
203	203-B - PEDRO RASQUETE	34	25:57.598	18,5	13:28:40.204	1:27:43.951	Equipa 2
203	203-B - PEDRO RASQUETE	35	27:00.774	17,8	13:55:40.978	1:54:44.725	Equipa 2
203	203-B - PEDRO RASQUETE	36	27:19.045	17,6	14:23:00.023	2:22:03.770	Equipa 2



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
203	203-A - PAULO AGOSTINHO	37	29:32.033	16,3	14:52:32.056	2:51:35.803	Equipa 2
203	203-A - PAULO AGOSTINHO	38	29:32.608	16,2	15:22:04.664	3:21:08.411	Equipa 2
203	203-A - PAULO AGOSTINHO	39	29:15.045	16,4	15:51:19.709	3:50:23.456	Equipa 2
203	203-A - PAULO AGOSTINHO	40	27:02.785	17,7	16:18:22.494	4:17:26.241	Equipa 2
203	203-A - PAULO AGOSTINHO	41	27:03.771	17,7	16:45:26.265	4:44:30.012	Equipa 2
203	203-B - PEDRO RASQUETE	42	23:59.268	20	17:09:25.533	5:08:29.280	Equipa 2
203	203-B - PEDRO RASQUETE	43	23:31.564	20,4	17:32:57.097	5:32:00.844	Equipa 2
203	203-B - PEDRO RASQUETE	44	24:34.158	19,5	17:57:31.255	5:56:35.002	Equipa 2
203	203-B - PEDRO RASQUETE	45	24:51.728	19,3	18:22:22.983	6:21:26.730	Equipa 2
203	203-B - PEDRO RASQUETE	46	23:59.082	20	18:46:22.065	6:45:25.812	Equipa 2
203	203-B - PEDRO RASQUETE	47	24:38.135	19,5	19:11:00.200	7:10:03.947	Equipa 2
203	203-A - PAULO AGOSTINHO	48	23:39.106	20,3	19:34:39.306	7:33:43.053	Equipa 2
203	203-A - PAULO AGOSTINHO	49	25:12.859	19	19:59:52.165	7:58:55.912	Equipa 2
203	203-A - PAULO AGOSTINHO	50	26:29.097	18,1	20:26:21.262	8:25:25.009	Equipa 2
203	203-A - PAULO AGOSTINHO	51	25:25.626	18,9	20:51:46.888	8:50:50.635	Equipa 2
203	203-A - PAULO AGOSTINHO	52	26:44.828	17,9	21:18:31.716	9:17:35.463	Equipa 2
203	203-B - PEDRO RASQUETE	53	24:01.357	20	21:42:33.073	9:41:36.820	Equipa 2
203	203-B - PEDRO RASQUETE	54	26:43.759	18	22:09:16.832	10:08:20.579	Equipa 2
203	203-B - PEDRO RASQUETE	55	24:44.840	19,4	22:34:01.672	10:33:05.419	Equipa 2
203	203-A - PAULO AGOSTINHO	56	24:41.168	19,4	22:58:42.840	10:57:46.587	Equipa 2
203	203-A - PAULO AGOSTINHO	57	25:26.313	18,9	23:24:09.153	11:23:12.900	Equipa 2
203	203-A - PAULO AGOSTINHO	58	26:45.064	17,9	23:50:54.217	11:49:57.964	Equipa 2
203	203-B - PEDRO RASQUETE	59	21:37.902	22,2	24:12:32.119	12:11:35.866	Equipa 2
204	204-B - VALDEMAR SANTO	1	32:28.241	14,8	32:28.241	12:31:31.988	Equipa 2
204	204-B - VALDEMAR SANTO	2	27:03.956	17,7	59:32.197	12:58:35.944	Equipa 2
204	204-B - VALDEMAR SANTO	3	27:42.515	17,3	1:27:14.712	13:26:18.459	Equipa 2
204	204-B - VALDEMAR SANTO	4	29:03.767	16,5	1:56:18.479	13:55:22.226	Equipa 2
204	204-B - VALDEMAR SANTO	5	28:38.969	16,8	2:24:57.448	14:24:01.195	Equipa 2



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
204	204-B - VALDEMAR SANTO	6	29:42.585	16,2	2:54:40.033	14:53:43.780	Equipa 2
204	204-B - VALDEMAR SANTO	7	29:18.015	16,4	3:23:58.048	15:23:01.795	Equipa 2
204	204-B - VALDEMAR SANTO	8	30:39.679	15,7	3:54:37.727	15:53:41.474	Equipa 2
204	204-A - ADRIANO MARTINS	9	29:11.109	16,4	4:23:48.836	16:22:52.583	Equipa 2
204	204-A - ADRIANO MARTINS	10	27:43.494	17,3	4:51:32.330	16:50:36.077	Equipa 2
204	204-A - ADRIANO MARTINS	11	27:36.633	17,4	5:19:08.963	17:18:12.710	Equipa 2
204	204-A - ADRIANO MARTINS	12	28:07.611	17,1	5:47:16.574	17:46:20.321	Equipa 2
204	204-A - ADRIANO MARTINS	13	30:02.227	16	6:17:18.801	18:16:22.548	Equipa 2
204	204-A - ADRIANO MARTINS	14	30:48.861	15,6	6:48:07.662	18:47:11.409	Equipa 2
204	204-A - ADRIANO MARTINS	15	31:26.616	15,3	7:19:34.278	19:18:38.025	Equipa 2
204	204-A - ADRIANO MARTINS	16	29:52.563	16,1	7:49:26.841	19:48:30.588	Equipa 2
204	204-B - VALDEMAR SANTO	17	26:46.265	17,9	8:16:13.106	20:15:16.853	Equipa 2
204	204-B - VALDEMAR SANTO	18	28:23.079	16,9	8:44:36.185	20:43:39.932	Equipa 2
204	204-B - VALDEMAR SANTO	19	30:29.120	15,7	9:15:05.305	21:14:09.052	Equipa 2
204	204-B - VALDEMAR SANTO	20	30:23.339	15,8	9:45:28.644	21:44:32.391	Equipa 2
204	204-B - VALDEMAR SANTO	21	33:38.585	14,3	10:19:07.229	22:18:10.976	Equipa 2
204	204-B - VALDEMAR SANTO	22	31:42.252	15,1	10:50:49.481	22:49:53.228	Equipa 2
204	204-B - VALDEMAR SANTO	23	30:09.190	15,9	11:20:58.671	23:20:02.418	Equipa 2
204	204-B - VALDEMAR SANTO	24	31:15.344	15,4	11:52:14.015	23:51:17.762	Equipa 2
204	204-A - ADRIANO MARTINS	25	33:15.270	14,4	12:25:29.285	0:24:33.032	Equipa 2
204	204-A - ADRIANO MARTINS	26	31:05.436	15,4	12:56:34.721	0:55:38.468	Equipa 2
204	204-A - ADRIANO MARTINS	27	31:21.711	15,3	13:27:56.432	1:27:00.179	Equipa 2
204	204-A - ADRIANO MARTINS	28	36:23.669	13,2	14:04:20.101	2:03:23.848	Equipa 2
204	204-A - ADRIANO MARTINS	29	33:49.124	14,2	14:38:09.225	2:37:12.972	Equipa 2
204	204-A - ADRIANO MARTINS	30	35:47.413	13,4	15:13:56.638	3:13:00.385	Equipa 2
204	204-A - ADRIANO MARTINS	31	36:08.227	13,3	15:50:04.865	3:49:08.612	Equipa 2
204	204-B - VALDEMAR SANTO	32	32:33.487	14,7	16:22:38.352	4:21:42.099	Equipa 2
204	204-B - VALDEMAR SANTO	33	29:57.795	16	16:52:36.147	4:51:39.894	Equipa 2



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
204	204-B - VALDEMAR SANTO	34	35:31.503	13,5	17:28:07.650	5:27:11.397	Equipa 2
205	205-A - ANA CRUZ	1	38:11.895	12,6	38:11.895	12:37:15.642	Equipa 2 Fem
205	205-A - ANA CRUZ	2	32:57.803	14,6	1:11:09.698	13:10:13.445	Equipa 2 Fem
205	205-A - ANA CRUZ	3	33:23.866	14,4	1:44:33.564	13:43:37.311	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	4	30:12.689	15,9	2:14:46.253	14:13:50.000	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	5	30:34.029	15,7	2:45:20.282	14:44:24.029	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	6	30:33.394	15,7	3:15:53.676	15:14:57.423	Equipa 2 Fem
205	205-A - ANA CRUZ	7	30:42.498	15,6	3:46:36.174	15:45:39.921	Equipa 2 Fem
205	205-A - ANA CRUZ	8	31:28.701	15,2	4:18:04.875	16:17:08.622	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	9	30:05.251	16	4:48:10.126	16:47:13.873	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	10	29:15.258	16,4	5:17:25.384	17:16:29.131	Equipa 2 Fem
205	205-A - ANA CRUZ	11	29:55.970	16	5:47:21.354	17:46:25.101	Equipa 2 Fem
205	205-A - ANA CRUZ	12	33:02.648	14,5	6:20:24.002	18:19:27.749	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	13	30:59.799	15,5	6:51:23.801	18:50:27.548	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	14	32:46.033	14,6	7:24:09.834	19:23:13.581	Equipa 2 Fem
205	205-A - ANA CRUZ	15	36:57.006	13	8:01:06.840	20:00:10.587	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	16	34:46.177	13,8	8:35:53.017	20:34:56.764	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	17	33:46.056	14,2	9:09:39.073	21:08:42.820	Equipa 2 Fem
205	205-A - ANA CRUZ	18	32:28.458	14,8	9:42:07.531	21:41:11.278	Equipa 2 Fem
205	205-A - ANA CRUZ	19	32:48.594	14,6	10:14:56.125	22:13:59.872	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	20	35:52.583	13,4	10:50:48.708	22:49:52.455	Equipa 2 Fem
205	205-A - ANA CRUZ	21	1:21:27.656	5,9	12:12:16.364	0:11:20.111	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	22	5:19:52.484	1,5	17:32:08.848	5:31:12.595	Equipa 2 Fem
205	205-A - ANA CRUZ	23	32:29.194	14,8	18:04:38.042	6:03:41.789	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	24	34:51.971	13,8	18:39:30.013	6:38:33.760	Equipa 2 Fem
205	205-A - ANA CRUZ	25	31:43.971	15,1	19:11:13.984	7:10:17.731	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	26	33:32.651	14,3	19:44:46.635	7:43:50.382	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	27	34:15.293	14	20:19:01.928	8:18:05.675	Equipa 2 Fem



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
205	205-A - ANA CRUZ	28	31:52.237	15,1	20:50:54.165	8:49:57.912	Equipa 2 Fem
205	205-A - ANA CRUZ	29	31:32.258	15,2	21:22:26.423	9:21:30.170	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	30	32:21.116	14,8	21:54:47.539	9:53:51.286	Equipa 2 Fem
205	205-A - ANA CRUZ	31	32:26.009	14,8	22:27:13.548	10:26:17.295	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	32	31:32.226	15,2	22:58:45.774	10:57:49.521	Equipa 2 Fem
205	205-A - ANA CRUZ	33	31:59.108	15	23:30:44.882	11:29:48.629	Equipa 2 Fem
205	205-B - MÓNICA CORREIA	34	31:33.847	15,2	24:02:18.729	12:01:22.476	Equipa 2 Fem
206	206-B - NELSON SILVA	1	28:45.055	16,7	28:45.055	12:27:48.802	Equipa 2
206	206-B - NELSON SILVA	2	22:48.437	21	51:33.492	12:50:37.239	Equipa 2
206	206-A - PAULO EMIDIO	3	22:17.323	21,5	1:13:50.815	13:12:54.562	Equipa 2
206	206-A - PAULO EMIDIO	4	23:23.595	20,5	1:37:14.410	13:36:18.157	Equipa 2
206	206-B - NELSON SILVA	5	22:38.822	21,2	1:59:53.232	13:58:56.979	Equipa 2
206	206-B - NELSON SILVA	6	22:46.756	21,1	2:22:39.988	14:21:43.735	Equipa 2
206	206-A - PAULO EMIDIO	7	23:06.918	20,8	2:45:46.906	14:44:50.653	Equipa 2
206	206-A - PAULO EMIDIO	8	23:41.876	20,3	3:09:28.782	15:08:32.529	Equipa 2
206	206-A - PAULO EMIDIO	9	23:47.059	20,2	3:33:15.841	15:32:19.588	Equipa 2
206	206-B - NELSON SILVA	10	22:56.915	20,9	3:56:12.756	15:55:16.503	Equipa 2
206	206-B - NELSON SILVA	11	23:23.383	20,5	4:19:36.139	16:18:39.886	Equipa 2
206	206-B - NELSON SILVA	12	23:12.948	20,7	4:42:49.087	16:41:52.834	Equipa 2
206	206-A - PAULO EMIDIO	13	24:06.216	19,9	5:06:55.303	17:05:59.050	Equipa 2
206	206-A - PAULO EMIDIO	14	24:30.176	19,6	5:31:25.479	17:30:29.226	Equipa 2
206	206-A - PAULO EMIDIO	15	24:52.245	19,3	5:56:17.724	17:55:21.471	Equipa 2
206	206-B - NELSON SILVA	16	24:37.726	19,5	6:20:55.450	18:19:59.197	Equipa 2
206	206-B - NELSON SILVA	17	25:59.867	18,5	6:46:55.317	18:45:59.064	Equipa 2
206	206-B - NELSON SILVA	18	26:14.357	18,3	7:13:09.674	19:12:13.421	Equipa 2
206	206-B - NELSON SILVA	19	27:27.905	17,5	7:40:37.579	19:39:41.326	Equipa 2
206	206-A - PAULO EMIDIO	20	24:48.448	19,3	8:05:26.027	20:04:29.774	Equipa 2
206	206-A - PAULO EMIDIO	21	26:02.070	18,4	8:31:28.097	20:30:31.844	Equipa 2



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
206	206-A - PAULO EMIDIO	22	25:48.625	18,6	8:57:16.722	20:56:20.469	Equipa 2
206	206-A - PAULO EMIDIO	23	25:42.459	18,7	9:22:59.181	21:22:02.928	Equipa 2
206	206-B - NELSON SILVA	24	27:38.284	17,4	9:50:37.465	21:49:41.212	Equipa 2
206	206-B - NELSON SILVA	25	27:35.450	17,4	10:18:12.915	22:17:16.662	Equipa 2
206	206-B - NELSON SILVA	26	27:53.710	17,2	10:46:06.625	22:45:10.372	Equipa 2
206	206-B - NELSON SILVA	27	25:40.952	18,7	11:11:47.577	23:10:51.324	Equipa 2
206	206-A - PAULO EMIDIO	28	26:56.438	17,8	11:38:44.015	23:37:47.762	Equipa 2
206	206-A - PAULO EMIDIO	29	27:08.205	17,7	12:05:52.220	0:04:55.967	Equipa 2
206	206-A - PAULO EMIDIO	30	27:13.746	17,6	12:33:05.966	0:32:09.713	Equipa 2
206	206-A - PAULO EMIDIO	31	28:05.550	17,1	13:01:11.516	1:00:15.263	Equipa 2
206	206-B - NELSON SILVA	32	25:59.269	18,5	13:27:10.785	1:26:14.532	Equipa 2
206	206-B - NELSON SILVA	33	25:19.515	19	13:52:30.300	1:51:34.047	Equipa 2
206	206-B - NELSON SILVA	34	28:31.742	16,8	14:21:02.042	2:20:05.789	Equipa 2
206	206-B - NELSON SILVA	35	25:50.589	18,6	14:46:52.631	2:45:56.378	Equipa 2
206	206-B - NELSON SILVA	36	25:10.829	19,1	15:12:03.460	3:11:07.207	Equipa 2
206	206-A - PAULO EMIDIO	37	27:52.565	17,2	15:39:56.025	3:38:59.772	Equipa 2
206	206-A - PAULO EMIDIO	38	30:00.207	16	16:09:56.232	4:08:59.979	Equipa 2
206	206-B - NELSON SILVA	39	3:53:02.686	2,1	20:02:58.918	8:02:02.665	Equipa 2
206	206-B - NELSON SILVA	40	24:27.469	19,6	20:27:26.387	8:26:30.134	Equipa 2
206	206-A - PAULO EMIDIO	41	26:30.884	18,1	20:53:57.271	8:53:01.018	Equipa 2
206	206-A - PAULO EMIDIO	42	30:29.497	15,7	21:24:26.768	9:23:30.515	Equipa 2
206	206-B - NELSON SILVA	43	24:07.016	19,9	21:48:33.784	9:47:37.531	Equipa 2
206	206-A - PAULO EMIDIO	44	26:55.053	17,8	22:15:28.837	10:14:32.584	Equipa 2
206	206-B - NELSON SILVA	45	24:19.930	19,7	22:39:48.767	10:38:52.514	Equipa 2
206	206-A - PAULO EMIDIO	46	28:16.767	17	23:08:05.534	11:07:09.281	Equipa 2
206	206-B - NELSON SILVA	47	24:38.616	19,5	23:32:44.150	11:31:47.897	Equipa 2
206	206-B - NELSON SILVA	48	27:47.201	17,3	24:00:31.351	11:59:35.098	Equipa 2
207	207-A - ALEXANDRE RODRIGUES	1	27:06.461	17,7	27:06.461	12:26:10.208	Equipa 2



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
207	207-B - MARCO RODRIGUES	2	21:19.455	22,5	48:25.916	12:47:29.663	Equipa 2
207	207-A - ALEXANDRE RODRIGUES	3	21:31.133	22,3	1:09:57.049	13:09:00.796	Equipa 2
207	207-A - ALEXANDRE RODRIGUES	4	22:23.757	21,4	1:32:20.806	13:31:24.553	Equipa 2
207	207-B - MARCO RODRIGUES	5	21:44.749	22,1	1:54:05.555	13:53:09.302	Equipa 2
207	207-B - MARCO RODRIGUES	6	22:09.830	21,7	2:16:15.385	14:15:19.132	Equipa 2
207	207-A - ALEXANDRE RODRIGUES	7	22:15.717	21,6	2:38:31.102	14:37:34.849	Equipa 2
207	207-A - ALEXANDRE RODRIGUES	8	23:07.103	20,8	3:01:38.205	15:00:41.952	Equipa 2
207	207-B - MARCO RODRIGUES	9	30:27.359	15,8	3:32:05.564	15:31:09.311	Equipa 2
207	207-A - ALEXANDRE RODRIGUES	10	22:56.937	20,9	3:55:02.501	15:54:06.248	Equipa 2
207	207-B - MARCO RODRIGUES	11	22:28.728	21,4	4:17:31.229	16:16:34.976	Equipa 2
207	207-B - MARCO RODRIGUES	12	22:51.195	21	4:40:22.424	16:39:26.171	Equipa 2
207	207-B - MARCO RODRIGUES	13	23:54.777	20,1	5:04:17.201	17:03:20.948	Equipa 2
207	207-B - MARCO RODRIGUES	14	24:00.820	20	5:28:18.021	17:27:21.768	Equipa 2
207	207-A - ALEXANDRE RODRIGUES	15	22:31.886	21,3	5:50:49.907	17:49:53.654	Equipa 2
207	207-A - ALEXANDRE RODRIGUES	16	25:19.086	19	6:16:08.993	18:15:12.740	Equipa 2
207	207-B - MARCO RODRIGUES	17	25:14.326	19	6:41:23.319	18:40:27.066	Equipa 2
207	207-B - MARCO RODRIGUES	18	24:34.611	19,5	7:05:57.930	19:05:01.677	Equipa 2
207	207-A - ALEXANDRE RODRIGUES	19	23:48.629	20,2	7:29:46.559	19:28:50.306	Equipa 2
207	207-A - ALEXANDRE RODRIGUES	20	25:47.892	18,6	7:55:34.451	19:54:38.198	Equipa 2
207	207-B - MARCO RODRIGUES	21	22:59.924	20,9	8:18:34.375	20:17:38.122	Equipa 2
207	207-B - MARCO RODRIGUES	22	23:27.230	20,5	8:42:01.605	20:41:05.352	Equipa 2
207	207-B - MARCO RODRIGUES	23	24:33.631	19,5	9:06:35.236	21:05:38.983	Equipa 2
207	207-A - ALEXANDRE RODRIGUES	24	24:49.028	19,3	9:31:24.264	21:30:28.011	Equipa 2
207	207-A - ALEXANDRE RODRIGUES	25	25:42.660	18,7	9:57:06.924	21:56:10.671	Equipa 2
207	207-B - MARCO RODRIGUES	26	29:24.234	16,3	10:26:31.158	22:25:34.905	Equipa 2
207	207-B - MARCO RODRIGUES	27	28:22.519	16,9	10:54:53.677	22:53:57.424	Equipa 2
207	207-B - MARCO RODRIGUES	28	39:20.063	12,2	11:34:13.740	23:33:17.487	Equipa 2
207	207-A - ALEXANDRE RODRIGUES	29	28:01.768	17,1	12:02:15.508	0:01:19.255	Equipa 2



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
207	207-A - ALEXANDRE RODRIGUES	30	32:46.649	14,6	12:35:02.157	0:34:05.904	Equipa 2
207	207-B - MARCO RODRIGUES	31	1:55:54.673	4,1	14:30:56.830	2:30:00.577	Equipa 2
207	207-A - ALEXANDRE RODRIGUES	32	6:56:58.236	1,2	21:27:55.066	9:26:58.813	Equipa 2
208	208-A - RUBEN SILVA	1	28:45.272	16,7	28:45.272	12:27:49.019	Equipa 2
208	208-A - RUBEN SILVA	2	22:03.244	21,8	50:48.516	12:49:52.263	Equipa 2
208	208-A - RUBEN SILVA	3	23:02.601	20,8	1:13:51.117	13:12:54.864	Equipa 2
208	208-B - PAULO MARTINS	4	24:06.894	19,9	1:37:58.011	13:37:01.758	Equipa 2
208	208-B - PAULO MARTINS	5	23:22.532	20,5	2:01:20.543	14:00:24.290	Equipa 2
208	208-B - PAULO MARTINS	6	24:02.741	20	2:25:23.284	14:24:27.031	Equipa 2
208	208-B - PAULO MARTINS	7	23:39.427	20,3	2:49:02.711	14:48:06.458	Equipa 2
208	208-A - RUBEN SILVA	8	23:49.825	20,1	3:12:52.536	15:11:56.283	Equipa 2
208	208-A - RUBEN SILVA	9	23:47.563	20,2	3:36:40.099	15:35:43.846	Equipa 2
208	208-A - RUBEN SILVA	10	24:02.405	20	4:00:42.504	15:59:46.251	Equipa 2
208	208-A - RUBEN SILVA	11	23:59.481	20	4:24:41.985	16:23:45.732	Equipa 2
208	208-B - PAULO MARTINS	12	25:23.074	18,9	4:50:05.059	16:49:08.806	Equipa 2
208	208-B - PAULO MARTINS	13	24:31.984	19,6	5:14:37.043	17:13:40.790	Equipa 2
208	208-B - PAULO MARTINS	14	24:45.169	19,4	5:39:22.212	17:38:25.959	Equipa 2
208	208-B - PAULO MARTINS	15	25:38.941	18,7	6:05:01.153	18:04:04.900	Equipa 2
208	208-A - RUBEN SILVA	16	24:22.712	19,7	6:29:23.865	18:28:27.612	Equipa 2
208	208-A - RUBEN SILVA	17	24:59.109	19,2	6:54:22.974	18:53:26.721	Equipa 2
208	208-B - PAULO MARTINS	18	38:19.645	12,5	7:32:42.619	19:31:46.366	Equipa 2
208	208-B - PAULO MARTINS	19	25:29.674	18,8	7:58:12.293	19:57:16.040	Equipa 2
208	208-A - RUBEN SILVA	20	23:43.265	20,2	8:21:55.558	20:20:59.305	Equipa 2
208	208-A - RUBEN SILVA	21	25:18.352	19	8:47:13.910	20:46:17.657	Equipa 2
208	208-A - RUBEN SILVA	22	24:02.944	20	9:11:16.854	21:10:20.601	Equipa 2
208	208-B - PAULO MARTINS	23	3:11:27.912	2,5	12:22:44.766	0:21:48.513	Equipa 2
208	208-B - PAULO MARTINS	24	28:05.930	17,1	12:50:50.696	0:49:54.443	Equipa 2
208	208-B - PAULO MARTINS	25	27:36.928	17,4	13:18:27.624	1:17:31.371	Equipa 2



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
208	208-B - PAULO MARTINS	26	26:36.911	18	13:45:04.535	1:44:08.282	Equipa 2
208	208-A - RUBEN SILVA	27	23:58.851	20	14:09:03.386	2:08:07.133	Equipa 2
208	208-A - RUBEN SILVA	28	24:42.844	19,4	14:33:46.230	2:32:49.977	Equipa 2
208	208-A - RUBEN SILVA	29	33:06.921	14,5	15:06:53.151	3:05:56.898	Equipa 2
208	208-A - RUBEN SILVA	30	25:54.872	18,5	15:32:48.023	3:31:51.770	Equipa 2
208	208-B - PAULO MARTINS	31	27:12.733	17,6	16:00:00.756	3:59:04.503	Equipa 2
208	208-B - PAULO MARTINS	32	27:26.194	17,5	16:27:26.950	4:26:30.697	Equipa 2
208	208-A - RUBEN SILVA	33	25:05.071	19,1	16:52:32.021	4:51:35.768	Equipa 2
208	208-A - RUBEN SILVA	34	28:40.108	16,7	17:21:12.129	5:20:15.876	Equipa 2
208	208-B - PAULO MARTINS	35	2:34:31.155	3,1	19:55:43.284	7:54:47.031	Equipa 2
208	208-B - PAULO MARTINS	36	25:41.197	18,7	20:21:24.481	8:20:28.228	Equipa 2
208	208-B - PAULO MARTINS	37	25:36.954	18,7	20:47:01.435	8:46:05.182	Equipa 2
208	208-B - PAULO MARTINS	38	25:43.345	18,7	21:12:44.780	9:11:48.527	Equipa 2
208	208-A - RUBEN SILVA	39	38:45.060	12,4	21:51:29.840	9:50:33.587	Equipa 2
208	208-A - RUBEN SILVA	40	42:51.442	11,2	22:34:21.282	10:33:25.029	Equipa 2
208	208-A - RUBEN SILVA	41	22:11.496	21,6	22:56:32.778	10:55:36.525	Equipa 2
208	208-A - RUBEN SILVA	42	23:01.974	20,8	23:19:34.752	11:18:38.499	Equipa 2
208	208-A - RUBEN SILVA	43	21:42.210	22,1	23:41:16.962	11:40:20.709	Equipa 2
209	209-A - TIAGO SOUSA	1	26:31.585	18,1	26:31.585	12:25:35.332	Equipa 2
209	209-A - TIAGO SOUSA	2	21:18.602	22,5	47:50.187	12:46:53.934	Equipa 2
209	209-B - JORGE MORENO	3	22:33.783	21,3	1:10:23.970	13:09:27.717	Equipa 2
209	209-B - JORGE MORENO	4	23:06.465	20,8	1:33:30.435	13:32:34.182	Equipa 2
209	209-A - TIAGO SOUSA	5	21:13.321	22,6	1:54:43.756	13:53:47.503	Equipa 2
209	209-A - TIAGO SOUSA	6	22:14.721	21,6	2:16:58.477	14:16:02.224	Equipa 2
209	209-B - JORGE MORENO	7	23:30.465	20,4	2:40:28.942	14:39:32.689	Equipa 2
209	209-B - JORGE MORENO	8	23:33.789	20,4	3:04:02.731	15:03:06.478	Equipa 2
209	209-B - JORGE MORENO	9	23:50.333	20,1	3:27:53.064	15:26:56.811	Equipa 2
209	209-A - TIAGO SOUSA	10	21:45.143	22,1	3:49:38.207	15:48:41.954	Equipa 2



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
209	209-A - TIAGO SOUSA	11	22:24.029	21,4	4:12:02.236	16:11:05.983	Equipa 2
209	209-A - TIAGO SOUSA	12	22:40.051	21,2	4:34:42.287	16:33:46.034	Equipa 2
209	209-B - JORGE MORENO	13	24:24.259	19,7	4:59:06.546	16:58:10.293	Equipa 2
209	209-B - JORGE MORENO	14	23:49.880	20,1	5:22:56.426	17:22:00.173	Equipa 2
209	209-B - JORGE MORENO	15	24:00.339	20	5:46:56.765	17:46:00.512	Equipa 2
209	209-A - TIAGO SOUSA	16	22:30.260	21,3	6:09:27.025	18:08:30.772	Equipa 2
209	209-A - TIAGO SOUSA	17	23:37.853	20,3	6:33:04.878	18:32:08.625	Equipa 2
209	209-B - JORGE MORENO	18	24:39.796	19,5	6:57:44.674	18:56:48.421	Equipa 2
209	209-B - JORGE MORENO	19	25:00.734	19,2	7:22:45.408	19:21:49.155	Equipa 2
209	209-A - TIAGO SOUSA	20	23:12.603	20,7	7:45:58.011	19:45:01.758	Equipa 2
209	209-A - TIAGO SOUSA	21	24:27.291	19,6	8:10:25.302	20:09:29.049	Equipa 2
209	209-B - JORGE MORENO	22	24:30.937	19,6	8:34:56.239	20:33:59.986	Equipa 2
209	209-B - JORGE MORENO	23	24:28.949	19,6	8:59:25.188	20:58:28.935	Equipa 2
209	209-A - TIAGO SOUSA	24	23:37.632	20,3	9:23:02.820	21:22:06.567	Equipa 2
209	209-A - TIAGO SOUSA	25	24:56.334	19,2	9:47:59.154	21:47:02.901	Equipa 2
209	209-B - JORGE MORENO	26	25:50.653	18,6	10:13:49.807	22:12:53.554	Equipa 2
209	209-B - JORGE MORENO	27	26:21.529	18,2	10:40:11.336	22:39:15.083	Equipa 2
209	209-A - TIAGO SOUSA	28	25:01.136	19,2	11:05:12.472	23:04:16.219	Equipa 2
209	209-A - TIAGO SOUSA	29	25:55.466	18,5	11:31:07.938	23:30:11.685	Equipa 2
209	209-B - JORGE MORENO	30	27:06.029	17,7	11:58:13.967	23:57:17.714	Equipa 2
209	209-B - JORGE MORENO	31	27:03.696	17,7	12:25:17.663	0:24:21.410	Equipa 2
209	209-A - TIAGO SOUSA	32	25:04.495	19,1	12:50:22.158	0:49:25.905	Equipa 2
209	209-A - TIAGO SOUSA	33	24:50.269	19,3	13:15:12.427	1:14:16.174	Equipa 2
209	209-B - JORGE MORENO	34	26:29.931	18,1	13:41:42.358	1:40:46.105	Equipa 2
209	209-B - JORGE MORENO	35	26:38.496	18	14:08:20.854	2:07:24.601	Equipa 2
209	209-A - TIAGO SOUSA	36	25:02.360	19,2	14:33:23.214	2:32:26.961	Equipa 2
209	209-A - TIAGO SOUSA	37	23:03.281	20,8	14:56:26.495	2:55:30.242	Equipa 2
209	209-B - JORGE MORENO	38	29:14.264	16,4	15:25:40.759	3:24:44.506	Equipa 2



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
209	209-B - JORGE MORENO	39	28:38.171	16,8	15:54:18.930	3:53:22.677	Equipa 2
209	209-A - TIAGO SOUSA	40	23:38.501	20,3	16:17:57.431	4:17:01.178	Equipa 2
209	209-A - TIAGO SOUSA	41	23:34.556	20,4	16:41:31.987	4:40:35.734	Equipa 2
209	209-B - JORGE MORENO	42	27:41.221	17,3	17:09:13.208	5:08:16.955	Equipa 2
209	209-B - JORGE MORENO	43	28:22.988	16,9	17:37:36.196	5:36:39.943	Equipa 2
209	209-A - TIAGO SOUSA	44	24:39.398	19,5	18:02:15.594	6:01:19.341	Equipa 2
209	209-A - TIAGO SOUSA	45	24:18.011	19,8	18:26:33.605	6:25:37.352	Equipa 2
209	209-B - JORGE MORENO	46	25:31.970	18,8	18:52:05.575	6:51:09.322	Equipa 2
209	209-B - JORGE MORENO	47	26:17.272	18,3	19:18:22.847	7:17:26.594	Equipa 2
209	209-A - TIAGO SOUSA	48	24:12.350	19,8	19:42:35.197	7:41:38.944	Equipa 2
209	209-A - TIAGO SOUSA	49	24:26.742	19,6	20:07:01.939	8:06:05.686	Equipa 2
209	209-B - JORGE MORENO	50	26:03.280	18,4	20:33:05.219	8:32:08.966	Equipa 2
209	209-B - JORGE MORENO	51	26:44.929	17,9	20:59:50.148	8:58:53.895	Equipa 2
209	209-B - JORGE MORENO	52	27:12.633	17,6	21:27:02.781	9:26:06.528	Equipa 2
209	209-A - TIAGO SOUSA	53	22:33.033	21,3	21:49:35.814	9:48:39.561	Equipa 2
209	209-A - TIAGO SOUSA	54	21:54.115	21,9	22:11:29.929	10:10:33.676	Equipa 2
209	209-B - JORGE MORENO	55	25:54.657	18,5	22:37:24.586	10:36:28.333	Equipa 2
209	209-B - JORGE MORENO	56	26:56.411	17,8	23:04:20.997	11:03:24.744	Equipa 2
209	209-A - TIAGO SOUSA	57	24:38.040	19,5	23:28:59.037	11:28:02.784	Equipa 2
209	209-A - TIAGO SOUSA	58	24:48.918	19,3	23:53:47.955	11:52:51.702	Equipa 2
209	209-A - TIAGO SOUSA	59	25:29.220	18,8	24:19:17.175	12:18:20.922	Equipa 2
210	210-A - NUNO GUERREIRO	1	26:44.726	17,9	26:44.726	12:25:48.473	Equipa 2
210	210-B - VITOR DIAS	2	21:30.848	22,3	48:15.574	12:47:19.321	Equipa 2
210	210-A - NUNO GUERREIRO	3	21:19.468	22,5	1:09:35.042	13:08:38.789	Equipa 2
210	210-B - VITOR DIAS	4	21:18.266	22,5	1:30:53.308	13:29:57.055	Equipa 2
210	210-A - NUNO GUERREIRO	5	21:34.317	22,3	1:52:27.625	13:51:31.372	Equipa 2
210	210-B - VITOR DIAS	6	22:40.086	21,2	2:15:07.711	14:14:11.458	Equipa 2
210	210-A - NUNO GUERREIRO	7	22:24.539	21,4	2:37:32.250	14:36:35.997	Equipa 2



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
210	210-B - VITOR DIAS	8	23:56.559	20	3:01:28.809	15:00:32.556	Equipa 2
210	210-A - NUNO GUERREIRO	9	22:58.626	20,9	3:24:27.435	15:23:31.182	Equipa 2
210	210-A - NUNO GUERREIRO	10	23:44.991	20,2	3:48:12.426	15:47:16.173	Equipa 2
210	210-B - VITOR DIAS	11	23:07.574	20,8	4:11:20.000	16:10:23.747	Equipa 2
210	210-B - VITOR DIAS	12	23:22.090	20,5	4:34:42.090	16:33:45.837	Equipa 2
210	210-A - NUNO GUERREIRO	13	22:54.878	20,9	4:57:36.968	16:56:40.715	Equipa 2
210	210-A - NUNO GUERREIRO	14	22:35.399	21,2	5:20:12.367	17:19:16.114	Equipa 2
211	211-B - JOSE PINTO	1	46:49.167	10,3	46:49.167	12:45:52.914	Equipa 2
211	211-B - JOSE PINTO	2	27:04.614	17,7	1:13:53.781	13:12:57.528	Equipa 2
211	211-B - JOSE PINTO	3	27:30.217	17,5	1:41:23.998	13:40:27.745	Equipa 2
211	211-B - JOSE PINTO	4	26:49.064	17,9	2:08:13.062	14:07:16.809	Equipa 2
211	211-A - VITOR RODRIGUES	5	28:13.813	17	2:36:26.875	14:35:30.622	Equipa 2
211	211-A - VITOR RODRIGUES	6	27:33.793	17,4	3:04:00.668	15:03:04.415	Equipa 2
211	211-A - VITOR RODRIGUES	7	28:34.714	16,8	3:32:35.382	15:31:39.129	Equipa 2
211	211-A - VITOR RODRIGUES	8	27:54.908	17,2	4:00:30.290	15:59:34.037	Equipa 2
211	211-A - VITOR RODRIGUES	9	29:27.090	16,3	4:29:57.380	16:29:01.127	Equipa 2
211	211-B - JOSE PINTO	10	28:41.386	16,7	4:58:38.766	16:57:42.513	Equipa 2
211	211-B - JOSE PINTO	11	28:06.887	17,1	5:26:45.653	17:25:49.400	Equipa 2
211	211-B - JOSE PINTO	12	30:17.728	15,8	5:57:03.381	17:56:07.128	Equipa 2
211	211-B - JOSE PINTO	13	28:54.874	16,6	6:25:58.255	18:25:02.002	Equipa 2
211	211-B - JOSE PINTO	14	29:06.480	16,5	6:55:04.735	18:54:08.482	Equipa 2
211	211-A - VITOR RODRIGUES	15	31:19.364	15,3	7:26:24.099	19:25:27.846	Equipa 2
211	211-A - VITOR RODRIGUES	16	28:47.812	16,7	7:55:11.911	19:54:15.658	Equipa 2
211	211-A - VITOR RODRIGUES	17	31:34.424	15,2	8:26:46.335	20:25:50.082	Equipa 2
211	211-A - VITOR RODRIGUES	18	29:19.966	16,4	8:56:06.301	20:55:10.048	Equipa 2
211	211-A - VITOR RODRIGUES	19	32:33.955	14,7	9:28:40.256	21:27:44.003	Equipa 2
211	211-A - VITOR RODRIGUES	20	32:48.564	14,6	10:01:28.820	22:00:32.567	Equipa 2
211	211-B - JOSE PINTO	21	42:45.484	11,2	10:44:14.304	22:43:18.051	Equipa 2



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
211	211-B - JOSE PINTO	22	29:14.628	16,4	11:13:28.932	23:12:32.679	Equipa 2
211	211-B - JOSE PINTO	23	30:33.390	15,7	11:44:02.322	23:43:06.069	Equipa 2
211	211-B - JOSE PINTO	24	32:29.131	14,8	12:16:31.453	0:15:35.200	Equipa 2
211	211-B - JOSE PINTO	25	37:20.693	12,9	12:53:52.146	0:52:55.893	Equipa 2
211	211-A - VITOR RODRIGUES	26	51:34.280	9,3	13:45:26.426	1:44:30.173	Equipa 2
211	211-A - VITOR RODRIGUES	27	34:40.712	13,8	14:20:07.138	2:19:10.885	Equipa 2
211	211-A - VITOR RODRIGUES	28	35:41.521	13,4	14:55:48.659	2:54:52.406	Equipa 2
211	211-A - VITOR RODRIGUES	29	38:08.748	12,6	15:33:57.407	3:33:01.154	Equipa 2
211	211-B - JOSE PINTO	30	48:41.419	9,9	16:22:38.826	4:21:42.573	Equipa 2
211	211-B - JOSE PINTO	31	29:56.414	16	16:52:35.240	4:51:38.987	Equipa 2
211	211-B - JOSE PINTO	32	34:12.565	14	17:26:47.805	5:25:51.552	Equipa 2
211	211-B - JOSE PINTO	33	33:30.648	14,3	18:00:18.453	5:59:22.200	Equipa 2
211	211-B - JOSE PINTO	34	33:21.113	14,4	18:33:39.566	6:32:43.313	Equipa 2
211	211-A - VITOR RODRIGUES	35	45:38.964	10,5	19:19:18.530	7:18:22.277	Equipa 2
211	211-A - VITOR RODRIGUES	36	32:58.255	14,6	19:52:16.785	7:51:20.532	Equipa 2
211	211-A - VITOR RODRIGUES	37	33:47.371	14,2	20:26:04.156	8:25:07.903	Equipa 2
211	211-A - VITOR RODRIGUES	38	37:21.352	12,8	21:03:25.508	9:02:29.255	Equipa 2
211	211-A - VITOR RODRIGUES	39	36:52.995	13	21:40:18.503	9:39:22.250	Equipa 2
211	211-B - JOSE PINTO	40	46:06.045	10,4	22:26:24.548	10:25:28.295	Equipa 2
211	211-B - JOSE PINTO	41	30:43.574	15,6	22:57:08.122	10:56:11.869	Equipa 2
211	211-B - JOSE PINTO	42	32:14.440	14,9	23:29:22.562	11:28:26.309	Equipa 2
401	401-B - MÁRIO CRUZ	1	25:27.244	18,9	25:27.244	12:24:30.991	Equipa 4
401	401-C - LUIS FERRO	2	23:32.742	20,4	48:59.986	12:48:03.733	Equipa 4
401	401-D - DAVIDE PEGACHO	3	22:10.086	21,7	1:11:10.072	13:10:13.819	Equipa 4
401	401-A - CARLOS CAETANO	4	22:45.212	21,1	1:33:55.284	13:32:59.031	Equipa 4
401	401-B - MÁRIO CRUZ	5	20:50.060	23	1:54:45.344	13:53:49.091	Equipa 4
401	401-B - MÁRIO CRUZ	6	21:09.933	22,7	2:15:55.277	14:14:59.024	Equipa 4
401	401-C - LUIS FERRO	7	22:29.982	21,3	2:38:25.259	14:37:29.006	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
401	401-D - DAVIDE PEGACHO	8	22:00.612	21,8	3:00:25.871	14:59:29.618	Equipa 4
401	401-A - CARLOS CAETANO	9	22:39.655	21,2	3:23:05.526	15:22:09.273	Equipa 4
401	401-B - MÁRIO CRUZ	10	20:20.455	23,6	3:43:25.981	15:42:29.728	Equipa 4
401	401-C - LUIS FERRO	11	22:28.656	21,4	4:05:54.637	16:04:58.384	Equipa 4
401	401-D - DAVIDE PEGACHO	12	22:02.668	21,8	4:27:57.305	16:27:01.052	Equipa 4
401	401-A - CARLOS CAETANO	13	22:31.564	21,3	4:50:28.869	16:49:32.616	Equipa 4
401	401-B - MÁRIO CRUZ	14	21:25.454	22,4	5:11:54.323	17:10:58.070	Equipa 4
401	401-C - LUIS FERRO	15	23:56.815	20	5:35:51.138	17:34:54.885	Equipa 4
401	401-D - DAVIDE PEGACHO	16	23:07.004	20,8	5:58:58.142	17:58:01.889	Equipa 4
401	401-D - DAVIDE PEGACHO	17	23:15.032	20,6	6:22:13.174	18:21:16.921	Equipa 4
401	401-A - CARLOS CAETANO	18	23:09.531	20,7	6:45:22.705	18:44:26.452	Equipa 4
401	401-A - CARLOS CAETANO	19	23:58.393	20	7:09:21.098	19:08:24.845	Equipa 4
401	401-B - MÁRIO CRUZ	20	21:31.166	22,3	7:30:52.264	19:29:56.011	Equipa 4
401	401-B - MÁRIO CRUZ	21	21:53.537	21,9	7:52:45.801	19:51:49.548	Equipa 4
401	401-C - LUIS FERRO	22	22:54.136	21	8:15:39.937	20:14:43.684	Equipa 4
401	401-C - LUIS FERRO	23	23:39.140	20,3	8:39:19.077	20:38:22.824	Equipa 4
401	401-D - DAVIDE PEGACHO	24	22:41.242	21,2	9:02:00.319	21:01:04.066	Equipa 4
401	401-D - DAVIDE PEGACHO	25	23:44.472	20,2	9:25:44.791	21:24:48.538	Equipa 4
401	401-A - CARLOS CAETANO	26	23:46.734	20,2	9:49:31.525	21:48:35.272	Equipa 4
401	401-A - CARLOS CAETANO	27	24:34.949	19,5	10:14:06.474	22:13:10.221	Equipa 4
401	401-B - MÁRIO CRUZ	28	22:08.399	21,7	10:36:14.873	22:35:18.620	Equipa 4
401	401-B - MÁRIO CRUZ	29	23:18.198	20,6	10:59:33.071	22:58:36.818	Equipa 4
401	401-C - LUIS FERRO	30	23:25.160	20,5	11:22:58.231	23:22:01.978	Equipa 4
401	401-C - LUIS FERRO	31	24:37.014	19,5	11:47:35.245	23:46:38.992	Equipa 4
401	401-D - DAVIDE PEGACHO	32	23:34.848	20,4	12:11:10.093	0:10:13.840	Equipa 4
401	401-D - DAVIDE PEGACHO	33	23:47.617	20,2	12:34:57.710	0:34:01.457	Equipa 4
401	401-A - CARLOS CAETANO	34	23:46.183	20,2	12:58:43.893	0:57:47.640	Equipa 4
401	401-A - CARLOS CAETANO	35	24:22.067	19,7	13:23:05.960	1:22:09.707	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
401	401-B - MÁRIO CRUZ	36	22:28.643	21,4	13:45:34.603	1:44:38.350	Equipa 4
401	401-B - MÁRIO CRUZ	37	23:03.285	20,8	14:08:37.888	2:07:41.635	Equipa 4
401	401-C - LUIS FERRO	38	23:51.713	20,1	14:32:29.601	2:31:33.348	Equipa 4
401	401-C - LUIS FERRO	39	24:44.189	19,4	14:57:13.790	2:56:17.537	Equipa 4
401	401-D - DAVIDE PEGACHO	40	23:47.125	20,2	15:21:00.915	3:20:04.662	Equipa 4
401	401-D - DAVIDE PEGACHO	41	23:46.136	20,2	15:44:47.051	3:43:50.798	Equipa 4
401	401-A - CARLOS CAETANO	42	23:47.623	20,2	16:08:34.674	4:07:38.421	Equipa 4
401	401-A - CARLOS CAETANO	43	24:41.436	19,4	16:33:16.110	4:32:19.857	Equipa 4
401	401-B - MÁRIO CRUZ	44	22:37.971	21,2	16:55:54.081	4:54:57.828	Equipa 4
401	401-B - MÁRIO CRUZ	45	22:47.368	21,1	17:18:41.449	5:17:45.196	Equipa 4
401	401-C - LUIS FERRO	46	39:17.908	12,2	17:57:59.357	5:57:03.104	Equipa 4
401	401-D - DAVIDE PEGACHO	47	25:23.823	18,9	18:23:23.180	6:22:26.927	Equipa 4
401	401-A - CARLOS CAETANO	48	24:03.285	20	18:47:26.465	6:46:30.212	Equipa 4
402	402-A - JOÃO RAMOS	1	26:34.362	18,1	26:34.362	12:25:38.109	Equipa 4
402	402-B - NUNO PEREIRA	2	22:06.129	21,7	48:40.491	12:47:44.238	Equipa 4
402	402-B - NUNO PEREIRA	3	21:59.809	21,8	1:10:40.300	13:09:44.047	Equipa 4
402	402-A - JOÃO RAMOS	4	21:47.100	22	1:32:27.400	13:31:31.147	Equipa 4
402	402-C - SANDRO CAIXAS	5	23:08.848	20,7	1:55:36.248	13:54:39.995	Equipa 4
402	402-C - SANDRO CAIXAS	6	23:07.857	20,8	2:18:44.105	14:17:47.852	Equipa 4
402	402-A - JOÃO RAMOS	7	22:25.829	21,4	2:41:09.934	14:40:13.681	Equipa 4
402	402-A - JOÃO RAMOS	8	25:19.065	19	3:06:28.999	15:05:32.746	Equipa 4
402	402-B - NUNO PEREIRA	9	21:28.516	22,4	3:27:57.515	15:27:01.262	Equipa 4
402	402-B - NUNO PEREIRA	10	22:18.815	21,5	3:50:16.330	15:49:20.077	Equipa 4
402	402-C - SANDRO CAIXAS	11	22:39.744	21,2	4:12:56.074	16:11:59.821	Equipa 4
402	402-C - SANDRO CAIXAS	12	23:17.762	20,6	4:36:13.836	16:35:17.583	Equipa 4
402	402-D - HELDER CANDEIAS	13	21:29.939	22,3	4:57:43.775	16:56:47.522	Equipa 4
402	402-D - HELDER CANDEIAS	14	21:37.178	22,2	5:19:20.953	17:18:24.700	Equipa 4
402	402-A - JOÃO RAMOS	15	22:15.852	21,6	5:41:36.805	17:40:40.552	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
402	402-A - JOÃO RAMOS	16	23:07.171	20,8	6:04:43.976	18:03:47.723	Equipa 4
402	402-B - NUNO PEREIRA	17	22:37.726	21,2	6:27:21.702	18:26:25.449	Equipa 4
402	402-B - NUNO PEREIRA	18	23:17.752	20,6	6:50:39.454	18:49:43.201	Equipa 4
402	402-D - HELDER CANDEIAS	19	21:53.525	21,9	7:12:32.979	19:11:36.726	Equipa 4
402	402-D - HELDER CANDEIAS	20	21:42.604	22,1	7:34:15.583	19:33:19.330	Equipa 4
402	402-C - SANDRO CAIXAS	21	25:12.504	19	7:59:28.087	19:58:31.834	Equipa 4
402	402-A - JOÃO RAMOS	22	22:22.084	21,5	8:21:50.171	20:20:53.918	Equipa 4
402	402-C - SANDRO CAIXAS	23	23:52.914	20,1	8:45:43.085	20:44:46.832	Equipa 4
402	402-A - JOÃO RAMOS	24	22:32.408	21,3	9:08:15.493	21:07:19.240	Equipa 4
402	402-D - HELDER CANDEIAS	25	22:39.601	21,2	9:30:55.094	21:29:58.841	Equipa 4
402	402-D - HELDER CANDEIAS	26	23:25.593	20,5	9:54:20.687	21:53:24.434	Equipa 4
402	402-B - NUNO PEREIRA	27	22:16.366	21,6	10:16:37.053	22:15:40.800	Equipa 4
402	402-B - NUNO PEREIRA	28	22:12.130	21,6	10:38:49.183	22:37:52.930	Equipa 4
402	402-C - SANDRO CAIXAS	29	24:52.484	19,3	11:03:41.667	23:02:45.414	Equipa 4
402	402-C - SANDRO CAIXAS	30	26:25.031	18,2	11:30:06.698	23:29:10.445	Equipa 4
402	402-D - HELDER CANDEIAS	31	23:04.744	20,8	11:53:11.442	23:52:15.189	Equipa 4
402	402-D - HELDER CANDEIAS	32	23:05.587	20,8	12:16:17.029	0:15:20.776	Equipa 4
402	402-A - JOÃO RAMOS	33	23:37.538	20,3	12:39:54.567	0:38:58.314	Equipa 4
402	402-B - NUNO PEREIRA	34	23:09.598	20,7	13:03:04.165	1:02:07.912	Equipa 4
402	402-B - NUNO PEREIRA	35	23:01.357	20,8	13:26:05.522	1:25:09.269	Equipa 4
402	402-A - JOÃO RAMOS	36	24:20.408	19,7	13:50:25.930	1:49:29.677	Equipa 4
402	402-D - HELDER CANDEIAS	37	23:05.027	20,8	14:13:30.957	2:12:34.704	Equipa 4
402	402-D - HELDER CANDEIAS	38	22:11.443	21,6	14:35:42.400	2:34:46.147	Equipa 4
402	402-B - NUNO PEREIRA	39	22:33.997	21,3	14:58:16.397	2:57:20.144	Equipa 4
402	402-B - NUNO PEREIRA	40	23:25.556	20,5	15:21:41.953	3:20:45.700	Equipa 4
402	402-C - SANDRO CAIXAS	41	25:10.104	19,1	15:46:52.057	3:45:55.804	Equipa 4
402	402-C - SANDRO CAIXAS	42	26:24.499	18,2	16:13:16.556	4:12:20.303	Equipa 4
402	402-A - JOÃO RAMOS	43	23:48.982	20,2	16:37:05.538	4:36:09.285	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
402	402-A - JOÃO RAMOS	44	24:26.091	19,6	17:01:31.629	5:00:35.376	Equipa 4
402	402-D - HELDER CANDEIAS	45	23:12.102	20,7	17:24:43.731	5:23:47.478	Equipa 4
402	402-D - HELDER CANDEIAS	46	22:37.889	21,2	17:47:21.620	5:46:25.367	Equipa 4
402	402-B - NUNO PEREIRA	47	22:36.929	21,2	18:09:58.549	6:09:02.296	Equipa 4
402	402-B - NUNO PEREIRA	48	22:32.181	21,3	18:32:30.730	6:31:34.477	Equipa 4
402	402-C - SANDRO CAIXAS	49	24:53.266	19,3	18:57:23.996	6:56:27.743	Equipa 4
402	402-C - SANDRO CAIXAS	50	26:24.097	18,2	19:23:48.093	7:22:51.840	Equipa 4
402	402-A - JOÃO RAMOS	51	23:37.869	20,3	19:47:25.962	7:46:29.709	Equipa 4
402	402-A - JOÃO RAMOS	52	23:48.685	20,2	20:11:14.647	8:10:18.394	Equipa 4
402	402-D - HELDER CANDEIAS	53	22:36.743	21,2	20:33:51.390	8:32:55.137	Equipa 4
402	402-D - HELDER CANDEIAS	54	23:21.853	20,5	20:57:13.243	8:56:16.990	Equipa 4
402	402-B - NUNO PEREIRA	55	23:35.171	20,4	21:20:48.414	9:19:52.161	Equipa 4
402	402-B - NUNO PEREIRA	56	24:24.856	19,7	21:45:13.270	9:44:17.017	Equipa 4
402	402-C - SANDRO CAIXAS	57	26:02.818	18,4	22:11:16.088	10:10:19.835	Equipa 4
402	402-A - JOÃO RAMOS	58	23:24.821	20,5	22:34:40.909	10:33:44.656	Equipa 4
402	402-C - SANDRO CAIXAS	59	27:31.522	17,4	23:02:12.431	11:01:16.178	Equipa 4
402	402-D - HELDER CANDEIAS	60	23:22.672	20,5	23:25:35.103	11:24:38.850	Equipa 4
402	402-B - NUNO PEREIRA	61	25:10.601	19,1	23:50:45.704	11:49:49.451	Equipa 4
402	402-B - NUNO PEREIRA	62	24:53.713	19,3	24:15:39.417	12:14:43.164	Equipa 4
403	403-B - PEDRO NOBRE	1	30:25.867	15,8	30:25.867	12:29:29.614	Equipa 4
403	403-C - JOÃO ROMBA	2	26:55.852	17,8	57:21.719	12:56:25.466	Equipa 4
403	403-D - NUNO ANTUNES	3	23:35.110	20,4	1:20:56.829	13:20:00.576	Equipa 4
403	403-A - JOSÉ GUERREIRO	4	24:51.133	19,3	1:45:47.962	13:44:51.709	Equipa 4
403	403-B - PEDRO NOBRE	5	24:18.745	19,7	2:10:06.707	14:09:10.454	Equipa 4
403	403-C - JOÃO ROMBA	6	28:13.842	17	2:38:20.549	14:37:24.296	Equipa 4
403	403-D - NUNO ANTUNES	7	24:26.525	19,6	3:02:47.074	15:01:50.821	Equipa 4
403	403-A - JOSÉ GUERREIRO	8	25:46.794	18,6	3:28:33.868	15:27:37.615	Equipa 4
403	403-B - PEDRO NOBRE	9	24:25.363	19,7	3:52:59.231	15:52:02.978	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
403	403-C - JOÃO ROMBA	10	29:04.708	16,5	4:22:03.939	16:21:07.686	Equipa 4
403	403-D - NUNO ANTUNES	11	24:42.618	19,4	4:46:46.557	16:45:50.304	Equipa 4
403	403-A - JOSÉ GUERREIRO	12	26:22.883	18,2	5:13:09.440	17:12:13.187	Equipa 4
403	403-B - PEDRO NOBRE	13	25:43.300	18,7	5:38:52.740	17:37:56.487	Equipa 4
403	403-C - JOÃO ROMBA	14	29:04.030	16,5	6:07:56.770	18:07:00.517	Equipa 4
403	403-D - NUNO ANTUNES	15	25:56.233	18,5	6:33:53.003	18:32:56.750	Equipa 4
403	403-A - JOSÉ GUERREIRO	16	27:18.901	17,6	7:01:11.904	19:00:15.651	Equipa 4
403	403-B - PEDRO NOBRE	17	26:43.903	18	7:27:55.807	19:26:59.554	Equipa 4
403	403-C - JOÃO ROMBA	18	29:40.484	16,2	7:57:36.291	19:56:40.038	Equipa 4
403	403-D - NUNO ANTUNES	19	25:39.072	18,7	8:23:15.363	20:22:19.110	Equipa 4
403	403-A - JOSÉ GUERREIRO	20	26:35.863	18	8:49:51.226	20:48:54.973	Equipa 4
403	403-B - PEDRO NOBRE	21	25:17.217	19	9:15:08.443	21:14:12.190	Equipa 4
403	403-B - PEDRO NOBRE	22	27:31.328	17,4	9:42:39.771	21:41:43.518	Equipa 4
403	403-C - JOÃO ROMBA	23	31:09.376	15,4	10:13:49.147	22:12:52.894	Equipa 4
403	403-C - JOÃO ROMBA	24	31:13.447	15,4	10:45:02.594	22:44:06.341	Equipa 4
403	403-D - NUNO ANTUNES	25	26:52.024	17,9	11:11:54.618	23:10:58.365	Equipa 4
403	403-D - NUNO ANTUNES	26	27:29.706	17,5	11:39:24.324	23:38:28.071	Equipa 4
403	403-A - JOSÉ GUERREIRO	27	28:36.094	16,8	12:08:00.418	0:07:04.165	Equipa 4
403	403-A - JOSÉ GUERREIRO	28	28:55.450	16,6	12:36:55.868	0:35:59.615	Equipa 4
403	403-B - PEDRO NOBRE	29	26:39.659	18	13:03:35.527	1:02:39.274	Equipa 4
403	403-B - PEDRO NOBRE	30	27:39.843	17,4	13:31:15.370	1:30:19.117	Equipa 4
403	403-A - JOSÉ GUERREIRO	31	28:48.649	16,7	14:00:04.019	1:59:07.766	Equipa 4
403	403-A - JOSÉ GUERREIRO	32	30:00.022	16	14:30:04.041	2:29:07.788	Equipa 4
403	403-B - PEDRO NOBRE	33	27:52.461	17,2	14:57:56.502	2:57:00.249	Equipa 4
403	403-B - PEDRO NOBRE	34	30:05.660	15,9	15:28:02.162	3:27:05.909	Equipa 4
403	403-C - JOÃO ROMBA	35	33:22.002	14,4	16:01:24.164	4:00:27.911	Equipa 4
403	403-C - JOÃO ROMBA	36	34:30.983	13,9	16:35:55.147	4:34:58.894	Equipa 4
403	403-D - NUNO ANTUNES	37	28:37.678	16,8	17:04:32.825	5:03:36.572	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
403	403-D - NUNO ANTUNES	38	28:33.061	16,8	17:33:05.886	5:32:09.633	Equipa 4
403	403-C - JOÃO ROMBA	39	31:11.281	15,4	18:04:17.167	6:03:20.914	Equipa 4
403	403-C - JOÃO ROMBA	40	30:08.669	15,9	18:34:25.836	6:33:29.583	Equipa 4
403	403-D - NUNO ANTUNES	41	27:11.486	17,7	19:01:37.322	7:00:41.069	Equipa 4
403	403-D - NUNO ANTUNES	42	27:43.208	17,3	19:29:20.530	7:28:24.277	Equipa 4
403	403-A - JOSÉ GUERREIRO	43	30:21.778	15,8	19:59:42.308	7:58:46.055	Equipa 4
403	403-A - JOSÉ GUERREIRO	44	31:03.698	15,5	20:30:46.006	8:29:49.753	Equipa 4
403	403-B - PEDRO NOBRE	45	29:19.125	16,4	21:00:05.131	8:59:08.878	Equipa 4
403	403-C - JOÃO ROMBA	46	41:15.176	11,6	21:41:20.307	9:40:24.054	Equipa 4
403	403-C - JOÃO ROMBA	47	31:10.676	15,4	22:12:30.983	10:11:34.730	Equipa 4
403	403-D - NUNO ANTUNES	48	28:58.673	16,6	22:41:29.656	10:40:33.403	Equipa 4
403	403-D - NUNO ANTUNES	49	29:29.271	16,3	23:10:58.927	11:10:02.674	Equipa 4
403	403-A - JOSÉ GUERREIRO	50	30:41.380	15,6	23:41:40.307	11:40:44.054	Equipa 4
403	403-B - PEDRO NOBRE	51	25:58.198	18,5	24:07:38.505	12:06:42.252	Equipa 4
404	404-A - MARCO GOMES	1	31:29.032	15,2	31:29.032	12:30:32.779	Equipa 4
404	404-A - MARCO GOMES	2	24:07.526	19,9	55:36.558	12:54:40.305	Equipa 4
404	404-B - HENRIQUE ROSA	3	23:53.488	20,1	1:19:30.046	13:18:33.793	Equipa 4
404	404-B - HENRIQUE ROSA	4	25:16.054	19	1:44:46.100	13:43:49.847	Equipa 4
404	404-C - LUÍS INÁCIO	5	24:23.111	19,7	2:09:09.211	14:08:12.958	Equipa 4
404	404-C - LUÍS INÁCIO	6	25:05.945	19,1	2:34:15.156	14:33:18.903	Equipa 4
404	404-D - TIAGO CRUZ	7	22:17.755	21,5	2:56:32.911	14:55:36.658	Equipa 4
404	404-D - TIAGO CRUZ	8	22:23.862	21,4	3:18:56.773	15:18:00.520	Equipa 4
404	404-A - MARCO GOMES	9	24:31.777	19,6	3:43:28.550	15:42:32.297	Equipa 4
404	404-A - MARCO GOMES	10	24:56.138	19,2	4:08:24.688	16:07:28.435	Equipa 4
404	404-B - HENRIQUE ROSA	11	24:34.670	19,5	4:32:59.358	16:32:03.105	Equipa 4
404	404-B - HENRIQUE ROSA	12	25:14.143	19	4:58:13.501	16:57:17.248	Equipa 4
404	404-C - LUÍS INÁCIO	13	23:52.140	20,1	5:22:05.641	17:21:09.388	Equipa 4
404	404-C - LUÍS INÁCIO	14	25:30.596	18,8	5:47:36.237	17:46:39.984	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
404	404-D - TIAGO CRUZ	15	22:48.299	21	6:10:24.536	18:09:28.283	Equipa 4
404	404-D - TIAGO CRUZ	16	23:05.147	20,8	6:33:29.683	18:32:33.430	Equipa 4
404	404-A - MARCO GOMES	17	24:18.443	19,7	6:57:48.126	18:56:51.873	Equipa 4
404	404-A - MARCO GOMES	18	24:58.329	19,2	7:22:46.455	19:21:50.202	Equipa 4
404	404-B - HENRIQUE ROSA	19	36:54.652	13	7:59:41.107	19:58:44.854	Equipa 4
404	404-C - LUÍS INÁCIO	20	25:57.349	18,5	8:25:38.456	20:24:42.203	Equipa 4
404	404-C - LUÍS INÁCIO	21	27:47.264	17,3	8:53:25.720	20:52:29.467	Equipa 4
404	404-D - TIAGO CRUZ	22	25:13.429	19	9:18:39.149	21:17:42.896	Equipa 4
404	404-D - TIAGO CRUZ	23	24:55.598	19,3	9:43:34.747	21:42:38.494	Equipa 4
404	404-A - MARCO GOMES	24	27:19.913	17,6	10:10:54.660	22:09:58.407	Equipa 4
404	404-A - MARCO GOMES	25	26:19.130	18,2	10:37:13.790	22:36:17.537	Equipa 4
404	404-A - MARCO GOMES	26	26:51.066	17,9	11:04:04.856	23:03:08.603	Equipa 4
404	404-B - HENRIQUE ROSA	27	34:46.027	13,8	11:38:50.883	23:37:54.630	Equipa 4
404	404-B - HENRIQUE ROSA	28	27:05.017	17,7	12:05:55.900	0:04:59.647	Equipa 4
404	404-B - HENRIQUE ROSA	29	27:56.810	17,2	12:33:52.710	0:32:56.457	Equipa 4
404	404-C - LUÍS INÁCIO	30	27:38.784	17,4	13:01:31.494	1:00:35.241	Equipa 4
404	404-C - LUÍS INÁCIO	31	28:02.897	17,1	13:29:34.391	1:28:38.138	Equipa 4
404	404-C - LUÍS INÁCIO	32	42:28.996	11,3	14:12:03.387	2:11:07.134	Equipa 4
404	404-D - TIAGO CRUZ	33	23:41.303	20,3	14:35:44.690	2:34:48.437	Equipa 4
404	404-D - TIAGO CRUZ	34	22:55.636	20,9	14:58:40.326	2:57:44.073	Equipa 4
404	404-D - TIAGO CRUZ	35	23:58.085	20	15:22:38.411	3:21:42.158	Equipa 4
404	404-A - MARCO GOMES	36	27:25.893	17,5	15:50:04.304	3:49:08.051	Equipa 4
404	404-A - MARCO GOMES	37	29:11.488	16,4	16:19:15.792	4:18:19.539	Equipa 4
404	404-A - MARCO GOMES	38	29:25.573	16,3	16:48:41.365	4:47:45.112	Equipa 4
404	404-B - HENRIQUE ROSA	39	33:15.778	14,4	17:21:57.143	5:21:00.890	Equipa 4
404	404-B - HENRIQUE ROSA	40	28:46.287	16,7	17:50:43.430	5:49:47.177	Equipa 4
404	404-B - HENRIQUE ROSA	41	28:19.717	16,9	18:19:03.147	6:18:06.894	Equipa 4
404	404-B - HENRIQUE ROSA	42	32:47.855	14,6	18:51:51.002	6:50:54.749	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
404	404-C - LUÍS INÁCIO	43	26:35.210	18,1	19:18:26.212	7:17:29.959	Equipa 4
404	404-C - LUÍS INÁCIO	44	29:09.720	16,5	19:47:35.932	7:46:39.679	Equipa 4
404	404-D - TIAGO CRUZ	45	24:17.109	19,8	20:11:53.041	8:10:56.788	Equipa 4
404	404-D - TIAGO CRUZ	46	23:48.396	20,2	20:35:41.437	8:34:45.184	Equipa 4
404	404-D - TIAGO CRUZ	47	23:23.395	20,5	20:59:04.832	8:58:08.579	Equipa 4
404	404-A - MARCO GOMES	48	24:12.465	19,8	21:23:17.297	9:22:21.044	Equipa 4
404	404-A - MARCO GOMES	49	25:33.678	18,8	21:48:50.975	9:47:54.722	Equipa 4
404	404-B - HENRIQUE ROSA	50	26:41.866	18	22:15:32.841	10:14:36.588	Equipa 4
404	404-B - HENRIQUE ROSA	51	28:03.172	17,1	22:43:36.013	10:42:39.760	Equipa 4
404	404-D - TIAGO CRUZ	52	22:01.343	21,8	23:05:37.356	11:04:41.103	Equipa 4
404	404-D - TIAGO CRUZ	53	23:40.625	20,3	23:29:17.981	11:28:21.728	Equipa 4
404	404-C - LUÍS INÁCIO	54	24:07.863	19,9	23:53:25.844	11:52:29.591	Equipa 4
404	404-A - MARCO GOMES	55	25:10.325	19,1	24:18:36.169	12:17:39.916	Equipa 4
405	405-A - JUVENAL CRUZ	1	29:05.700	16,5	29:05.700	12:28:09.447	Equipa 4
405	405-A - JUVENAL CRUZ	2	24:30.015	19,6	53:35.715	12:52:39.462	Equipa 4
405	405-B - PEDRO DOMINGUES	3	23:42.992	20,2	1:17:18.707	13:16:22.454	Equipa 4
405	405-B - PEDRO DOMINGUES	4	38:01.232	12,6	1:55:19.939	13:54:23.686	Equipa 4
405	405-C - LUDGERO PIEDADE	5	23:38.026	20,3	2:18:57.965	14:18:01.712	Equipa 4
405	405-C - LUDGERO PIEDADE	6	23:36.342	20,3	2:42:34.307	14:41:38.054	Equipa 4
405	405-D - PAULO ALEXANDRE	7	25:21.098	18,9	3:07:55.405	15:06:59.152	Equipa 4
405	405-D - PAULO ALEXANDRE	8	25:26.840	18,9	3:33:22.245	15:32:25.992	Equipa 4
405	405-A - JUVENAL CRUZ	9	25:09.832	19,1	3:58:32.077	15:57:35.824	Equipa 4
405	405-A - JUVENAL CRUZ	10	24:43.800	19,4	4:23:15.877	16:22:19.624	Equipa 4
405	405-B - PEDRO DOMINGUES	11	23:00.888	20,9	4:46:16.765	16:45:20.512	Equipa 4
405	405-B - PEDRO DOMINGUES	12	23:21.519	20,5	5:09:38.284	17:08:42.031	Equipa 4
405	405-C - LUDGERO PIEDADE	13	23:30.223	20,4	5:33:08.507	17:32:12.254	Equipa 4
405	405-C - LUDGERO PIEDADE	14	23:57.517	20	5:57:06.024	17:56:09.771	Equipa 4
405	405-D - PAULO ALEXANDRE	15	25:09.953	19,1	6:22:15.977	18:21:19.724	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
405	405-D - PAULO ALEXANDRE	16	26:06.888	18,4	6:48:22.865	18:47:26.612	Equipa 4
405	405-A - JUVENAL CRUZ	17	25:08.984	19,1	7:13:31.849	19:12:35.596	Equipa 4
405	405-A - JUVENAL CRUZ	18	25:40.723	18,7	7:39:12.572	19:38:16.319	Equipa 4
405	405-B - PEDRO DOMINGUES	19	23:35.550	20,3	8:02:48.122	20:01:51.869	Equipa 4
405	405-B - PEDRO DOMINGUES	20	24:18.057	19,8	8:27:06.179	20:26:09.926	Equipa 4
405	405-C - LUDGERO PIEDADE	21	23:07.078	20,8	8:50:13.257	20:49:17.004	Equipa 4
405	405-C - LUDGERO PIEDADE	22	23:32.034	20,4	9:13:45.291	21:12:49.038	Equipa 4
405	405-D - PAULO ALEXANDRE	23	26:53.686	17,8	9:40:38.977	21:39:42.724	Equipa 4
405	405-D - PAULO ALEXANDRE	24	27:47.085	17,3	10:08:26.062	22:07:29.809	Equipa 4
405	405-A - JUVENAL CRUZ	25	27:10.919	17,7	10:35:36.981	22:34:40.728	Equipa 4
405	405-A - JUVENAL CRUZ	26	26:36.841	18	11:02:13.822	23:01:17.569	Equipa 4
405	405-B - PEDRO DOMINGUES	27	24:35.370	19,5	11:26:49.192	23:25:52.939	Equipa 4
405	405-B - PEDRO DOMINGUES	28	26:04.087	18,4	11:52:53.279	23:51:57.026	Equipa 4
405	405-C - LUDGERO PIEDADE	29	26:33.269	18,1	12:19:26.548	0:18:30.295	Equipa 4
405	405-C - LUDGERO PIEDADE	30	25:42.122	18,7	12:45:08.670	0:44:12.417	Equipa 4
405	405-D - PAULO ALEXANDRE	31	28:45.687	16,7	13:13:54.357	1:12:58.104	Equipa 4
405	405-D - PAULO ALEXANDRE	32	27:21.089	17,5	13:41:15.446	1:40:19.193	Equipa 4
405	405-A - JUVENAL CRUZ	33	26:29.605	18,1	14:07:45.051	2:06:48.798	Equipa 4
405	405-A - JUVENAL CRUZ	34	27:14.861	17,6	14:34:59.912	2:34:03.659	Equipa 4
405	405-A - JUVENAL CRUZ	35	27:42.692	17,3	15:02:42.604	3:01:46.351	Equipa 4
405	405-B - PEDRO DOMINGUES	36	28:03.942	17,1	15:30:46.546	3:29:50.293	Equipa 4
405	405-B - PEDRO DOMINGUES	37	26:16.780	18,3	15:57:03.326	3:56:07.073	Equipa 4
405	405-B - PEDRO DOMINGUES	38	26:08.699	18,4	16:23:12.025	4:22:15.772	Equipa 4
405	405-C - LUDGERO PIEDADE	39	26:54.612	17,8	16:50:06.637	4:49:10.384	Equipa 4
405	405-C - LUDGERO PIEDADE	40	36:23.619	13,2	17:26:30.256	5:25:34.003	Equipa 4
405	405-D - PAULO ALEXANDRE	41	29:21.746	16,3	17:55:52.002	5:54:55.749	Equipa 4
405	405-D - PAULO ALEXANDRE	42	27:24.058	17,5	18:23:16.060	6:22:19.807	Equipa 4
405	405-D - PAULO ALEXANDRE	43	27:15.308	17,6	18:50:31.368	6:49:35.115	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
405	405-A - JUVENAL CRUZ	44	29:47.895	16,1	19:20:19.263	7:19:23.010	Equipa 4
405	405-A - JUVENAL CRUZ	45	25:45.206	18,6	19:46:04.469	7:45:08.216	Equipa 4
405	405-B - PEDRO DOMINGUES	46	24:55.115	19,3	20:10:59.584	8:10:03.331	Equipa 4
405	405-B - PEDRO DOMINGUES	47	25:37.393	18,7	20:36:36.977	8:35:40.724	Equipa 4
405	405-C - LUDGERO PIEDADE	48	24:29.430	19,6	21:01:06.407	9:00:10.154	Equipa 4
405	405-C - LUDGERO PIEDADE	49	25:08.901	19,1	21:26:15.308	9:25:19.055	Equipa 4
405	405-D - PAULO ALEXANDRE	50	28:10.802	17	21:54:26.110	9:53:29.857	Equipa 4
405	405-D - PAULO ALEXANDRE	51	28:25.248	16,9	22:22:51.358	10:21:55.105	Equipa 4
405	405-A - JUVENAL CRUZ	52	23:43.092	20,2	22:46:34.450	10:45:38.197	Equipa 4
405	405-B - PEDRO DOMINGUES	53	23:07.343	20,8	23:09:41.793	11:08:45.540	Equipa 4
405	405-C - LUDGERO PIEDADE	54	22:31.029	21,3	23:32:12.822	11:31:16.569	Equipa 4
405	405-D - PAULO ALEXANDRE	55	24:53.901	19,3	23:57:06.723	11:56:10.470	Equipa 4
405	405-A - JUVENAL CRUZ	56	23:51.483	20,1	24:20:58.206	12:20:01.953	Equipa 4
406	406-C - FÁBIO COSTA	1	26:01.709	18,4	26:01.709	12:25:05.456	Equipa 4
406	406-D - PEDRO JACOB	2	20:42.502	23,2	46:44.211	12:45:47.958	Equipa 4
406	406-B - NELSON GUIA	3	20:47.717	23,1	1:07:31.928	13:06:35.675	Equipa 4
406	406-A - NUNO NOGUEIRA	4	21:30.434	22,3	1:29:02.362	13:28:06.109	Equipa 4
406	406-C - FÁBIO COSTA	5	21:22.524	22,5	1:50:24.886	13:49:28.633	Equipa 4
406	406-D - PEDRO JACOB	6	22:10.524	21,6	2:12:35.410	14:11:39.157	Equipa 4
406	406-B - NELSON GUIA	7	21:19.121	22,5	2:33:54.531	14:32:58.278	Equipa 4
406	406-A - NUNO NOGUEIRA	8	21:33.390	22,3	2:55:27.921	14:54:31.668	Equipa 4
406	406-C - FÁBIO COSTA	9	27:10.295	17,7	3:22:38.216	15:21:41.963	Equipa 4
406	406-D - PEDRO JACOB	10	21:04.708	22,8	3:43:42.924	15:42:46.671	Equipa 4
406	406-B - NELSON GUIA	11	21:28.425	22,4	4:05:11.349	16:04:15.096	Equipa 4
406	406-A - NUNO NOGUEIRA	12	21:42.362	22,1	4:26:53.711	16:25:57.458	Equipa 4
406	406-C - FÁBIO COSTA	13	21:31.048	22,3	4:48:24.759	16:47:28.506	Equipa 4
406	406-D - PEDRO JACOB	14	21:04.248	22,8	5:09:29.007	17:08:32.754	Equipa 4
406	406-B - NELSON GUIA	15	21:38.923	22,2	5:31:07.930	17:30:11.677	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
406	406-A - NUNO NOGUEIRA	16	21:53.945	21,9	5:53:01.875	17:52:05.622	Equipa 4
406	406-C - FÁBIO COSTA	17	22:13.609	21,6	6:15:15.484	18:14:19.231	Equipa 4
406	406-D - PEDRO JACOB	18	21:20.009	22,5	6:36:35.493	18:35:39.240	Equipa 4
406	406-B - NELSON GUIA	19	22:24.199	21,4	6:58:59.692	18:58:03.439	Equipa 4
406	406-A - NUNO NOGUEIRA	20	22:20.475	21,5	7:21:20.167	19:20:23.914	Equipa 4
406	406-C - FÁBIO COSTA	21	22:17.277	21,5	7:43:37.444	19:42:41.191	Equipa 4
406	406-C - FÁBIO COSTA	22	22:42.901	21,1	8:06:20.345	20:05:24.092	Equipa 4
406	406-D - PEDRO JACOB	23	21:59.277	21,8	8:28:19.622	20:27:23.369	Equipa 4
406	406-D - PEDRO JACOB	24	21:54.043	21,9	8:50:13.665	20:49:17.412	Equipa 4
406	406-B - NELSON GUIA	25	22:29.022	21,3	9:12:42.687	21:11:46.434	Equipa 4
406	406-B - NELSON GUIA	26	23:14.267	20,7	9:35:56.954	21:35:00.701	Equipa 4
406	406-A - NUNO NOGUEIRA	27	23:17.893	20,6	9:59:14.847	21:58:18.594	Equipa 4
406	406-A - NUNO NOGUEIRA	28	23:12.104	20,7	10:22:26.951	22:21:30.698	Equipa 4
406	406-C - FÁBIO COSTA	29	22:57.923	20,9	10:45:24.874	22:44:28.621	Equipa 4
406	406-C - FÁBIO COSTA	30	22:48.079	21,1	11:08:12.953	23:07:16.700	Equipa 4
406	406-D - PEDRO JACOB	31	22:30.390	21,3	11:30:43.343	23:29:47.090	Equipa 4
406	406-D - PEDRO JACOB	32	22:21.634	21,5	11:53:04.977	23:52:08.724	Equipa 4
406	406-B - NELSON GUIA	33	23:31.083	20,4	12:16:36.060	0:15:39.807	Equipa 4
406	406-B - NELSON GUIA	34	23:45.685	20,2	12:40:21.745	0:39:25.492	Equipa 4
406	406-A - NUNO NOGUEIRA	35	23:46.189	20,2	13:04:07.934	1:03:11.681	Equipa 4
406	406-A - NUNO NOGUEIRA	36	24:12.521	19,8	13:28:20.455	1:27:24.202	Equipa 4
406	406-C - FÁBIO COSTA	37	22:53.416	21	13:51:13.871	1:50:17.618	Equipa 4
406	406-C - FÁBIO COSTA	38	22:17.056	21,5	14:13:30.927	2:12:34.674	Equipa 4
406	406-D - PEDRO JACOB	39	22:12.848	21,6	14:35:43.775	2:34:47.522	Equipa 4
406	406-D - PEDRO JACOB	40	22:24.558	21,4	14:58:08.333	2:57:12.080	Equipa 4
406	406-B - NELSON GUIA	41	23:32.937	20,4	15:21:41.270	3:20:45.017	Equipa 4
406	406-B - NELSON GUIA	42	24:35.069	19,5	15:46:16.339	3:45:20.086	Equipa 4
406	406-A - NUNO NOGUEIRA	43	23:40.700	20,3	16:09:57.039	4:09:00.786	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
406	406-A - NUNO NOGUEIRA	44	24:30.457	19,6	16:34:27.496	4:33:31.243	Equipa 4
406	406-C - FÁBIO COSTA	45	22:39.198	21,2	16:57:06.694	4:56:10.441	Equipa 4
406	406-C - FÁBIO COSTA	46	22:53.305	21	17:19:59.999	5:19:03.746	Equipa 4
406	406-D - PEDRO JACOB	47	22:04.971	21,7	17:42:04.970	5:41:08.717	Equipa 4
406	406-D - PEDRO JACOB	48	22:33.307	21,3	18:04:38.277	6:03:42.024	Equipa 4
406	406-B - NELSON GUIA	49	24:02.656	20	18:28:40.933	6:27:44.680	Equipa 4
406	406-B - NELSON GUIA	50	24:45.114	19,4	18:53:26.047	6:52:29.794	Equipa 4
406	406-A - NUNO NOGUEIRA	51	23:21.704	20,5	19:16:47.751	7:15:51.498	Equipa 4
406	406-A - NUNO NOGUEIRA	52	24:39.127	19,5	19:41:26.878	7:40:30.625	Equipa 4
406	406-C - FÁBIO COSTA	53	23:03.762	20,8	20:04:30.640	8:03:34.387	Equipa 4
406	406-D - PEDRO JACOB	54	21:59.422	21,8	20:26:30.062	8:25:33.809	Equipa 4
406	406-B - NELSON GUIA	55	23:40.240	20,3	20:50:10.302	8:49:14.049	Equipa 4
406	406-A - NUNO NOGUEIRA	56	24:14.407	19,8	21:14:24.709	9:13:28.456	Equipa 4
406	406-C - FÁBIO COSTA	57	23:11.417	20,7	21:37:36.126	9:36:39.873	Equipa 4
406	406-D - PEDRO JACOB	58	22:00.369	21,8	21:59:36.495	9:58:40.242	Equipa 4
406	406-B - NELSON GUIA	59	23:33.672	20,4	22:23:10.167	10:22:13.914	Equipa 4
406	406-A - NUNO NOGUEIRA	60	23:42.307	20,2	22:46:52.474	10:45:56.221	Equipa 4
406	406-C - FÁBIO COSTA	61	21:59.887	21,8	23:08:52.361	11:07:56.108	Equipa 4
406	406-D - PEDRO JACOB	62	21:47.652	22	23:30:40.013	11:29:43.760	Equipa 4
406	406-B - NELSON GUIA	63	27:02.630	17,7	23:57:42.643	11:56:46.390	Equipa 4
406	406-A - NUNO NOGUEIRA	64	26:09.412	18,4	24:23:52.055	12:22:55.802	Equipa 4
408	408-A - SANDRA RITO	1	52:37.235	9,1	52:37.235	12:51:40.982	Equipa 4 Fem
408	408-A - SANDRA RITO	2	46:16.233	10,4	1:38:53.468	13:37:57.215	Equipa 4 Fem
408	408-C - VANDA MUNHÕZ	3	40:42.784	11,8	2:19:36.252	14:18:39.999	Equipa 4 Fem
408	408-C - VANDA MUNHÕZ	4	41:04.666	11,7	3:00:40.918	14:59:44.665	Equipa 4 Fem
408	408-D - SÍLVIA DUARTE	5	43:05.614	11,1	3:43:46.532	15:42:50.279	Equipa 4 Fem
408	408-D - SÍLVIA DUARTE	6	43:04.073	11,1	4:26:50.605	16:25:54.352	Equipa 4 Fem
408	408-B - INÊS MASCARENHAS	7	1:04:18.664	7,5	5:31:09.269	17:30:13.016	Equipa 4 Fem



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
408	408-A - SANDRA RITO	8	43:21.371	11,1	6:14:30.640	18:13:34.387	Equipa 4 Fem
408	408-A - SANDRA RITO	9	45:39.940	10,5	7:00:10.580	18:59:14.327	Equipa 4 Fem
408	408-C - VANDA MUNHÖZ	10	42:31.241	11,3	7:42:41.821	19:41:45.568	Equipa 4 Fem
408	408-C - VANDA MUNHÖZ	11	42:43.406	11,2	8:25:25.227	20:24:28.974	Equipa 4 Fem
408	408-D - SÍLVIA DUARTE	12	40:25.024	11,9	9:05:50.251	21:04:53.998	Equipa 4 Fem
408	408-D - SÍLVIA DUARTE	13	46:10.668	10,4	9:52:00.919	21:51:04.666	Equipa 4 Fem
408	408-B - INÊS MASCARENHAS	14	1:14:00.154	6,5	11:06:01.073	23:05:04.820	Equipa 4 Fem
408	408-A - SANDRA RITO	15	1:48:20.925	4,4	12:54:21.998	0:53:25.745	Equipa 4 Fem
408	408-A - SANDRA RITO	16	1:03:30.344	7,6	13:57:52.342	1:56:56.089	Equipa 4 Fem
408	408-C - VANDA MUNHÖZ	17	50:24.431	9,5	14:48:16.773	2:47:20.520	Equipa 4 Fem
408	408-C - VANDA MUNHÖZ	18	48:30.074	9,9	15:36:46.847	3:35:50.594	Equipa 4 Fem
408	408-D - SÍLVIA DUARTE	19	48:54.544	9,8	16:25:41.391	4:24:45.138	Equipa 4 Fem
408	408-D - SÍLVIA DUARTE	20	1:09:07.543	6,9	17:34:48.934	5:33:52.681	Equipa 4 Fem
408	408-B - INÊS MASCARENHAS	21	1:15:16.720	6,4	18:50:05.654	6:49:09.401	Equipa 4 Fem
408	408-A - SANDRA RITO	22	59:05.787	8,1	19:49:11.441	7:48:15.188	Equipa 4 Fem
408	408-A - SANDRA RITO	23	46:18.457	10,4	20:35:29.898	8:34:33.645	Equipa 4 Fem
408	408-C - VANDA MUNHÖZ	24	41:43.914	11,5	21:17:13.812	9:16:17.559	Equipa 4 Fem
408	408-C - VANDA MUNHÖZ	25	40:03.234	12	21:57:17.046	9:56:20.793	Equipa 4 Fem
408	408-D - SÍLVIA DUARTE	26	41:14.830	11,6	22:38:31.876	10:37:35.623	Equipa 4 Fem
408	408-D - SÍLVIA DUARTE	27	39:14.308	12,2	23:17:46.184	11:16:49.931	Equipa 4 Fem
408	408-C - VANDA MUNHÖZ	28	37:37.163	12,8	23:55:23.347	11:54:27.094	Equipa 4 Fem
408	408-C - VANDA MUNHÖZ	29	36:27.045	13,2	24:31:50.392	12:30:54.139	Equipa 4 Fem
409	409-A - PEDRO SOBRAL	1	33:38.453	14,3	33:38.453	12:32:42.200	Equipa 4
409	409-C - GIL PEREIRA	2	25:41.448	18,7	59:19.901	12:58:23.648	Equipa 4
409	409-B - TOME PEREIRA	3	22:49.208	21	1:22:09.109	13:21:12.856	Equipa 4
409	409-D - ALEXANDRE NUNES	4	31:45.830	15,1	1:53:54.939	13:52:58.686	Equipa 4
409	409-A - PEDRO SOBRAL	5	25:51.497	18,6	2:19:46.436	14:18:50.183	Equipa 4
409	409-C - GIL PEREIRA	6	25:37.964	18,7	2:45:24.400	14:44:28.147	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
409	409-B - TOME PEREIRA	7	22:29.517	21,3	3:07:53.917	15:06:57.664	Equipa 4
409	409-D - ALEXANDRE NUNES	8	28:30.960	16,8	3:36:24.877	15:35:28.624	Equipa 4
409	409-A - PEDRO SOBRAL	9	24:53.115	19,3	4:01:17.992	16:00:21.739	Equipa 4
409	409-C - GIL PEREIRA	10	24:36.688	19,5	4:25:54.680	16:24:58.427	Equipa 4
409	409-B - TOME PEREIRA	11	21:42.933	22,1	4:47:37.613	16:46:41.360	Equipa 4
409	409-D - ALEXANDRE NUNES	12	27:47.730	17,3	5:15:25.343	17:14:29.090	Equipa 4
409	409-A - PEDRO SOBRAL	13	25:11.717	19,1	5:40:37.060	17:39:40.807	Equipa 4
409	409-C - GIL PEREIRA	14	25:00.174	19,2	6:05:37.234	18:04:40.981	Equipa 4
409	409-B - TOME PEREIRA	15	22:24.831	21,4	6:28:02.065	18:27:05.812	Equipa 4
409	409-D - ALEXANDRE NUNES	16	28:19.402	16,9	6:56:21.467	18:55:25.214	Equipa 4
409	409-A - PEDRO SOBRAL	17	26:21.279	18,2	7:22:42.746	19:21:46.493	Equipa 4
409	409-A - PEDRO SOBRAL	18	27:40.512	17,3	7:50:23.258	19:49:27.005	Equipa 4
409	409-C - GIL PEREIRA	19	25:34.704	18,8	8:15:57.962	20:15:01.709	Equipa 4
409	409-C - GIL PEREIRA	20	24:56.442	19,2	8:40:54.404	20:39:58.151	Equipa 4
409	409-B - TOME PEREIRA	21	22:52.723	21	9:03:47.127	21:02:50.874	Equipa 4
409	409-B - TOME PEREIRA	22	23:25.174	20,5	9:27:12.301	21:26:16.048	Equipa 4
409	409-D - ALEXANDRE NUNES	23	30:02.286	16	9:57:14.587	21:56:18.334	Equipa 4
409	409-D - ALEXANDRE NUNES	24	28:58.034	16,6	10:26:12.621	22:25:16.368	Equipa 4
409	409-A - PEDRO SOBRAL	25	27:33.201	17,4	10:53:45.822	22:52:49.569	Equipa 4
409	409-A - PEDRO SOBRAL	26	28:45.231	16,7	11:22:31.053	23:21:34.800	Equipa 4
409	409-C - GIL PEREIRA	27	27:05.006	17,7	11:49:36.059	23:48:39.806	Equipa 4
409	409-C - GIL PEREIRA	28	27:58.656	17,2	12:17:34.715	0:16:38.462	Equipa 4
409	409-B - TOME PEREIRA	29	24:01.112	20	12:41:35.827	0:40:39.574	Equipa 4
409	409-B - TOME PEREIRA	30	24:42.166	19,4	13:06:17.993	1:05:21.740	Equipa 4
409	409-D - ALEXANDRE NUNES	31	29:16.442	16,4	13:35:34.435	1:34:38.182	Equipa 4
409	409-D - ALEXANDRE NUNES	32	29:23.457	16,3	14:04:57.892	2:04:01.639	Equipa 4
409	409-A - PEDRO SOBRAL	33	26:56.742	17,8	14:31:54.634	2:30:58.381	Equipa 4
409	409-A - PEDRO SOBRAL	34	27:27.874	17,5	14:59:22.508	2:58:26.255	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
409	409-C - GIL PEREIRA	35	28:43.153	16,7	15:28:05.661	3:27:09.408	Equipa 4
409	409-C - GIL PEREIRA	36	28:18.501	17	15:56:24.162	3:55:27.909	Equipa 4
409	409-B - TOME PEREIRA	37	25:17.635	19	16:21:41.797	4:20:45.544	Equipa 4
409	409-B - TOME PEREIRA	38	25:16.691	19	16:46:58.488	4:46:02.235	Equipa 4
409	409-D - ALEXANDRE NUNES	39	30:09.793	15,9	17:17:08.281	5:16:12.028	Equipa 4
409	409-D - ALEXANDRE NUNES	40	29:35.075	16,2	17:46:43.356	5:45:47.103	Equipa 4
409	409-A - PEDRO SOBRAL	41	27:09.096	17,7	18:13:52.452	6:12:56.199	Equipa 4
409	409-A - PEDRO SOBRAL	42	27:01.860	17,8	18:40:54.312	6:39:58.059	Equipa 4
409	409-C - GIL PEREIRA	43	27:10.879	17,7	19:08:05.191	7:07:08.938	Equipa 4
409	409-C - GIL PEREIRA	44	27:31.845	17,4	19:35:37.036	7:34:40.783	Equipa 4
409	409-B - TOME PEREIRA	45	23:19.967	20,6	19:58:57.003	7:58:00.750	Equipa 4
409	409-B - TOME PEREIRA	46	25:18.531	19	20:24:15.534	8:23:19.281	Equipa 4
409	409-D - ALEXANDRE NUNES	47	29:02.931	16,5	20:53:18.465	8:52:22.212	Equipa 4
409	409-D - ALEXANDRE NUNES	48	29:49.436	16,1	21:23:07.901	9:22:11.648	Equipa 4
409	409-A - PEDRO SOBRAL	49	26:39.175	18	21:49:47.076	9:48:50.823	Equipa 4
409	409-A - PEDRO SOBRAL	50	26:55.162	17,8	22:16:42.238	10:15:45.985	Equipa 4
409	409-C - GIL PEREIRA	51	26:49.758	17,9	22:43:31.996	10:42:35.743	Equipa 4
409	409-B - TOME PEREIRA	52	23:55.371	20,1	23:07:27.367	11:06:31.114	Equipa 4
409	409-D - ALEXANDRE NUNES	53	30:12.933	15,9	23:37:40.300	11:36:44.047	Equipa 4
409	409-B - TOME PEREIRA	54	23:06.962	20,8	24:00:47.262	11:59:51.009	Equipa 4
410	410-A - RICARDO COELHO	1	43:00.009	11,2	43:00.009	12:42:03.756	Equipa 4
410	410-B - JORGE CRUZ	2	32:36.926	14,7	1:15:36.935	13:14:40.682	Equipa 4
410	410-C - SAMUEL SARDINHA	3	29:49.570	16,1	1:45:26.505	13:44:30.252	Equipa 4
410	410-D - JOAO JORGE	4	29:19.473	16,4	2:14:45.978	14:13:49.725	Equipa 4
410	410-A - RICARDO COELHO	5	58:50.499	8,2	3:13:36.477	15:12:40.224	Equipa 4
410	410-B - JORGE CRUZ	6	36:14.123	13,2	3:49:50.600	15:48:54.347	Equipa 4
410	410-C - SAMUEL SARDINHA	7	26:46.190	17,9	4:16:36.790	16:15:40.537	Equipa 4
410	410-D - JOAO JORGE	8	33:07.670	14,5	4:49:44.460	16:48:48.207	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
410	410-A - RICARDO COELHO	9	27:56.146	17,2	5:17:40.606	17:16:44.353	Equipa 4
410	410-B - JORGE CRUZ	10	27:27.600	17,5	5:45:08.206	17:44:11.953	Equipa 4
410	410-C - SAMUEL SARDINHA	11	29:48.267	16,1	6:14:56.473	18:14:00.220	Equipa 4
410	410-D - JOAO JORGE	12	31:16.791	15,3	6:46:13.264	18:45:17.011	Equipa 4
410	410-A - RICARDO COELHO	13	32:58.788	14,6	7:19:12.052	19:18:15.799	Equipa 4
410	410-B - JORGE CRUZ	14	30:32.684	15,7	7:49:44.736	19:48:48.483	Equipa 4
410	410-C - SAMUEL SARDINHA	15	27:24.637	17,5	8:17:09.373	20:16:13.120	Equipa 4
410	410-D - JOAO JORGE	16	29:19.806	16,4	8:46:29.179	20:45:32.926	Equipa 4
410	410-A - RICARDO COELHO	17	33:18.795	14,4	9:19:47.974	21:18:51.721	Equipa 4
410	410-B - JORGE CRUZ	18	1:37:37.012	4,9	10:57:24.986	22:56:28.733	Equipa 4
410	410-C - SAMUEL SARDINHA	19	36:57.098	13	11:34:22.084	23:33:25.831	Equipa 4
410	410-D - JOAO JORGE	20	35:49.632	13,4	12:10:11.716	0:09:15.463	Equipa 4
410	410-A - RICARDO COELHO	21	34:49.321	13,8	12:45:01.037	0:44:04.784	Equipa 4
410	410-A - RICARDO COELHO	22	30:43.171	15,6	13:15:44.208	1:14:47.955	Equipa 4
410	410-B - JORGE CRUZ	23	36:24.200	13,2	13:52:08.408	1:51:12.155	Equipa 4
410	410-B - JORGE CRUZ	24	32:57.618	14,6	14:25:06.026	2:24:09.773	Equipa 4
410	410-C - SAMUEL SARDINHA	25	50:37.958	9,5	15:15:43.984	3:14:47.731	Equipa 4
410	410-C - SAMUEL SARDINHA	26	41:52.246	11,5	15:57:36.230	3:56:39.977	Equipa 4
410	410-D - JOAO JORGE	27	3:05:41.865	2,6	19:03:18.095	7:02:21.842	Equipa 4
410	410-D - JOAO JORGE	28	32:43.410	14,7	19:36:01.505	7:35:05.252	Equipa 4
411	411-C - ANTÓNIO FELICIANO	1	28:48.278	16,7	28:48.278	12:27:52.025	Equipa 4
411	411-B - NÉLSON MARTINS	2	24:27.482	19,6	53:15.760	12:52:19.507	Equipa 4
411	411-A - BRUNO OLIVEIRA	3	25:02.621	19,2	1:18:18.381	13:17:22.128	Equipa 4
411	411-D - JOÃO MARTINS	4	23:41.214	20,3	1:41:59.595	13:41:03.342	Equipa 4
411	411-C - ANTÓNIO FELICIANO	5	24:16.405	19,8	2:06:16.000	14:05:19.747	Equipa 4
411	411-B - NÉLSON MARTINS	6	23:52.140	20,1	2:30:08.140	14:29:11.887	Equipa 4
411	411-A - BRUNO OLIVEIRA	7	25:14.657	19	2:55:22.797	14:54:26.544	Equipa 4
411	411-D - JOÃO MARTINS	8	22:52.356	21	3:18:15.153	15:17:18.900	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
411	411-C - ANTÓNIO FELICIANO	9	24:08.748	19,9	3:42:23.901	15:41:27.648	Equipa 4
411	411-B - NÉLSON MARTINS	10	24:28.177	19,6	4:06:52.078	16:05:55.825	Equipa 4
411	411-A - BRUNO OLIVEIRA	11	24:54.016	19,3	4:31:46.094	16:30:49.841	Equipa 4
411	411-D - JOÃO MARTINS	12	22:16.238	21,6	4:54:02.332	16:53:06.079	Equipa 4
411	411-C - ANTÓNIO FELICIANO	13	23:41.153	20,3	5:17:43.485	17:16:47.232	Equipa 4
411	411-B - NÉLSON MARTINS	14	24:07.311	19,9	5:41:50.796	17:40:54.543	Equipa 4
411	411-A - BRUNO OLIVEIRA	15	23:45.130	20,2	6:05:35.926	18:04:39.673	Equipa 4
411	411-D - JOÃO MARTINS	16	22:54.168	21	6:28:30.094	18:27:33.841	Equipa 4
411	411-C - ANTÓNIO FELICIANO	17	24:07.658	19,9	6:52:37.752	18:51:41.499	Equipa 4
411	411-B - NÉLSON MARTINS	18	24:43.036	19,4	7:17:20.788	19:16:24.535	Equipa 4
411	411-A - BRUNO OLIVEIRA	19	28:06.093	17,1	7:45:26.881	19:44:30.628	Equipa 4
411	411-D - JOÃO MARTINS	20	22:51.795	21	8:08:18.676	20:07:22.423	Equipa 4
411	411-C - ANTÓNIO FELICIANO	21	23:50.900	20,1	8:32:09.576	20:31:13.323	Equipa 4
411	411-B - NÉLSON MARTINS	22	26:27.398	18,1	8:58:36.974	20:57:40.721	Equipa 4
411	411-A - BRUNO OLIVEIRA	23	28:09.593	17	9:26:46.567	21:25:50.314	Equipa 4
411	411-D - JOÃO MARTINS	24	24:54.861	19,3	9:51:41.428	21:50:45.175	Equipa 4
411	411-C - ANTÓNIO FELICIANO	25	24:15.875	19,8	10:15:57.303	22:15:01.050	Equipa 4
411	411-B - NÉLSON MARTINS	26	27:42.495	17,3	10:43:39.798	22:42:43.545	Equipa 4
411	411-A - BRUNO OLIVEIRA	27	30:08.639	15,9	11:13:48.437	23:12:52.184	Equipa 4
411	411-D - JOÃO MARTINS	28	26:34.309	18,1	11:40:22.746	23:39:26.493	Equipa 4
411	411-C - ANTÓNIO FELICIANO	29	25:49.309	18,6	12:06:12.055	0:05:15.802	Equipa 4
411	411-C - ANTÓNIO FELICIANO	30	25:09.474	19,1	12:31:21.529	0:30:25.276	Equipa 4
411	411-C - ANTÓNIO FELICIANO	31	26:17.684	18,3	12:57:39.213	0:56:42.960	Equipa 4
411	411-B - NÉLSON MARTINS	32	29:10.929	16,4	13:26:50.142	1:25:53.889	Equipa 4
411	411-B - NÉLSON MARTINS	33	28:53.051	16,6	13:55:43.193	1:54:46.940	Equipa 4
411	411-A - BRUNO OLIVEIRA	34	28:41.188	16,7	14:24:24.381	2:23:28.128	Equipa 4
411	411-A - BRUNO OLIVEIRA	35	29:38.109	16,2	14:54:02.490	2:53:06.237	Equipa 4
411	411-D - JOÃO MARTINS	36	27:36.849	17,4	15:21:39.339	3:20:43.086	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
411	411-D - JOÃO MARTINS	37	28:09.996	17	15:49:49.335	3:48:53.082	Equipa 4
411	411-C - ANTÓNIO FELICIANO	38	26:56.263	17,8	16:16:45.598	4:15:49.345	Equipa 4
411	411-C - ANTÓNIO FELICIANO	39	27:19.069	17,6	16:44:04.667	4:43:08.414	Equipa 4
411	411-B - NÉLSON MARTINS	40	28:41.729	16,7	17:12:46.396	5:11:50.143	Equipa 4
411	411-B - NÉLSON MARTINS	41	28:41.601	16,7	17:41:27.997	5:40:31.744	Equipa 4
411	411-C - ANTÓNIO FELICIANO	42	25:45.938	18,6	18:07:13.935	6:06:17.682	Equipa 4
411	411-A - BRUNO OLIVEIRA	43	29:17.215	16,4	18:36:31.150	6:35:34.897	Equipa 4
411	411-A - BRUNO OLIVEIRA	44	29:38.207	16,2	19:06:09.357	7:05:13.104	Equipa 4
411	411-D - JOÃO MARTINS	45	25:16.714	19	19:31:26.071	7:30:29.818	Equipa 4
411	411-D - JOÃO MARTINS	46	26:45.592	17,9	19:58:11.663	7:57:15.410	Equipa 4
411	411-C - ANTÓNIO FELICIANO	47	25:17.990	19	20:23:29.653	8:22:33.400	Equipa 4
411	411-B - NÉLSON MARTINS	48	24:50.161	19,3	20:48:19.814	8:47:23.561	Equipa 4
411	411-A - BRUNO OLIVEIRA	49	26:01.669	18,4	21:14:21.483	9:13:25.230	Equipa 4
411	411-D - JOÃO MARTINS	50	23:28.392	20,4	21:37:49.875	9:36:53.622	Equipa 4
411	411-C - ANTÓNIO FELICIANO	51	24:59.834	19,2	22:02:49.709	10:01:53.456	Equipa 4
411	411-B - NÉLSON MARTINS	52	25:33.889	18,8	22:28:23.598	10:27:27.345	Equipa 4
411	411-A - BRUNO OLIVEIRA	53	26:58.543	17,8	22:55:22.141	10:54:25.888	Equipa 4
411	411-D - JOÃO MARTINS	54	23:03.852	20,8	23:18:25.993	11:17:29.740	Equipa 4
411	411-C - ANTÓNIO FELICIANO	55	24:26.511	19,6	23:42:52.504	11:41:56.251	Equipa 4
411	411-B - NÉLSON MARTINS	56	25:08.833	19,1	24:08:01.337	12:07:05.084	Equipa 4
412	412-C - MARTA VARELA	1	36:11.722	13,3	36:11.722	12:35:15.469	Equipa 4 Fem
412	412-B - ALEXANDRA DOMINGOS	2	29:37.183	16,2	1:05:48.905	13:04:52.652	Equipa 4 Fem
412	412-A - TELMA GONÇALVES	3	31:15.977	15,4	1:37:04.882	13:36:08.629	Equipa 4 Fem
412	412-D - PATRICIA TEIXEIRA	4	35:30.666	13,5	2:12:35.548	14:11:39.295	Equipa 4 Fem
412	412-C - MARTA VARELA	5	27:52.565	17,2	2:40:28.113	14:39:31.860	Equipa 4 Fem
412	412-B - ALEXANDRA DOMINGOS	6	29:55.564	16	3:10:23.677	15:09:27.424	Equipa 4 Fem
412	412-A - TELMA GONÇALVES	7	29:59.656	16	3:40:23.333	15:39:27.080	Equipa 4 Fem
412	412-D - PATRICIA TEIXEIRA	8	35:19.676	13,6	4:15:43.009	16:14:46.756	Equipa 4 Fem



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
412	412-C - MARTA VARELA	9	27:31.561	17,4	4:43:14.570	16:42:18.317	Equipa 4 Fem
412	412-B - ALEXANDRA DOMINGOS	10	29:55.965	16	5:13:10.535	17:12:14.282	Equipa 4 Fem
412	412-A - TELMA GONÇALVES	11	29:11.829	16,4	5:42:22.364	17:41:26.111	Equipa 4 Fem
412	412-D - PATRICIA TEIXEIRA	12	36:42.958	13,1	6:19:05.322	18:18:09.069	Equipa 4 Fem
412	412-C - MARTA VARELA	13	28:23.594	16,9	6:47:28.916	18:46:32.663	Equipa 4 Fem
412	412-B - ALEXANDRA DOMINGOS	14	31:18.477	15,3	7:18:47.393	19:17:51.140	Equipa 4 Fem
412	412-A - TELMA GONÇALVES	15	30:34.445	15,7	7:49:21.838	19:48:25.585	Equipa 4 Fem
412	412-D - PATRICIA TEIXEIRA	16	40:15.011	11,9	8:29:36.849	20:28:40.596	Equipa 4 Fem
412	412-C - MARTA VARELA	17	30:51.729	15,6	9:00:28.578	20:59:32.325	Equipa 4 Fem
412	412-B - ALEXANDRA DOMINGOS	18	32:45.819	14,7	9:33:14.397	21:32:18.144	Equipa 4 Fem
412	412-A - TELMA GONÇALVES	19	33:42.715	14,2	10:06:57.112	22:06:00.859	Equipa 4 Fem
412	412-D - PATRICIA TEIXEIRA	20	46:37.802	10,3	10:53:34.914	22:52:38.661	Equipa 4 Fem
412	412-C - MARTA VARELA	21	54:38.012	8,8	11:48:12.926	23:47:16.673	Equipa 4 Fem
412	412-B - ALEXANDRA DOMINGOS	22	34:53.798	13,8	12:23:06.724	0:22:10.471	Equipa 4 Fem
412	412-A - TELMA GONÇALVES	23	34:19.920	14	12:57:26.644	0:56:30.391	Equipa 4 Fem
412	412-D - PATRICIA TEIXEIRA	24	46:50.234	10,2	13:44:16.878	1:43:20.625	Equipa 4 Fem
412	412-C - MARTA VARELA	25	31:31.513	15,2	14:15:48.391	2:14:52.138	Equipa 4 Fem
412	412-B - ALEXANDRA DOMINGOS	26	37:13.853	12,9	14:53:02.244	2:52:05.991	Equipa 4 Fem
412	412-A - TELMA GONÇALVES	27	34:50.256	13,8	15:27:52.500	3:26:56.247	Equipa 4 Fem
412	412-D - PATRICIA TEIXEIRA	28	43:08.889	11,1	16:11:01.389	4:10:05.136	Equipa 4 Fem
412	412-C - MARTA VARELA	29	43:54.880	10,9	16:54:56.269	4:54:00.016	Equipa 4 Fem
412	412-B - ALEXANDRA DOMINGOS	30	35:27.338	13,5	17:30:23.607	5:29:27.354	Equipa 4 Fem
412	412-A - TELMA GONÇALVES	31	34:48.859	13,8	18:05:12.466	6:04:16.213	Equipa 4 Fem
412	412-D - PATRICIA TEIXEIRA	32	40:01.823	12	18:45:14.289	6:44:18.036	Equipa 4 Fem
412	412-C - MARTA VARELA	33	34:57.690	13,7	19:20:11.979	7:19:15.726	Equipa 4 Fem
412	412-B - ALEXANDRA DOMINGOS	34	37:04.438	12,9	19:57:16.417	7:56:20.164	Equipa 4 Fem
412	412-A - TELMA GONÇALVES	35	34:06.729	14,1	20:31:23.146	8:30:26.893	Equipa 4 Fem
412	412-D - PATRICIA TEIXEIRA	36	41:08.673	11,7	21:12:31.819	9:11:35.566	Equipa 4 Fem



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
412	412-A - TELMA GONÇALVES	37	56:14.873	8,5	22:08:46.692	10:07:50.439	Equipa 4 Fem
412	412-C - MARTA VARELA	38	1:51:59.175	4,3	24:00:45.867	11:59:49.614	Equipa 4 Fem
413	413-A - RUI FERNANDES	1	49:36.961	9,7	49:36.961	12:48:40.708	Equipa 4
413	413-B - NELSON SILVA	2	21:43.765	22,1	1:11:20.726	13:10:24.473	Equipa 4
413	413-B - NELSON SILVA	3	21:56.993	21,9	1:33:17.719	13:32:21.466	Equipa 4
413	413-D - NELSON ALBINO	4	22:05.505	21,7	1:55:23.224	13:54:26.971	Equipa 4
413	413-D - NELSON ALBINO	5	22:21.832	21,5	2:17:45.056	14:16:48.803	Equipa 4
413	413-A - RUI FERNANDES	6	22:03.741	21,8	2:39:48.797	14:38:52.544	Equipa 4
413	413-A - RUI FERNANDES	7	22:31.257	21,3	3:02:20.054	15:01:23.801	Equipa 4
413	413-B - NELSON SILVA	8	21:36.561	22,2	3:23:56.615	15:23:00.362	Equipa 4
413	413-B - NELSON SILVA	9	21:41.777	22,1	3:45:38.392	15:44:42.139	Equipa 4
413	413-D - NELSON ALBINO	10	22:35.643	21,2	4:08:14.035	16:07:17.782	Equipa 4
413	413-D - NELSON ALBINO	11	22:27.974	21,4	4:30:42.009	16:29:45.756	Equipa 4
413	413-A - RUI FERNANDES	12	22:39.572	21,2	4:53:21.581	16:52:25.328	Equipa 4
413	413-A - RUI FERNANDES	13	23:01.409	20,8	5:16:22.990	17:15:26.737	Equipa 4
413	413-B - NELSON SILVA	14	21:32.156	22,3	5:37:55.146	17:36:58.893	Equipa 4
413	413-B - NELSON SILVA	15	21:50.605	22	5:59:45.751	17:58:49.498	Equipa 4
413	413-D - NELSON ALBINO	16	23:00.885	20,9	6:22:46.636	18:21:50.383	Equipa 4
413	413-D - NELSON ALBINO	17	23:05.091	20,8	6:45:51.727	18:44:55.474	Equipa 4
413	413-A - RUI FERNANDES	18	22:36.596	21,2	7:08:28.323	19:07:32.070	Equipa 4
413	413-A - RUI FERNANDES	19	23:02.361	20,8	7:31:30.684	19:30:34.431	Equipa 4
413	413-B - NELSON SILVA	20	22:08.822	21,7	7:53:39.506	19:52:43.253	Equipa 4
413	413-B - NELSON SILVA	21	21:55.478	21,9	8:15:34.984	20:14:38.731	Equipa 4
413	413-D - NELSON ALBINO	22	22:21.026	21,5	8:37:56.010	20:36:59.757	Equipa 4
413	413-D - NELSON ALBINO	23	22:29.773	21,3	9:00:25.783	20:59:29.530	Equipa 4
413	413-A - RUI FERNANDES	24	23:31.182	20,4	9:23:56.965	21:23:00.712	Equipa 4
413	413-A - RUI FERNANDES	25	23:57.350	20	9:47:54.315	21:46:58.062	Equipa 4
413	413-B - NELSON SILVA	26	23:03.125	20,8	10:10:57.440	22:10:01.187	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
413	413-B - NELSON SILVA	27	24:01.357	20	10:34:58.797	22:34:02.544	Equipa 4
413	413-D - NELSON ALBINO	28	24:20.726	19,7	10:59:19.523	22:58:23.270	Equipa 4
413	413-D - NELSON ALBINO	29	23:35.675	20,3	11:22:55.198	23:21:58.945	Equipa 4
413	413-A - RUI FERNANDES	30	23:26.814	20,5	11:46:22.012	23:45:25.759	Equipa 4
413	413-A - RUI FERNANDES	31	24:39.289	19,5	12:11:01.301	0:10:05.048	Equipa 4
413	413-B - NELSON SILVA	32	23:37.258	20,3	12:34:38.559	0:33:42.306	Equipa 4
413	413-B - NELSON SILVA	33	23:59.961	20	12:58:38.520	0:57:42.267	Equipa 4
413	413-D - NELSON ALBINO	34	23:39.967	20,3	13:22:18.487	1:21:22.234	Equipa 4
413	413-D - NELSON ALBINO	35	23:26.855	20,5	13:45:45.342	1:44:49.089	Equipa 4
413	413-A - RUI FERNANDES	36	25:13.401	19	14:10:58.743	2:10:02.490	Equipa 4
413	413-A - RUI FERNANDES	37	24:37.576	19,5	14:35:36.319	2:34:40.066	Equipa 4
413	413-B - NELSON SILVA	38	23:04.739	20,8	14:58:41.058	2:57:44.805	Equipa 4
413	413-B - NELSON SILVA	39	23:05.426	20,8	15:21:46.484	3:20:50.231	Equipa 4
413	413-D - NELSON ALBINO	40	26:10.919	18,3	15:47:57.403	3:47:01.150	Equipa 4
413	413-D - NELSON ALBINO	41	24:25.106	19,7	16:12:22.509	4:11:26.256	Equipa 4
413	413-A - RUI FERNANDES	42	24:08.472	19,9	16:36:30.981	4:35:34.728	Equipa 4
413	413-A - RUI FERNANDES	43	24:16.745	19,8	17:00:47.726	4:59:51.473	Equipa 4
413	413-B - NELSON SILVA	44	23:28.598	20,4	17:24:16.324	5:23:20.071	Equipa 4
413	413-B - NELSON SILVA	45	23:05.728	20,8	17:47:22.052	5:46:25.799	Equipa 4
413	413-D - NELSON ALBINO	46	23:56.155	20,1	18:11:18.207	6:10:21.954	Equipa 4
413	413-D - NELSON ALBINO	47	24:19.808	19,7	18:35:38.015	6:34:41.762	Equipa 4
413	413-A - RUI FERNANDES	48	25:35.050	18,8	19:01:13.065	7:00:16.812	Equipa 4
413	413-A - RUI FERNANDES	49	26:14.646	18,3	19:27:27.711	7:26:31.458	Equipa 4
413	413-B - NELSON SILVA	50	26:42.988	18	19:54:10.699	7:53:14.446	Equipa 4
413	413-B - NELSON SILVA	51	23:55.442	20,1	20:18:06.141	8:17:09.888	Equipa 4
413	413-D - NELSON ALBINO	52	22:53.497	21	20:40:59.638	8:40:03.385	Equipa 4
413	413-D - NELSON ALBINO	53	23:00.942	20,9	21:04:00.580	9:03:04.327	Equipa 4
413	413-A - RUI FERNANDES	54	23:58.955	20	21:27:59.535	9:27:03.282	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
413	413-A - RUI FERNANDES	55	23:47.137	20,2	21:51:46.672	9:50:50.419	Equipa 4
413	413-D - NELSON ALBINO	56	24:23.369	19,7	22:16:10.041	10:15:13.788	Equipa 4
413	413-D - NELSON ALBINO	57	24:30.303	19,6	22:40:40.344	10:39:44.091	Equipa 4
413	413-A - RUI FERNANDES	58	25:20.268	18,9	23:06:00.612	11:05:04.359	Equipa 4
413	413-A - RUI FERNANDES	59	26:33.295	18,1	23:32:33.907	11:31:37.654	Equipa 4
413	413-A - RUI FERNANDES	60	28:11.593	17	24:00:45.500	11:59:49.247	Equipa 4
414	414-A - NUNO CAMPOS	1	28:24.054	16,9	28:24.054	12:27:27.801	Equipa 4
414	414-B - JOSÉ SIMÃO	2	24:54.402	19,3	53:18.456	12:52:22.203	Equipa 4
414	414-B - JOSÉ SIMÃO	3	26:06.169	18,4	1:19:24.625	13:18:28.372	Equipa 4
414	414-C - TÂNIA RODRIGUES	4	29:05.197	16,5	1:48:29.822	13:47:33.569	Equipa 4
414	414-C - TÂNIA RODRIGUES	5	30:35.587	15,7	2:19:05.409	14:18:09.156	Equipa 4
414	414-D - MÁRIO SANTINHOS	6	25:00.983	19,2	2:44:06.392	14:43:10.139	Equipa 4
414	414-D - MÁRIO SANTINHOS	7	25:41.283	18,7	3:09:47.675	15:08:51.422	Equipa 4
414	414-A - NUNO CAMPOS	8	23:06.308	20,8	3:32:53.983	15:31:57.730	Equipa 4
414	414-A - NUNO CAMPOS	9	23:58.257	20	3:56:52.240	15:55:55.987	Equipa 4
414	414-B - JOSÉ SIMÃO	10	25:19.082	19	4:22:11.322	16:21:15.069	Equipa 4
414	414-B - JOSÉ SIMÃO	11	25:44.102	18,7	4:47:55.424	16:46:59.171	Equipa 4
414	414-C - TÂNIA RODRIGUES	12	29:17.945	16,4	5:17:13.369	17:16:17.116	Equipa 4
414	414-C - TÂNIA RODRIGUES	13	30:51.541	15,6	5:48:04.910	17:47:08.657	Equipa 4
414	414-D - MÁRIO SANTINHOS	14	25:26.920	18,9	6:13:31.830	18:12:35.577	Equipa 4
414	414-D - MÁRIO SANTINHOS	15	26:23.259	18,2	6:39:55.089	18:38:58.836	Equipa 4
414	414-A - NUNO CAMPOS	16	23:26.047	20,5	7:03:21.136	19:02:24.883	Equipa 4
414	414-A - NUNO CAMPOS	17	25:42.713	18,7	7:29:03.849	19:28:07.596	Equipa 4
414	414-B - JOSÉ SIMÃO	18	25:48.697	18,6	7:54:52.546	19:53:56.293	Equipa 4
414	414-B - JOSÉ SIMÃO	19	26:28.890	18,1	8:21:21.436	20:20:25.183	Equipa 4
414	414-C - TÂNIA RODRIGUES	20	31:37.300	15,2	8:52:58.736	20:52:02.483	Equipa 4
414	414-C - TÂNIA RODRIGUES	21	33:34.910	14,3	9:26:33.646	21:25:37.393	Equipa 4
414	414-D - MÁRIO SANTINHOS	22	27:11.426	17,7	9:53:45.072	21:52:48.819	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
414	414-D - MÁRIO SANTINHOS	23	26:51.249	17,9	10:20:36.321	22:19:40.068	Equipa 4
414	414-A - NUNO CAMPOS	24	29:14.324	16,4	10:49:50.645	22:48:54.392	Equipa 4
414	414-A - NUNO CAMPOS	25	27:00.414	17,8	11:16:51.059	23:15:54.806	Equipa 4
414	414-A - NUNO CAMPOS	26	27:19.013	17,6	11:44:10.072	23:43:13.819	Equipa 4
414	414-B - JOSÉ SIMÃO	27	28:54.868	16,6	12:13:04.940	0:12:08.687	Equipa 4
414	414-B - JOSÉ SIMÃO	28	28:23.817	16,9	12:41:28.757	0:40:32.504	Equipa 4
414	414-B - JOSÉ SIMÃO	29	28:27.827	16,9	13:09:56.584	1:09:00.331	Equipa 4
414	414-C - TÂNIA RODRIGUES	30	33:17.202	14,4	13:43:13.786	1:42:17.533	Equipa 4
414	414-C - TÂNIA RODRIGUES	31	36:08.741	13,3	14:19:22.527	2:18:26.274	Equipa 4
414	414-C - TÂNIA RODRIGUES	32	37:35.539	12,8	14:56:58.066	2:56:01.813	Equipa 4
414	414-D - MÁRIO SANTINHOS	33	27:20.440	17,6	15:24:18.506	3:23:22.253	Equipa 4
414	414-D - MÁRIO SANTINHOS	34	27:24.631	17,5	15:51:43.137	3:50:46.884	Equipa 4
414	414-D - MÁRIO SANTINHOS	35	26:41.358	18	16:18:24.495	4:17:28.242	Equipa 4
414	414-A - NUNO CAMPOS	36	30:15.093	15,9	16:48:39.588	4:47:43.335	Equipa 4
414	414-A - NUNO CAMPOS	37	32:02.189	15	17:20:41.777	5:19:45.524	Equipa 4
414	414-B - JOSÉ SIMÃO	38	28:25.560	16,9	17:49:07.337	5:48:11.084	Equipa 4
414	414-B - JOSÉ SIMÃO	39	28:28.416	16,9	18:17:35.753	6:16:39.500	Equipa 4
414	414-B - JOSÉ SIMÃO	40	27:23.999	17,5	18:44:59.752	6:44:03.499	Equipa 4
414	414-D - MÁRIO SANTINHOS	41	26:46.762	17,9	19:11:46.514	7:10:50.261	Equipa 4
414	414-D - MÁRIO SANTINHOS	42	27:03.434	17,7	19:38:49.948	7:37:53.695	Equipa 4
414	414-C - TÂNIA RODRIGUES	43	31:59.053	15	20:10:49.001	8:09:52.748	Equipa 4
414	414-B - JOSÉ SIMÃO	44	26:31.131	18,1	20:37:20.132	8:36:23.879	Equipa 4
414	414-A - NUNO CAMPOS	45	25:36.606	18,7	21:02:56.738	9:02:00.485	Equipa 4
414	414-A - NUNO CAMPOS	46	26:00.008	18,5	21:28:56.746	9:28:00.493	Equipa 4
414	414-D - MÁRIO SANTINHOS	47	26:47.153	17,9	21:55:43.899	9:54:47.646	Equipa 4
414	414-D - MÁRIO SANTINHOS	48	25:35.424	18,8	22:21:19.323	10:20:23.070	Equipa 4
414	414-B - JOSÉ SIMÃO	49	27:31.521	17,4	22:48:50.844	10:47:54.591	Equipa 4
414	414-B - JOSÉ SIMÃO	50	29:51.167	16,1	23:18:42.011	11:17:45.758	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
414	414-B - JOSÉ SIMÃO	51	30:35.138	15,7	23:49:17.149	11:48:20.896	Equipa 4
414	414-A - NUNO CAMPOS	52	25:20.482	18,9	24:14:37.631	12:13:41.378	Equipa 4
415	415-D - MARIA VARANDAS	1	43:37.381	11	43:37.381	12:42:41.128	Equipa 4 Fem
415	415-A - CARLA CAMARADA	2	37:27.163	12,8	1:21:04.544	13:20:08.291	Equipa 4 Fem
415	415-B - ESMERALDA NETO	3	38:52.390	12,3	1:59:56.934	13:59:00.681	Equipa 4 Fem
415	415-C - ANA JESUS	4	58:43.749	8,2	2:58:40.683	14:57:44.430	Equipa 4 Fem
415	415-D - MARIA VARANDAS	5	33:58.868	14,1	3:32:39.551	15:31:43.298	Equipa 4 Fem
415	415-A - CARLA CAMARADA	6	38:25.777	12,5	4:11:05.328	16:10:09.075	Equipa 4 Fem
415	415-B - ESMERALDA NETO	7	38:16.369	12,5	4:49:21.697	16:48:25.444	Equipa 4 Fem
415	415-D - MARIA VARANDAS	8	36:28.741	13,2	5:25:50.438	17:24:54.185	Equipa 4 Fem
415	415-C - ANA JESUS	9	1:04:53.121	7,4	6:30:43.559	18:29:47.306	Equipa 4 Fem
415	415-A - CARLA CAMARADA	10	38:57.954	12,3	7:09:41.513	19:08:45.260	Equipa 4 Fem
415	415-B - ESMERALDA NETO	11	40:19.621	11,9	7:50:01.134	19:49:04.881	Equipa 4 Fem
415	415-D - MARIA VARANDAS	12	35:58.924	13,3	8:26:00.058	20:25:03.805	Equipa 4 Fem
415	415-A - CARLA CAMARADA	13	39:50.583	12	9:05:50.641	21:04:54.388	Equipa 4 Fem
415	415-B - ESMERALDA NETO	14	43:30.934	11	9:49:21.575	21:48:25.322	Equipa 4 Fem
415	415-D - MARIA VARANDAS	15	39:30.289	12,2	10:28:51.864	22:27:55.611	Equipa 4 Fem
415	415-A - CARLA CAMARADA	16	44:36.163	10,8	11:13:28.027	23:12:31.774	Equipa 4 Fem
415	415-B - ESMERALDA NETO	17	1:08:41.785	7	12:22:09.812	0:21:13.559	Equipa 4 Fem
415	415-D - MARIA VARANDAS	18	43:55.117	10,9	13:06:04.929	1:05:08.676	Equipa 4 Fem
415	415-A - CARLA CAMARADA	19	47:46.802	10	13:53:51.731	1:52:55.478	Equipa 4 Fem
415	415-B - ESMERALDA NETO	20	4:33:40.817	1,8	18:27:32.548	6:26:36.295	Equipa 4 Fem
415	415-D - MARIA VARANDAS	21	40:17.641	11,9	19:07:50.189	7:06:53.936	Equipa 4 Fem
415	415-A - CARLA CAMARADA	22	44:18.882	10,8	19:52:09.071	7:51:12.818	Equipa 4 Fem
415	415-B - ESMERALDA NETO	23	42:25.693	11,3	20:34:34.764	8:33:38.511	Equipa 4 Fem
415	415-D - MARIA VARANDAS	24	36:35.617	13,1	21:11:10.381	9:10:14.128	Equipa 4 Fem
415	415-A - CARLA CAMARADA	25	42:22.703	11,3	21:53:33.084	9:52:36.831	Equipa 4 Fem
415	415-B - ESMERALDA NETO	26	42:16.557	11,4	22:35:49.641	10:34:53.388	Equipa 4 Fem



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
415	415-D - MARIA VARANDAS	27	35:37.821	13,5	23:11:27.462	11:10:31.209	Equipa 4 Fem
415	415-A - CARLA CAMARADA	28	42:49.253	11,2	23:54:16.715	11:53:20.462	Equipa 4 Fem
415	415-B - ESMERALDA NETO	29	39:29.076	12,2	24:33:45.791	12:32:49.538	Equipa 4 Fem
416	416-D - HÉLIO MARTINS	1	25:03.260	19,2	25:03.260	12:24:07.007	Equipa 4
416	416-B - DAVID MARTINS	2	21:32.692	22,3	46:35.952	12:45:39.699	Equipa 4
416	416-C - MIGUEL BRITO	3	20:58.031	22,9	1:07:33.983	13:06:37.730	Equipa 4
416	416-A - BRUNO MENDES	4	21:58.904	21,8	1:29:32.887	13:28:36.634	Equipa 4
416	416-D - HÉLIO MARTINS	5	20:13.461	23,7	1:49:46.348	13:48:50.095	Equipa 4
416	416-B - DAVID MARTINS	6	21:36.273	22,2	2:11:22.621	14:10:26.368	Equipa 4
416	416-C - MIGUEL BRITO	7	22:18.225	21,5	2:33:40.846	14:32:44.593	Equipa 4
416	416-A - BRUNO MENDES	8	21:32.715	22,3	2:55:13.561	14:54:17.308	Equipa 4
416	416-D - HÉLIO MARTINS	9	20:40.169	23,2	3:15:53.730	15:14:57.477	Equipa 4
416	416-B - DAVID MARTINS	10	21:59.806	21,8	3:37:53.536	15:36:57.283	Equipa 4
416	416-C - MIGUEL BRITO	11	22:18.199	21,5	4:00:11.735	15:59:15.482	Equipa 4
416	416-A - BRUNO MENDES	12	21:34.058	22,3	4:21:45.793	16:20:49.540	Equipa 4
416	416-D - HÉLIO MARTINS	13	21:01.683	22,8	4:42:47.476	16:41:51.223	Equipa 4
416	416-D - HÉLIO MARTINS	14	20:55.197	22,9	5:03:42.673	17:02:46.420	Equipa 4
416	416-B - DAVID MARTINS	15	22:05.556	21,7	5:25:48.229	17:24:51.976	Equipa 4
416	416-B - DAVID MARTINS	16	23:05.987	20,8	5:48:54.216	17:47:57.963	Equipa 4
416	416-C - MIGUEL BRITO	17	22:02.825	21,8	6:10:57.041	18:10:00.788	Equipa 4
416	416-C - MIGUEL BRITO	18	22:29.593	21,3	6:33:26.634	18:32:30.381	Equipa 4
416	416-A - BRUNO MENDES	19	22:52.473	21	6:56:19.107	18:55:22.854	Equipa 4
416	416-A - BRUNO MENDES	20	23:06.120	20,8	7:19:25.227	19:18:28.974	Equipa 4
416	416-D - HÉLIO MARTINS	21	21:06.501	22,7	7:40:31.728	19:39:35.475	Equipa 4
416	416-D - HÉLIO MARTINS	22	21:35.382	22,2	8:02:07.110	20:01:10.857	Equipa 4
416	416-B - DAVID MARTINS	23	22:17.318	21,5	8:24:24.428	20:23:28.175	Equipa 4
416	416-B - DAVID MARTINS	24	23:09.075	20,7	8:47:33.503	20:46:37.250	Equipa 4
416	416-C - MIGUEL BRITO	25	22:20.542	21,5	9:09:54.045	21:08:57.792	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
416	416-C - MIGUEL BRITO	26	23:16.590	20,6	9:33:10.635	21:32:14.382	Equipa 4
416	416-A - BRUNO MENDES	27	23:41.976	20,3	9:56:52.611	21:55:56.358	Equipa 4
416	416-A - BRUNO MENDES	28	23:38.678	20,3	10:20:31.289	22:19:35.036	Equipa 4
416	416-D - HÉLIO MARTINS	29	22:03.269	21,8	10:42:34.558	22:41:38.305	Equipa 4
416	416-D - HÉLIO MARTINS	30	22:24.635	21,4	11:04:59.193	23:04:02.940	Equipa 4
416	416-B - DAVID MARTINS	31	23:04.928	20,8	11:28:04.121	23:27:07.868	Equipa 4
416	416-C - MIGUEL BRITO	32	23:51.371	20,1	11:51:55.492	23:50:59.239	Equipa 4
416	416-C - MIGUEL BRITO	33	26:39.722	18	12:18:35.214	0:17:38.961	Equipa 4
416	416-A - BRUNO MENDES	34	22:59.858	20,9	12:41:35.072	0:40:38.819	Equipa 4
416	416-D - HÉLIO MARTINS	35	20:55.555	22,9	13:02:30.627	1:01:34.374	Equipa 4
416	416-B - DAVID MARTINS	36	22:33.886	21,3	13:25:04.513	1:24:08.260	Equipa 4
416	416-C - MIGUEL BRITO	37	24:11.657	19,8	13:49:16.170	1:48:19.917	Equipa 4
416	416-A - BRUNO MENDES	38	23:31.991	20,4	14:12:48.161	2:11:51.908	Equipa 4
416	416-D - HÉLIO MARTINS	39	21:47.477	22	14:34:35.638	2:33:39.385	Equipa 4
416	416-B - DAVID MARTINS	40	23:42.153	20,3	14:58:17.791	2:57:21.538	Equipa 4
416	416-B - DAVID MARTINS	41	24:54.563	19,3	15:23:12.354	3:22:16.101	Equipa 4
416	416-C - MIGUEL BRITO	42	24:53.462	19,3	15:48:05.816	3:47:09.563	Equipa 4
416	416-C - MIGUEL BRITO	43	24:51.806	19,3	16:12:57.622	4:12:01.369	Equipa 4
416	416-A - BRUNO MENDES	44	23:32.588	20,4	16:36:30.210	4:35:33.957	Equipa 4
416	416-A - BRUNO MENDES	45	24:08.207	19,9	17:00:38.417	4:59:42.164	Equipa 4
416	416-D - HÉLIO MARTINS	46	22:29.400	21,3	17:23:07.817	5:22:11.564	Equipa 4
416	416-D - HÉLIO MARTINS	47	22:31.545	21,3	17:45:39.362	5:44:43.109	Equipa 4
416	416-B - DAVID MARTINS	48	23:46.521	20,2	18:09:25.883	6:08:29.630	Equipa 4
416	416-B - DAVID MARTINS	49	23:04.299	20,8	18:32:30.182	6:31:33.929	Equipa 4
416	416-C - MIGUEL BRITO	50	23:38.597	20,3	18:56:08.779	6:55:12.526	Equipa 4
416	416-C - MIGUEL BRITO	51	24:22.033	19,7	19:20:30.812	7:19:34.559	Equipa 4
416	416-A - BRUNO MENDES	52	23:59.179	20	19:44:29.991	7:43:33.738	Equipa 4
416	416-D - HÉLIO MARTINS	53	20:52.272	23	20:05:22.263	8:04:26.010	Equipa 4



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
416	416-B - DAVID MARTINS	54	21:47.554	22	20:27:09.817	8:26:13.564	Equipa 4
416	416-C - MIGUEL BRITO	55	21:42.325	22,1	20:48:52.142	8:47:55.889	Equipa 4
416	416-A - BRUNO MENDES	56	23:21.157	20,6	21:12:13.299	9:11:17.046	Equipa 4
416	416-D - HÉLIO MARTINS	57	20:56.705	22,9	21:33:10.004	9:32:13.751	Equipa 4
416	416-B - DAVID MARTINS	58	22:15.272	21,6	21:55:25.276	9:54:29.023	Equipa 4
416	416-C - MIGUEL BRITO	59	23:20.401	20,6	22:18:45.677	10:17:49.424	Equipa 4
416	416-A - BRUNO MENDES	60	22:53.482	21	22:41:39.159	10:40:42.906	Equipa 4
416	416-D - HÉLIO MARTINS	61	21:21.995	22,5	23:03:01.154	11:02:04.901	Equipa 4
416	416-B - DAVID MARTINS	62	23:42.107	20,3	23:26:43.261	11:25:47.008	Equipa 4
416	416-C - MIGUEL BRITO	63	22:30.281	21,3	23:49:13.542	11:48:17.289	Equipa 4
416	416-A - BRUNO MENDES	64	22:33.210	21,3	24:11:46.752	12:10:50.499	Equipa 4
601	601-E - RUI SILVA	1	31:28.171	15,3	31:28.171	12:30:31.918	Equipa 6
601	601-B - JOÃO VALENTE	2	23:29.355	20,4	54:57.526	12:54:01.273	Equipa 6
601	601-A - MÁRCIO CORAGEM	3	23:34.945	20,4	1:18:32.471	13:17:36.218	Equipa 6
601	601-C - RUBEN GAMITO	4	25:55.776	18,5	1:44:28.247	13:43:31.994	Equipa 6
601	601-D - MICAEL LANÇA	5	29:10.819	16,4	2:13:39.066	14:12:42.813	Equipa 6
601	601-F - ALEXANDRE VALENTE	6	27:08.639	17,7	2:40:47.705	14:39:51.452	Equipa 6
601	601-E - RUI SILVA	7	25:28.165	18,8	3:06:15.870	15:05:19.617	Equipa 6
601	601-E - RUI SILVA	8	26:02.435	18,4	3:32:18.305	15:31:22.052	Equipa 6
601	601-B - JOÃO VALENTE	9	23:40.973	20,3	3:55:59.278	15:55:03.025	Equipa 6
601	601-B - JOÃO VALENTE	10	24:04.179	19,9	4:20:03.457	16:19:07.204	Equipa 6
601	601-A - MÁRCIO CORAGEM	11	27:25.016	17,5	4:47:28.473	16:46:32.220	Equipa 6
601	601-A - MÁRCIO CORAGEM	12	23:35.924	20,3	5:11:04.397	17:10:08.144	Equipa 6
601	601-D - MICAEL LANÇA	13	1:09:47.542	6,9	6:20:51.939	18:19:55.686	Equipa 6
601	601-D - MICAEL LANÇA	14	30:55.262	15,5	6:51:47.201	18:50:50.948	Equipa 6
601	601-F - ALEXANDRE VALENTE	15	27:17.764	17,6	7:19:04.965	19:18:08.712	Equipa 6
601	601-F - ALEXANDRE VALENTE	16	27:43.815	17,3	7:46:48.780	19:45:52.527	Equipa 6
601	601-C - RUBEN GAMITO	17	27:04.003	17,7	8:13:52.783	20:12:56.530	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
601	601-C - RUBEN GAMITO	18	26:02.229	18,4	8:39:55.012	20:38:58.759	Equipa 6
601	601-E - RUI SILVA	19	25:04.369	19,1	9:04:59.381	21:04:03.128	Equipa 6
601	601-E - RUI SILVA	20	27:16.479	17,6	9:32:15.860	21:31:19.607	Equipa 6
601	601-B - JOÃO VALENTE	21	24:52.443	19,3	9:57:08.303	21:56:12.050	Equipa 6
601	601-B - JOÃO VALENTE	22	24:52.122	19,3	10:22:00.425	22:21:04.172	Equipa 6
601	601-A - MÁRCIO CORAGEM	23	24:11.050	19,8	10:46:11.475	22:45:15.222	Equipa 6
601	601-A - MÁRCIO CORAGEM	24	24:52.731	19,3	11:11:04.206	23:10:07.953	Equipa 6
601	601-D - MICAEL LANÇA	25	30:36.913	15,7	11:41:41.119	23:40:44.866	Equipa 6
601	601-D - MICAEL LANÇA	26	32:03.841	15	12:13:44.960	0:12:48.707	Equipa 6
601	601-F - ALEXANDRE VALENTE	27	27:59.953	17,1	12:41:44.913	0:40:48.660	Equipa 6
601	601-F - ALEXANDRE VALENTE	28	27:39.341	17,4	13:09:24.254	1:08:28.001	Equipa 6
601	601-C - RUBEN GAMITO	29	26:48.608	17,9	13:36:12.862	1:35:16.609	Equipa 6
601	601-C - RUBEN GAMITO	30	28:17.132	17	14:04:29.994	2:03:33.741	Equipa 6
601	601-E - RUI SILVA	31	26:27.866	18,1	14:30:57.860	2:30:01.607	Equipa 6
601	601-E - RUI SILVA	32	27:30.512	17,4	14:58:28.372	2:57:32.119	Equipa 6
601	601-B - JOÃO VALENTE	33	25:52.453	18,6	15:24:20.825	3:23:24.572	Equipa 6
601	601-B - JOÃO VALENTE	34	24:46.685	19,4	15:49:07.510	3:48:11.257	Equipa 6
601	601-A - MÁRCIO CORAGEM	35	25:59.550	18,5	16:15:07.060	4:14:10.807	Equipa 6
601	601-A - MÁRCIO CORAGEM	36	25:47.619	18,6	16:40:54.679	4:39:58.426	Equipa 6
601	601-D - MICAEL LANÇA	37	31:19.765	15,3	17:12:14.444	5:11:18.191	Equipa 6
601	601-D - MICAEL LANÇA	38	33:55.083	14,2	17:46:09.527	5:45:13.274	Equipa 6
601	601-F - ALEXANDRE VALENTE	39	27:29.987	17,5	18:13:39.514	6:12:43.261	Equipa 6
601	601-F - ALEXANDRE VALENTE	40	28:20.063	16,9	18:41:59.577	6:41:03.324	Equipa 6
601	601-C - RUBEN GAMITO	41	28:16.260	17	19:10:15.837	7:09:19.584	Equipa 6
601	601-C - RUBEN GAMITO	42	28:34.873	16,8	19:38:50.710	7:37:54.457	Equipa 6
601	601-E - RUI SILVA	43	25:29.584	18,8	20:04:20.294	8:03:24.041	Equipa 6
601	601-E - RUI SILVA	44	28:15.396	17	20:32:35.690	8:31:39.437	Equipa 6
601	601-B - JOÃO VALENTE	45	24:37.462	19,5	20:57:13.152	8:56:16.899	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
601	601-B - JOÃO VALENTE	46	24:28.554	19,6	21:21:41.706	9:20:45.453	Equipa 6
601	601-A - MÁRCIO CORAGEM	47	23:57.812	20	21:45:39.518	9:44:43.265	Equipa 6
601	601-A - MÁRCIO CORAGEM	48	24:29.353	19,6	22:10:08.871	10:09:12.618	Equipa 6
601	601-D - MICAEL LANÇA	49	29:49.159	16,1	22:39:58.030	10:39:01.777	Equipa 6
601	601-D - MICAEL LANÇA	50	31:44.066	15,1	23:11:42.096	11:10:45.843	Equipa 6
601	601-F - ALEXANDRE VALENTE	51	25:57.123	18,5	23:37:39.219	11:36:42.966	Equipa 6
601	601-C - RUBEN GAMITO	52	26:26.978	18,1	24:04:06.197	12:03:09.944	Equipa 6
602	602-B - HELENA CONSTANTINO	1	36:18.190	13,2	36:18.190	12:35:21.937	Equipa 6 Fem
602	602-E - ALICE VARA	2	35:01.232	13,7	1:11:19.422	13:10:23.169	Equipa 6 Fem
602	602-A - MARISA CONSTANTINO	3	40:30.865	11,8	1:51:50.287	13:50:54.034	Equipa 6 Fem
602	602-F - MARIA FRAGOSO	4	42:44.316	11,2	2:34:34.603	14:33:38.350	Equipa 6 Fem
602	602-C - BRUNA MORAIS	5	38:26.546	12,5	3:13:01.149	15:12:04.896	Equipa 6 Fem
602	602-B - HELENA CONSTANTINO	6	55:44.284	8,6	4:08:45.433	16:07:49.180	Equipa 6 Fem
602	602-E - ALICE VARA	7	32:53.239	14,6	4:41:38.672	16:40:42.419	Equipa 6 Fem
602	602-A - MARISA CONSTANTINO	8	40:04.357	12	5:21:43.029	17:20:46.776	Equipa 6 Fem
602	602-F - MARIA FRAGOSO	9	44:45.816	10,7	6:06:28.845	18:05:32.592	Equipa 6 Fem
602	602-C - BRUNA MORAIS	10	38:03.281	12,6	6:44:32.126	18:43:35.873	Equipa 6 Fem
602	602-D - TERESA COUTINHO	11	36:34.577	13,1	7:21:06.703	19:20:10.450	Equipa 6 Fem
602	602-B - HELENA CONSTANTINO	12	29:17.423	16,4	7:50:24.126	19:49:27.873	Equipa 6 Fem
602	602-E - ALICE VARA	13	35:00.055	13,7	8:25:24.181	20:24:27.928	Equipa 6 Fem
602	602-C - BRUNA MORAIS	14	56:40.785	8,5	9:22:04.966	21:21:08.713	Equipa 6 Fem
602	602-D - TERESA COUTINHO	15	41:31.507	11,6	10:03:36.473	22:02:40.220	Equipa 6 Fem
602	602-B - HELENA CONSTANTINO	16	39:20.436	12,2	10:42:56.909	22:42:00.656	Equipa 6 Fem
602	602-A - MARISA CONSTANTINO	17	8:08:32.965	1	18:51:29.874	6:50:33.621	Equipa 6 Fem
602	602-D - TERESA COUTINHO	18	1:17:05.165	6,2	20:08:35.039	8:07:38.786	Equipa 6 Fem
602	602-F - MARIA FRAGOSO	19	48:22.556	9,9	20:56:57.595	8:56:01.342	Equipa 6 Fem
602	602-C - BRUNA MORAIS	20	41:20.788	11,6	21:38:18.383	9:37:22.130	Equipa 6 Fem
602	602-E - ALICE VARA	21	35:40.627	13,5	22:13:59.010	10:13:02.757	Equipa 6 Fem



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
602	602-B - HELENA CONSTANTINO	22	30:49.299	15,6	22:44:48.309	10:43:52.056	Equipa 6 Fem
603	603-A - MANUEL CATURRA	1	32:21.867	14,8	32:21.867	12:31:25.614	Equipa 6
603	603-A - MANUEL CATURRA	2	26:32.096	18,1	58:53.963	12:57:57.710	Equipa 6
603	603-B - JOSÉ MATIAS	3	25:17.307	19	1:24:11.270	13:23:15.017	Equipa 6
603	603-B - JOSÉ MATIAS	4	26:06.269	18,4	1:50:17.539	13:49:21.286	Equipa 6
603	603-C - JOSÉ FRAGOSO	5	26:51.795	17,9	2:17:09.334	14:16:13.081	Equipa 6
603	603-C - JOSÉ FRAGOSO	6	29:18.558	16,4	2:46:27.892	14:45:31.639	Equipa 6
603	603-D - JOSÉ BICHO	7	23:58.858	20	3:10:26.750	15:09:30.497	Equipa 6
603	603-D - JOSÉ BICHO	8	24:45.769	19,4	3:35:12.519	15:34:16.266	Equipa 6
603	603-E - VALDEMAR DELICIAS	9	28:27.648	16,9	4:03:40.167	16:02:43.914	Equipa 6
603	603-E - VALDEMAR DELICIAS	10	29:39.568	16,2	4:33:19.735	16:32:23.482	Equipa 6
603	603-F - LUÍS ASSUNÇÃO	11	30:00.868	16	5:03:20.603	17:02:24.350	Equipa 6
603	603-F - LUÍS ASSUNÇÃO	12	28:56.260	16,6	5:32:16.863	17:31:20.610	Equipa 6
603	603-A - MANUEL CATURRA	13	26:07.856	18,4	5:58:24.719	17:57:28.466	Equipa 6
603	603-A - MANUEL CATURRA	14	27:04.258	17,7	6:25:28.977	18:24:32.724	Equipa 6
603	603-B - JOSÉ MATIAS	15	25:15.068	19	6:50:44.045	18:49:47.792	Equipa 6
603	603-B - JOSÉ MATIAS	16	25:37.241	18,7	7:16:21.286	19:15:25.033	Equipa 6
603	603-C - JOSÉ FRAGOSO	17	27:17.399	17,6	7:43:38.685	19:42:42.432	Equipa 6
603	603-C - JOSÉ FRAGOSO	18	28:17.329	17	8:11:56.014	20:10:59.761	Equipa 6
603	603-D - JOSÉ BICHO	19	23:23.872	20,5	8:35:19.886	20:34:23.633	Equipa 6
603	603-D - JOSÉ BICHO	20	24:09.539	19,9	8:59:29.425	20:58:33.172	Equipa 6
603	603-E - VALDEMAR DELICIAS	21	30:10.990	15,9	9:29:40.415	21:28:44.162	Equipa 6
603	603-E - VALDEMAR DELICIAS	22	31:54.123	15	10:01:34.538	22:00:38.285	Equipa 6
603	603-F - LUÍS ASSUNÇÃO	23	30:29.025	15,7	10:32:03.563	22:31:07.310	Equipa 6
603	603-F - LUÍS ASSUNÇÃO	24	30:19.846	15,8	11:02:23.409	23:01:27.156	Equipa 6
603	603-A - MANUEL CATURRA	25	27:45.560	17,3	11:30:08.969	23:29:12.716	Equipa 6
603	603-A - MANUEL CATURRA	26	27:05.049	17,7	11:57:14.018	23:56:17.765	Equipa 6
603	603-B - JOSÉ MATIAS	27	26:59.382	17,8	12:24:13.400	0:23:17.147	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
603	603-B - JOSÉ MATIAS	28	27:22.687	17,5	12:51:36.087	0:50:39.834	Equipa 6
603	603-C - JOSÉ FRAGOSO	29	28:40.312	16,7	13:20:16.399	1:19:20.146	Equipa 6
603	603-D - JOSÉ BICHO	30	30:51.248	15,6	13:51:07.647	1:50:11.394	Equipa 6
603	603-D - JOSÉ BICHO	31	25:59.190	18,5	14:17:06.837	2:16:10.584	Equipa 6
603	603-D - JOSÉ BICHO	32	26:56.843	17,8	14:44:03.680	2:43:07.427	Equipa 6
603	603-E - VALDEMAR DELICIAS	33	33:31.404	14,3	15:17:35.084	3:16:38.831	Equipa 6
603	603-E - VALDEMAR DELICIAS	34	33:24.559	14,4	15:50:59.643	3:50:03.390	Equipa 6
603	603-F - LUÍS ASSUNÇÃO	35	31:37.988	15,2	16:22:37.631	4:21:41.378	Equipa 6
603	603-F - LUÍS ASSUNÇÃO	36	32:21.700	14,8	16:54:59.331	4:54:03.078	Equipa 6
603	603-A - MANUEL CATURRA	37	28:27.291	16,9	17:23:26.622	5:22:30.369	Equipa 6
603	603-A - MANUEL CATURRA	38	27:30.372	17,5	17:50:56.994	5:50:00.741	Equipa 6
603	603-B - JOSÉ MATIAS	39	26:41.155	18	18:17:38.149	6:16:41.896	Equipa 6
603	603-B - JOSÉ MATIAS	40	25:52.284	18,6	18:43:30.433	6:42:34.180	Equipa 6
603	603-C - JOSÉ FRAGOSO	41	28:26.746	16,9	19:11:57.179	7:11:00.926	Equipa 6
603	603-C - JOSÉ FRAGOSO	42	29:34.210	16,2	19:41:31.389	7:40:35.136	Equipa 6
603	603-D - JOSÉ BICHO	43	25:57.742	18,5	20:07:29.131	8:06:32.878	Equipa 6
603	603-D - JOSÉ BICHO	44	25:22.940	18,9	20:32:52.071	8:31:55.818	Equipa 6
603	603-E - VALDEMAR DELICIAS	45	33:17.635	14,4	21:06:09.706	9:05:13.453	Equipa 6
603	603-E - VALDEMAR DELICIAS	46	29:58.110	16	21:36:07.816	9:35:11.563	Equipa 6
603	603-F - LUÍS ASSUNÇÃO	47	30:58.592	15,5	22:07:06.408	10:06:10.155	Equipa 6
603	603-F - LUÍS ASSUNÇÃO	48	32:34.411	14,7	22:39:40.819	10:38:44.566	Equipa 6
604	604-A - TELMO SILVA	1	35:12.420	13,6	35:12.420	12:34:16.167	Equipa 6
604	604-B - LUIS SALVADOR	2	24:37.727	19,5	59:50.147	12:58:53.894	Equipa 6
604	604-C - JOÃO COELHO	3	24:23.918	19,7	1:24:14.065	13:23:17.812	Equipa 6
604	604-D - PEDRO TEIXEIRA	4	24:03.949	19,9	1:48:18.014	13:47:21.761	Equipa 6
604	604-E - VASCO FERNANDES	5	24:08.189	19,9	2:12:26.203	14:11:29.950	Equipa 6
604	604-F - RUI MARTINS	6	25:11.426	19,1	2:37:37.629	14:36:41.376	Equipa 6
604	604-A - TELMO SILVA	7	28:10.578	17	3:05:48.207	15:04:51.954	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
604	604-B - LUIS SALVADOR	8	24:22.799	19,7	3:30:11.006	15:29:14.753	Equipa 6
604	604-C - JOÃO COELHO	9	24:09.821	19,9	3:54:20.827	15:53:24.574	Equipa 6
604	604-D - PEDRO TEIXEIRA	10	35:32.273	13,5	4:29:53.100	16:28:56.847	Equipa 6
604	604-E - VASCO FERNANDES	11	23:49.156	20,2	4:53:42.256	16:52:46.003	Equipa 6
604	604-F - RUI MARTINS	12	24:17.387	19,8	5:17:59.643	17:17:03.390	Equipa 6
604	604-A - TELMO SILVA	13	27:24.812	17,5	5:45:24.455	17:44:28.202	Equipa 6
604	604-B - LUIS SALVADOR	14	25:46.955	18,6	6:11:11.410	18:10:15.157	Equipa 6
604	604-C - JOÃO COELHO	15	24:28.176	19,6	6:35:39.586	18:34:43.333	Equipa 6
604	604-D - PEDRO TEIXEIRA	16	24:11.664	19,8	6:59:51.250	18:58:54.997	Equipa 6
604	604-E - VASCO FERNANDES	17	24:09.094	19,9	7:24:00.344	19:23:04.091	Equipa 6
604	604-F - RUI MARTINS	18	25:03.135	19,2	7:49:03.479	19:48:07.226	Equipa 6
604	604-A - TELMO SILVA	19	27:55.930	17,2	8:16:59.409	20:16:03.156	Equipa 6
604	604-B - LUIS SALVADOR	20	25:41.775	18,7	8:42:41.184	20:41:44.931	Equipa 6
604	604-B - LUIS SALVADOR	21	55:13.600	8,7	9:37:54.784	21:36:58.531	Equipa 6
604	604-C - JOÃO COELHO	22	27:34.088	17,4	10:05:28.872	22:04:32.619	Equipa 6
604	604-C - JOÃO COELHO	23	27:25.152	17,5	10:32:54.024	22:31:57.771	Equipa 6
604	604-D - PEDRO TEIXEIRA	24	24:46.276	19,4	10:57:40.300	22:56:44.047	Equipa 6
604	604-D - PEDRO TEIXEIRA	25	25:10.495	19,1	11:22:50.795	23:21:54.542	Equipa 6
604	604-E - VASCO FERNANDES	26	27:00.879	17,8	11:49:51.674	23:48:55.421	Equipa 6
604	604-E - VASCO FERNANDES	27	27:20.272	17,6	12:17:11.946	0:16:15.693	Equipa 6
604	604-F - RUI MARTINS	28	25:58.018	18,5	12:43:09.964	0:42:13.711	Equipa 6
604	604-F - RUI MARTINS	29	26:48.486	17,9	13:09:58.450	1:09:02.197	Equipa 6
604	604-B - LUIS SALVADOR	30	29:07.640	16,5	13:39:06.090	1:38:09.837	Equipa 6
604	604-B - LUIS SALVADOR	31	27:22.614	17,5	14:06:28.704	2:05:32.451	Equipa 6
604	604-C - JOÃO COELHO	32	29:50.246	16,1	14:36:18.950	2:35:22.697	Equipa 6
604	604-D - PEDRO TEIXEIRA	33	25:35.165	18,8	15:01:54.115	3:00:57.862	Equipa 6
604	604-D - PEDRO TEIXEIRA	34	26:00.403	18,5	15:27:54.518	3:26:58.265	Equipa 6
604	604-C - JOÃO COELHO	35	28:07.687	17,1	15:56:02.205	3:55:05.952	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
604	604-C - JOÃO COELHO	36	32:00.598	15	16:28:02.803	4:27:06.550	Equipa 6
604	604-E - VASCO FERNANDES	37	26:10.759	18,3	16:54:13.562	4:53:17.309	Equipa 6
604	604-E - VASCO FERNANDES	38	26:27.822	18,1	17:20:41.384	5:19:45.131	Equipa 6
604	604-F - RUI MARTINS	39	25:29.785	18,8	17:46:11.169	5:45:14.916	Equipa 6
604	604-F - RUI MARTINS	40	25:44.084	18,7	18:11:55.253	6:10:59.000	Equipa 6
604	604-B - LUIS SALVADOR	41	29:41.660	16,2	18:41:36.913	6:40:40.660	Equipa 6
604	604-B - LUIS SALVADOR	42	26:37.240	18	19:08:14.153	7:07:17.900	Equipa 6
604	604-D - PEDRO TEIXEIRA	43	25:11.392	19,1	19:33:25.545	7:32:29.292	Equipa 6
604	604-D - PEDRO TEIXEIRA	44	26:03.460	18,4	19:59:29.005	7:58:32.752	Equipa 6
604	604-C - JOÃO COELHO	45	26:31.368	18,1	20:26:00.373	8:25:04.120	Equipa 6
604	604-E - VASCO FERNANDES	46	25:19.771	19	20:51:20.144	8:50:23.891	Equipa 6
604	604-F - RUI MARTINS	47	25:10.545	19,1	21:16:30.689	9:15:34.436	Equipa 6
604	604-B - LUIS SALVADOR	48	26:31.568	18,1	21:43:02.257	9:42:06.004	Equipa 6
604	604-B - LUIS SALVADOR	49	27:33.938	17,4	22:10:36.195	10:09:39.942	Equipa 6
604	604-C - JOÃO COELHO	50	26:35.255	18,1	22:37:11.450	10:36:15.197	Equipa 6
604	604-D - PEDRO TEIXEIRA	51	24:42.764	19,4	23:01:54.214	11:00:57.961	Equipa 6
604	604-E - VASCO FERNANDES	52	25:39.464	18,7	23:27:33.678	11:26:37.425	Equipa 6
604	604-B - LUIS SALVADOR	53	26:39.788	18	23:54:13.466	11:53:17.213	Equipa 6
604	604-B - LUIS SALVADOR	54	29:26.032	16,3	24:23:39.498	12:22:43.245	Equipa 6
605	605-E - NUNO SIMÃO	1	26:47.655	17,9	26:47.655	12:25:51.402	Equipa 6
605	605-E - NUNO SIMÃO	2	21:44.432	22,1	48:32.087	12:47:35.834	Equipa 6
605	605-C - PAULO PAIVA	3	22:15.983	21,6	1:10:48.070	13:09:51.817	Equipa 6
605	605-A - HORACIO JESUS	4	25:59.721	18,5	1:36:47.791	13:35:51.538	Equipa 6
605	605-A - HORACIO JESUS	5	25:38.771	18,7	2:02:26.562	14:01:30.309	Equipa 6
605	605-C - PAULO PAIVA	6	22:47.654	21,1	2:25:14.216	14:24:17.963	Equipa 6
605	605-B - MÁRIO FERNANDES	7	23:21.647	20,5	2:48:35.863	14:47:39.610	Equipa 6
605	605-B - MÁRIO FERNANDES	8	23:32.636	20,4	3:12:08.499	15:11:12.246	Equipa 6
605	605-D - SANDRO SARAIVA	9	23:03.692	20,8	3:35:12.191	15:34:15.938	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
605	605-D - SANDRO SARAIVA	10	22:38.194	21,2	3:57:50.385	15:56:54.132	Equipa 6
605	605-F - NUNO CAVACO	11	24:06.014	19,9	4:21:56.399	16:21:00.146	Equipa 6
605	605-F - NUNO CAVACO	12	24:13.846	19,8	4:46:10.245	16:45:13.992	Equipa 6
605	605-E - NUNO SIMÃO	13	21:17.160	22,6	5:07:27.405	17:06:31.152	Equipa 6
605	605-E - NUNO SIMÃO	14	21:19.928	22,5	5:28:47.333	17:27:51.080	Equipa 6
605	605-C - PAULO PAIVA	15	22:29.991	21,3	5:51:17.324	17:50:21.071	Equipa 6
605	605-C - PAULO PAIVA	16	23:46.460	20,2	6:15:03.784	18:14:07.531	Equipa 6
605	605-A - HORACIO JESUS	17	25:23.002	18,9	6:40:26.786	18:39:30.533	Equipa 6
605	605-A - HORACIO JESUS	18	25:40.442	18,7	7:06:07.228	19:05:10.975	Equipa 6
605	605-B - MÁRIO FERNANDES	19	23:26.126	20,5	7:29:33.354	19:28:37.101	Equipa 6
605	605-B - MÁRIO FERNANDES	20	23:58.370	20	7:53:31.724	19:52:35.471	Equipa 6
605	605-D - SANDRO SARAIVA	21	32:48.279	14,6	8:26:20.003	20:25:23.750	Equipa 6
605	605-F - NUNO CAVACO	22	23:40.726	20,3	8:50:00.729	20:49:04.476	Equipa 6
605	605-F - NUNO CAVACO	23	23:43.847	20,2	9:13:44.576	21:12:48.323	Equipa 6
605	605-E - NUNO SIMÃO	24	22:00.910	21,8	9:35:45.486	21:34:49.233	Equipa 6
605	605-E - NUNO SIMÃO	25	22:25.898	21,4	9:58:11.384	21:57:15.131	Equipa 6
605	605-C - PAULO PAIVA	26	24:05.723	19,9	10:22:17.107	22:21:20.854	Equipa 6
605	605-C - PAULO PAIVA	27	24:35.612	19,5	10:46:52.719	22:45:56.466	Equipa 6
605	605-A - HORACIO JESUS	28	27:19.388	17,6	11:14:12.107	23:13:15.854	Equipa 6
605	605-A - HORACIO JESUS	29	27:18.171	17,6	11:41:30.278	23:40:34.025	Equipa 6
605	605-B - MÁRIO FERNANDES	30	24:51.334	19,3	12:06:21.612	0:05:25.359	Equipa 6
605	605-B - MÁRIO FERNANDES	31	24:41.749	19,4	12:31:03.361	0:30:07.108	Equipa 6
605	605-D - SANDRO SARAIVA	32	23:31.172	20,4	12:54:34.533	0:53:38.280	Equipa 6
605	605-D - SANDRO SARAIVA	33	23:30.082	20,4	13:18:04.615	1:17:08.362	Equipa 6
605	605-F - NUNO CAVACO	34	24:42.648	19,4	13:42:47.263	1:41:51.010	Equipa 6
605	605-F - NUNO CAVACO	35	25:45.710	18,6	14:08:32.973	2:07:36.720	Equipa 6
605	605-E - NUNO SIMÃO	36	22:25.995	21,4	14:30:58.968	2:30:02.715	Equipa 6
605	605-E - NUNO SIMÃO	37	22:39.886	21,2	14:53:38.854	2:52:42.601	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
605	605-C - PAULO PAIVA	38	24:00.751	20	15:17:39.605	3:16:43.352	Equipa 6
605	605-C - PAULO PAIVA	39	23:53.543	20,1	15:41:33.148	3:40:36.895	Equipa 6
605	605-A - HORACIO JESUS	40	26:29.043	18,1	16:08:02.191	4:07:05.938	Equipa 6
605	605-A - HORACIO JESUS	41	27:04.897	17,7	16:35:07.088	4:34:10.835	Equipa 6
605	605-B - MÁRIO FERNANDES	42	24:36.070	19,5	16:59:43.158	4:58:46.905	Equipa 6
605	605-B - MÁRIO FERNANDES	43	25:03.687	19,2	17:24:46.845	5:23:50.592	Equipa 6
605	605-D - SANDRO SARAIVA	44	22:40.041	21,2	17:47:26.886	5:46:30.633	Equipa 6
605	605-D - SANDRO SARAIVA	45	23:40.260	20,3	18:11:07.146	6:10:10.893	Equipa 6
605	605-F - NUNO CAVACO	46	24:20.110	19,7	18:35:27.256	6:34:31.003	Equipa 6
605	605-F - NUNO CAVACO	47	24:56.482	19,2	19:00:23.738	6:59:27.485	Equipa 6
605	605-E - NUNO SIMÃO	48	21:56.024	21,9	19:22:19.762	7:21:23.509	Equipa 6
605	605-E - NUNO SIMÃO	49	22:15.797	21,6	19:44:35.559	7:43:39.306	Equipa 6
605	605-C - PAULO PAIVA	50	23:04.508	20,8	20:07:40.067	8:06:43.814	Equipa 6
605	605-C - PAULO PAIVA	51	23:44.995	20,2	20:31:25.062	8:30:28.809	Equipa 6
605	605-A - HORACIO JESUS	52	26:55.380	17,8	20:58:20.442	8:57:24.189	Equipa 6
605	605-A - HORACIO JESUS	53	27:04.859	17,7	21:25:25.301	9:24:29.048	Equipa 6
605	605-B - MÁRIO FERNANDES	54	24:05.249	19,9	21:49:30.550	9:48:34.297	Equipa 6
605	605-B - MÁRIO FERNANDES	55	23:22.769	20,5	22:12:53.319	10:11:57.066	Equipa 6
605	605-D - SANDRO SARAIVA	56	22:09.229	21,7	22:35:02.548	10:34:06.295	Equipa 6
605	605-D - SANDRO SARAIVA	57	39:52.226	12	23:14:54.774	11:13:58.521	Equipa 6
605	605-F - NUNO CAVACO	58	24:44.196	19,4	23:39:38.970	11:38:42.717	Equipa 6
605	605-F - NUNO CAVACO	59	26:24.174	18,2	24:06:03.144	12:05:06.891	Equipa 6
606	606-B - MARCOS BARBOSA	1	24:43.741	19,4	24:43.741	12:23:47.488	Equipa 6
606	606-D - NELSON GARCIA	2	20:16.736	23,7	45:00.477	12:44:04.224	Equipa 6
606	606-F - VALTER MATEUS	3	22:04.754	21,7	1:07:05.231	13:06:08.978	Equipa 6
606	606-E - JORGE MARREIROS	4	21:53.042	21,9	1:28:58.273	13:28:02.020	Equipa 6
606	606-C - NUNO ROCHA	5	21:38.269	22,2	1:50:36.542	13:49:40.289	Equipa 6
606	606-A - ALVARO SOARES	6	24:03.669	19,9	2:14:40.211	14:13:43.958	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
606	606-B - MARCOS BARBOSA	7	20:05.421	23,9	2:34:45.632	14:33:49.379	Equipa 6
606	606-D - NELSON GARCIA	8	21:16.665	22,6	2:56:02.297	14:55:06.044	Equipa 6
606	606-F - VALTER MATEUS	9	21:57.495	21,9	3:17:59.792	15:17:03.539	Equipa 6
606	606-E - JORGE MARREIROS	10	22:19.692	21,5	3:40:19.484	15:39:23.231	Equipa 6
606	606-C - NUNO ROCHA	11	20:38.446	23,3	4:00:57.930	16:00:01.677	Equipa 6
606	606-A - ALVARO SOARES	12	23:30.603	20,4	4:24:28.533	16:23:32.280	Equipa 6
606	606-B - MARCOS BARBOSA	13	20:00.211	24	4:44:28.744	16:43:32.491	Equipa 6
606	606-D - NELSON GARCIA	14	20:45.123	23,1	5:05:13.867	17:04:17.614	Equipa 6
606	606-F - VALTER MATEUS	15	21:45.718	22,1	5:26:59.585	17:26:03.332	Equipa 6
606	606-E - JORGE MARREIROS	16	22:05.977	21,7	5:49:05.562	17:48:09.309	Equipa 6
606	606-C - NUNO ROCHA	17	21:16.384	22,6	6:10:21.946	18:09:25.693	Equipa 6
606	606-A - ALVARO SOARES	18	24:15.435	19,8	6:34:37.381	18:33:41.128	Equipa 6
606	606-B - MARCOS BARBOSA	19	21:07.387	22,7	6:55:44.768	18:54:48.515	Equipa 6
606	606-D - NELSON GARCIA	20	21:36.815	22,2	7:17:21.583	19:16:25.330	Equipa 6
606	606-F - VALTER MATEUS	21	22:18.065	21,5	7:39:39.648	19:38:43.395	Equipa 6
606	606-E - JORGE MARREIROS	22	22:39.542	21,2	8:02:19.190	20:01:22.937	Equipa 6
606	606-C - NUNO ROCHA	23	22:05.610	21,7	8:24:24.800	20:23:28.547	Equipa 6
606	606-A - ALVARO SOARES	24	23:49.847	20,1	8:48:14.647	20:47:18.394	Equipa 6
606	606-B - MARCOS BARBOSA	25	21:08.736	22,7	9:09:23.383	21:08:27.130	Equipa 6
606	606-D - NELSON GARCIA	26	21:55.139	21,9	9:31:18.522	21:30:22.269	Equipa 6
606	606-F - VALTER MATEUS	27	22:20.433	21,5	9:53:38.955	21:52:42.702	Equipa 6
606	606-E - JORGE MARREIROS	28	23:37.825	20,3	10:17:16.780	22:16:20.527	Equipa 6
606	606-C - NUNO ROCHA	29	22:38.724	21,2	10:39:55.504	22:38:59.251	Equipa 6
606	606-A - ALVARO SOARES	30	25:55.738	18,5	11:05:51.242	23:04:54.989	Equipa 6
606	606-B - MARCOS BARBOSA	31	22:58.537	20,9	11:28:49.779	23:27:53.526	Equipa 6
606	606-D - NELSON GARCIA	32	22:00.001	21,8	11:50:49.780	23:49:53.527	Equipa 6
606	606-F - VALTER MATEUS	33	24:18.211	19,8	12:15:07.991	0:14:11.738	Equipa 6
606	606-E - JORGE MARREIROS	34	23:57.300	20	12:39:05.291	0:38:09.038	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
606	606-C - NUNO ROCHA	35	23:25.130	20,5	13:02:30.421	1:01:34.168	Equipa 6
606	606-C - NUNO ROCHA	36	23:24.287	20,5	13:25:54.708	1:24:58.455	Equipa 6
606	606-A - ALVARO SOARES	37	26:50.728	17,9	13:52:45.436	1:51:49.183	Equipa 6
606	606-A - ALVARO SOARES	38	28:15.919	17	14:21:01.355	2:20:05.102	Equipa 6
606	606-B - MARCOS BARBOSA	39	23:26.467	20,5	14:44:27.822	2:43:31.569	Equipa 6
606	606-B - MARCOS BARBOSA	40	22:02.991	21,8	15:06:30.813	3:05:34.560	Equipa 6
606	606-D - NELSON GARCIA	41	22:41.257	21,2	15:29:12.070	3:28:15.817	Equipa 6
606	606-D - NELSON GARCIA	42	22:04.663	21,7	15:51:16.733	3:50:20.480	Equipa 6
606	606-F - VALTER MATEUS	43	27:40.393	17,3	16:18:57.126	4:18:00.873	Equipa 6
606	606-F - VALTER MATEUS	44	32:10.506	14,9	16:51:07.632	4:50:11.379	Equipa 6
606	606-E - JORGE MARREIROS	45	24:15.956	19,8	17:15:23.588	5:14:27.335	Equipa 6
606	606-E - JORGE MARREIROS	46	24:00.574	20	17:39:24.162	5:38:27.909	Equipa 6
606	606-C - NUNO ROCHA	47	23:19.989	20,6	18:02:44.151	6:01:47.898	Equipa 6
606	606-A - ALVARO SOARES	48	25:29.217	18,8	18:28:13.368	6:27:17.115	Equipa 6
606	606-B - MARCOS BARBOSA	49	21:43.890	22,1	18:49:57.258	6:49:01.005	Equipa 6
606	606-D - NELSON GARCIA	50	22:01.764	21,8	19:11:59.022	7:11:02.769	Equipa 6
606	606-F - VALTER MATEUS	51	24:47.584	19,4	19:36:46.606	7:35:50.353	Equipa 6
606	606-E - JORGE MARREIROS	52	23:18.817	20,6	20:00:05.423	7:59:09.170	Equipa 6
606	606-C - NUNO ROCHA	53	22:24.300	21,4	20:22:29.723	8:21:33.470	Equipa 6
606	606-A - ALVARO SOARES	54	24:30.536	19,6	20:47:00.259	8:46:04.006	Equipa 6
606	606-B - MARCOS BARBOSA	55	21:02.645	22,8	21:08:02.904	9:07:06.651	Equipa 6
606	606-D - NELSON GARCIA	56	21:53.166	21,9	21:29:56.070	9:28:59.817	Equipa 6
606	606-F - VALTER MATEUS	57	25:31.090	18,8	21:55:27.160	9:54:30.907	Equipa 6
606	606-F - VALTER MATEUS	58	23:36.988	20,3	22:19:04.148	10:18:07.895	Equipa 6
606	606-E - JORGE MARREIROS	59	23:28.905	20,4	22:42:33.053	10:41:36.800	Equipa 6
606	606-C - NUNO ROCHA	60	23:04.395	20,8	23:05:37.448	11:04:41.195	Equipa 6
606	606-B - MARCOS BARBOSA	61	21:04.943	22,8	23:26:42.391	11:25:46.138	Equipa 6
606	606-D - NELSON GARCIA	62	20:58.087	22,9	23:47:40.478	11:46:44.225	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
606	606-A - ALVARO SOARES	63	25:46.766	18,6	24:13:27.244	12:12:30.991	Equipa 6
607	607-F - PEDRO LOPES	1	33:11.467	14,5	33:11.467	12:32:15.214	Equipa 6
607	607-F - PEDRO LOPES	2	26:03.727	18,4	59:15.194	12:58:18.941	Equipa 6
607	607-B - NUNO SOUSA	3	29:55.047	16	1:29:10.241	13:28:13.988	Equipa 6
607	607-B - NUNO SOUSA	4	31:09.635	15,4	2:00:19.876	13:59:23.623	Equipa 6
607	607-C - ANTONIO BRAVO	5	29:04.496	16,5	2:29:24.372	14:28:28.119	Equipa 6
607	607-C - ANTONIO BRAVO	6	29:36.724	16,2	2:59:01.096	14:58:04.843	Equipa 6
607	607-D - JOSE GONCALVES	7	31:04.684	15,4	3:30:05.780	15:29:09.527	Equipa 6
607	607-D - JOSE GONCALVES	8	30:31.097	15,7	4:00:36.877	15:59:40.624	Equipa 6
607	607-A - ADELINO SOARES	9	25:57.443	18,5	4:26:34.320	16:25:38.067	Equipa 6
607	607-A - ADELINO SOARES	10	26:03.720	18,4	4:52:38.040	16:51:41.787	Equipa 6
607	607-E - PAULO BARATA	11	27:15.599	17,6	5:19:53.639	17:18:57.386	Equipa 6
607	607-E - PAULO BARATA	12	29:40.106	16,2	5:49:33.745	17:48:37.492	Equipa 6
607	607-F - PEDRO LOPES	13	25:33.649	18,8	6:15:07.394	18:14:11.141	Equipa 6
607	607-F - PEDRO LOPES	14	27:39.140	17,4	6:42:46.534	18:41:50.281	Equipa 6
607	607-B - NUNO SOUSA	15	30:29.019	15,7	7:13:15.553	19:12:19.300	Equipa 6
607	607-B - NUNO SOUSA	16	32:05.646	15	7:45:21.199	19:44:24.946	Equipa 6
607	607-C - ANTONIO BRAVO	17	37:36.823	12,8	8:22:58.022	20:22:01.769	Equipa 6
607	607-C - ANTONIO BRAVO	18	29:27.278	16,3	8:52:25.300	20:51:29.047	Equipa 6
607	607-D - JOSE GONCALVES	19	30:46.828	15,6	9:23:12.128	21:22:15.875	Equipa 6
607	607-D - JOSE GONCALVES	20	31:15.594	15,4	9:54:27.722	21:53:31.469	Equipa 6
607	607-A - ADELINO SOARES	21	26:51.328	17,9	10:21:19.050	22:20:22.797	Equipa 6
607	607-A - ADELINO SOARES	22	27:27.376	17,5	10:48:46.426	22:47:50.173	Equipa 6
607	607-E - PAULO BARATA	23	29:22.594	16,3	11:18:09.020	23:17:12.767	Equipa 6
607	607-E - PAULO BARATA	24	28:07.154	17,1	11:46:16.174	23:45:19.921	Equipa 6
607	607-F - PEDRO LOPES	25	28:12.783	17	12:14:28.957	0:13:32.704	Equipa 6
607	607-F - PEDRO LOPES	26	27:02.288	17,8	12:41:31.245	0:40:34.992	Equipa 6
607	607-B - NUNO SOUSA	27	32:40.382	14,7	13:14:11.627	1:13:15.374	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
607	607-B - NUNO SOUSA	28	33:37.228	14,3	13:47:48.855	1:46:52.602	Equipa 6
607	607-C - ANTONIO BRAVO	29	31:42.901	15,1	14:19:31.756	2:18:35.503	Equipa 6
607	607-C - ANTONIO BRAVO	30	32:08.512	14,9	14:51:40.268	2:50:44.015	Equipa 6
607	607-D - JOSE GONCALVES	31	34:04.705	14,1	15:25:44.973	3:24:48.720	Equipa 6
607	607-D - JOSE GONCALVES	32	33:22.566	14,4	15:59:07.539	3:58:11.286	Equipa 6
607	607-A - ADELINO SOARES	33	27:29.432	17,5	16:26:36.971	4:25:40.718	Equipa 6
607	607-A - ADELINO SOARES	34	27:18.224	17,6	16:53:55.195	4:52:58.942	Equipa 6
607	607-E - PAULO BARATA	35	29:26.331	16,3	17:23:21.526	5:22:25.273	Equipa 6
607	607-E - PAULO BARATA	36	29:23.744	16,3	17:52:45.270	5:51:49.017	Equipa 6
607	607-F - PEDRO LOPES	37	27:21.453	17,5	18:20:06.723	6:19:10.470	Equipa 6
607	607-F - PEDRO LOPES	38	26:55.892	17,8	18:47:02.615	6:46:06.362	Equipa 6
607	607-B - NUNO SOUSA	39	34:58.530	13,7	19:22:01.145	7:21:04.892	Equipa 6
607	607-B - NUNO SOUSA	40	35:26.463	13,5	19:57:27.608	7:56:31.355	Equipa 6
607	607-C - ANTONIO BRAVO	41	31:22.854	15,3	20:28:50.462	8:27:54.209	Equipa 6
607	607-C - ANTONIO BRAVO	42	31:46.377	15,1	21:00:36.839	8:59:40.586	Equipa 6
607	607-D - JOSE GONCALVES	43	31:11.413	15,4	21:31:48.252	9:30:51.999	Equipa 6
607	607-D - JOSE GONCALVES	44	32:06.572	14,9	22:03:54.824	10:02:58.571	Equipa 6
607	607-A - ADELINO SOARES	45	27:03.548	17,7	22:30:58.372	10:30:02.119	Equipa 6
607	607-A - ADELINO SOARES	46	27:04.622	17,7	22:58:02.994	10:57:06.741	Equipa 6
607	607-E - PAULO BARATA	47	28:19.966	16,9	23:26:22.960	11:25:26.707	Equipa 6
607	607-E - PAULO BARATA	48	28:26.133	16,9	23:54:49.093	11:53:52.840	Equipa 6
608	608-C - DAVID CORREIA	1	31:26.615	15,3	31:26.615	12:30:30.362	Equipa 6
608	608-B - CARLOS CARVALHO	2	24:15.642	19,8	55:42.257	12:54:46.004	Equipa 6
608	608-A - JOAO CORREIA	3	27:54.739	17,2	1:23:36.996	13:22:40.743	Equipa 6
608	608-D - BRUNO ENCARNACAO	4	28:08.443	17,1	1:51:45.439	13:50:49.186	Equipa 6
608	608-F - CARLOS CARVALHO	5	26:00.938	18,5	2:17:46.377	14:16:50.124	Equipa 6
608	608-E - RICARDO SILVA	6	27:31.861	17,4	2:45:18.238	14:44:21.985	Equipa 6
608	608-C - DAVID CORREIA	7	25:05.369	19,1	3:10:23.607	15:09:27.354	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
608	608-B - CARLOS CARVALHO	8	24:12.655	19,8	3:34:36.262	15:33:40.009	Equipa 6
608	608-A - JOAO CORREIA	9	27:51.132	17,2	4:02:27.394	16:01:31.141	Equipa 6
608	608-D - BRUNO ENCARNACAO	10	28:22.865	16,9	4:30:50.259	16:29:54.006	Equipa 6
608	608-F - CARLOS CARVALHO	11	26:12.819	18,3	4:57:03.078	16:56:06.825	Equipa 6
608	608-E - RICARDO SILVA	12	39:31.058	12,1	5:36:34.136	17:35:37.883	Equipa 6
608	608-C - DAVID CORREIA	13	25:41.896	18,7	6:02:16.032	18:01:19.779	Equipa 6
608	608-C - DAVID CORREIA	14	26:02.665	18,4	6:28:18.697	18:27:22.444	Equipa 6
608	608-B - CARLOS CARVALHO	15	25:47.790	18,6	6:54:06.487	18:53:10.234	Equipa 6
608	608-B - CARLOS CARVALHO	16	26:27.133	18,1	7:20:33.620	19:19:37.367	Equipa 6
608	608-A - JOAO CORREIA	17	28:29.531	16,8	7:49:03.151	19:48:06.898	Equipa 6
608	608-A - JOAO CORREIA	18	29:47.337	16,1	8:18:50.488	20:17:54.235	Equipa 6
608	608-D - BRUNO ENCARNACAO	19	29:23.617	16,3	8:48:14.105	20:47:17.852	Equipa 6
608	608-D - BRUNO ENCARNACAO	20	29:09.059	16,5	9:17:23.164	21:16:26.911	Equipa 6
608	608-F - CARLOS CARVALHO	21	28:55.741	16,6	9:46:18.905	21:45:22.652	Equipa 6
608	608-F - CARLOS CARVALHO	22	28:18.629	17	10:14:37.534	22:13:41.281	Equipa 6
608	608-E - RICARDO SILVA	23	30:48.557	15,6	10:45:26.091	22:44:29.838	Equipa 6
608	608-E - RICARDO SILVA	24	31:21.645	15,3	11:16:47.736	23:15:51.483	Equipa 6
608	608-C - DAVID CORREIA	25	27:36.004	17,4	11:44:23.740	23:43:27.487	Equipa 6
608	608-C - DAVID CORREIA	26	27:50.407	17,2	12:12:14.147	0:11:17.894	Equipa 6
608	608-B - CARLOS CARVALHO	27	28:41.070	16,7	12:40:55.217	0:39:58.964	Equipa 6
608	608-B - CARLOS CARVALHO	28	27:52.405	17,2	13:08:47.622	1:07:51.369	Equipa 6
608	608-A - JOAO CORREIA	29	32:05.731	15	13:40:53.353	1:39:57.100	Equipa 6
608	608-A - JOAO CORREIA	30	31:09.574	15,4	14:12:02.927	2:11:06.674	Equipa 6
608	608-D - BRUNO ENCARNACAO	31	33:05.364	14,5	14:45:08.291	2:44:12.038	Equipa 6
608	608-D - BRUNO ENCARNACAO	32	34:49.706	13,8	15:19:57.997	3:19:01.744	Equipa 6
608	608-F - CARLOS CARVALHO	33	28:23.635	16,9	15:48:21.632	3:47:25.379	Equipa 6
608	608-F - CARLOS CARVALHO	34	29:53.339	16,1	16:18:14.971	4:17:18.718	Equipa 6
608	608-C - DAVID CORREIA	35	27:57.607	17,2	16:46:12.578	4:45:16.325	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
608	608-C - DAVID CORREIA	36	28:12.061	17	17:14:24.639	5:13:28.386	Equipa 6
608	608-B - CARLOS CARVALHO	37	29:14.586	16,4	17:43:39.225	5:42:42.972	Equipa 6
608	608-B - CARLOS CARVALHO	38	28:59.614	16,6	18:12:38.839	6:11:42.586	Equipa 6
608	608-A - JOAO CORREIA	39	32:58.853	14,6	18:45:37.692	6:44:41.439	Equipa 6
608	608-A - JOAO CORREIA	40	31:47.974	15,1	19:17:25.666	7:16:29.413	Equipa 6
608	608-D - BRUNO ENCARNACAO	41	31:12.654	15,4	19:48:38.320	7:47:42.067	Equipa 6
608	608-D - BRUNO ENCARNACAO	42	31:23.611	15,3	20:20:01.931	8:19:05.678	Equipa 6
608	608-F - CARLOS CARVALHO	43	27:35.393	17,4	20:47:37.324	8:46:41.071	Equipa 6
608	608-F - CARLOS CARVALHO	44	27:53.184	17,2	21:15:30.508	9:14:34.255	Equipa 6
608	608-C - DAVID CORREIA	45	24:32.105	19,6	21:40:02.613	9:39:06.360	Equipa 6
608	608-B - CARLOS CARVALHO	46	27:44.569	17,3	22:07:47.182	10:06:50.929	Equipa 6
608	608-B - CARLOS CARVALHO	47	26:37.567	18	22:34:24.749	10:33:28.496	Equipa 6
608	608-A - JOAO CORREIA	48	27:09.840	17,7	23:01:34.589	11:00:38.336	Equipa 6
608	608-A - JOAO CORREIA	49	34:43.523	13,8	23:36:18.112	11:35:21.859	Equipa 6
608	608-D - BRUNO ENCARNACAO	50	34:50.685	13,8	24:11:08.797	12:10:12.544	Equipa 6
609	609-A - NUNO NACHO	1	26:14.259	18,3	26:14.259	12:25:18.006	Equipa 6
609	609-A - NUNO NACHO	2	21:53.519	21,9	48:07.778	12:47:11.525	Equipa 6
609	609-B - HELDER CIPRIANO	3	23:31.511	20,4	1:11:39.289	13:10:43.036	Equipa 6
609	609-B - HELDER CIPRIANO	4	25:48.099	18,6	1:37:27.388	13:36:31.135	Equipa 6
609	609-C - MARCO CANELAS	5	24:45.643	19,4	2:02:13.031	14:01:16.778	Equipa 6
609	609-C - MARCO CANELAS	6	25:31.127	18,8	2:27:44.158	14:26:47.905	Equipa 6
609	609-D - DAVIDE AGOSTINHO	7	23:29.886	20,4	2:51:14.044	14:50:17.791	Equipa 6
609	609-D - DAVIDE AGOSTINHO	8	24:27.728	19,6	3:15:41.772	15:14:45.519	Equipa 6
609	609-E - JOÃO DOMINGOS	9	23:24.083	20,5	3:39:05.855	15:38:09.602	Equipa 6
609	609-E - JOÃO DOMINGOS	10	23:50.253	20,1	4:02:56.108	16:01:59.855	Equipa 6
609	609-F - WILSON DUARTE	11	24:35.400	19,5	4:27:31.508	16:26:35.255	Equipa 6
609	609-F - WILSON DUARTE	12	24:36.936	19,5	4:52:08.444	16:51:12.191	Equipa 6
609	609-A - NUNO NACHO	13	20:58.018	22,9	5:13:06.462	17:12:10.209	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
609	609-B - HELDER CIPRIANO	14	24:09.210	19,9	5:37:15.672	17:36:19.419	Equipa 6
609	609-C - MARCO CANELAS	15	24:57.909	19,2	6:02:13.581	18:01:17.328	Equipa 6
609	609-D - DAVIDE AGOSTINHO	16	24:01.789	20	6:26:15.370	18:25:19.117	Equipa 6
609	609-E - JOÃO DOMINGOS	17	23:00.947	20,9	6:49:16.317	18:48:20.064	Equipa 6
609	609-F - WILSON DUARTE	18	24:14.353	19,8	7:13:30.670	19:12:34.417	Equipa 6
609	609-A - NUNO NACHO	19	21:12.341	22,6	7:34:43.011	19:33:46.758	Equipa 6
609	609-B - HELDER CIPRIANO	20	24:08.060	19,9	7:58:51.071	19:57:54.818	Equipa 6
609	609-C - MARCO CANELAS	21	25:35.899	18,8	8:24:26.970	20:23:30.717	Equipa 6
609	609-D - DAVIDE AGOSTINHO	22	23:32.045	20,4	8:47:59.015	20:47:02.762	Equipa 6
609	609-E - JOÃO DOMINGOS	23	22:46.639	21,1	9:10:45.654	21:09:49.401	Equipa 6
609	609-F - WILSON DUARTE	24	25:47.534	18,6	9:36:33.188	21:35:36.935	Equipa 6
609	609-A - NUNO NACHO	25	23:57.163	20	10:00:30.351	21:59:34.098	Equipa 6
609	609-A - NUNO NACHO	26	23:07.817	20,8	10:23:38.168	22:22:41.915	Equipa 6
609	609-B - HELDER CIPRIANO	27	25:06.951	19,1	10:48:45.119	22:47:48.866	Equipa 6
609	609-B - HELDER CIPRIANO	28	26:06.009	18,4	11:14:51.128	23:13:54.875	Equipa 6
609	609-C - MARCO CANELAS	29	27:28.806	17,5	11:42:19.934	23:41:23.681	Equipa 6
609	609-C - MARCO CANELAS	30	28:02.448	17,1	12:10:22.382	0:09:26.129	Equipa 6
609	609-D - DAVIDE AGOSTINHO	31	26:10.455	18,3	12:36:32.837	0:35:36.584	Equipa 6
609	609-D - DAVIDE AGOSTINHO	32	26:59.098	17,8	13:03:31.935	1:02:35.682	Equipa 6
609	609-E - JOÃO DOMINGOS	33	24:31.584	19,6	13:28:03.519	1:27:07.266	Equipa 6
609	609-F - WILSON DUARTE	34	36:36.652	13,1	14:04:40.171	2:03:43.918	Equipa 6
609	609-F - WILSON DUARTE	35	28:45.743	16,7	14:33:25.914	2:32:29.661	Equipa 6
609	609-A - NUNO NACHO	36	22:29.421	21,3	14:55:55.335	2:54:59.082	Equipa 6
609	609-A - NUNO NACHO	37	23:56.771	20	15:19:52.106	3:18:55.853	Equipa 6
609	609-B - HELDER CIPRIANO	38	24:55.440	19,3	15:44:47.546	3:43:51.293	Equipa 6
609	609-B - HELDER CIPRIANO	39	25:02.958	19,2	16:09:50.504	4:08:54.251	Equipa 6
609	609-C - MARCO CANELAS	40	33:36.846	14,3	16:43:27.350	4:42:31.097	Equipa 6
609	609-C - MARCO CANELAS	41	29:11.187	16,4	17:12:38.537	5:11:42.284	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
609	609-D - DAVIDE AGOSTINHO	42	38:41.520	12,4	17:51:20.057	5:50:23.804	Equipa 6
609	609-E - JOÃO DOMINGOS	43	24:36.408	19,5	18:15:56.465	6:15:00.212	Equipa 6
609	609-E - JOÃO DOMINGOS	44	25:48.296	18,6	18:41:44.761	6:40:48.508	Equipa 6
609	609-F - WILSON DUARTE	45	26:47.758	17,9	19:08:32.519	7:07:36.266	Equipa 6
609	609-F - WILSON DUARTE	46	30:48.840	15,6	19:39:21.359	7:38:25.106	Equipa 6
609	609-A - NUNO NACHO	47	23:01.966	20,8	20:02:23.325	8:01:27.072	Equipa 6
609	609-A - NUNO NACHO	48	23:23.198	20,5	20:25:46.523	8:24:50.270	Equipa 6
609	609-B - HELDER CIPRIANO	49	24:55.001	19,3	20:50:41.524	8:49:45.271	Equipa 6
609	609-B - HELDER CIPRIANO	50	25:00.480	19,2	21:15:42.004	9:14:45.751	Equipa 6
609	609-D - DAVIDE AGOSTINHO	51	24:12.981	19,8	21:39:54.985	9:38:58.732	Equipa 6
609	609-C - MARCO CANELAS	52	26:40.638	18	22:06:35.623	10:05:39.370	Equipa 6
609	609-C - MARCO CANELAS	53	26:52.194	17,9	22:33:27.817	10:32:31.564	Equipa 6
609	609-E - JOÃO DOMINGOS	54	23:15.722	20,6	22:56:43.539	10:55:47.286	Equipa 6
609	609-F - WILSON DUARTE	55	23:37.997	20,3	23:20:21.536	11:19:25.283	Equipa 6
609	609-F - WILSON DUARTE	56	30:01.284	16	23:50:22.820	11:49:26.567	Equipa 6
609	609-F - WILSON DUARTE	57	34:02.950	14,1	24:24:25.770	12:23:29.517	Equipa 6
610	610-E - HUGO VILHENA	1	24:43.544	19,4	24:43.544	12:23:47.291	Equipa 6
610	610-F - PEDRO TRINDADE	2	19:28.124	24,7	44:11.668	12:43:15.415	Equipa 6
610	610-C - LEONEL GONÇALVES	3	21:33.854	22,3	1:05:45.522	13:04:49.269	Equipa 6
610	610-A - RICARDO GAMITO	4	20:40.301	23,2	1:26:25.823	13:25:29.570	Equipa 6
610	610-B - MIGUEL RODRIGUES	5	20:48.254	23,1	1:47:14.077	13:46:17.824	Equipa 6
610	610-D - DANIEL VILHENA	6	21:02.802	22,8	2:08:16.879	14:07:20.626	Equipa 6
610	610-E - HUGO VILHENA	7	20:20.945	23,6	2:28:37.824	14:27:41.571	Equipa 6
610	610-F - PEDRO TRINDADE	8	20:18.759	23,6	2:48:56.583	14:48:00.330	Equipa 6
610	610-C - LEONEL GONÇALVES	9	21:58.130	21,8	3:10:54.713	15:09:58.460	Equipa 6
610	610-A - RICARDO GAMITO	10	20:30.108	23,4	3:31:24.821	15:30:28.568	Equipa 6
610	610-B - MIGUEL RODRIGUES	11	20:59.353	22,9	3:52:24.174	15:51:27.921	Equipa 6
610	610-D - DANIEL VILHENA	12	21:00.755	22,8	4:13:24.929	16:12:28.676	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
610	610-E - HUGO VILHENA	13	20:40.908	23,2	4:34:05.837	16:33:09.584	Equipa 6
610	610-E - HUGO VILHENA	14	20:52.375	23	4:54:58.212	16:54:01.959	Equipa 6
610	610-F - PEDRO TRINDADE	15	20:32.325	23,4	5:15:30.537	17:14:34.284	Equipa 6
610	610-F - PEDRO TRINDADE	16	20:26.597	23,5	5:35:57.134	17:35:00.881	Equipa 6
610	610-C - LEONEL GONÇALVES	17	22:02.906	21,8	5:58:00.040	17:57:03.787	Equipa 6
610	610-C - LEONEL GONÇALVES	18	22:53.335	21	6:20:53.375	18:19:57.122	Equipa 6
610	610-A - RICARDO GAMITO	19	20:52.137	23	6:41:45.512	18:40:49.259	Equipa 6
610	610-A - RICARDO GAMITO	20	20:58.668	22,9	7:02:44.180	19:01:47.927	Equipa 6
610	610-B - MIGUEL RODRIGUES	21	21:23.645	22,4	7:24:07.825	19:23:11.572	Equipa 6
610	610-B - MIGUEL RODRIGUES	22	21:17.753	22,5	7:45:25.578	19:44:29.325	Equipa 6
610	610-D - DANIEL VILHENA	23	21:15.380	22,6	8:06:40.958	20:05:44.705	Equipa 6
610	610-D - DANIEL VILHENA	24	21:48.614	22	8:28:29.572	20:27:33.319	Equipa 6
610	610-E - HUGO VILHENA	25	20:24.633	23,5	8:48:54.205	20:47:57.952	Equipa 6
610	610-E - HUGO VILHENA	26	21:07.328	22,7	9:10:01.533	21:09:05.280	Equipa 6
610	610-F - PEDRO TRINDADE	27	21:00.400	22,8	9:31:01.933	21:30:05.680	Equipa 6
610	610-F - PEDRO TRINDADE	28	20:39.753	23,2	9:51:41.686	21:50:45.433	Equipa 6
610	610-C - LEONEL GONÇALVES	29	23:48.925	20,2	10:15:30.611	22:14:34.358	Equipa 6
610	610-C - LEONEL GONÇALVES	30	23:44.408	20,2	10:39:15.019	22:38:18.766	Equipa 6
610	610-A - RICARDO GAMITO	31	22:13.292	21,6	11:01:28.311	23:00:32.058	Equipa 6
610	610-A - RICARDO GAMITO	32	22:15.486	21,6	11:23:43.797	23:22:47.544	Equipa 6
610	610-B - MIGUEL RODRIGUES	33	22:04.624	21,7	11:45:48.421	23:44:52.168	Equipa 6
610	610-B - MIGUEL RODRIGUES	34	21:45.137	22,1	12:07:33.558	0:06:37.305	Equipa 6
610	610-D - DANIEL VILHENA	35	22:06.365	21,7	12:29:39.923	0:28:43.670	Equipa 6
610	610-E - HUGO VILHENA	36	21:39.831	22,2	12:51:19.754	0:50:23.501	Equipa 6
610	610-E - HUGO VILHENA	37	21:50.556	22	13:13:10.310	1:12:14.057	Equipa 6
610	610-E - HUGO VILHENA	38	22:11.081	21,6	13:35:21.391	1:34:25.138	Equipa 6
610	610-F - PEDRO TRINDADE	39	21:50.820	22	13:57:12.211	1:56:15.958	Equipa 6
610	610-F - PEDRO TRINDADE	40	21:48.615	22	14:19:00.826	2:18:04.573	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
610	610-F - PEDRO TRINDADE	41	20:46.785	23,1	14:39:47.611	2:38:51.358	Equipa 6
610	610-C - LEONEL GONÇALVES	42	24:40.692	19,5	15:04:28.303	3:03:32.050	Equipa 6
610	610-C - LEONEL GONÇALVES	43	24:42.963	19,4	15:29:11.266	3:28:15.013	Equipa 6
610	610-A - RICARDO GAMITO	44	22:06.862	21,7	15:51:18.128	3:50:21.875	Equipa 6
610	610-A - RICARDO GAMITO	45	23:04.817	20,8	16:14:22.945	4:13:26.692	Equipa 6
610	610-B - MIGUEL RODRIGUES	46	22:08.745	21,7	16:36:31.690	4:35:35.437	Equipa 6
610	610-B - MIGUEL RODRIGUES	47	21:52.805	21,9	16:58:24.495	4:57:28.242	Equipa 6
610	610-E - HUGO VILHENA	48	21:42.856	22,1	17:20:07.351	5:19:11.098	Equipa 6
610	610-E - HUGO VILHENA	49	21:45.494	22,1	17:41:52.845	5:40:56.592	Equipa 6
610	610-F - PEDRO TRINDADE	50	21:01.276	22,8	18:02:54.121	6:01:57.868	Equipa 6
610	610-F - PEDRO TRINDADE	51	20:38.900	23,2	18:23:33.021	6:22:36.768	Equipa 6
610	610-C - LEONEL GONÇALVES	52	22:57.003	20,9	18:46:30.024	6:45:33.771	Equipa 6
610	610-C - LEONEL GONÇALVES	53	23:39.081	20,3	19:10:09.105	7:09:12.852	Equipa 6
610	610-A - RICARDO GAMITO	54	22:00.275	21,8	19:32:09.380	7:31:13.127	Equipa 6
610	610-A - RICARDO GAMITO	55	22:06.879	21,7	19:54:16.259	7:53:20.006	Equipa 6
610	610-B - MIGUEL RODRIGUES	56	21:45.672	22,1	20:16:01.931	8:15:05.678	Equipa 6
610	610-B - MIGUEL RODRIGUES	57	21:37.433	22,2	20:37:39.364	8:36:43.111	Equipa 6
610	610-D - DANIEL VILHENA	58	21:56.372	21,9	20:59:35.736	8:58:39.483	Equipa 6
610	610-E - HUGO VILHENA	59	20:43.898	23,2	21:20:19.634	9:19:23.381	Equipa 6
610	610-F - PEDRO TRINDADE	60	20:28.180	23,4	21:40:47.814	9:39:51.561	Equipa 6
610	610-C - LEONEL GONÇALVES	61	22:32.896	21,3	22:03:20.710	10:02:24.457	Equipa 6
610	610-A - RICARDO GAMITO	62	22:37.303	21,2	22:25:58.013	10:25:01.760	Equipa 6
610	610-B - MIGUEL RODRIGUES	63	21:41.930	22,1	22:47:39.943	10:46:43.690	Equipa 6
610	610-D - DANIEL VILHENA	64	22:02.775	21,8	23:09:42.718	11:08:46.465	Equipa 6
610	610-E - HUGO VILHENA	65	20:50.556	23	23:30:33.274	11:29:37.021	Equipa 6
610	610-F - PEDRO TRINDADE	66	20:16.284	23,7	23:50:49.558	11:49:53.305	Equipa 6
610	610-C - LEONEL GONÇALVES	67	23:32.827	20,4	24:14:22.385	12:13:26.132	Equipa 6
611	611-A - GONÇALO MASCARENHAS	1	41:59.953	11,4	41:59.953	12:41:03.700	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
611	611-A - GONÇALO MASCARENHAS	2	34:58.747	13,7	1:16:58.700	13:16:02.447	Equipa 6
611	611-D - ALEXANDRE CASTILHO	3	32:03.340	15	1:49:02.040	13:48:05.787	Equipa 6
611	611-D - ALEXANDRE CASTILHO	4	32:48.680	14,6	2:21:50.720	14:20:54.467	Equipa 6
611	611-C - MÁRIO KOSSAN	5	26:04.773	18,4	2:47:55.493	14:46:59.240	Equipa 6
611	611-C - MÁRIO KOSSAN	6	27:00.407	17,8	3:14:55.900	15:13:59.647	Equipa 6
611	611-F - PEDRO MORAIS	7	25:01.988	19,2	3:39:57.888	15:39:01.635	Equipa 6
611	611-F - PEDRO MORAIS	8	26:25.469	18,2	4:06:23.357	16:05:27.104	Equipa 6
611	611-B - RICARDO FONSECA	9	27:02.784	17,7	4:33:26.141	16:32:29.888	Equipa 6
611	611-B - RICARDO FONSECA	10	26:49.215	17,9	5:00:15.356	16:59:19.103	Equipa 6
611	611-E - PAULO RODRIGUES	11	32:46.618	14,6	5:33:01.974	17:32:05.721	Equipa 6
611	611-E - PAULO RODRIGUES	12	34:06.869	14,1	6:07:08.843	18:06:12.590	Equipa 6
611	611-A - GONÇALO MASCARENHAS	13	34:10.104	14	6:41:18.947	18:40:22.694	Equipa 6
611	611-A - GONÇALO MASCARENHAS	14	38:49.026	12,4	7:20:07.973	19:19:11.720	Equipa 6
611	611-D - ALEXANDRE CASTILHO	15	30:42.753	15,6	7:50:50.726	19:49:54.473	Equipa 6
611	611-D - ALEXANDRE CASTILHO	16	32:00.346	15	8:22:51.072	20:21:54.819	Equipa 6
611	611-C - MÁRIO KOSSAN	17	26:36.621	18	8:49:27.693	20:48:31.440	Equipa 6
611	611-C - MÁRIO KOSSAN	18	28:46.655	16,7	9:18:14.348	21:17:18.095	Equipa 6
611	611-F - PEDRO MORAIS	19	27:45.559	17,3	9:45:59.907	21:45:03.654	Equipa 6
611	611-F - PEDRO MORAIS	20	27:45.896	17,3	10:13:45.803	22:12:49.550	Equipa 6
611	611-B - RICARDO FONSECA	21	28:01.522	17,1	10:41:47.325	22:40:51.072	Equipa 6
611	611-B - RICARDO FONSECA	22	28:45.696	16,7	11:10:33.021	23:09:36.768	Equipa 6
611	611-E - PAULO RODRIGUES	23	42:17.940	11,3	11:52:50.961	23:51:54.708	Equipa 6
611	611-E - PAULO RODRIGUES	24	41:15.995	11,6	12:34:06.956	0:33:10.703	Equipa 6
611	611-A - GONÇALO MASCARENHAS	25	36:55.009	13	13:11:01.965	1:10:05.712	Equipa 6
611	611-A - GONÇALO MASCARENHAS	26	46:51.912	10,2	13:57:53.877	1:56:57.624	Equipa 6
611	611-D - ALEXANDRE CASTILHO	27	35:07.657	13,7	14:33:01.534	2:32:05.281	Equipa 6
611	611-D - ALEXANDRE CASTILHO	28	33:30.864	14,3	15:06:32.398	3:05:36.145	Equipa 6
611	611-C - MÁRIO KOSSAN	29	28:14.267	17	15:34:46.665	3:33:50.412	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
611	611-C - MÁRIO KOSSAN	30	29:59.614	16	16:04:46.279	4:03:50.026	Equipa 6
611	611-F - PEDRO MORAIS	31	27:57.534	17,2	16:32:43.813	4:31:47.560	Equipa 6
611	611-F - PEDRO MORAIS	32	28:30.477	16,8	17:01:14.290	5:00:18.037	Equipa 6
611	611-B - RICARDO FONSECA	33	29:08.690	16,5	17:30:22.980	5:29:26.727	Equipa 6
611	611-B - RICARDO FONSECA	34	29:05.872	16,5	17:59:28.852	5:58:32.599	Equipa 6
611	611-E - PAULO RODRIGUES	35	35:41.859	13,4	18:35:10.711	6:34:14.458	Equipa 6
611	611-E - PAULO RODRIGUES	36	35:23.126	13,6	19:10:33.837	7:09:37.584	Equipa 6
611	611-A - GONÇALO MASCARENHAS	37	34:09.227	14,1	19:44:43.064	7:43:46.811	Equipa 6
611	611-A - GONÇALO MASCARENHAS	38	38:46.560	12,4	20:23:29.624	8:22:33.371	Equipa 6
611	611-D - ALEXANDRE CASTILHO	39	30:16.272	15,9	20:53:45.896	8:52:49.643	Equipa 6
611	611-D - ALEXANDRE CASTILHO	40	30:59.767	15,5	21:24:45.663	9:23:49.410	Equipa 6
611	611-C - MÁRIO KOSSAN	41	29:35.133	16,2	21:54:20.796	9:53:24.543	Equipa 6
611	611-C - MÁRIO KOSSAN	42	30:37.455	15,7	22:24:58.251	10:24:01.998	Equipa 6
611	611-F - PEDRO MORAIS	43	27:19.505	17,6	22:52:17.756	10:51:21.503	Equipa 6
611	611-F - PEDRO MORAIS	44	28:23.356	16,9	23:20:41.112	11:19:44.859	Equipa 6
611	611-B - RICARDO FONSECA	45	28:36.523	16,8	23:49:17.635	11:48:21.382	Equipa 6
611	611-B - RICARDO FONSECA	46	28:38.258	16,8	24:17:55.893	12:16:59.640	Equipa 6
612	612-C - JORGE BONACHO	1	27:47.662	17,3	27:47.662	12:26:51.409	Equipa 6
612	612-E - NUNO GRAÇA	2	24:54.206	19,3	52:41.868	12:51:45.615	Equipa 6
612	612-A - NUNO LOUÇÃO	3	24:18.497	19,7	1:17:00.365	13:16:04.112	Equipa 6
612	612-B - SANDRO CALHEGAS	4	24:10.400	19,9	1:41:10.765	13:40:14.512	Equipa 6
612	612-F - FILIPE LOUÇÃO	5	23:37.244	20,3	2:04:48.009	14:03:51.756	Equipa 6
612	612-C - JORGE BONACHO	6	22:02.283	21,8	2:26:50.292	14:25:54.039	Equipa 6
612	612-D - RICARDO SILVA	7	24:01.652	20	2:50:51.944	14:49:55.691	Equipa 6
612	612-E - NUNO GRAÇA	8	24:34.331	19,5	3:15:26.275	15:14:30.022	Equipa 6
612	612-A - NUNO LOUÇÃO	9	23:56.291	20,1	3:39:22.566	15:38:26.313	Equipa 6
612	612-B - SANDRO CALHEGAS	10	23:50.878	20,1	4:03:13.444	16:02:17.191	Equipa 6
612	612-F - FILIPE LOUÇÃO	11	24:08.275	19,9	4:27:21.719	16:26:25.466	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
612	612-C - JORGE BONACHO	12	21:40.558	22,1	4:49:02.277	16:48:06.024	Equipa 6
612	612-D - RICARDO SILVA	13	22:24.693	21,4	5:11:26.970	17:10:30.717	Equipa 6
612	612-E - NUNO GRAÇA	14	24:46.373	19,4	5:36:13.343	17:35:17.090	Equipa 6
612	612-A - NUNO LOUÇÃO	15	24:05.840	19,9	6:00:19.183	17:59:22.930	Equipa 6
612	612-B - SANDRO CALHEGAS	16	23:55.718	20,1	6:24:14.901	18:23:18.648	Equipa 6
612	612-F - FILIPE LOUÇÃO	17	23:33.764	20,4	6:47:48.665	18:46:52.412	Equipa 6
612	612-C - JORGE BONACHO	18	21:43.071	22,1	7:09:31.736	19:08:35.483	Equipa 6
612	612-D - RICARDO SILVA	19	22:46.466	21,1	7:32:18.202	19:31:21.949	Equipa 6
612	612-E - NUNO GRAÇA	20	26:27.710	18,1	7:58:45.912	19:57:49.659	Equipa 6
612	612-A - NUNO LOUÇÃO	21	24:07.280	19,9	8:22:53.192	20:21:56.939	Equipa 6
612	612-B - SANDRO CALHEGAS	22	23:39.026	20,3	8:46:32.218	20:45:35.965	Equipa 6
612	612-F - FILIPE LOUÇÃO	23	24:10.942	19,8	9:10:43.160	21:09:46.907	Equipa 6
612	612-C - JORGE BONACHO	24	21:59.073	21,8	9:32:42.233	21:31:45.980	Equipa 6
612	612-D - RICARDO SILVA	25	23:32.214	20,4	9:56:14.447	21:55:18.194	Equipa 6
612	612-E - NUNO GRAÇA	26	27:08.074	17,7	10:23:22.521	22:22:26.268	Equipa 6
612	612-A - NUNO LOUÇÃO	27	24:58.125	19,2	10:48:20.646	22:47:24.393	Equipa 6
612	612-B - SANDRO CALHEGAS	28	24:39.754	19,5	11:13:00.400	23:12:04.147	Equipa 6
612	612-F - FILIPE LOUÇÃO	29	24:33.685	19,5	11:37:34.085	23:36:37.832	Equipa 6
612	612-C - JORGE BONACHO	30	21:41.466	22,1	11:59:15.551	23:58:19.298	Equipa 6
612	612-D - RICARDO SILVA	31	23:16.174	20,6	12:22:31.725	0:21:35.472	Equipa 6
612	612-C - JORGE BONACHO	32	22:02.141	21,8	12:44:33.866	0:43:37.613	Equipa 6
612	612-D - RICARDO SILVA	33	23:19.109	20,6	13:07:52.975	1:06:56.722	Equipa 6
612	612-E - NUNO GRAÇA	34	26:08.966	18,4	13:34:01.941	1:33:05.688	Equipa 6
612	612-A - NUNO LOUÇÃO	35	24:40.284	19,5	13:58:42.225	1:57:45.972	Equipa 6
612	612-E - NUNO GRAÇA	36	29:14.746	16,4	14:27:56.971	2:27:00.718	Equipa 6
612	612-A - NUNO LOUÇÃO	37	25:25.205	18,9	14:53:22.176	2:52:25.923	Equipa 6
612	612-B - SANDRO CALHEGAS	38	24:21.113	19,7	15:17:43.289	3:16:47.036	Equipa 6
612	612-F - FILIPE LOUÇÃO	39	25:19.941	18,9	15:43:03.230	3:42:06.977	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
612	612-B - SANDRO CALHEGAS	40	24:07.680	19,9	16:07:10.910	4:06:14.657	Equipa 6
612	612-F - FILIPE LOUÇÃO	41	24:49.403	19,3	16:32:00.313	4:31:04.060	Equipa 6
612	612-C - JORGE BONACHO	42	22:17.232	21,5	16:54:17.545	4:53:21.292	Equipa 6
612	612-D - RICARDO SILVA	43	23:58.757	20	17:18:16.302	5:17:20.049	Equipa 6
612	612-C - JORGE BONACHO	44	21:50.737	22	17:40:07.039	5:39:10.786	Equipa 6
612	612-D - RICARDO SILVA	45	24:35.997	19,5	18:04:43.036	6:03:46.783	Equipa 6
612	612-A - NUNO LOUÇÃO	46	24:31.315	19,6	18:29:14.351	6:28:18.098	Equipa 6
612	612-F - FILIPE LOUÇÃO	47	23:29.696	20,4	18:52:44.047	6:51:47.794	Equipa 6
612	612-B - SANDRO CALHEGAS	48	23:51.611	20,1	19:16:35.658	7:15:39.405	Equipa 6
612	612-C - JORGE BONACHO	49	21:45.377	22,1	19:38:21.035	7:37:24.782	Equipa 6
612	612-E - NUNO GRAÇA	50	25:04.604	19,1	20:03:25.639	8:02:29.386	Equipa 6
612	612-D - RICARDO SILVA	51	24:33.096	19,6	20:27:58.735	8:27:02.482	Equipa 6
612	612-A - NUNO LOUÇÃO	52	24:57.933	19,2	20:52:56.668	8:52:00.415	Equipa 6
612	612-F - FILIPE LOUÇÃO	53	23:27.249	20,5	21:16:23.917	9:15:27.664	Equipa 6
612	612-B - SANDRO CALHEGAS	54	23:52.905	20,1	21:40:16.822	9:39:20.569	Equipa 6
612	612-C - JORGE BONACHO	55	23:04.594	20,8	22:03:21.416	10:02:25.163	Equipa 6
612	612-D - RICARDO SILVA	56	23:16.160	20,6	22:26:37.576	10:25:41.323	Equipa 6
612	612-A - NUNO LOUÇÃO	57	24:11.588	19,8	22:50:49.164	10:49:52.911	Equipa 6
612	612-E - NUNO GRAÇA	58	25:58.951	18,5	23:16:48.115	11:15:51.862	Equipa 6
612	612-F - FILIPE LOUÇÃO	59	23:42.822	20,2	23:40:30.937	11:39:34.684	Equipa 6
612	612-B - SANDRO CALHEGAS	60	24:08.901	19,9	24:04:39.838	12:03:43.585	Equipa 6
613	613-A - MARCIO MARTINS	1	34:35.241	13,9	34:35.241	12:33:38.988	Equipa 6
613	613-F - TIAGO MARTINS	2	30:18.450	15,8	1:04:53.691	13:03:57.438	Equipa 6
613	613-C - JOÃO GRAÇA	3	23:10.798	20,7	1:28:04.489	13:27:08.236	Equipa 6
613	613-E - ANDRÉ PACHECO	4	28:15.115	17	1:56:19.604	13:55:23.351	Equipa 6
613	613-D - JOÃO FORJA	5	25:24.391	18,9	2:21:43.995	14:20:47.742	Equipa 6
613	613-A - MARCIO MARTINS	6	27:02.386	17,8	2:48:46.381	14:47:50.128	Equipa 6
613	613-F - TIAGO MARTINS	7	31:03.144	15,5	3:19:49.525	15:18:53.272	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
613	613-C - JOÃO GRAÇA	8	22:59.285	20,9	3:42:48.810	15:41:52.557	Equipa 6
613	613-B - JOÃO VEIGA	9	27:10.149	17,7	4:09:58.959	16:09:02.706	Equipa 6
613	613-B - JOÃO VEIGA	10	26:28.371	18,1	4:36:27.330	16:35:31.077	Equipa 6
613	613-E - ANDRÉ PACHECO	11	29:28.807	16,3	5:05:56.137	17:04:59.884	Equipa 6
613	613-D - JOÃO FORJA	12	23:53.828	20,1	5:29:49.965	17:28:53.712	Equipa 6
613	613-A - MARCIO MARTINS	13	27:02.841	17,7	5:56:52.806	17:55:56.553	Equipa 6
613	613-F - TIAGO MARTINS	14	34:28.473	13,9	6:31:21.279	18:30:25.026	Equipa 6
613	613-B - JOÃO VEIGA	15	26:06.889	18,4	6:57:28.168	18:56:31.915	Equipa 6
613	613-C - JOÃO GRAÇA	16	23:06.212	20,8	7:20:34.380	19:19:38.127	Equipa 6
613	613-E - ANDRÉ PACHECO	17	29:56.562	16	7:50:30.942	19:49:34.689	Equipa 6
613	613-D - JOÃO FORJA	18	25:26.348	18,9	8:15:57.290	20:15:01.037	Equipa 6
613	613-A - MARCIO MARTINS	19	3:22:17.442	2,4	11:38:14.732	23:37:18.479	Equipa 6
613	613-F - TIAGO MARTINS	20	39:05.850	12,3	12:17:20.582	0:16:24.329	Equipa 6
613	613-B - JOÃO VEIGA	21	30:46.587	15,6	12:48:07.169	0:47:10.916	Equipa 6
613	613-B - JOÃO VEIGA	22	28:18.914	17	13:16:26.083	1:15:29.830	Equipa 6
613	613-B - JOÃO VEIGA	23	27:49.609	17,2	13:44:15.692	1:43:19.439	Equipa 6
613	613-E - ANDRÉ PACHECO	24	31:35.406	15,2	14:15:51.098	2:14:54.845	Equipa 6
613	613-A - MARCIO MARTINS	25	34:37.422	13,9	14:50:28.520	2:49:32.267	Equipa 6
613	613-A - MARCIO MARTINS	26	31:08.734	15,4	15:21:37.254	3:20:41.001	Equipa 6
613	613-F - TIAGO MARTINS	27	54:47.904	8,8	16:16:25.158	4:15:28.905	Equipa 6
613	613-F - TIAGO MARTINS	28	46:13.707	10,4	17:02:38.865	5:01:42.612	Equipa 6
613	613-F - TIAGO MARTINS	29	2:55:06.547	2,7	19:57:45.412	7:56:49.159	Equipa 6
613	613-B - JOÃO VEIGA	30	35:53.270	13,4	20:33:38.682	8:32:42.429	Equipa 6
613	613-E - ANDRÉ PACHECO	31	30:08.402	15,9	21:03:47.084	9:02:50.831	Equipa 6
613	613-F - TIAGO MARTINS	32	33:43.799	14,2	21:37:30.883	9:36:34.630	Equipa 6
613	613-B - JOÃO VEIGA	33	35:24.053	13,6	22:12:54.936	10:11:58.683	Equipa 6
613	613-E - ANDRÉ PACHECO	34	31:04.486	15,4	22:43:59.422	10:43:03.169	Equipa 6
614	614-A - MANUEL LUZ	1	29:09.285	16,5	29:09.285	12:28:13.032	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
614	614-E - LUIS PALMA	2	23:29.923	20,4	52:39.208	12:51:42.955	Equipa 6
614	614-F - RUI FERREIRA	3	25:35.533	18,8	1:18:14.741	13:17:18.488	Equipa 6
614	614-D - BRUNO FLORO	4	23:59.479	20	1:42:14.220	13:41:17.967	Equipa 6
614	614-C - TIAGO SALVADOR	5	24:35.796	19,5	2:06:50.016	14:05:53.763	Equipa 6
614	614-A - MANUEL LUZ	6	23:13.791	20,7	2:30:03.807	14:29:07.554	Equipa 6
614	614-E - LUIS PALMA	7	23:52.447	20,1	2:53:56.254	14:53:00.001	Equipa 6
614	614-F - RUI FERREIRA	8	26:11.429	18,3	3:20:07.683	15:19:11.430	Equipa 6
614	614-D - BRUNO FLORO	9	24:04.290	19,9	3:44:11.973	15:43:15.720	Equipa 6
614	614-C - TIAGO SALVADOR	10	24:26.493	19,6	4:08:38.466	16:07:42.213	Equipa 6
614	614-A - MANUEL LUZ	11	23:44.792	20,2	4:32:23.258	16:31:27.005	Equipa 6
614	614-E - LUIS PALMA	12	23:55.688	20,1	4:56:18.946	16:55:22.693	Equipa 6
614	614-F - RUI FERREIRA	13	26:19.602	18,2	5:22:38.548	17:21:42.295	Equipa 6
614	614-D - BRUNO FLORO	14	24:12.497	19,8	5:46:51.045	17:45:54.792	Equipa 6
614	614-C - TIAGO SALVADOR	15	24:32.387	19,6	6:11:23.432	18:10:27.179	Equipa 6
614	614-B - JOAQUIM BAIÃO	16	24:23.917	19,7	6:35:47.349	18:34:51.096	Equipa 6
614	614-A - MANUEL LUZ	17	23:46.479	20,2	6:59:33.828	18:58:37.575	Equipa 6
614	614-E - LUIS PALMA	18	24:22.980	19,7	7:23:56.808	19:23:00.555	Equipa 6
614	614-F - RUI FERREIRA	19	26:28.134	18,1	7:50:24.942	19:49:28.689	Equipa 6
614	614-D - BRUNO FLORO	20	23:48.567	20,2	8:14:13.509	20:13:17.256	Equipa 6
614	614-C - TIAGO SALVADOR	21	24:00.126	20	8:38:13.635	20:37:17.382	Equipa 6
614	614-B - JOAQUIM BAIÃO	22	24:41.270	19,4	9:02:54.905	21:01:58.652	Equipa 6
614	614-A - MANUEL LUZ	23	24:16.755	19,8	9:27:11.660	21:26:15.407	Equipa 6
614	614-E - LUIS PALMA	24	25:30.512	18,8	9:52:42.172	21:51:45.919	Equipa 6
614	614-F - RUI FERREIRA	25	28:06.116	17,1	10:20:48.288	22:19:52.035	Equipa 6
614	614-D - BRUNO FLORO	26	1:09:17.988	6,9	11:30:06.276	23:29:10.023	Equipa 6
614	614-C - TIAGO SALVADOR	27	25:54.730	18,5	11:56:01.006	23:55:04.753	Equipa 6
614	614-C - TIAGO SALVADOR	28	26:06.629	18,4	12:22:07.635	0:21:11.382	Equipa 6
614	614-B - JOAQUIM BAIÃO	29	25:46.958	18,6	12:47:54.593	0:46:58.340	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
614	614-B - JOAQUIM BAIÃO	30	27:47.881	17,3	13:15:42.474	1:14:46.221	Equipa 6
614	614-A - MANUEL LUZ	31	26:36.296	18	13:42:18.770	1:41:22.517	Equipa 6
614	614-A - MANUEL LUZ	32	26:51.086	17,9	14:09:09.856	2:08:13.603	Equipa 6
614	614-E - LUIS PALMA	33	27:37.180	17,4	14:36:47.036	2:35:50.783	Equipa 6
614	614-E - LUIS PALMA	34	28:35.239	16,8	15:05:22.275	3:04:26.022	Equipa 6
614	614-F - RUI FERREIRA	35	28:41.233	16,7	15:34:03.508	3:33:07.255	Equipa 6
614	614-F - RUI FERREIRA	36	31:16.933	15,3	16:05:20.441	4:04:24.188	Equipa 6
614	614-D - BRUNO FLORO	37	27:27.349	17,5	16:32:47.790	4:31:51.537	Equipa 6
614	614-D - BRUNO FLORO	38	27:21.738	17,5	17:00:09.528	4:59:13.275	Equipa 6
614	614-C - TIAGO SALVADOR	39	27:03.537	17,7	17:27:13.065	5:26:16.812	Equipa 6
614	614-C - TIAGO SALVADOR	40	26:57.452	17,8	17:54:10.517	5:53:14.264	Equipa 6
614	614-A - MANUEL LUZ	41	26:35.604	18	18:20:46.121	6:19:49.868	Equipa 6
614	614-A - MANUEL LUZ	42	27:03.309	17,7	18:47:49.430	6:46:53.177	Equipa 6
614	614-E - LUIS PALMA	43	26:55.424	17,8	19:14:44.854	7:13:48.601	Equipa 6
614	614-F - RUI FERREIRA	44	31:55.319	15	19:46:40.173	7:45:43.920	Equipa 6
614	614-D - BRUNO FLORO	45	26:09.649	18,3	20:12:49.822	8:11:53.569	Equipa 6
614	614-D - BRUNO FLORO	46	26:09.764	18,3	20:38:59.586	8:38:03.333	Equipa 6
614	614-C - TIAGO SALVADOR	47	26:07.653	18,4	21:05:07.239	9:04:10.986	Equipa 6
614	614-C - TIAGO SALVADOR	48	27:22.958	17,5	21:32:30.197	9:31:33.944	Equipa 6
614	614-A - MANUEL LUZ	49	24:25.339	19,7	21:56:55.536	9:55:59.283	Equipa 6
614	614-E - LUIS PALMA	50	24:01.133	20	22:20:56.669	10:20:00.416	Equipa 6
614	614-E - LUIS PALMA	51	25:49.554	18,6	22:46:46.223	10:45:49.970	Equipa 6
614	614-F - RUI FERREIRA	52	27:02.937	17,7	23:13:49.160	11:12:52.907	Equipa 6
614	614-D - BRUNO FLORO	53	24:25.814	19,6	23:38:14.974	11:37:18.721	Equipa 6
614	614-C - TIAGO SALVADOR	54	25:45.782	18,6	24:04:00.756	12:03:04.503	Equipa 6
615	615-A - XAVIER ANASTACIO	1	30:06.802	15,9	30:06.802	12:29:10.549	Equipa 6
615	615-C - DAVID GUERRA	2	24:26.528	19,6	54:33.330	12:53:37.077	Equipa 6
615	615-B - LUIS SILVA	3	21:31.289	22,3	1:16:04.619	13:15:08.366	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
615	615-D - MICAEL MARTINS	4	22:35.178	21,3	1:38:39.797	13:37:43.544	Equipa 6
615	615-F - LEONARDO SILVA	5	23:01.718	20,8	2:01:41.515	14:00:45.262	Equipa 6
615	615-E - AFONSO LUZ	6	24:38.487	19,5	2:26:20.002	14:25:23.749	Equipa 6
615	615-A - XAVIER ANASTACIO	7	23:38.269	20,3	2:49:58.271	14:49:02.018	Equipa 6
615	615-C - DAVID GUERRA	8	23:34.345	20,4	3:13:32.616	15:12:36.363	Equipa 6
615	615-B - LUIS SILVA	9	21:23.596	22,4	3:34:56.212	15:33:59.959	Equipa 6
615	615-D - MICAEL MARTINS	10	21:55.499	21,9	3:56:51.711	15:55:55.458	Equipa 6
615	615-F - LEONARDO SILVA	11	23:11.327	20,7	4:20:03.038	16:19:06.785	Equipa 6
615	615-E - AFONSO LUZ	12	23:52.340	20,1	4:43:55.378	16:42:59.125	Equipa 6
615	615-A - XAVIER ANASTACIO	13	25:00.484	19,2	5:08:55.862	17:07:59.609	Equipa 6
615	615-C - DAVID GUERRA	14	22:38.717	21,2	5:31:34.579	17:30:38.326	Equipa 6
615	615-B - LUIS SILVA	15	21:02.792	22,8	5:52:37.371	17:51:41.118	Equipa 6
615	615-D - MICAEL MARTINS	16	22:39.996	21,2	6:15:17.367	18:14:21.114	Equipa 6
615	615-F - LEONARDO SILVA	17	23:59.532	20	6:39:16.899	18:38:20.646	Equipa 6
615	615-E - AFONSO LUZ	18	24:39.331	19,5	7:03:56.230	19:02:59.977	Equipa 6
615	615-A - XAVIER ANASTACIO	19	24:19.433	19,7	7:28:15.663	19:27:19.410	Equipa 6
615	615-C - DAVID GUERRA	20	23:13.006	20,7	7:51:28.669	19:50:32.416	Equipa 6
615	615-B - LUIS SILVA	21	21:26.499	22,4	8:12:55.168	20:11:58.915	Equipa 6
615	615-D - MICAEL MARTINS	22	22:15.201	21,6	8:35:10.369	20:34:14.116	Equipa 6
615	615-E - AFONSO LUZ	23	24:02.773	20	8:59:13.142	20:58:16.889	Equipa 6
615	615-A - XAVIER ANASTACIO	24	25:01.522	19,2	9:24:14.664	21:23:18.411	Equipa 6
615	615-C - DAVID GUERRA	25	24:14.504	19,8	9:48:29.168	21:47:32.915	Equipa 6
615	615-B - LUIS SILVA	26	21:53.968	21,9	10:10:23.136	22:09:26.883	Equipa 6
615	615-D - MICAEL MARTINS	27	23:00.931	20,9	10:33:24.067	22:32:27.814	Equipa 6
615	615-E - AFONSO LUZ	28	26:12.337	18,3	10:59:36.404	22:58:40.151	Equipa 6
615	615-A - XAVIER ANASTACIO	29	25:44.493	18,6	11:25:20.897	23:24:24.644	Equipa 6
615	615-F - LEONARDO SILVA	30	23:48.724	20,2	11:49:09.621	23:48:13.368	Equipa 6
615	615-C - DAVID GUERRA	31	25:31.002	18,8	12:14:40.623	0:13:44.370	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
615	615-C - DAVID GUERRA	32	24:16.531	19,8	12:38:57.154	0:38:00.901	Equipa 6
615	615-B - LUIS SILVA	33	22:53.120	21	13:01:50.274	1:00:54.021	Equipa 6
615	615-B - LUIS SILVA	34	22:56.178	20,9	13:24:46.452	1:23:50.199	Equipa 6
615	615-D - MICAEL MARTINS	35	23:36.682	20,3	13:48:23.134	1:47:26.881	Equipa 6
615	615-D - MICAEL MARTINS	36	24:09.369	19,9	14:12:32.503	2:11:36.250	Equipa 6
615	615-E - AFONSO LUZ	37	27:05.885	17,7	14:39:38.388	2:38:42.135	Equipa 6
615	615-E - AFONSO LUZ	38	26:51.618	17,9	15:06:30.006	3:05:33.753	Equipa 6
615	615-F - LEONARDO SILVA	39	25:43.613	18,7	15:32:13.619	3:31:17.366	Equipa 6
615	615-A - XAVIER ANASTACIO	40	26:51.409	17,9	15:59:05.028	3:58:08.775	Equipa 6
615	615-A - XAVIER ANASTACIO	41	25:34.092	18,8	16:24:39.120	4:23:42.867	Equipa 6
615	615-C - DAVID GUERRA	42	28:21.792	16,9	16:53:00.912	4:52:04.659	Equipa 6
615	615-C - DAVID GUERRA	43	24:57.609	19,2	17:17:58.521	5:17:02.268	Equipa 6
615	615-B - LUIS SILVA	44	22:12.020	21,6	17:40:10.541	5:39:14.288	Equipa 6
615	615-B - LUIS SILVA	45	23:19.272	20,6	18:03:29.813	6:02:33.560	Equipa 6
615	615-D - MICAEL MARTINS	46	23:16.577	20,6	18:26:46.390	6:25:50.137	Equipa 6
615	615-D - MICAEL MARTINS	47	22:50.496	21	18:49:36.886	6:48:40.633	Equipa 6
615	615-F - LEONARDO SILVA	48	25:04.480	19,1	19:14:41.366	7:13:45.113	Equipa 6
615	615-A - XAVIER ANASTACIO	49	25:07.253	19,1	19:39:48.619	7:38:52.366	Equipa 6
615	615-E - AFONSO LUZ	50	25:47.787	18,6	20:05:36.406	8:04:40.153	Equipa 6
615	615-C - DAVID GUERRA	51	23:30.579	20,4	20:29:06.985	8:28:10.732	Equipa 6
615	615-B - LUIS SILVA	52	22:17.008	21,5	20:51:23.993	8:50:27.740	Equipa 6
615	615-D - MICAEL MARTINS	53	22:11.804	21,6	21:13:35.797	9:12:39.544	Equipa 6
615	615-F - LEONARDO SILVA	54	22:57.351	20,9	21:36:33.148	9:35:36.895	Equipa 6
615	615-A - XAVIER ANASTACIO	55	24:56.672	19,2	22:01:29.820	10:00:33.567	Equipa 6
615	615-C - DAVID GUERRA	56	23:35.607	20,3	22:25:05.427	10:24:09.174	Equipa 6
615	615-B - LUIS SILVA	57	21:36.429	22,2	22:46:41.856	10:45:45.603	Equipa 6
615	615-D - MICAEL MARTINS	58	28:10.584	17	23:14:52.440	11:13:56.187	Equipa 6
615	615-F - LEONARDO SILVA	59	24:43.915	19,4	23:39:36.355	11:38:40.102	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
615	615-C - DAVID GUERRA	60	22:48.805	21	24:02:25.160	12:01:28.907	Equipa 6
616	616-A - MARLENE COSTA	1	36:12.302	13,3	36:12.302	12:35:16.049	Equipa 6 Fem
616	616-E - SANDRA FONSECA	2	41:36.776	11,5	1:17:49.078	13:16:52.825	Equipa 6 Fem
616	616-D - VANESSA MARTINS	3	28:39.842	16,7	1:46:28.920	13:45:32.667	Equipa 6 Fem
616	616-F - SÓNIA CAVACO	4	30:51.156	15,6	2:17:20.076	14:16:23.823	Equipa 6 Fem
616	616-C - ANA ROQUE	5	27:17.505	17,6	2:44:37.581	14:43:41.328	Equipa 6 Fem
616	616-A - MARLENE COSTA	6	25:14.493	19	3:09:52.074	15:08:55.821	Equipa 6 Fem
616	616-B - VERÓNICA FERNANDES	7	26:18.913	18,2	3:36:10.987	15:35:14.734	Equipa 6 Fem
616	616-E - SANDRA FONSECA	8	26:26.603	18,2	4:02:37.590	16:01:41.337	Equipa 6 Fem
616	616-D - VANESSA MARTINS	9	28:37.633	16,8	4:31:15.223	16:30:18.970	Equipa 6 Fem
616	616-F - SÓNIA CAVACO	10	28:44.448	16,7	4:59:59.671	16:59:03.418	Equipa 6 Fem
616	616-C - ANA ROQUE	11	27:51.808	17,2	5:27:51.479	17:26:55.226	Equipa 6 Fem
616	616-A - MARLENE COSTA	12	24:47.300	19,4	5:52:38.779	17:51:42.526	Equipa 6 Fem
616	616-B - VERÓNICA FERNANDES	13	26:26.361	18,2	6:19:05.140	18:18:08.887	Equipa 6 Fem
616	616-E - SANDRA FONSECA	14	26:35.351	18,1	6:45:40.491	18:44:44.238	Equipa 6 Fem
616	616-D - VANESSA MARTINS	15	29:18.586	16,4	7:14:59.077	19:14:02.824	Equipa 6 Fem
616	616-F - SÓNIA CAVACO	16	29:19.562	16,4	7:44:18.639	19:43:22.386	Equipa 6 Fem
616	616-C - ANA ROQUE	17	29:49.251	16,1	8:14:07.890	20:13:11.637	Equipa 6 Fem
616	616-A - MARLENE COSTA	18	25:36.481	18,7	8:39:44.371	20:38:48.118	Equipa 6 Fem
616	616-B - VERÓNICA FERNANDES	19	26:56.058	17,8	9:06:40.429	21:05:44.176	Equipa 6 Fem
616	616-E - SANDRA FONSECA	20	27:04.193	17,7	9:33:44.622	21:32:48.369	Equipa 6 Fem
616	616-D - VANESSA MARTINS	21	32:26.151	14,8	10:06:10.773	22:05:14.520	Equipa 6 Fem
616	616-F - SÓNIA CAVACO	22	32:46.022	14,6	10:38:56.795	22:38:00.542	Equipa 6 Fem
616	616-C - ANA ROQUE	23	30:51.389	15,6	11:09:48.184	23:08:51.931	Equipa 6 Fem
616	616-A - MARLENE COSTA	24	27:50.310	17,2	11:37:38.494	23:36:42.241	Equipa 6 Fem
616	616-A - MARLENE COSTA	25	28:31.735	16,8	12:06:10.229	0:05:13.976	Equipa 6 Fem
616	616-B - VERÓNICA FERNANDES	26	30:07.647	15,9	12:36:17.876	0:35:21.623	Equipa 6 Fem
616	616-B - VERÓNICA FERNANDES	27	30:26.894	15,8	13:06:44.770	1:05:48.517	Equipa 6 Fem



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
616	616-E - SANDRA FONSECA	28	28:40.472	16,7	13:35:25.242	1:34:28.989	Equipa 6 Fem
616	616-E - SANDRA FONSECA	29	53:38.209	8,9	14:29:03.451	2:28:07.198	Equipa 6 Fem
616	616-D - VANESSA MARTINS	30	35:31.606	13,5	15:04:35.057	3:03:38.804	Equipa 6 Fem
616	616-D - VANESSA MARTINS	31	33:19.419	14,4	15:37:54.476	3:36:58.223	Equipa 6 Fem
616	616-F - SÓNIA CAVACO	32	35:14.849	13,6	16:13:09.325	4:12:13.072	Equipa 6 Fem
616	616-F - SÓNIA CAVACO	33	34:57.268	13,7	16:48:06.593	4:47:10.340	Equipa 6 Fem
616	616-C - ANA ROQUE	34	33:17.530	14,4	17:21:24.123	5:20:27.870	Equipa 6 Fem
616	616-C - ANA ROQUE	35	33:54.566	14,2	17:55:18.689	5:54:22.436	Equipa 6 Fem
616	616-A - MARLENE COSTA	36	27:33.483	17,4	18:22:52.172	6:21:55.919	Equipa 6 Fem
616	616-B - VERÓNICA FERNANDES	37	27:51.185	17,2	18:50:43.357	6:49:47.104	Equipa 6 Fem
616	616-E - SANDRA FONSECA	38	27:46.225	17,3	19:18:29.582	7:17:33.329	Equipa 6 Fem
616	616-D - VANESSA MARTINS	39	29:50.671	16,1	19:48:20.253	7:47:24.000	Equipa 6 Fem
616	616-F - SÓNIA CAVACO	40	32:41.115	14,7	20:21:01.368	8:20:05.115	Equipa 6 Fem
616	616-C - ANA ROQUE	41	30:17.052	15,8	20:51:18.420	8:50:22.167	Equipa 6 Fem
616	616-A - MARLENE COSTA	42	25:45.708	18,6	21:17:04.128	9:16:07.875	Equipa 6 Fem
616	616-B - VERÓNICA FERNANDES	43	27:01.692	17,8	21:44:05.820	9:43:09.567	Equipa 6 Fem
616	616-E - SANDRA FONSECA	44	27:34.863	17,4	22:11:40.683	10:10:44.430	Equipa 6 Fem
616	616-D - VANESSA MARTINS	45	30:54.257	15,5	22:42:34.940	10:41:38.687	Equipa 6 Fem
616	616-F - SÓNIA CAVACO	46	31:50.347	15,1	23:14:25.287	11:13:29.034	Equipa 6 Fem
616	616-C - ANA ROQUE	47	29:20.247	16,4	23:43:45.534	11:42:49.281	Equipa 6 Fem
616	616-A - MARLENE COSTA	48	27:05.656	17,7	24:10:51.190	12:09:54.937	Equipa 6 Fem
617	617-B - LUÍS SOUSA	1	25:12.902	19	25:12.902	12:24:16.649	Equipa 6
617	617-F - GONÇALO SILVESTRE	2	22:04.952	21,7	47:17.854	12:46:21.601	Equipa 6
617	617-D - PAULO QUEIRÓS	3	21:54.877	21,9	1:09:12.731	13:08:16.478	Equipa 6
617	617-C - LUÍS FERREIRA	4	22:12.204	21,6	1:31:24.935	13:30:28.682	Equipa 6
617	617-A - DÁRIO PIEDADE	5	22:08.103	21,7	1:53:33.038	13:52:36.785	Equipa 6
617	617-E - ANDRÉ MARTINS	6	23:17.858	20,6	2:16:50.896	14:15:54.643	Equipa 6
617	617-B - LUÍS SOUSA	7	20:36.381	23,3	2:37:27.277	14:36:31.024	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
617	617-F - GONÇALO SILVESTRE	8	22:24.197	21,4	2:59:51.474	14:58:55.221	Equipa 6
617	617-D - PAULO QUEIRÓS	9	22:26.316	21,4	3:22:17.790	15:21:21.537	Equipa 6
617	617-C - LUÍS FERREIRA	10	22:35.304	21,2	3:44:53.094	15:43:56.841	Equipa 6
617	617-A - DÁRIO PIEDADE	11	22:13.067	21,6	4:07:06.161	16:06:09.908	Equipa 6
617	617-E - ANDRÉ MARTINS	12	23:43.175	20,2	4:30:49.336	16:29:53.083	Equipa 6
617	617-B - LUÍS SOUSA	13	20:27.765	23,5	4:51:17.101	16:50:20.848	Equipa 6
617	617-F - GONÇALO SILVESTRE	14	22:47.228	21,1	5:14:04.329	17:13:08.076	Equipa 6
617	617-D - PAULO QUEIRÓS	15	22:11.659	21,6	5:36:15.988	17:35:19.735	Equipa 6
617	617-C - LUÍS FERREIRA	16	22:37.065	21,2	5:58:53.053	17:57:56.800	Equipa 6
617	617-A - DÁRIO PIEDADE	17	22:53.566	21	6:21:46.619	18:20:50.366	Equipa 6
617	617-E - ANDRÉ MARTINS	18	23:36.987	20,3	6:45:23.606	18:44:27.353	Equipa 6
617	617-B - LUÍS SOUSA	19	20:33.804	23,3	7:05:57.410	19:05:01.157	Equipa 6
617	617-F - GONÇALO SILVESTRE	20	23:02.160	20,8	7:28:59.570	19:28:03.317	Equipa 6
617	617-D - PAULO QUEIRÓS	21	22:02.868	21,8	7:51:02.438	19:50:06.185	Equipa 6
617	617-C - LUÍS FERREIRA	22	23:03.414	20,8	8:14:05.852	20:13:09.599	Equipa 6
617	617-A - DÁRIO PIEDADE	23	23:43.041	20,2	8:37:48.893	20:36:52.640	Equipa 6
617	617-E - ANDRÉ MARTINS	24	23:45.644	20,2	9:01:34.537	21:00:38.284	Equipa 6
617	617-B - LUÍS SOUSA	25	20:52.289	23	9:22:26.826	21:21:30.573	Equipa 6
617	617-F - GONÇALO SILVESTRE	26	23:54.663	20,1	9:46:21.489	21:45:25.236	Equipa 6
617	617-D - PAULO QUEIRÓS	27	23:07.305	20,8	10:09:28.794	22:08:32.541	Equipa 6
617	617-C - LUÍS FERREIRA	28	24:20.863	19,7	10:33:49.657	22:32:53.404	Equipa 6
617	617-A - DÁRIO PIEDADE	29	23:24.881	20,5	10:57:14.538	22:56:18.285	Equipa 6
617	617-E - ANDRÉ MARTINS	30	24:18.507	19,7	11:21:33.045	23:20:36.792	Equipa 6
617	617-B - LUÍS SOUSA	31	21:39.087	22,2	11:43:12.132	23:42:15.879	Equipa 6
617	617-F - GONÇALO SILVESTRE	32	23:59.828	20	12:07:11.960	0:06:15.707	Equipa 6
617	617-D - PAULO QUEIRÓS	33	22:53.347	21	12:30:05.307	0:29:09.054	Equipa 6
617	617-D - PAULO QUEIRÓS	34	23:30.361	20,4	12:53:35.668	0:52:39.415	Equipa 6
617	617-C - LUÍS FERREIRA	35	24:41.870	19,4	13:18:17.538	1:17:21.285	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
617	617-C - LUÍS FERREIRA	36	25:56.735	18,5	13:44:14.273	1:43:18.020	Equipa 6
617	617-A - DÁRIO PIEDADE	37	25:33.423	18,8	14:09:47.696	2:08:51.443	Equipa 6
617	617-A - DÁRIO PIEDADE	38	25:15.317	19	14:35:03.013	2:34:06.760	Equipa 6
617	617-E - ANDRÉ MARTINS	39	24:45.956	19,4	14:59:48.969	2:58:52.716	Equipa 6
617	617-E - ANDRÉ MARTINS	40	25:01.844	19,2	15:24:50.813	3:23:54.560	Equipa 6
617	617-B - LUÍS SOUSA	41	22:04.926	21,7	15:46:55.739	3:45:59.486	Equipa 6
617	617-B - LUÍS SOUSA	42	22:02.716	21,8	16:08:58.455	4:08:02.202	Equipa 6
617	617-F - GONÇALO SILVESTRE	43	25:30.318	18,8	16:34:28.773	4:33:32.520	Equipa 6
617	617-F - GONÇALO SILVESTRE	44	24:01.117	20	16:58:29.890	4:57:33.637	Equipa 6
617	617-D - PAULO QUEIRÓS	45	25:04.668	19,1	17:23:34.558	5:22:38.305	Equipa 6
617	617-C - LUÍS FERREIRA	46	25:23.263	18,9	17:48:57.821	5:48:01.568	Equipa 6
617	617-A - DÁRIO PIEDADE	47	25:27.768	18,9	18:14:25.589	6:13:29.336	Equipa 6
617	617-E - ANDRÉ MARTINS	48	25:29.128	18,8	18:39:54.717	6:38:58.464	Equipa 6
617	617-B - LUÍS SOUSA	49	21:03.020	22,8	19:00:57.737	7:00:01.484	Equipa 6
617	617-F - GONÇALO SILVESTRE	50	23:22.541	20,5	19:24:20.278	7:23:24.025	Equipa 6
617	617-D - PAULO QUEIRÓS	51	23:15.994	20,6	19:47:36.272	7:46:40.019	Equipa 6
617	617-C - LUÍS FERREIRA	52	26:14.489	18,3	20:13:50.761	8:12:54.508	Equipa 6
617	617-A - DÁRIO PIEDADE	53	23:29.638	20,4	20:37:20.399	8:36:24.146	Equipa 6
617	617-E - ANDRÉ MARTINS	54	23:44.595	20,2	21:01:04.994	9:00:08.741	Equipa 6
617	617-B - LUÍS SOUSA	55	20:38.120	23,3	21:21:43.114	9:20:46.861	Equipa 6
617	617-F - GONÇALO SILVESTRE	56	23:14.330	20,7	21:44:57.444	9:44:01.191	Equipa 6
617	617-D - PAULO QUEIRÓS	57	22:53.876	21	22:07:51.320	10:06:55.067	Equipa 6
617	617-C - LUÍS FERREIRA	58	24:42.663	19,4	22:32:33.983	10:31:37.730	Equipa 6
617	617-A - DÁRIO PIEDADE	59	22:17.537	21,5	22:54:51.520	10:53:55.267	Equipa 6
617	617-E - ANDRÉ MARTINS	60	23:11.208	20,7	23:18:02.728	11:17:06.475	Equipa 6
617	617-B - LUÍS SOUSA	61	20:34.159	23,3	23:38:36.887	11:37:40.634	Equipa 6
617	617-F - GONÇALO SILVESTRE	62	22:38.736	21,2	24:01:15.623	12:00:19.370	Equipa 6
618	618-F - VITOR REIS	1	42:43.171	11,2	42:43.171	12:41:46.918	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
618	618-D - JOÃO RODRIGUES	2	37:04.397	12,9	1:19:47.568	13:18:51.315	Equipa 6
618	618-C - GUILHERME RITA	3	23:25.692	20,5	1:43:13.260	13:42:17.007	Equipa 6
618	618-E - GABRIEL APOLÓNIA	4	22:37.217	21,2	2:05:50.477	14:04:54.224	Equipa 6
618	618-B - MARTO COELHO	5	23:02.257	20,8	2:28:52.734	14:27:56.481	Equipa 6
618	618-F - VITOR REIS	6	21:58.833	21,8	2:50:51.567	14:49:55.314	Equipa 6
618	618-A - CARLOS PEREIRA	7	22:26.761	21,4	3:13:18.328	15:12:22.075	Equipa 6
618	618-D - JOÃO RODRIGUES	8	23:23.654	20,5	3:36:41.982	15:35:45.729	Equipa 6
618	618-C - GUILHERME RITA	9	23:14.920	20,6	3:59:56.902	15:59:00.649	Equipa 6
618	618-E - GABRIEL APOLÓNIA	10	22:38.653	21,2	4:22:35.555	16:21:39.302	Equipa 6
618	618-B - MARTO COELHO	11	22:19.513	21,5	4:44:55.068	16:43:58.815	Equipa 6
618	618-F - VITOR REIS	12	21:48.722	22	5:06:43.790	17:05:47.537	Equipa 6
618	618-A - CARLOS PEREIRA	13	21:48.219	22	5:28:32.009	17:27:35.756	Equipa 6
618	618-D - JOÃO RODRIGUES	14	23:52.957	20,1	5:52:24.966	17:51:28.713	Equipa 6
618	618-C - GUILHERME RITA	15	31:35.161	15,2	6:24:00.127	18:23:03.874	Equipa 6
618	618-E - GABRIEL APOLÓNIA	16	22:26.642	21,4	6:46:26.769	18:45:30.516	Equipa 6
618	618-B - MARTO COELHO	17	22:17.841	21,5	7:08:44.610	19:07:48.357	Equipa 6
618	618-F - VITOR REIS	18	22:01.359	21,8	7:30:45.969	19:29:49.716	Equipa 6
618	618-A - CARLOS PEREIRA	19	21:59.339	21,8	7:52:45.308	19:51:49.055	Equipa 6
618	618-D - JOÃO RODRIGUES	20	23:09.510	20,7	8:15:54.818	20:14:58.565	Equipa 6
618	618-C - GUILHERME RITA	21	23:05.251	20,8	8:39:00.069	20:38:03.816	Equipa 6
618	618-E - GABRIEL APOLÓNIA	22	30:05.820	15,9	9:09:05.889	21:08:09.636	Equipa 6
618	618-B - MARTO COELHO	23	22:27.162	21,4	9:31:33.051	21:30:36.798	Equipa 6
618	618-F - VITOR REIS	24	22:45.738	21,1	9:54:18.789	21:53:22.536	Equipa 6
618	618-A - CARLOS PEREIRA	25	23:08.126	20,7	10:17:26.915	22:16:30.662	Equipa 6
618	618-D - JOÃO RODRIGUES	26	27:06.928	17,7	10:44:33.843	22:43:37.590	Equipa 6
618	618-C - GUILHERME RITA	27	23:49.959	20,1	11:08:23.802	23:07:27.549	Equipa 6
618	618-E - GABRIEL APOLÓNIA	28	25:17.871	19	11:33:41.673	23:32:45.420	Equipa 6
618	618-B - MARTO COELHO	29	22:48.799	21	11:56:30.472	23:55:34.219	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
618	618-F - VITOR REIS	30	26:42.110	18	12:23:12.582	0:22:16.329	Equipa 6
618	618-F - VITOR REIS	31	22:54.063	21	12:46:06.645	0:45:10.392	Equipa 6
618	618-A - CARLOS PEREIRA	32	23:52.739	20,1	13:09:59.384	1:09:03.131	Equipa 6
618	618-A - CARLOS PEREIRA	33	22:49.926	21	13:32:49.310	1:31:53.057	Equipa 6
618	618-D - JOÃO RODRIGUES	34	28:37.819	16,8	14:01:27.129	2:00:30.876	Equipa 6
618	618-C - GUILHERME RITA	35	23:57.044	20	14:25:24.173	2:24:27.920	Equipa 6
618	618-C - GUILHERME RITA	36	23:46.480	20,2	14:49:10.653	2:48:14.400	Equipa 6
618	618-E - GABRIEL APOLÓNIA	37	25:57.818	18,5	15:15:08.471	3:14:12.218	Equipa 6
618	618-E - GABRIEL APOLÓNIA	38	26:25.594	18,2	15:41:34.065	3:40:37.812	Equipa 6
618	618-B - MARTO COELHO	39	23:33.731	20,4	16:05:07.796	4:04:11.543	Equipa 6
618	618-B - MARTO COELHO	40	22:57.756	20,9	16:28:05.552	4:27:09.299	Equipa 6
618	618-F - VITOR REIS	41	23:12.719	20,7	16:51:18.271	4:50:22.018	Equipa 6
618	618-F - VITOR REIS	42	23:12.340	20,7	17:14:30.611	5:13:34.358	Equipa 6
618	618-A - CARLOS PEREIRA	43	23:37.752	20,3	17:38:08.363	5:37:12.110	Equipa 6
618	618-A - CARLOS PEREIRA	44	23:05.191	20,8	18:01:13.554	6:00:17.301	Equipa 6
618	618-D - JOÃO RODRIGUES	45	24:32.240	19,6	18:25:45.794	6:24:49.541	Equipa 6
618	618-D - JOÃO RODRIGUES	46	24:48.001	19,4	18:50:33.795	6:49:37.542	Equipa 6
618	618-C - GUILHERME RITA	47	23:25.664	20,5	19:13:59.459	7:13:03.206	Equipa 6
618	618-C - GUILHERME RITA	48	22:45.839	21,1	19:36:45.298	7:35:49.045	Equipa 6
618	618-E - GABRIEL APOLÓNIA	49	22:43.928	21,1	19:59:29.226	7:58:32.973	Equipa 6
618	618-B - MARTO COELHO	50	22:21.846	21,5	20:21:51.072	8:20:54.819	Equipa 6
618	618-F - VITOR REIS	51	46:06.376	10,4	21:07:57.448	9:07:01.195	Equipa 6
618	618-A - CARLOS PEREIRA	52	22:45.180	21,1	21:30:42.628	9:29:46.375	Equipa 6
618	618-D - JOÃO RODRIGUES	53	24:41.376	19,4	21:55:24.004	9:54:27.751	Equipa 6
618	618-C - GUILHERME RITA	54	23:20.634	20,6	22:18:44.638	10:17:48.385	Equipa 6
618	618-E - GABRIEL APOLÓNIA	55	24:36.703	19,5	22:43:21.341	10:42:25.088	Equipa 6
618	618-B - MARTO COELHO	56	25:29.856	18,8	23:08:51.197	11:07:54.944	Equipa 6
618	618-F - VITOR REIS	57	23:48.408	20,2	23:32:39.605	11:31:43.352	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
618	618-A - CARLOS PEREIRA	58	23:42.086	20,3	23:56:21.691	11:55:25.438	Equipa 6
619	619-D - BRUNO SEBASTIÃO	1	26:41.463	18	26:41.463	12:25:45.210	Equipa 6
619	619-E - PEDRO MORAIS	2	21:43.259	22,1	48:24.722	12:47:28.469	Equipa 6
619	619-B - FERNANDO MOREIRA	3	23:14.255	20,7	1:11:38.977	13:10:42.724	Equipa 6
619	619-A - HERNÂNI CORREIA	4	21:58.756	21,8	1:33:37.733	13:32:41.480	Equipa 6
619	619-C - ANTÓNIO TORRADO	5	23:34.941	20,4	1:57:12.674	13:56:16.421	Equipa 6
619	619-F - RUI BRAVIER	6	24:16.832	19,8	2:21:29.506	14:20:33.253	Equipa 6
619	619-D - BRUNO SEBASTIÃO	7	21:08.440	22,7	2:42:37.946	14:41:41.693	Equipa 6
619	619-E - PEDRO MORAIS	8	21:50.322	22	3:04:28.268	15:03:32.015	Equipa 6
619	619-B - FERNANDO MOREIRA	9	23:29.596	20,4	3:27:57.864	15:27:01.611	Equipa 6
619	619-A - HERNÂNI CORREIA	10	22:11.538	21,6	3:50:09.402	15:49:13.149	Equipa 6
619	619-C - ANTÓNIO TORRADO	11	24:00.288	20	4:14:09.690	16:13:13.437	Equipa 6
619	619-F - RUI BRAVIER	12	24:06.896	19,9	4:38:16.586	16:37:20.333	Equipa 6
619	619-D - BRUNO SEBASTIÃO	13	21:03.448	22,8	4:59:20.034	16:58:23.781	Equipa 6
619	619-E - PEDRO MORAIS	14	22:24.474	21,4	5:21:44.508	17:20:48.255	Equipa 6
619	619-B - FERNANDO MOREIRA	15	23:50.352	20,1	5:45:34.860	17:44:38.607	Equipa 6
619	619-A - HERNÂNI CORREIA	16	22:13.375	21,6	6:07:48.235	18:06:51.982	Equipa 6
619	619-C - ANTÓNIO TORRADO	17	24:07.908	19,9	6:31:56.143	18:30:59.890	Equipa 6
619	619-F - RUI BRAVIER	18	24:18.823	19,7	6:56:14.966	18:55:18.713	Equipa 6
619	619-D - BRUNO SEBASTIÃO	19	21:15.789	22,6	7:17:30.755	19:16:34.502	Equipa 6
619	619-E - PEDRO MORAIS	20	23:52.329	20,1	7:41:23.084	19:40:26.831	Equipa 6
619	619-B - FERNANDO MOREIRA	21	23:14.140	20,7	8:04:37.224	20:03:40.971	Equipa 6
619	619-A - HERNÂNI CORREIA	22	21:59.907	21,8	8:26:37.131	20:25:40.878	Equipa 6
619	619-C - ANTÓNIO TORRADO	23	23:20.289	20,6	8:49:57.420	20:49:01.167	Equipa 6
619	619-F - RUI BRAVIER	24	23:49.914	20,1	9:13:47.334	21:12:51.081	Equipa 6
619	619-D - BRUNO SEBASTIÃO	25	21:51.188	22	9:35:38.522	21:34:42.269	Equipa 6
619	619-E - PEDRO MORAIS	26	22:32.576	21,3	9:58:11.098	21:57:14.845	Equipa 6
619	619-B - FERNANDO MOREIRA	27	24:18.474	19,7	10:22:29.572	22:21:33.319	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
619	619-A - HERNÂNI CORREIA	28	23:00.944	20,9	10:45:30.516	22:44:34.263	Equipa 6
619	619-C - ANTÓNIO TORRADO	29	24:23.451	19,7	11:09:53.967	23:08:57.714	Equipa 6
619	619-F - RUI BRAVIER	30	25:23.917	18,9	11:35:17.884	23:34:21.631	Equipa 6
619	619-D - BRUNO SEBASTIÃO	31	22:32.268	21,3	11:57:50.152	23:56:53.899	Equipa 6
619	619-E - PEDRO MORAIS	32	23:32.361	20,4	12:21:22.513	0:20:26.260	Equipa 6
619	619-B - FERNANDO MOREIRA	33	25:03.878	19,2	12:46:26.391	0:45:30.138	Equipa 6
619	619-A - HERNÂNI CORREIA	34	23:38.825	20,3	13:10:05.216	1:09:08.963	Equipa 6
619	619-C - ANTÓNIO TORRADO	35	24:35.231	19,5	13:34:40.447	1:33:44.194	Equipa 6
619	619-F - RUI BRAVIER	36	25:19.460	19	13:59:59.907	1:59:03.654	Equipa 6
619	619-D - BRUNO SEBASTIÃO	37	22:52.650	21	14:22:52.557	2:21:56.304	Equipa 6
619	619-E - PEDRO MORAIS	38	23:50.927	20,1	14:46:43.484	2:45:47.231	Equipa 6
619	619-B - FERNANDO MOREIRA	39	24:58.726	19,2	15:11:42.210	3:10:45.957	Equipa 6
619	619-A - HERNÂNI CORREIA	40	23:45.110	20,2	15:35:27.320	3:34:31.067	Equipa 6
619	619-C - ANTÓNIO TORRADO	41	24:43.044	19,4	16:00:10.364	3:59:14.111	Equipa 6
619	619-D - BRUNO SEBASTIÃO	42	51:12.235	9,4	16:51:22.599	4:50:26.346	Equipa 6
619	619-D - BRUNO SEBASTIÃO	43	22:45.214	21,1	17:14:07.813	5:13:11.560	Equipa 6
619	619-E - PEDRO MORAIS	44	25:24.742	18,9	17:39:32.555	5:38:36.302	Equipa 6
619	619-E - PEDRO MORAIS	45	25:04.359	19,1	18:04:36.914	6:03:40.661	Equipa 6
619	619-B - FERNANDO MOREIRA	46	24:10.469	19,9	18:28:47.383	6:27:51.130	Equipa 6
619	619-A - HERNÂNI CORREIA	47	22:29.502	21,3	18:51:16.885	6:50:20.632	Equipa 6
619	619-C - ANTÓNIO TORRADO	48	24:02.266	20	19:15:19.151	7:14:22.898	Equipa 6
619	619-F - RUI BRAVIER	49	24:22.373	19,7	19:39:41.524	7:38:45.271	Equipa 6
619	619-D - BRUNO SEBASTIÃO	50	21:49.434	22	20:01:30.958	8:00:34.705	Equipa 6
619	619-B - FERNANDO MOREIRA	51	24:08.354	19,9	20:25:39.312	8:24:43.059	Equipa 6
619	619-A - HERNÂNI CORREIA	52	23:05.784	20,8	20:48:45.096	8:47:48.843	Equipa 6
619	619-C - ANTÓNIO TORRADO	53	24:24.600	19,7	21:13:09.696	9:12:13.443	Equipa 6
619	619-F - RUI BRAVIER	54	25:02.776	19,2	21:38:12.472	9:37:16.219	Equipa 6
619	619-D - BRUNO SEBASTIÃO	55	22:07.930	21,7	22:00:20.402	9:59:24.149	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
619	619-E - PEDRO MORAIS	56	22:21.012	21,5	22:22:41.414	10:21:45.161	Equipa 6
619	619-B - FERNANDO MOREIRA	57	23:58.838	20	22:46:40.252	10:45:43.999	Equipa 6
619	619-A - HERNÂNI CORREIA	58	23:21.905	20,5	23:10:02.157	11:09:05.904	Equipa 6
619	619-C - ANTÓNIO TORRADO	59	24:31.768	19,6	23:34:33.925	11:33:37.672	Equipa 6
619	619-D - BRUNO SEBASTIÃO	60	20:56.341	22,9	23:55:30.266	11:54:34.013	Equipa 6
619	619-F - RUI BRAVIER	61	25:02.683	19,2	24:20:32.949	12:19:36.696	Equipa 6
620	620-D - PAULO GUERREIRO	1	31:06.456	15,4	31:06.456	12:30:10.203	Equipa 6
620	620-A - RICARDO AMBRÓSIO	2	23:51.326	20,1	54:57.782	12:54:01.529	Equipa 6
620	620-B - HUGO ROSÁRIO	3	23:59.397	20	1:18:57.179	13:18:00.926	Equipa 6
620	620-C - JOÃO LOPES	4	25:45.523	18,6	1:44:42.702	13:43:46.449	Equipa 6
620	620-E - JASON MULA	5	27:58.678	17,2	2:12:41.380	14:11:45.127	Equipa 6
620	620-D - PAULO GUERREIRO	6	42:23.937	11,3	2:55:05.317	14:54:09.064	Equipa 6
620	620-A - RICARDO AMBRÓSIO	7	26:47.456	17,9	3:21:52.773	15:20:56.520	Equipa 6
620	620-B - HUGO ROSÁRIO	8	24:28.935	19,6	3:46:21.708	15:45:25.455	Equipa 6
620	620-C - JOÃO LOPES	9	26:29.775	18,1	4:12:51.483	16:11:55.230	Equipa 6
620	620-E - JASON MULA	10	27:23.743	17,5	4:40:15.226	16:39:18.973	Equipa 6
620	620-F - EMILIO COELHO	11	26:05.201	18,4	5:06:20.427	17:05:24.174	Equipa 6
620	620-D - PAULO GUERREIRO	12	24:14.766	19,8	5:30:35.193	17:29:38.940	Equipa 6
620	620-A - RICARDO AMBRÓSIO	13	23:48.681	20,2	5:54:23.874	17:53:27.621	Equipa 6
620	620-B - HUGO ROSÁRIO	14	24:34.473	19,5	6:18:58.347	18:18:02.094	Equipa 6
620	620-C - JOÃO LOPES	15	26:46.517	17,9	6:45:44.864	18:44:48.611	Equipa 6
620	620-E - JASON MULA	16	27:01.634	17,8	7:12:46.498	19:11:50.245	Equipa 6
620	620-F - EMILIO COELHO	17	37:11.992	12,9	7:49:58.490	19:49:02.237	Equipa 6
620	620-D - PAULO GUERREIRO	18	25:16.205	19	8:15:14.695	20:14:18.442	Equipa 6
620	620-A - RICARDO AMBRÓSIO	19	23:59.963	20	8:39:14.658	20:38:18.405	Equipa 6
620	620-B - HUGO ROSÁRIO	20	24:26.640	19,6	9:03:41.298	21:02:45.045	Equipa 6
620	620-C - JOÃO LOPES	21	27:26.384	17,5	9:31:07.682	21:30:11.429	Equipa 6
620	620-E - JASON MULA	22	29:43.848	16,1	10:00:51.530	21:59:55.277	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
620	620-F - EMILIO COELHO	23	1:12:12.457	6,6	11:13:03.987	23:12:07.734	Equipa 6
620	620-D - PAULO GUERREIRO	24	27:45.723	17,3	11:40:49.710	23:39:53.457	Equipa 6
620	620-A - RICARDO AMBRÓSIO	25	25:29.797	18,8	12:06:19.507	0:05:23.254	Equipa 6
620	620-B - HUGO ROSÁRIO	26	25:16.508	19	12:31:36.015	0:30:39.762	Equipa 6
620	620-C - JOÃO LOPES	27	28:45.466	16,7	13:00:21.481	0:59:25.228	Equipa 6
620	620-E - JASON MULA	28	29:50.540	16,1	13:30:12.021	1:29:15.768	Equipa 6
620	620-F - EMILIO COELHO	29	27:00.284	17,8	13:57:12.305	1:56:16.052	Equipa 6
620	620-D - PAULO GUERREIRO	30	27:10.016	17,7	14:24:22.321	2:23:26.068	Equipa 6
620	620-A - RICARDO AMBRÓSIO	31	25:08.455	19,1	14:49:30.776	2:48:34.523	Equipa 6
620	620-B - HUGO ROSÁRIO	32	25:40.461	18,7	15:15:11.237	3:14:14.984	Equipa 6
620	620-C - JOÃO LOPES	33	30:48.960	15,6	15:46:00.197	3:45:03.944	Equipa 6
620	620-E - JASON MULA	34	31:56.602	15	16:17:56.799	4:17:00.546	Equipa 6
620	620-F - EMILIO COELHO	35	28:22.788	16,9	16:46:19.587	4:45:23.334	Equipa 6
620	620-D - PAULO GUERREIRO	36	28:00.176	17,1	17:14:19.763	5:13:23.510	Equipa 6
620	620-A - RICARDO AMBRÓSIO	37	26:22.216	18,2	17:40:41.979	5:39:45.726	Equipa 6
620	620-B - HUGO ROSÁRIO	38	24:38.465	19,5	18:05:20.444	6:04:24.191	Equipa 6
620	620-C - JOÃO LOPES	39	31:02.553	15,5	18:36:22.997	6:35:26.744	Equipa 6
620	620-E - JASON MULA	40	28:39.006	16,8	19:05:02.003	7:04:05.750	Equipa 6
620	620-F - EMILIO COELHO	41	27:05.570	17,7	19:32:07.573	7:31:11.320	Equipa 6
620	620-D - PAULO GUERREIRO	42	25:33.717	18,8	19:57:41.290	7:56:45.037	Equipa 6
620	620-A - RICARDO AMBRÓSIO	43	23:49.034	20,2	20:21:30.324	8:20:34.071	Equipa 6
620	620-B - HUGO ROSÁRIO	44	25:01.280	19,2	20:46:31.604	8:45:35.351	Equipa 6
620	620-C - JOÃO LOPES	45	26:20.150	18,2	21:12:51.754	9:11:55.501	Equipa 6
620	620-E - JASON MULA	46	27:36.782	17,4	21:40:28.536	9:39:32.283	Equipa 6
620	620-F - EMILIO COELHO	47	26:33.805	18,1	22:07:02.341	10:06:06.088	Equipa 6
620	620-D - PAULO GUERREIRO	48	24:37.815	19,5	22:31:40.156	10:30:43.903	Equipa 6
620	620-A - RICARDO AMBRÓSIO	49	25:55.451	18,5	22:57:35.607	10:56:39.354	Equipa 6
620	620-B - HUGO ROSÁRIO	50	35:45.825	13,4	23:33:21.432	11:32:25.179	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
620	620-C - JOÃO LOPES	51	26:25.302	18,2	23:59:46.734	11:58:50.481	Equipa 6
620	620-E - JASON MULA	52	29:51.235	16,1	24:29:37.969	12:28:41.716	Equipa 6
621	621-E - SERGIO MARQUES	1	26:15.186	18,3	26:15.186	12:25:18.933	Equipa 6
621	621-E - SERGIO MARQUES	2	21:19.370	22,5	47:34.556	12:46:38.303	Equipa 6
621	621-E - SERGIO MARQUES	3	21:23.741	22,4	1:08:58.297	13:08:02.044	Equipa 6
621	621-E - SERGIO MARQUES	4	21:43.072	22,1	1:30:41.369	13:29:45.116	Equipa 6
621	621-E - SERGIO MARQUES	5	21:46.772	22	1:52:28.141	13:51:31.888	Equipa 6
621	621-A - PEDRO BISPO	6	23:29.545	20,4	2:15:57.686	14:15:01.433	Equipa 6
621	621-D - LUIS MARQUES	7	22:17.244	21,5	2:38:14.930	14:37:18.677	Equipa 6
621	621-C - LUIS SILVA	8	24:47.062	19,4	3:03:01.992	15:02:05.739	Equipa 6
621	621-B - JOÃO BISPO	9	23:24.893	20,5	3:26:26.885	15:25:30.632	Equipa 6
621	621-F - RICARDO GUILHERME	10	23:30.232	20,4	3:49:57.117	15:49:00.864	Equipa 6
621	621-A - PEDRO BISPO	11	24:42.531	19,4	4:14:39.648	16:13:43.395	Equipa 6
621	621-D - LUIS MARQUES	12	22:17.588	21,5	4:36:57.236	16:36:00.983	Equipa 6
621	621-C - LUIS SILVA	13	24:05.418	19,9	5:01:02.654	17:00:06.401	Equipa 6
621	621-B - JOÃO BISPO	14	23:14.822	20,6	5:24:17.476	17:23:21.223	Equipa 6
621	621-F - RICARDO GUILHERME	15	23:34.834	20,4	5:47:52.310	17:46:56.057	Equipa 6
621	621-A - PEDRO BISPO	16	24:35.329	19,5	6:12:27.639	18:11:31.386	Equipa 6
621	621-D - LUIS MARQUES	17	21:56.065	21,9	6:34:23.704	18:33:27.451	Equipa 6
621	621-C - LUIS SILVA	18	25:32.951	18,8	6:59:56.655	18:59:00.402	Equipa 6
621	621-B - JOÃO BISPO	19	28:32.397	16,8	7:28:29.052	19:27:32.799	Equipa 6
621	621-F - RICARDO GUILHERME	20	24:08.921	19,9	7:52:37.973	19:51:41.720	Equipa 6
621	621-A - PEDRO BISPO	21	24:29.861	19,6	8:17:07.834	20:16:11.581	Equipa 6
621	621-D - LUIS MARQUES	22	23:23.715	20,5	8:40:31.549	20:39:35.296	Equipa 6
621	621-C - LUIS SILVA	23	24:26.515	19,6	9:04:58.064	21:04:01.811	Equipa 6
621	621-B - JOÃO BISPO	24	24:12.701	19,8	9:29:10.765	21:28:14.512	Equipa 6
621	621-F - RICARDO GUILHERME	25	24:45.021	19,4	9:53:55.786	21:52:59.533	Equipa 6
621	621-A - PEDRO BISPO	26	26:52.928	17,9	10:20:48.714	22:19:52.461	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
621	621-D - LUIS MARQUES	27	22:53.883	21	10:43:42.597	22:42:46.344	Equipa 6
621	621-C - LUIS SILVA	28	26:04.123	18,4	11:09:46.720	23:08:50.467	Equipa 6
621	621-B - JOÃO BISPO	29	25:08.136	19,1	11:34:54.856	23:33:58.603	Equipa 6
621	621-F - RICARDO GUILHERME	30	25:00.347	19,2	11:59:55.203	23:58:58.950	Equipa 6
621	621-A - PEDRO BISPO	31	26:02.402	18,4	12:25:57.605	0:25:01.352	Equipa 6
621	621-D - LUIS MARQUES	32	23:15.133	20,6	12:49:12.738	0:48:16.485	Equipa 6
621	621-C - LUIS SILVA	33	25:48.058	18,6	13:15:00.796	1:14:04.543	Equipa 6
621	621-B - JOÃO BISPO	34	26:51.994	17,9	13:41:52.790	1:40:56.537	Equipa 6
621	621-F - RICARDO GUILHERME	35	25:22.352	18,9	14:07:15.142	2:06:18.889	Equipa 6
621	621-A - PEDRO BISPO	36	26:09.185	18,4	14:33:24.327	2:32:28.074	Equipa 6
621	621-D - LUIS MARQUES	37	24:48.963	19,3	14:58:13.290	2:57:17.037	Equipa 6
621	621-C - LUIS SILVA	38	26:06.654	18,4	15:24:19.944	3:23:23.691	Equipa 6
621	621-B - JOÃO BISPO	39	29:16.517	16,4	15:53:36.461	3:52:40.208	Equipa 6
621	621-F - RICARDO GUILHERME	40	26:09.954	18,3	16:19:46.415	4:18:50.162	Equipa 6
621	621-A - PEDRO BISPO	41	26:40.472	18	16:46:26.887	4:45:30.634	Equipa 6
621	621-D - LUIS MARQUES	42	23:25.383	20,5	17:09:52.270	5:08:56.017	Equipa 6
621	621-C - LUIS SILVA	43	26:05.406	18,4	17:35:57.676	5:35:01.423	Equipa 6
621	621-B - JOÃO BISPO	44	25:49.680	18,6	18:01:47.356	6:00:51.103	Equipa 6
621	621-F - RICARDO GUILHERME	45	25:57.233	18,5	18:27:44.589	6:26:48.336	Equipa 6
621	621-A - PEDRO BISPO	46	24:47.290	19,4	18:52:31.879	6:51:35.626	Equipa 6
621	621-D - LUIS MARQUES	47	22:41.303	21,2	19:15:13.182	7:14:16.929	Equipa 6
621	621-C - LUIS SILVA	48	25:48.503	18,6	19:41:01.685	7:40:05.432	Equipa 6
621	621-B - JOÃO BISPO	49	25:05.134	19,1	20:06:06.819	8:05:10.566	Equipa 6
621	621-F - RICARDO GUILHERME	50	27:33.869	17,4	20:33:40.688	8:32:44.435	Equipa 6
621	621-D - LUIS MARQUES	51	22:12.545	21,6	20:55:53.233	8:54:56.980	Equipa 6
621	621-E - SERGIO MARQUES	52	21:10.443	22,7	21:17:03.676	9:16:07.423	Equipa 6
621	621-E - SERGIO MARQUES	53	21:10.879	22,7	21:38:14.555	9:37:18.302	Equipa 6
621	621-E - SERGIO MARQUES	54	21:11.434	22,7	21:59:25.989	9:58:29.736	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
621	621-E - SERGIO MARQUES	55	21:23.898	22,4	22:20:49.887	10:19:53.634	Equipa 6
621	621-E - SERGIO MARQUES	56	21:32.070	22,3	22:42:21.957	10:41:25.704	Equipa 6
621	621-E - SERGIO MARQUES	57	21:42.828	22,1	23:04:04.785	11:03:08.532	Equipa 6
621	621-E - SERGIO MARQUES	58	22:20.375	21,5	23:26:25.160	11:25:28.907	Equipa 6
621	621-E - SERGIO MARQUES	59	21:30.926	22,3	23:47:56.086	11:46:59.833	Equipa 6
621	621-E - SERGIO MARQUES	60	21:41.046	22,1	24:09:37.132	12:08:40.879	Equipa 6
622	622-A - RUI SERRANO	1	26:14.479	18,3	26:14.479	12:25:18.226	Equipa 6
622	622-F - MIGUEL GARCIA	2	21:35.323	22,2	47:49.802	12:46:53.549	Equipa 6
622	622-C - JOÃO LOURENÇO	3	21:43.524	22,1	1:09:33.326	13:08:37.073	Equipa 6
622	622-D - FÁBIO CORREIA	4	21:46.335	22	1:31:19.661	13:30:23.408	Equipa 6
622	622-B - LUIS COSTA	5	21:39.866	22,2	1:52:59.527	13:52:03.274	Equipa 6
622	622-E - ARMINDO COSTA	6	24:07.625	19,9	2:17:07.152	14:16:10.899	Equipa 6
622	622-A - RUI SERRANO	7	21:12.001	22,6	2:38:19.153	14:37:22.900	Equipa 6
622	622-F - MIGUEL GARCIA	8	21:36.198	22,2	2:59:55.351	14:58:59.098	Equipa 6
622	622-C - JOÃO LOURENÇO	9	21:57.952	21,9	3:21:53.303	15:20:57.050	Equipa 6
622	622-D - FÁBIO CORREIA	10	21:43.570	22,1	3:43:36.873	15:42:40.620	Equipa 6
622	622-B - LUIS COSTA	11	21:37.309	22,2	4:05:14.182	16:04:17.929	Equipa 6
622	622-A - RUI SERRANO	12	21:27.871	22,4	4:26:42.053	16:25:45.800	Equipa 6
622	622-A - RUI SERRANO	13	22:31.308	21,3	4:49:13.361	16:48:17.108	Equipa 6
622	622-F - MIGUEL GARCIA	14	21:08.851	22,7	5:10:22.212	17:09:25.959	Equipa 6
622	622-C - JOÃO LOURENÇO	15	21:47.371	22	5:32:09.583	17:31:13.330	Equipa 6
622	622-D - FÁBIO CORREIA	16	21:56.812	21,9	5:54:06.395	17:53:10.142	Equipa 6
622	622-B - LUIS COSTA	17	22:26.969	21,4	6:16:33.364	18:15:37.111	Equipa 6
622	622-E - ARMINDO COSTA	18	24:09.608	19,9	6:40:42.972	18:39:46.719	Equipa 6
622	622-A - RUI SERRANO	19	22:11.911	21,6	7:02:54.883	19:01:58.630	Equipa 6
622	622-F - MIGUEL GARCIA	20	21:27.359	22,4	7:24:22.242	19:23:25.989	Equipa 6
622	622-C - JOÃO LOURENÇO	21	21:57.871	21,9	7:46:20.113	19:45:23.860	Equipa 6
622	622-D - FÁBIO CORREIA	22	21:38.949	22,2	8:07:59.062	20:07:02.809	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
622	622-B - LUIS COSTA	23	21:17.500	22,5	8:29:16.562	20:28:20.309	Equipa 6
622	622-E - ARMINDO COSTA	24	23:32.777	20,4	8:52:49.339	20:51:53.086	Equipa 6
622	622-A - RUI SERRANO	25	21:43.441	22,1	9:14:32.780	21:13:36.527	Equipa 6
622	622-F - MIGUEL GARCIA	26	21:57.012	21,9	9:36:29.792	21:35:33.539	Equipa 6
622	622-C - JOÃO LOURENÇO	27	22:56.755	20,9	9:59:26.547	21:58:30.294	Equipa 6
622	622-D - FÁBIO CORREIA	28	22:25.464	21,4	10:21:52.011	22:20:55.758	Equipa 6
622	622-B - LUIS COSTA	29	22:10.149	21,7	10:44:02.160	22:43:05.907	Equipa 6
622	622-E - ARMINDO COSTA	30	24:39.504	19,5	11:08:41.664	23:07:45.411	Equipa 6
622	622-A - RUI SERRANO	31	33:09.870	14,5	11:41:51.534	23:40:55.281	Equipa 6
622	622-A - RUI SERRANO	32	23:07.538	20,8	12:04:59.072	0:04:02.819	Equipa 6
622	622-F - MIGUEL GARCIA	33	22:34.869	21,3	12:27:33.941	0:26:37.688	Equipa 6
622	622-F - MIGUEL GARCIA	34	22:44.488	21,1	12:50:18.429	0:49:22.176	Equipa 6
622	622-C - JOÃO LOURENÇO	35	23:17.395	20,6	13:13:35.824	1:12:39.571	Equipa 6
622	622-C - JOÃO LOURENÇO	36	24:55.590	19,3	13:38:31.414	1:37:35.161	Equipa 6
622	622-D - FÁBIO CORREIA	37	22:40.066	21,2	14:01:11.480	2:00:15.227	Equipa 6
622	622-D - FÁBIO CORREIA	38	23:14.480	20,7	14:24:25.960	2:23:29.707	Equipa 6
622	622-B - LUIS COSTA	39	23:27.342	20,5	14:47:53.302	2:46:57.049	Equipa 6
622	622-B - LUIS COSTA	40	23:50.060	20,1	15:11:43.362	3:10:47.109	Equipa 6
622	622-E - ARMINDO COSTA	41	24:31.513	19,6	15:36:14.875	3:35:18.622	Equipa 6
622	622-A - RUI SERRANO	42	23:53.074	20,1	16:00:07.949	3:59:11.696	Equipa 6
622	622-A - RUI SERRANO	43	23:27.210	20,5	16:23:35.159	4:22:38.906	Equipa 6
622	622-F - MIGUEL GARCIA	44	22:07.120	21,7	16:45:42.279	4:44:46.026	Equipa 6
622	622-F - MIGUEL GARCIA	45	22:28.565	21,4	17:08:10.844	5:07:14.591	Equipa 6
622	622-C - JOÃO LOURENÇO	46	23:35.352	20,3	17:31:46.196	5:30:49.943	Equipa 6
622	622-C - JOÃO LOURENÇO	47	24:08.813	19,9	17:55:55.009	5:54:58.756	Equipa 6
622	622-D - FÁBIO CORREIA	48	23:16.430	20,6	18:19:11.439	6:18:15.186	Equipa 6
622	622-D - FÁBIO CORREIA	49	23:22.715	20,5	18:42:34.154	6:41:37.901	Equipa 6
622	622-B - LUIS COSTA	50	22:35.715	21,2	19:05:09.869	7:04:13.616	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
622	622-B - LUIS COSTA	51	27:20.061	17,6	19:32:29.930	7:31:33.677	Equipa 6
622	622-E - ARMINDO COSTA	52	23:55.823	20,1	19:56:25.753	7:55:29.500	Equipa 6
622	622-A - RUI SERRANO	53	22:12.017	21,6	20:18:37.770	8:17:41.517	Equipa 6
622	622-F - MIGUEL GARCIA	54	21:35.298	22,2	20:40:13.068	8:39:16.815	Equipa 6
622	622-C - JOÃO LOURENÇO	55	22:33.111	21,3	21:02:46.179	9:01:49.926	Equipa 6
622	622-D - FÁBIO CORREIA	56	22:05.486	21,7	21:24:51.665	9:23:55.412	Equipa 6
622	622-B - LUIS COSTA	57	21:41.098	22,1	21:46:32.763	9:45:36.510	Equipa 6
622	622-E - ARMINDO COSTA	58	24:09.903	19,9	22:10:42.666	10:09:46.413	Equipa 6
622	622-A - RUI SERRANO	59	22:22.755	21,4	22:33:05.421	10:32:09.168	Equipa 6
622	622-F - MIGUEL GARCIA	60	21:48.650	22	22:54:54.071	10:53:57.818	Equipa 6
622	622-C - JOÃO LOURENÇO	61	22:45.329	21,1	23:17:39.400	11:16:43.147	Equipa 6
622	622-D - FÁBIO CORREIA	62	22:52.195	21	23:40:31.595	11:39:35.342	Equipa 6
622	622-B - LUIS COSTA	63	21:47.521	22	24:02:19.116	12:01:22.863	Equipa 6
623	623-A - TIAGO CONCEIÇÃO	1	27:34.160	17,4	27:34.160	12:26:37.907	Equipa 6
623	623-B - LUÍS BARBOSA	2	21:44.232	22,1	49:18.392	12:48:22.139	Equipa 6
623	623-D - FRANCO	3	44:34.437	10,8	1:33:52.829	13:32:56.576	Equipa 6
623	623-C - EMANUEL ROSA	4	22:49.261	21	1:56:42.090	13:55:45.837	Equipa 6
623	623-E - JOÃO FERNANDES	5	23:22.542	20,5	2:20:04.632	14:19:08.379	Equipa 6
623	623-F - EURICO ALVES	6	23:44.956	20,2	2:43:49.588	14:42:53.335	Equipa 6
623	623-A - TIAGO CONCEIÇÃO	7	21:46.985	22	3:05:36.573	15:04:40.320	Equipa 6
623	623-B - LUÍS BARBOSA	8	21:32.893	22,3	3:27:09.466	15:26:13.213	Equipa 6
623	623-D - FRANCO	9	23:13.617	20,7	3:50:23.083	15:49:26.830	Equipa 6
623	623-C - EMANUEL ROSA	10	22:37.533	21,2	4:13:00.616	16:12:04.363	Equipa 6
623	623-E - JOÃO FERNANDES	11	23:24.892	20,5	4:36:25.508	16:35:29.255	Equipa 6
623	623-F - EURICO ALVES	12	24:31.618	19,6	5:00:57.126	17:00:00.873	Equipa 6
623	623-A - TIAGO CONCEIÇÃO	13	21:36.766	22,2	5:22:33.892	17:21:37.639	Equipa 6
623	623-B - LUÍS BARBOSA	14	22:13.934	21,6	5:44:47.826	17:43:51.573	Equipa 6
623	623-D - FRANCO	15	23:31.824	20,4	6:08:19.650	18:07:23.397	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
623	623-C - EMANUEL ROSA	16	22:56.699	20,9	6:31:16.349	18:30:20.096	Equipa 6
623	623-E - JOÃO FERNANDES	17	23:38.035	20,3	6:54:54.384	18:53:58.131	Equipa 6
623	623-F - EURICO ALVES	18	24:20.099	19,7	7:19:14.483	19:18:18.230	Equipa 6
623	623-A - TIAGO CONCEIÇÃO	19	21:56.266	21,9	7:41:10.749	19:40:14.496	Equipa 6
623	623-B - LUÍS BARBOSA	20	23:00.988	20,9	8:04:11.737	20:03:15.484	Equipa 6
623	623-D - FRANCO	21	22:49.155	21	8:27:00.892	20:26:04.639	Equipa 6
623	623-C - EMANUEL ROSA	22	22:55.842	20,9	8:49:56.734	20:49:00.481	Equipa 6
623	623-E - JOÃO FERNANDES	23	23:31.632	20,4	9:13:28.366	21:12:32.113	Equipa 6
623	623-F - EURICO ALVES	24	25:21.841	18,9	9:38:50.207	21:37:53.954	Equipa 6
623	623-A - TIAGO CONCEIÇÃO	25	22:45.156	21,1	10:01:35.363	22:00:39.110	Equipa 6
623	623-B - LUÍS BARBOSA	26	26:24.024	18,2	10:27:59.387	22:27:03.134	Equipa 6
623	623-D - FRANCO	27	24:30.051	19,6	10:52:29.438	22:51:33.185	Equipa 6
623	623-C - EMANUEL ROSA	28	24:17.492	19,8	11:16:46.930	23:15:50.677	Equipa 6
623	623-E - JOÃO FERNANDES	29	24:46.394	19,4	11:41:33.324	23:40:37.071	Equipa 6
623	623-F - EURICO ALVES	30	25:43.429	18,7	12:07:16.753	0:06:20.500	Equipa 6
623	623-A - TIAGO CONCEIÇÃO	31	22:48.960	21	12:30:05.713	0:29:09.460	Equipa 6
623	623-B - LUÍS BARBOSA	32	23:15.030	20,6	12:53:20.743	0:52:24.490	Equipa 6
623	623-D - FRANCO	33	24:26.730	19,6	13:17:47.473	1:16:51.220	Equipa 6
623	623-C - EMANUEL ROSA	34	24:10.894	19,8	13:41:58.367	1:41:02.114	Equipa 6
623	623-E - JOÃO FERNANDES	35	25:28.025	18,8	14:07:26.392	2:06:30.139	Equipa 6
623	623-F - EURICO ALVES	36	26:11.755	18,3	14:33:38.147	2:32:41.894	Equipa 6
623	623-A - TIAGO CONCEIÇÃO	37	22:47.409	21,1	14:56:25.556	2:55:29.303	Equipa 6
623	623-B - LUÍS BARBOSA	38	23:10.563	20,7	15:19:36.119	3:18:39.866	Equipa 6
623	623-D - FRANCO	39	26:25.527	18,2	15:46:01.646	3:45:05.393	Equipa 6
623	623-C - EMANUEL ROSA	40	25:08.657	19,1	16:11:10.303	4:10:14.050	Equipa 6
623	623-E - JOÃO FERNANDES	41	24:51.318	19,3	16:36:01.621	4:35:05.368	Equipa 6
623	623-F - EURICO ALVES	42	26:08.064	18,4	17:02:09.685	5:01:13.432	Equipa 6
623	623-A - TIAGO CONCEIÇÃO	43	22:31.852	21,3	17:24:41.537	5:23:45.284	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
623	623-B - LUÍS BARBOSA	44	22:40.649	21,2	17:47:22.186	5:46:25.933	Equipa 6
623	623-D - FRANCO	45	31:10.096	15,4	18:18:32.282	6:17:36.029	Equipa 6
623	623-C - EMANUEL ROSA	46	23:48.249	20,2	18:42:20.531	6:41:24.278	Equipa 6
623	623-E - JOÃO FERNANDES	47	24:57.419	19,2	19:07:17.950	7:06:21.697	Equipa 6
623	623-F - EURICO ALVES	48	25:30.513	18,8	19:32:48.463	7:31:52.210	Equipa 6
623	623-A - TIAGO CONCEIÇÃO	49	21:34.985	22,2	19:54:23.448	7:53:27.195	Equipa 6
623	623-B - LUÍS BARBOSA	50	23:42.995	20,2	20:18:06.443	8:17:10.190	Equipa 6
623	623-C - EMANUEL ROSA	51	22:52.536	21	20:40:58.979	8:40:02.726	Equipa 6
623	623-E - JOÃO FERNANDES	52	24:34.185	19,5	21:05:33.164	9:04:36.911	Equipa 6
623	623-F - EURICO ALVES	53	26:17.645	18,3	21:31:50.809	9:30:54.556	Equipa 6
623	623-A - TIAGO CONCEIÇÃO	54	22:21.186	21,5	21:54:11.995	9:53:15.742	Equipa 6
623	623-B - LUÍS BARBOSA	55	22:30.399	21,3	22:16:42.394	10:15:46.141	Equipa 6
623	623-C - EMANUEL ROSA	56	23:11.869	20,7	22:39:54.263	10:38:58.010	Equipa 6
623	623-E - JOÃO FERNANDES	57	26:05.689	18,4	23:05:59.952	11:05:03.699	Equipa 6
623	623-A - TIAGO CONCEIÇÃO	58	21:57.911	21,9	23:27:57.863	11:27:01.610	Equipa 6
623	623-B - LUÍS BARBOSA	59	21:24.940	22,4	23:49:22.803	11:48:26.550	Equipa 6
623	623-C - EMANUEL ROSA	60	23:13.837	20,7	24:12:36.640	12:11:40.387	Equipa 6
624	624-B - ELVIS PRATA	1	26:46.138	17,9	26:46.138	12:25:49.885	Equipa 6
624	624-D - ANTÓNIO LOBO	2	23:41.620	20,3	50:27.758	12:49:31.505	Equipa 6
624	624-C - MARCO RESENDE	3	21:22.110	22,5	1:11:49.868	13:10:53.615	Equipa 6
624	624-A - DANIEL PÜRRO	4	23:08.916	20,7	1:34:58.784	13:34:02.531	Equipa 6
624	624-F - BRUNO SILVA	5	21:27.891	22,4	1:56:26.675	13:55:30.422	Equipa 6
624	624-E - JOÃO SANTOS	6	23:26.225	20,5	2:19:52.900	14:18:56.647	Equipa 6
624	624-B - ELVIS PRATA	7	22:14.406	21,6	2:42:07.306	14:41:11.053	Equipa 6
624	624-D - ANTÓNIO LOBO	8	23:52.249	20,1	3:05:59.555	15:05:03.302	Equipa 6
624	624-C - MARCO RESENDE	9	21:26.452	22,4	3:27:26.007	15:26:29.754	Equipa 6
624	624-A - DANIEL PÜRRO	10	23:29.380	20,4	3:50:55.387	15:49:59.134	Equipa 6
624	624-F - BRUNO SILVA	11	21:17.437	22,5	4:12:12.824	16:11:16.571	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
624	624-E - JOÃO SANTOS	12	23:11.866	20,7	4:35:24.690	16:34:28.437	Equipa 6
624	624-B - ELVIS PRATA	13	22:00.712	21,8	4:57:25.402	16:56:29.149	Equipa 6
624	624-D - ANTÓNIO LOBO	14	23:35.270	20,3	5:21:00.672	17:20:04.419	Equipa 6
624	624-C - MARCO RESENDE	15	21:16.913	22,6	5:42:17.585	17:41:21.332	Equipa 6
624	624-A - DANIEL PÜRRO	16	23:06.201	20,8	6:05:23.786	18:04:27.533	Equipa 6
624	624-F - BRUNO SILVA	17	21:18.834	22,5	6:26:42.620	18:25:46.367	Equipa 6
624	624-E - JOÃO SANTOS	18	23:40.576	20,3	6:50:23.196	18:49:26.943	Equipa 6
624	624-B - ELVIS PRATA	19	22:46.185	21,1	7:13:09.381	19:12:13.128	Equipa 6
624	624-D - ANTÓNIO LOBO	20	24:39.312	19,5	7:37:48.693	19:36:52.440	Equipa 6
624	624-C - MARCO RESENDE	21	21:34.794	22,2	7:59:23.487	19:58:27.234	Equipa 6
624	624-A - DANIEL PÜRRO	22	22:59.162	20,9	8:22:22.649	20:21:26.396	Equipa 6
624	624-F - BRUNO SILVA	23	21:00.853	22,8	8:43:23.502	20:42:27.249	Equipa 6
624	624-E - JOÃO SANTOS	24	24:02.861	20	9:07:26.363	21:06:30.110	Equipa 6
624	624-B - ELVIS PRATA	25	23:33.206	20,4	9:30:59.569	21:30:03.316	Equipa 6
624	624-D - ANTÓNIO LOBO	26	24:50.249	19,3	9:55:49.818	21:54:53.565	Equipa 6
624	624-C - MARCO RESENDE	27	22:41.033	21,2	10:18:30.851	22:17:34.598	Equipa 6
624	624-A - DANIEL PÜRRO	28	24:01.640	20	10:42:32.491	22:41:36.238	Equipa 6
624	624-F - BRUNO SILVA	29	21:52.083	21,9	11:04:24.574	23:03:28.321	Equipa 6
624	624-E - JOÃO SANTOS	30	25:45.002	18,6	11:30:09.576	23:29:13.323	Equipa 6
624	624-B - ELVIS PRATA	31	23:58.033	20	11:54:07.609	23:53:11.356	Equipa 6
624	624-D - ANTÓNIO LOBO	32	25:26.034	18,9	12:19:33.643	0:18:37.390	Equipa 6
624	624-C - MARCO RESENDE	33	23:20.341	20,6	12:42:53.984	0:41:57.731	Equipa 6
624	624-A - DANIEL PÜRRO	34	23:57.333	20	13:06:51.317	1:05:55.064	Equipa 6
624	624-F - BRUNO SILVA	35	21:36.191	22,2	13:28:27.508	1:27:31.255	Equipa 6
624	624-E - JOÃO SANTOS	36	25:52.646	18,5	13:54:20.154	1:53:23.901	Equipa 6
624	624-B - ELVIS PRATA	37	24:24.442	19,7	14:18:44.596	2:17:48.343	Equipa 6
624	624-D - ANTÓNIO LOBO	38	25:30.200	18,8	14:44:14.796	2:43:18.543	Equipa 6
624	624-C - MARCO RESENDE	39	22:44.757	21,1	15:06:59.553	3:06:03.300	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
624	624-A - DANIEL PÜRRO	40	23:57.331	20	15:30:56.884	3:30:00.631	Equipa 6
624	624-F - BRUNO SILVA	41	22:43.357	21,1	15:53:40.241	3:52:43.988	Equipa 6
624	624-E - JOÃO SANTOS	42	26:29.398	18,1	16:20:09.639	4:19:13.386	Equipa 6
624	624-B - ELVIS PRATA	43	24:51.715	19,3	16:45:01.354	4:44:05.101	Equipa 6
624	624-D - ANTÓNIO LOBO	44	25:03.791	19,2	17:10:05.145	5:09:08.892	Equipa 6
624	624-C - MARCO RESENDE	45	23:09.503	20,7	17:33:14.648	5:32:18.395	Equipa 6
624	624-A - DANIEL PÜRRO	46	24:19.267	19,7	17:57:33.915	5:56:37.662	Equipa 6
624	624-F - BRUNO SILVA	47	21:45.553	22,1	18:19:19.468	6:18:23.215	Equipa 6
624	624-E - JOÃO SANTOS	48	24:55.652	19,3	18:44:15.120	6:43:18.867	Equipa 6
624	624-B - ELVIS PRATA	49	24:09.729	19,9	19:08:24.849	7:07:28.596	Equipa 6
624	624-D - ANTÓNIO LOBO	50	24:23.365	19,7	19:32:48.214	7:31:51.961	Equipa 6
624	624-C - MARCO RESENDE	51	21:35.420	22,2	19:54:23.634	7:53:27.381	Equipa 6
624	624-A - DANIEL PÜRRO	52	24:34.677	19,5	20:18:58.311	8:18:02.058	Equipa 6
624	624-F - BRUNO SILVA	53	21:43.942	22,1	20:40:42.253	8:39:46.000	Equipa 6
624	624-E - JOÃO SANTOS	54	24:33.332	19,5	21:05:15.585	9:04:19.332	Equipa 6
624	624-B - ELVIS PRATA	55	22:41.931	21,1	21:27:57.516	9:27:01.263	Equipa 6
624	624-D - ANTÓNIO LOBO	56	23:54.762	20,1	21:51:52.278	9:50:56.025	Equipa 6
624	624-C - MARCO RESENDE	57	21:28.285	22,4	22:13:20.563	10:12:24.310	Equipa 6
624	624-A - DANIEL PÜRRO	58	23:59.305	20	22:37:19.868	10:36:23.615	Equipa 6
624	624-F - BRUNO SILVA	59	21:45.931	22,1	22:59:05.799	10:58:09.546	Equipa 6
624	624-E - JOÃO SANTOS	60	23:48.155	20,2	23:22:53.954	11:21:57.701	Equipa 6
624	624-C - MARCO RESENDE	61	21:58.403	21,8	23:44:52.357	11:43:56.104	Equipa 6
624	624-F - BRUNO SILVA	62	21:58.169	21,8	24:06:50.526	12:05:54.273	Equipa 6
625	625-C - FILIPE ANES	1	35:02.394	13,7	35:02.394	12:34:06.141	Equipa 6
625	625-C - FILIPE ANES	2	29:07.110	16,5	1:04:09.504	13:03:13.251	Equipa 6
625	625-F - LUIS CABRITA	3	23:17.086	20,6	1:27:26.590	13:26:30.337	Equipa 6
625	625-F - LUIS CABRITA	4	24:05.507	19,9	1:51:32.097	13:50:35.844	Equipa 6
625	625-E - JOÃO ANDRÉ	5	24:15.155	19,8	2:15:47.252	14:14:50.999	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
625	625-E - JOÃO ANDRÉ	6	25:18.974	19	2:41:06.226	14:40:09.973	Equipa 6
625	625-B - RICARDO GUERREIRO	7	30:22.047	15,8	3:11:28.273	15:10:32.020	Equipa 6
625	625-B - RICARDO GUERREIRO	8	32:40.314	14,7	3:44:08.587	15:43:12.334	Equipa 6
625	625-A - MÁRIO PACHECO	9	31:22.827	15,3	4:15:31.414	16:14:35.161	Equipa 6
625	625-A - MÁRIO PACHECO	10	32:29.410	14,8	4:48:00.824	16:47:04.571	Equipa 6
625	625-D - VITOR SANTOS	11	32:40.433	14,7	5:20:41.257	17:19:45.004	Equipa 6
625	625-D - VITOR SANTOS	12	32:27.918	14,8	5:53:09.175	17:52:12.922	Equipa 6
625	625-C - FILIPE ANES	13	27:14.017	17,6	6:20:23.192	18:19:26.939	Equipa 6
625	625-F - LUIS CABRITA	14	24:13.736	19,8	6:44:36.928	18:43:40.675	Equipa 6
625	625-E - JOÃO ANDRÉ	15	25:02.276	19,2	7:09:39.204	19:08:42.951	Equipa 6
625	625-E - JOÃO ANDRÉ	16	26:29.506	18,1	7:36:08.710	19:35:12.457	Equipa 6
625	625-B - RICARDO GUERREIRO	17	29:39.755	16,2	8:05:48.465	20:04:52.212	Equipa 6
625	625-A - MÁRIO PACHECO	18	30:10.083	15,9	8:35:58.548	20:35:02.295	Equipa 6
625	625-A - MÁRIO PACHECO	19	34:51.345	13,8	9:10:49.893	21:09:53.640	Equipa 6
625	625-D - VITOR SANTOS	20	37:44.148	12,7	9:48:34.041	21:47:37.788	Equipa 6
625	625-C - FILIPE ANES	21	28:37.541	16,8	10:17:11.582	22:16:15.329	Equipa 6
625	625-F - LUIS CABRITA	22	23:16.527	20,6	10:40:28.109	22:39:31.856	Equipa 6
625	625-B - RICARDO GUERREIRO	23	31:20.657	15,3	11:11:48.766	23:10:52.513	Equipa 6
625	625-A - MÁRIO PACHECO	24	35:05.712	13,7	11:46:54.478	23:45:58.225	Equipa 6
625	625-F - LUIS CABRITA	25	23:51.728	20,1	12:10:46.206	0:09:49.953	Equipa 6
625	625-C - FILIPE ANES	26	29:24.789	16,3	12:40:10.995	0:39:14.742	Equipa 6
625	625-F - LUIS CABRITA	27	25:33.064	18,8	13:05:44.059	1:04:47.806	Equipa 6
625	625-F - LUIS CABRITA	28	26:35.715	18	13:32:19.774	1:31:23.521	Equipa 6
625	625-E - JOÃO ANDRÉ	29	26:47.946	17,9	13:59:07.720	1:58:11.467	Equipa 6
625	625-B - RICARDO GUERREIRO	30	32:50.201	14,6	14:31:57.921	2:31:01.668	Equipa 6
625	625-A - MÁRIO PACHECO	31	1:14:18.900	6,5	15:46:16.821	3:45:20.568	Equipa 6
625	625-A - MÁRIO PACHECO	32	43:54.046	10,9	16:30:10.867	4:29:14.614	Equipa 6
625	625-A - MÁRIO PACHECO	33	46:10.486	10,4	17:16:21.353	5:15:25.100	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
625	625-D - VITOR SANTOS	34	1:02:08.729	7,7	18:18:30.082	6:17:33.829	Equipa 6
625	625-D - VITOR SANTOS	35	40:22.099	11,9	18:58:52.181	6:57:55.928	Equipa 6
625	625-D - VITOR SANTOS	36	39:40.377	12,1	19:38:32.558	7:37:36.305	Equipa 6
625	625-C - FILIPE ANES	37	55:33.153	8,6	20:34:05.711	8:33:09.458	Equipa 6
625	625-F - LUIS CABRITA	38	26:07.569	18,4	21:00:13.280	8:59:17.027	Equipa 6
625	625-F - LUIS CABRITA	39	24:42.037	19,4	21:24:55.317	9:23:59.064	Equipa 6
625	625-F - LUIS CABRITA	40	24:19.494	19,7	21:49:14.811	9:48:18.558	Equipa 6
625	625-F - LUIS CABRITA	41	31:27.262	15,3	22:20:42.073	10:19:45.820	Equipa 6
625	625-E - JOÃO ANDRÉ	42	30:42.490	15,6	22:51:24.563	10:50:28.310	Equipa 6
625	625-E - JOÃO ANDRÉ	43	26:37.646	18	23:18:02.209	11:17:05.956	Equipa 6
625	625-F - LUIS CABRITA	44	23:27.093	20,5	23:41:29.302	11:40:33.049	Equipa 6
625	625-C - FILIPE ANES	45	27:39.239	17,4	24:09:08.541	12:08:12.288	Equipa 6
626	626-A - PEDRO SANTINHA	1	33:26.970	14,3	33:26.970	12:32:30.717	Equipa 6
626	626-B - LUIS BACALHAU	2	26:19.219	18,2	59:46.189	12:58:49.936	Equipa 6
626	626-C - JOSÉ BARROCA	3	25:30.792	18,8	1:25:16.981	13:24:20.728	Equipa 6
626	626-D - TIAGO CABRITA	4	23:00.505	20,9	1:48:17.486	13:47:21.233	Equipa 6
626	626-E - PAULO BARBOSA	5	45:11.389	10,6	2:33:28.875	14:32:32.622	Equipa 6
626	626-F - JOSE SILVA	6	25:24.210	18,9	2:58:53.085	14:57:56.832	Equipa 6
626	626-A - PEDRO SANTINHA	7	26:11.511	18,3	3:25:04.596	15:24:08.343	Equipa 6
626	626-B - LUIS BACALHAU	8	27:43.653	17,3	3:52:48.249	15:51:51.996	Equipa 6
626	626-C - JOSÉ BARROCA	9	25:34.168	18,8	4:18:22.417	16:17:26.164	Equipa 6
626	626-D - TIAGO CABRITA	10	23:06.376	20,8	4:41:28.793	16:40:32.540	Equipa 6
626	626-E - PAULO BARBOSA	11	25:37.927	18,7	5:07:06.720	17:06:10.467	Equipa 6
626	626-F - JOSE SILVA	12	25:32.971	18,8	5:32:39.691	17:31:43.438	Equipa 6
626	626-A - PEDRO SANTINHA	13	26:36.414	18	5:59:16.105	17:58:19.852	Equipa 6
626	626-B - LUIS BACALHAU	14	27:56.092	17,2	6:27:12.197	18:26:15.944	Equipa 6
626	626-C - JOSÉ BARROCA	15	25:52.876	18,5	6:53:05.073	18:52:08.820	Equipa 6
626	626-D - TIAGO CABRITA	16	23:26.008	20,5	7:16:31.081	19:15:34.828	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
626	626-D - TIAGO CABRITA	17	27:05.508	17,7	7:43:36.589	19:42:40.336	Equipa 6
626	626-E - PAULO BARBOSA	18	39:38.714	12,1	8:23:15.303	20:22:19.050	Equipa 6
626	626-F - JOSE SILVA	19	26:29.094	18,1	8:49:44.397	20:48:48.144	Equipa 6
626	626-A - PEDRO SANTINHA	20	26:37.978	18	9:16:22.375	21:15:26.122	Equipa 6
626	626-B - LUIS BACALHAU	21	29:10.683	16,5	9:45:33.058	21:44:36.805	Equipa 6
626	626-C - JOSÉ BARROCA	22	28:11.499	17	10:13:44.557	22:12:48.304	Equipa 6
626	626-E - PAULO BARBOSA	23	27:20.846	17,6	10:41:05.403	22:40:09.150	Equipa 6
626	626-F - JOSE SILVA	24	44:04.531	10,9	11:25:09.934	23:24:13.681	Equipa 6
626	626-A - PEDRO SANTINHA	25	29:21.458	16,4	11:54:31.392	23:53:35.139	Equipa 6
626	626-A - PEDRO SANTINHA	26	29:40.244	16,2	12:24:11.636	0:23:15.383	Equipa 6
626	626-B - LUIS BACALHAU	27	31:06.562	15,4	12:55:18.198	0:54:21.945	Equipa 6
626	626-B - LUIS BACALHAU	28	32:47.188	14,6	13:28:05.386	1:27:09.133	Equipa 6
626	626-C - JOSÉ BARROCA	29	29:02.013	16,5	13:57:07.399	1:56:11.146	Equipa 6
626	626-C - JOSÉ BARROCA	30	29:57.593	16	14:27:04.992	2:26:08.739	Equipa 6
626	626-D - TIAGO CABRITA	31	26:38.659	18	14:53:43.651	2:52:47.398	Equipa 6
626	626-D - TIAGO CABRITA	32	26:10.083	18,3	15:19:53.734	3:18:57.481	Equipa 6
626	626-E - PAULO BARBOSA	33	30:35.968	15,7	15:50:29.702	3:49:33.449	Equipa 6
626	626-E - PAULO BARBOSA	34	27:25.147	17,5	16:17:54.849	4:16:58.596	Equipa 6
626	626-F - JOSE SILVA	35	34:44.699	13,8	16:52:39.548	4:51:43.295	Equipa 6
626	626-F - JOSE SILVA	36	29:05.582	16,5	17:21:45.130	5:20:48.877	Equipa 6
626	626-A - PEDRO SANTINHA	37	29:14.614	16,4	17:50:59.744	5:50:03.491	Equipa 6
626	626-B - LUIS BACALHAU	38	30:24.886	15,8	18:21:24.630	6:20:28.377	Equipa 6
626	626-C - JOSÉ BARROCA	39	28:35.438	16,8	18:50:00.068	6:49:03.815	Equipa 6
626	626-D - TIAGO CABRITA	40	24:08.592	19,9	19:14:08.660	7:13:12.407	Equipa 6
626	626-E - PAULO BARBOSA	41	40:42.838	11,8	19:54:51.498	7:53:55.245	Equipa 6
626	626-F - JOSE SILVA	42	27:23.537	17,5	20:22:15.035	8:21:18.782	Equipa 6
626	626-A - PEDRO SANTINHA	43	27:55.209	17,2	20:50:10.244	8:49:13.991	Equipa 6
626	626-B - LUIS BACALHAU	44	31:32.366	15,2	21:21:42.610	9:20:46.357	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
626	626-B - LUIS BACALHAU	45	30:06.042	15,9	21:51:48.652	9:50:52.399	Equipa 6
626	626-C - JOSÉ BARROCA	46	32:18.365	14,9	22:24:07.017	10:23:10.764	Equipa 6
626	626-D - TIAGO CABRITA	47	24:42.343	19,4	22:48:49.360	10:47:53.107	Equipa 6
626	626-F - JOSE SILVA	48	27:11.723	17,7	23:16:01.083	11:15:04.830	Equipa 6
626	626-A - PEDRO SANTINHA	49	27:33.321	17,4	23:43:34.404	11:42:38.151	Equipa 6
627	627-F - PAULO NASCIMENTO	1	28:59.642	16,6	28:59.642	12:28:03.389	Equipa 6
627	627-E - RÚBEN MESTRE	2	21:45.962	22,1	50:45.604	12:49:49.351	Equipa 6
627	627-D - HUGO PERDIGÃO	3	23:02.585	20,8	1:13:48.189	13:12:51.936	Equipa 6
627	627-A - NUNO CAVACO	4	22:56.508	20,9	1:36:44.697	13:35:48.444	Equipa 6
627	627-C - JORGE TUBAL	5	24:08.824	19,9	2:00:53.521	13:59:57.268	Equipa 6
627	627-B - NELSON CORREIA	6	24:19.512	19,7	2:25:13.033	14:24:16.780	Equipa 6
627	627-F - PAULO NASCIMENTO	7	22:57.534	20,9	2:48:10.567	14:47:14.314	Equipa 6
627	627-E - RÚBEN MESTRE	8	21:41.903	22,1	3:09:52.470	15:08:56.217	Equipa 6
627	627-D - HUGO PERDIGÃO	9	22:24.856	21,4	3:32:17.326	15:31:21.073	Equipa 6
627	627-A - NUNO CAVACO	10	22:16.572	21,5	3:54:33.898	15:53:37.645	Equipa 6
627	627-C - JORGE TUBAL	11	23:50.502	20,1	4:18:24.400	16:17:28.147	Equipa 6
627	627-B - NELSON CORREIA	12	23:43.427	20,2	4:42:07.827	16:41:11.574	Equipa 6
627	627-F - PAULO NASCIMENTO	13	22:41.731	21,1	5:04:49.558	17:03:53.305	Equipa 6
627	627-E - RÚBEN MESTRE	14	22:00.156	21,8	5:26:49.714	17:25:53.461	Equipa 6
627	627-D - HUGO PERDIGÃO	15	22:20.196	21,5	5:49:09.910	17:48:13.657	Equipa 6
627	627-A - NUNO CAVACO	16	22:28.792	21,4	6:11:38.702	18:10:42.449	Equipa 6
627	627-C - JORGE TUBAL	17	24:24.571	19,7	6:36:03.273	18:35:07.020	Equipa 6
627	627-B - NELSON CORREIA	18	23:41.989	20,3	6:59:45.262	18:58:49.009	Equipa 6
627	627-F - PAULO NASCIMENTO	19	22:48.166	21,1	7:22:33.428	19:21:37.175	Equipa 6
627	627-E - RÚBEN MESTRE	20	22:23.462	21,4	7:44:56.890	19:44:00.637	Equipa 6
627	627-D - HUGO PERDIGÃO	21	22:05.773	21,7	8:07:02.663	20:06:06.410	Equipa 6
627	627-A - NUNO CAVACO	22	22:19.764	21,5	8:29:22.427	20:28:26.174	Equipa 6
627	627-C - JORGE TUBAL	23	24:16.145	19,8	8:53:38.572	20:52:42.319	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
627	627-B - NELSON CORREIA	24	24:05.995	19,9	9:17:44.567	21:16:48.314	Equipa 6
627	627-F - PAULO NASCIMENTO	25	23:48.597	20,2	9:41:33.164	21:40:36.911	Equipa 6
627	627-E - RÚBEN MESTRE	26	23:25.921	20,5	10:04:59.085	22:04:02.832	Equipa 6
627	627-D - HUGO PERDIGÃO	27	23:11.165	20,7	10:28:10.250	22:27:13.997	Equipa 6
627	627-A - NUNO CAVACO	28	23:22.496	20,5	10:51:32.746	22:50:36.493	Equipa 6
627	627-C - JORGE TUBAL	29	25:13.326	19	11:16:46.072	23:15:49.819	Equipa 6
627	627-B - NELSON CORREIA	30	25:00.848	19,2	11:41:46.920	23:40:50.667	Equipa 6
627	627-F - PAULO NASCIMENTO	31	23:07.082	20,8	12:04:54.002	0:03:57.749	Equipa 6
627	627-E - RÚBEN MESTRE	32	22:44.604	21,1	12:27:38.606	0:26:42.353	Equipa 6
627	627-F - PAULO NASCIMENTO	33	23:57.713	20	12:51:36.319	0:50:40.066	Equipa 6
627	627-E - RÚBEN MESTRE	34	23:32.430	20,4	13:15:08.749	1:14:12.496	Equipa 6
627	627-D - HUGO PERDIGÃO	35	23:23.449	20,5	13:38:32.198	1:37:35.945	Equipa 6
627	627-A - NUNO CAVACO	36	22:59.329	20,9	14:01:31.527	2:00:35.274	Equipa 6
627	627-D - HUGO PERDIGÃO	37	23:23.123	20,5	14:24:54.650	2:23:58.397	Equipa 6
627	627-A - NUNO CAVACO	38	22:51.133	21	14:47:45.783	2:46:49.530	Equipa 6
627	627-C - JORGE TUBAL	39	25:34.124	18,8	15:13:19.907	3:12:23.654	Equipa 6
627	627-B - NELSON CORREIA	40	26:33.746	18,1	15:39:53.653	3:38:57.400	Equipa 6
627	627-C - JORGE TUBAL	41	25:50.756	18,6	16:05:44.409	4:04:48.156	Equipa 6
627	627-B - NELSON CORREIA	42	31:26.161	15,3	16:37:10.570	4:36:14.317	Equipa 6
627	627-F - PAULO NASCIMENTO	43	23:59.242	20	17:01:09.812	5:00:13.559	Equipa 6
627	627-E - RÚBEN MESTRE	44	23:30.466	20,4	17:24:40.278	5:23:44.025	Equipa 6
627	627-F - PAULO NASCIMENTO	45	23:46.113	20,2	17:48:26.391	5:47:30.138	Equipa 6
627	627-E - RÚBEN MESTRE	46	23:49.966	20,1	18:12:16.357	6:11:20.104	Equipa 6
627	627-D - HUGO PERDIGÃO	47	24:15.116	19,8	18:36:31.473	6:35:35.220	Equipa 6
627	627-A - NUNO CAVACO	48	23:03.210	20,8	18:59:34.683	6:58:38.430	Equipa 6
627	627-D - HUGO PERDIGÃO	49	24:30.858	19,6	19:24:05.541	7:23:09.288	Equipa 6
627	627-A - NUNO CAVACO	50	22:30.300	21,3	19:46:35.841	7:45:39.588	Equipa 6
627	627-C - JORGE TUBAL	51	24:57.275	19,2	20:11:33.116	8:10:36.863	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
627	627-B - NELSON CORREIA	52	24:47.497	19,4	20:36:20.613	8:35:24.360	Equipa 6
627	627-C - JORGE TUBAL	53	24:58.945	19,2	21:01:19.558	9:00:23.305	Equipa 6
627	627-B - NELSON CORREIA	54	26:26.884	18,1	21:27:46.442	9:26:50.189	Equipa 6
627	627-F - PAULO NASCIMENTO	55	23:04.074	20,8	21:50:50.516	9:49:54.263	Equipa 6
627	627-E - RÚBEN MESTRE	56	22:16.525	21,5	22:13:07.041	10:12:10.788	Equipa 6
627	627-D - HUGO PERDIGÃO	57	22:40.936	21,2	22:35:47.977	10:34:51.724	Equipa 6
627	627-A - NUNO CAVACO	58	22:14.193	21,6	22:58:02.170	10:57:05.917	Equipa 6
627	627-C - JORGE TUBAL	59	24:05.326	19,9	23:22:07.496	11:21:11.243	Equipa 6
627	627-A - NUNO CAVACO	60	22:42.657	21,1	23:44:50.153	11:43:53.900	Equipa 6
627	627-F - PAULO NASCIMENTO	61	23:13.940	20,7	24:08:04.093	12:07:07.840	Equipa 6
628	628-F - JOSÉ VIEGAS	1	26:33.296	18,1	26:33.296	12:25:37.043	Equipa 6
628	628-C - LUÍS EUGÉNIO	2	22:13.371	21,6	48:46.667	12:47:50.414	Equipa 6
628	628-D - CARLOS MENDONÇA	3	21:30.294	22,3	1:10:16.961	13:09:20.708	Equipa 6
628	628-E - LUÍS SOUSA	4	21:11.245	22,7	1:31:28.206	13:30:31.953	Equipa 6
628	628-D - CARLOS MENDONÇA	5	21:26.921	22,4	1:52:55.127	13:51:58.874	Equipa 6
628	628-B - NUNO MIGUEL	6	22:46.605	21,1	2:15:41.732	14:14:45.479	Equipa 6
628	628-D - CARLOS MENDONÇA	7	21:42.750	22,1	2:37:24.482	14:36:28.229	Equipa 6
628	628-A - PATRICK MARTINS	8	21:50.131	22	2:59:14.613	14:58:18.360	Equipa 6
628	628-F - JOSÉ VIEGAS	9	42:30.069	11,3	3:41:44.682	15:40:48.429	Equipa 6
628	628-C - LUÍS EUGÉNIO	10	22:06.413	21,7	4:03:51.095	16:02:54.842	Equipa 6
628	628-D - CARLOS MENDONÇA	11	22:03.166	21,8	4:25:54.261	16:24:58.008	Equipa 6
628	628-E - LUÍS SOUSA	12	21:30.228	22,3	4:47:24.489	16:46:28.236	Equipa 6
628	628-D - CARLOS MENDONÇA	13	22:17.893	21,5	5:09:42.382	17:08:46.129	Equipa 6
628	628-B - NUNO MIGUEL	14	22:45.217	21,1	5:32:27.599	17:31:31.346	Equipa 6
628	628-A - PATRICK MARTINS	15	21:46.620	22	5:54:14.219	17:53:17.966	Equipa 6
628	628-F - JOSÉ VIEGAS	16	22:34.341	21,3	6:16:48.560	18:15:52.307	Equipa 6
628	628-C - LUÍS EUGÉNIO	17	21:50.161	22	6:38:38.721	18:37:42.468	Equipa 6
628	628-E - LUÍS SOUSA	18	21:28.813	22,3	7:00:07.534	18:59:11.281	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
628	628-B - NUNO MIGUEL	19	23:02.821	20,8	7:23:10.355	19:22:14.102	Equipa 6
628	628-A - PATRICK MARTINS	20	21:57.285	21,9	7:45:07.640	19:44:11.387	Equipa 6
628	628-F - JOSÉ VIEGAS	21	21:59.392	21,8	8:07:07.032	20:06:10.779	Equipa 6
628	628-C - LUÍS EUGÉNIO	22	21:45.038	22,1	8:28:52.070	20:27:55.817	Equipa 6
628	628-E - LUÍS SOUSA	23	21:44.847	22,1	8:50:36.917	20:49:40.664	Equipa 6
628	628-B - NUNO MIGUEL	24	22:53.006	21	9:13:29.923	21:12:33.670	Equipa 6
628	628-A - PATRICK MARTINS	25	22:53.838	21	9:36:23.761	21:35:27.508	Equipa 6
628	628-F - JOSÉ VIEGAS	26	22:29.250	21,3	9:58:53.011	21:57:56.758	Equipa 6
628	628-C - LUÍS EUGÉNIO	27	23:20.313	20,6	10:22:13.324	22:21:17.071	Equipa 6
628	628-E - LUÍS SOUSA	28	24:58.626	19,2	10:47:11.950	22:46:15.697	Equipa 6
628	628-B - NUNO MIGUEL	29	24:08.982	19,9	11:11:20.932	23:10:24.679	Equipa 6
628	628-A - PATRICK MARTINS	30	31:13.668	15,4	11:42:34.600	23:41:38.347	Equipa 6
628	628-F - JOSÉ VIEGAS	31	22:27.626	21,4	12:05:02.226	0:04:05.973	Equipa 6
628	628-C - LUÍS EUGÉNIO	32	23:46.747	20,2	12:28:48.973	0:27:52.720	Equipa 6
628	628-F - JOSÉ VIEGAS	33	22:49.405	21	12:51:38.378	0:50:42.125	Equipa 6
628	628-C - LUÍS EUGÉNIO	34	22:45.767	21,1	13:14:24.145	1:13:27.892	Equipa 6
628	628-E - LUÍS SOUSA	35	26:50.506	17,9	13:41:14.651	1:40:18.398	Equipa 6
628	628-B - NUNO MIGUEL	36	24:33.786	19,5	14:05:48.437	2:04:52.184	Equipa 6
628	628-E - LUÍS SOUSA	37	23:11.297	20,7	14:28:59.734	2:28:03.481	Equipa 6
628	628-B - NUNO MIGUEL	38	24:27.839	19,6	14:53:27.573	2:52:31.320	Equipa 6
628	628-A - PATRICK MARTINS	39	24:02.746	20	15:17:30.319	3:16:34.066	Equipa 6
628	628-A - PATRICK MARTINS	40	23:42.862	20,2	15:41:13.181	3:40:16.928	Equipa 6
628	628-C - LUÍS EUGÉNIO	41	25:56.985	18,5	16:07:10.166	4:06:13.913	Equipa 6
628	628-F - JOSÉ VIEGAS	42	22:52.917	21	16:30:03.083	4:29:06.830	Equipa 6
628	628-C - LUÍS EUGÉNIO	43	24:35.055	19,5	16:54:38.138	4:53:41.885	Equipa 6
628	628-F - JOSÉ VIEGAS	44	23:41.227	20,3	17:18:19.365	5:17:23.112	Equipa 6
628	628-A - PATRICK MARTINS	45	23:07.002	20,8	17:41:26.367	5:40:30.114	Equipa 6
628	628-E - LUÍS SOUSA	46	23:10.836	20,7	18:04:37.203	6:03:40.950	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
628	628-B - NUNO MIGUEL	47	23:46.720	20,2	18:28:23.923	6:27:27.670	Equipa 6
628	628-E - LUÍS SOUSA	48	23:20.523	20,6	18:51:44.446	6:50:48.193	Equipa 6
628	628-A - PATRICK MARTINS	49	21:42.030	22,1	19:13:26.476	7:12:30.223	Equipa 6
628	628-D - CARLOS MENDONÇA	50	22:12.773	21,6	19:35:39.249	7:34:42.996	Equipa 6
628	628-F - JOSÉ VIEGAS	51	22:25.732	21,4	19:58:04.981	7:57:08.728	Equipa 6
628	628-D - CARLOS MENDONÇA	52	22:09.251	21,7	20:20:14.232	8:19:17.979	Equipa 6
628	628-C - LUÍS EUGÉNIO	53	22:29.423	21,3	20:42:43.655	8:41:47.402	Equipa 6
628	628-D - CARLOS MENDONÇA	54	21:51.689	22	21:04:35.344	9:03:39.091	Equipa 6
628	628-C - LUÍS EUGÉNIO	55	22:40.386	21,2	21:27:15.730	9:26:19.477	Equipa 6
628	628-A - PATRICK MARTINS	56	21:33.325	22,3	21:48:49.055	9:47:52.802	Equipa 6
628	628-F - JOSÉ VIEGAS	57	22:42.927	21,1	22:11:31.982	10:10:35.729	Equipa 6
628	628-E - LUÍS SOUSA	58	21:54.512	21,9	22:33:26.494	10:32:30.241	Equipa 6
628	628-D - CARLOS MENDONÇA	59	22:13.300	21,6	22:55:39.794	10:54:43.541	Equipa 6
628	628-C - LUÍS EUGÉNIO	60	22:45.879	21,1	23:18:25.673	11:17:29.420	Equipa 6
628	628-D - CARLOS MENDONÇA	61	21:48.802	22	23:40:14.475	11:39:18.222	Equipa 6
628	628-A - PATRICK MARTINS	62	21:25.657	22,4	24:01:40.132	12:00:43.879	Equipa 6
629	629-E - RUBEN COSTA	1	29:24.623	16,3	29:24.623	12:28:28.370	Equipa 6
629	629-F - HUGO PEREIRA	2	27:40.011	17,3	57:04.634	12:56:08.381	Equipa 6
629	629-B - NELSON BOTINAS	3	26:20.525	18,2	1:23:25.159	13:22:28.906	Equipa 6
629	629-A - ARTUR MARTINS	4	26:48.736	17,9	1:50:13.895	13:49:17.642	Equipa 6
629	629-D - DELIO CORREIA	5	26:37.346	18	2:16:51.241	14:15:54.988	Equipa 6
629	629-C - JULIO MARTINS	6	27:15.184	17,6	2:44:06.425	14:43:10.172	Equipa 6
629	629-E - RUBEN COSTA	7	23:28.566	20,4	3:07:34.991	15:06:38.738	Equipa 6
629	629-F - HUGO PEREIRA	8	26:43.860	18	3:34:18.851	15:33:22.598	Equipa 6
629	629-B - NELSON BOTINAS	9	26:20.000	18,2	4:00:38.851	15:59:42.598	Equipa 6
629	629-D - DELIO CORREIA	10	25:38.314	18,7	4:26:17.165	16:25:20.912	Equipa 6
629	629-C - JULIO MARTINS	11	27:26.183	17,5	4:53:43.348	16:52:47.095	Equipa 6
629	629-E - RUBEN COSTA	12	23:09.780	20,7	5:16:53.128	17:15:56.875	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
629	629-F - HUGO PEREIRA	13	25:40.731	18,7	5:42:33.859	17:41:37.606	Equipa 6
629	629-A - ARTUR MARTINS	14	27:48.533	17,3	6:10:22.392	18:09:26.139	Equipa 6
629	629-B - NELSON BOTINAS	15	26:43.557	18	6:37:05.949	18:36:09.696	Equipa 6
629	629-D - DELIO CORREIA	16	26:49.157	17,9	7:03:55.106	19:02:58.853	Equipa 6
629	629-C - JULIO MARTINS	17	28:08.948	17,1	7:32:04.054	19:31:07.801	Equipa 6
629	629-A - ARTUR MARTINS	18	27:03.140	17,7	7:59:07.194	19:58:10.941	Equipa 6
629	629-E - RUBEN COSTA	19	23:14.087	20,7	8:22:21.281	20:21:25.028	Equipa 6
629	629-F - HUGO PEREIRA	20	25:59.116	18,5	8:48:20.397	20:47:24.144	Equipa 6
629	629-B - NELSON BOTINAS	21	27:04.255	17,7	9:15:24.652	21:14:28.399	Equipa 6
629	629-D - DELIO CORREIA	22	26:39.717	18	9:42:04.369	21:41:08.116	Equipa 6
629	629-A - ARTUR MARTINS	23	28:10.307	17	10:10:14.676	22:09:18.423	Equipa 6
629	629-C - JULIO MARTINS	24	29:24.292	16,3	10:39:38.968	22:38:42.715	Equipa 6
629	629-E - RUBEN COSTA	25	23:31.052	20,4	11:03:10.020	23:02:13.767	Equipa 6
629	629-F - HUGO PEREIRA	26	29:19.401	16,4	11:32:29.421	23:31:33.168	Equipa 6
629	629-B - NELSON BOTINAS	27	29:05.861	16,5	12:01:35.282	0:00:39.029	Equipa 6
629	629-D - DELIO CORREIA	28	38:46.048	12,4	12:40:21.330	0:39:25.077	Equipa 6
629	629-A - ARTUR MARTINS	29	28:03.230	17,1	13:08:24.560	1:07:28.307	Equipa 6
629	629-C - JULIO MARTINS	30	29:38.375	16,2	13:38:02.935	1:37:06.682	Equipa 6
629	629-E - RUBEN COSTA	31	23:23.655	20,5	14:01:26.590	2:00:30.337	Equipa 6
629	629-F - HUGO PEREIRA	32	29:29.695	16,3	14:30:56.285	2:30:00.032	Equipa 6
629	629-E - RUBEN COSTA	33	24:11.264	19,8	14:55:07.549	2:54:11.296	Equipa 6
629	629-F - HUGO PEREIRA	34	32:02.627	15	15:27:10.176	3:26:13.923	Equipa 6
629	629-B - NELSON BOTINAS	35	28:37.262	16,8	15:55:47.438	3:54:51.185	Equipa 6
629	629-D - DELIO CORREIA	36	30:46.899	15,6	16:26:34.337	4:25:38.084	Equipa 6
629	629-B - NELSON BOTINAS	37	29:14.478	16,4	16:55:48.815	4:54:52.562	Equipa 6
629	629-D - DELIO CORREIA	38	29:55.679	16	17:25:44.494	5:24:48.241	Equipa 6
629	629-A - ARTUR MARTINS	39	42:49.202	11,2	18:08:33.696	6:07:37.443	Equipa 6
629	629-C - JULIO MARTINS	40	29:27.286	16,3	18:38:00.982	6:37:04.729	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
629	629-A - ARTUR MARTINS	41	30:02.242	16	19:08:03.224	7:07:06.971	Equipa 6
629	629-C - JULIO MARTINS	42	30:46.116	15,6	19:38:49.340	7:37:53.087	Equipa 6
629	629-E - RUBEN COSTA	43	24:17.342	19,8	20:03:06.682	8:02:10.429	Equipa 6
629	629-F - HUGO PEREIRA	44	29:04.302	16,5	20:32:10.984	8:31:14.731	Equipa 6
629	629-D - DELIO CORREIA	45	30:17.775	15,8	21:02:28.759	9:01:32.506	Equipa 6
629	629-A - ARTUR MARTINS	46	27:12.957	17,6	21:29:41.716	9:28:45.463	Equipa 6
629	629-C - JULIO MARTINS	47	27:07.652	17,7	21:56:49.368	9:55:53.115	Equipa 6
629	629-E - RUBEN COSTA	48	22:34.796	21,3	22:19:24.164	10:18:27.911	Equipa 6
629	629-F - HUGO PEREIRA	49	28:51.572	16,6	22:48:15.736	10:47:19.483	Equipa 6
629	629-D - DELIO CORREIA	50	27:48.140	17,3	23:16:03.876	11:15:07.623	Equipa 6
629	629-A - ARTUR MARTINS	51	28:39.589	16,7	23:44:43.465	11:43:47.212	Equipa 6
629	629-C - JULIO MARTINS	52	26:54.083	17,8	24:11:37.548	12:10:41.295	Equipa 6
630	630-A - HUGO MENDES	1	31:48.727	15,1	31:48.727	12:30:52.474	Equipa 6
630	630-A - HUGO MENDES	2	27:44.396	17,3	59:33.123	12:58:36.870	Equipa 6
630	630-F - PEDRO PIRES	3	27:02.725	17,7	1:26:35.848	13:25:39.595	Equipa 6
630	630-F - PEDRO PIRES	4	28:08.992	17,1	1:54:44.840	13:53:48.587	Equipa 6
630	630-B - HUGO CARACINHA	5	27:16.420	17,6	2:22:01.260	14:21:05.007	Equipa 6
630	630-B - HUGO CARACINHA	6	29:49.343	16,1	2:51:50.603	14:50:54.350	Equipa 6
630	630-C - BRUNO OLIVEIRA	7	26:16.959	18,3	3:18:07.562	15:17:11.309	Equipa 6
630	630-C - BRUNO OLIVEIRA	8	26:50.822	17,9	3:44:58.384	15:44:02.131	Equipa 6
630	630-D - JORGE CALABOIÇA	9	28:59.852	16,6	4:13:58.236	16:13:01.983	Equipa 6
630	630-D - JORGE CALABOIÇA	10	30:45.195	15,6	4:44:43.431	16:43:47.178	Equipa 6
630	630-E - JORGE SIMÕES	11	29:56.526	16	5:14:39.957	17:13:43.704	Equipa 6
630	630-E - JORGE SIMÕES	12	31:36.363	15,2	5:46:16.320	17:45:20.067	Equipa 6
630	630-A - HUGO MENDES	13	25:04.299	19,1	6:11:20.619	18:10:24.366	Equipa 6
630	630-A - HUGO MENDES	14	26:49.352	17,9	6:38:09.971	18:37:13.718	Equipa 6
630	630-F - PEDRO PIRES	15	26:47.554	17,9	7:04:57.525	19:04:01.272	Equipa 6
630	630-F - PEDRO PIRES	16	28:28.884	16,9	7:33:26.409	19:32:30.156	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
630	630-B - HUGO CARACINHA	17	29:19.050	16,4	8:02:45.459	20:01:49.206	Equipa 6
630	630-B - HUGO CARACINHA	18	30:02.136	16	8:32:47.595	20:31:51.342	Equipa 6
630	630-C - BRUNO OLIVEIRA	19	27:23.011	17,5	9:00:10.606	20:59:14.353	Equipa 6
630	630-C - BRUNO OLIVEIRA	20	27:32.214	17,4	9:27:42.820	21:26:46.567	Equipa 6
630	630-D - JORGE CALABOIÇA	21	30:39.396	15,7	9:58:22.216	21:57:25.963	Equipa 6
630	630-D - JORGE CALABOIÇA	22	31:38.520	15,2	10:30:00.736	22:29:04.483	Equipa 6
630	630-E - JORGE SIMÕES	23	1:08:20.769	7	11:38:21.505	23:37:25.252	Equipa 6
630	630-A - HUGO MENDES	24	26:48.610	17,9	12:05:10.115	0:04:13.862	Equipa 6
630	630-A - HUGO MENDES	25	26:38.758	18	12:31:48.873	0:30:52.620	Equipa 6
630	630-F - PEDRO PIRES	26	29:23.222	16,3	13:01:12.095	1:00:15.842	Equipa 6
630	630-F - PEDRO PIRES	27	27:45.590	17,3	13:28:57.685	1:28:01.432	Equipa 6
630	630-B - HUGO CARACINHA	28	31:45.034	15,1	14:00:42.719	1:59:46.466	Equipa 6
630	630-B - HUGO CARACINHA	29	38:37.614	12,4	14:39:20.333	2:38:24.080	Equipa 6
630	630-C - BRUNO OLIVEIRA	30	28:14.448	17	15:07:34.781	3:06:38.528	Equipa 6
630	630-C - BRUNO OLIVEIRA	31	28:43.124	16,7	15:36:17.905	3:35:21.652	Equipa 6
630	630-E - JORGE SIMÕES	32	33:21.870	14,4	16:09:39.775	4:08:43.522	Equipa 6
630	630-E - JORGE SIMÕES	33	35:38.688	13,5	16:45:18.463	4:44:22.210	Equipa 6
630	630-B - HUGO CARACINHA	34	26:24.963	18,2	17:11:43.426	5:10:47.173	Equipa 6
630	630-B - HUGO CARACINHA	35	26:27.400	18,1	17:38:10.826	5:37:14.573	Equipa 6
630	630-F - PEDRO PIRES	36	28:44.705	16,7	18:06:55.531	6:05:59.278	Equipa 6
630	630-F - PEDRO PIRES	37	28:49.776	16,6	18:35:45.307	6:34:49.054	Equipa 6
630	630-B - HUGO CARACINHA	38	31:19.381	15,3	19:07:04.688	7:06:08.435	Equipa 6
630	630-B - HUGO CARACINHA	39	33:26.057	14,4	19:40:30.745	7:39:34.492	Equipa 6
630	630-C - BRUNO OLIVEIRA	40	28:36.226	16,8	20:09:06.971	8:08:10.718	Equipa 6
630	630-C - BRUNO OLIVEIRA	41	29:22.287	16,3	20:38:29.258	8:37:33.005	Equipa 6
630	630-E - JORGE SIMÕES	42	33:21.010	14,4	21:11:50.268	9:10:54.015	Equipa 6
630	630-E - JORGE SIMÕES	43	36:22.479	13,2	21:48:12.747	9:47:16.494	Equipa 6
630	630-B - HUGO CARACINHA	44	27:59.848	17,1	22:16:12.595	10:15:16.342	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
630	630-F - PEDRO PIRES	45	37:59.058	12,6	22:54:11.653	10:53:15.400	Equipa 6
630	630-B - HUGO CARACINHA	46	30:00.614	16	23:24:12.267	11:23:16.014	Equipa 6
630	630-C - BRUNO OLIVEIRA	47	29:11.450	16,4	23:53:23.717	11:52:27.464	Equipa 6
631	631-F - MAX MARTINS	1	26:32.117	18,1	26:32.117	12:25:35.864	Equipa 6
631	631-D - CLAUDIO MARTINS	2	24:46.823	19,4	51:18.940	12:50:22.687	Equipa 6
631	631-D - CLAUDIO MARTINS	3	27:12.734	17,6	1:18:31.674	13:17:35.421	Equipa 6
631	631-E - JOÃO VIEIRA	4	23:24.952	20,5	1:41:56.626	13:41:00.373	Equipa 6
631	631-B - ANTÓNIO VARANDAS	5	23:47.437	20,2	2:05:44.063	14:04:47.810	Equipa 6
631	631-C - HERNANI NETO	6	22:26.633	21,4	2:28:10.696	14:27:14.443	Equipa 6
631	631-A - CARLOS SILVA	7	22:24.983	21,4	2:50:35.679	14:49:39.426	Equipa 6
631	631-F - MAX MARTINS	8	22:09.270	21,7	3:12:44.949	15:11:48.696	Equipa 6
631	631-E - JOÃO VIEIRA	9	23:08.621	20,7	3:35:53.570	15:34:57.317	Equipa 6
631	631-D - CLAUDIO MARTINS	10	24:52.261	19,3	4:00:45.831	15:59:49.578	Equipa 6
631	631-B - ANTÓNIO VARANDAS	11	22:47.182	21,1	4:23:33.013	16:22:36.760	Equipa 6
631	631-C - HERNANI NETO	12	22:02.672	21,8	4:45:35.685	16:44:39.432	Equipa 6
631	631-A - CARLOS SILVA	13	22:41.932	21,1	5:08:17.617	17:07:21.364	Equipa 6
631	631-F - MAX MARTINS	14	22:27.557	21,4	5:30:45.174	17:29:48.921	Equipa 6
631	631-E - JOÃO VIEIRA	15	23:13.347	20,7	5:53:58.521	17:53:02.268	Equipa 6
631	631-D - CLAUDIO MARTINS	16	25:02.890	19,2	6:19:01.411	18:18:05.158	Equipa 6
631	631-F - MAX MARTINS	17	23:41.164	20,3	6:42:42.575	18:41:46.322	Equipa 6
631	631-B - ANTÓNIO VARANDAS	18	23:28.341	20,4	7:06:10.916	19:05:14.663	Equipa 6
631	631-F - MAX MARTINS	19	24:39.109	19,5	7:30:50.025	19:29:53.772	Equipa 6
631	631-C - HERNANI NETO	20	22:11.169	21,6	7:53:01.194	19:52:04.941	Equipa 6
631	631-A - CARLOS SILVA	21	23:10.274	20,7	8:16:11.468	20:15:15.215	Equipa 6
631	631-E - JOÃO VIEIRA	22	26:45.962	17,9	8:42:57.430	20:42:01.177	Equipa 6
631	631-D - CLAUDIO MARTINS	23	24:51.040	19,3	9:07:48.470	21:06:52.217	Equipa 6
631	631-B - ANTÓNIO VARANDAS	24	24:29.881	19,6	9:32:18.351	21:31:22.098	Equipa 6
631	631-C - HERNANI NETO	25	23:17.483	20,6	9:55:35.834	21:54:39.581	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
631	631-A - CARLOS SILVA	26	24:51.654	19,3	10:20:27.488	22:19:31.235	Equipa 6
631	631-E - JOÃO VIEIRA	27	24:42.547	19,4	10:45:10.035	22:44:13.782	Equipa 6
631	631-D - CLAUDIO MARTINS	28	26:14.793	18,3	11:11:24.828	23:10:28.575	Equipa 6
631	631-B - ANTÓNIO VARANDAS	29	25:36.206	18,7	11:37:01.034	23:36:04.781	Equipa 6
631	631-C - HERNANI NETO	30	23:37.003	20,3	12:00:38.037	23:59:41.784	Equipa 6
631	631-A - CARLOS SILVA	31	25:40.283	18,7	12:26:18.320	0:25:22.067	Equipa 6
631	631-E - JOÃO VIEIRA	32	24:29.984	19,6	12:50:48.304	0:49:52.051	Equipa 6
631	631-D - CLAUDIO MARTINS	33	26:02.939	18,4	13:16:51.243	1:15:54.990	Equipa 6
631	631-B - ANTÓNIO VARANDAS	34	25:46.674	18,6	13:42:37.917	1:41:41.664	Equipa 6
631	631-C - HERNANI NETO	35	24:07.173	19,9	14:06:45.090	2:05:48.837	Equipa 6
631	631-A - CARLOS SILVA	36	26:18.825	18,2	14:33:03.915	2:32:07.662	Equipa 6
631	631-E - JOÃO VIEIRA	37	26:15.587	18,3	14:59:19.502	2:58:23.249	Equipa 6
631	631-F - MAX MARTINS	38	23:21.362	20,6	15:22:40.864	3:21:44.611	Equipa 6
631	631-D - CLAUDIO MARTINS	39	26:05.673	18,4	15:48:46.537	3:47:50.284	Equipa 6
631	631-B - ANTÓNIO VARANDAS	40	27:08.396	17,7	16:15:54.933	4:14:58.680	Equipa 6
631	631-C - HERNANI NETO	41	25:08.225	19,1	16:41:03.158	4:40:06.905	Equipa 6
631	631-A - CARLOS SILVA	42	28:35.862	16,8	17:09:39.020	5:08:42.767	Equipa 6
631	631-E - JOÃO VIEIRA	43	25:07.498	19,1	17:34:46.518	5:33:50.265	Equipa 6
631	631-F - MAX MARTINS	44	22:41.172	21,2	17:57:27.690	5:56:31.437	Equipa 6
631	631-D - CLAUDIO MARTINS	45	27:44.183	17,3	18:25:11.873	6:24:15.620	Equipa 6
631	631-B - ANTÓNIO VARANDAS	46	24:46.387	19,4	18:49:58.260	6:49:02.007	Equipa 6
631	631-C - HERNANI NETO	47	23:35.735	20,3	19:13:33.995	7:12:37.742	Equipa 6
631	631-A - CARLOS SILVA	48	25:14.722	19	19:38:48.717	7:37:52.464	Equipa 6
631	631-E - JOÃO VIEIRA	49	24:27.341	19,6	20:03:16.058	8:02:19.805	Equipa 6
631	631-F - MAX MARTINS	50	22:30.236	21,3	20:25:46.294	8:24:50.041	Equipa 6
631	631-D - CLAUDIO MARTINS	51	25:30.015	18,8	20:51:16.309	8:50:20.056	Equipa 6
631	631-B - ANTÓNIO VARANDAS	52	23:57.590	20	21:15:13.899	9:14:17.646	Equipa 6
631	631-C - HERNANI NETO	53	23:13.066	20,7	21:38:26.965	9:37:30.712	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
631	631-A - CARLOS SILVA	54	24:51.398	19,3	22:03:18.363	10:02:22.110	Equipa 6
631	631-E - JOÃO VIEIRA	55	23:50.851	20,1	22:27:09.214	10:26:12.961	Equipa 6
631	631-F - MAX MARTINS	56	22:04.675	21,7	22:49:13.889	10:48:17.636	Equipa 6
631	631-D - CLAUDIO MARTINS	57	25:47.974	18,6	23:15:01.863	11:14:05.610	Equipa 6
631	631-B - ANTÓNIO VARANDAS	58	23:20.514	20,6	23:38:22.377	11:37:26.124	Equipa 6
631	631-C - HERNANI NETO	59	23:47.847	20,2	24:02:10.224	12:01:13.971	Equipa 6
632	632-F - ÁLVARO CONCEIÇÃO	1	29:07.641	16,5	29:07.641	12:28:11.388	Equipa 6
632	632-C - ORLANDO SEBASTIÃO	2	23:17.215	20,6	52:24.856	12:51:28.603	Equipa 6
632	632-B - GILBERTO DIAS	3	23:36.260	20,3	1:16:01.116	13:15:04.863	Equipa 6
632	632-E - IÚRI CHAGAS	4	23:45.347	20,2	1:39:46.463	13:38:50.210	Equipa 6
632	632-A - VALTER MATOS	5	24:09.681	19,9	2:03:56.144	14:02:59.891	Equipa 6
632	632-D - FRANCISCO FAUSTINO	6	22:25.829	21,4	2:26:21.973	14:25:25.720	Equipa 6
632	632-F - ÁLVARO CONCEIÇÃO	7	22:46.906	21,1	2:49:08.879	14:48:12.626	Equipa 6
632	632-C - ORLANDO SEBASTIÃO	8	23:00.490	20,9	3:12:09.369	15:11:13.116	Equipa 6
632	632-B - GILBERTO DIAS	9	35:03.840	13,7	3:47:13.209	15:46:16.956	Equipa 6
632	632-E - IÚRI CHAGAS	10	23:46.701	20,2	4:10:59.910	16:10:03.657	Equipa 6
632	632-A - VALTER MATOS	11	23:29.953	20,4	4:34:29.863	16:33:33.610	Equipa 6
632	632-D - FRANCISCO FAUSTINO	12	22:28.527	21,4	4:56:58.390	16:56:02.137	Equipa 6
632	632-F - ÁLVARO CONCEIÇÃO	13	22:27.169	21,4	5:19:25.559	17:18:29.306	Equipa 6
632	632-C - ORLANDO SEBASTIÃO	14	22:50.288	21	5:42:15.847	17:41:19.594	Equipa 6
632	632-B - GILBERTO DIAS	15	23:53.778	20,1	6:06:09.625	18:05:13.372	Equipa 6
632	632-E - IÚRI CHAGAS	16	24:08.756	19,9	6:30:18.381	18:29:22.128	Equipa 6
632	632-A - VALTER MATOS	17	23:45.816	20,2	6:54:04.197	18:53:07.944	Equipa 6
632	632-D - FRANCISCO FAUSTINO	18	22:50.727	21	7:16:54.924	19:15:58.671	Equipa 6
632	632-F - ÁLVARO CONCEIÇÃO	19	22:54.863	20,9	7:39:49.787	19:38:53.534	Equipa 6
632	632-C - ORLANDO SEBASTIÃO	20	23:15.981	20,6	8:03:05.768	20:02:09.515	Equipa 6
632	632-B - GILBERTO DIAS	21	23:36.814	20,3	8:26:42.582	20:25:46.329	Equipa 6
632	632-E - IÚRI CHAGAS	22	23:29.915	20,4	8:50:12.497	20:49:16.244	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
632	632-A - VALTER MATOS	23	23:42.106	20,3	9:13:54.603	21:12:58.350	Equipa 6
632	632-D - FRANCISCO FAUSTINO	24	22:54.591	21	9:36:49.194	21:35:52.941	Equipa 6
632	632-F - ÁLVARO CONCEIÇÃO	25	23:54.158	20,1	10:00:43.352	21:59:47.099	Equipa 6
632	632-F - ÁLVARO CONCEIÇÃO	26	23:59.083	20	10:24:42.435	22:23:46.182	Equipa 6
632	632-C - ORLANDO SEBASTIÃO	27	24:05.017	19,9	10:48:47.452	22:47:51.199	Equipa 6
632	632-C - ORLANDO SEBASTIÃO	28	24:30.442	19,6	11:13:17.894	23:12:21.641	Equipa 6
632	632-B - GILBERTO DIAS	29	25:43.489	18,7	11:39:01.383	23:38:05.130	Equipa 6
632	632-B - GILBERTO DIAS	30	24:47.214	19,4	12:03:48.597	0:02:52.344	Equipa 6
632	632-E - IÚRI CHAGAS	31	25:31.922	18,8	12:29:20.519	0:28:24.266	Equipa 6
632	632-E - IÚRI CHAGAS	32	25:30.931	18,8	12:54:51.450	0:53:55.197	Equipa 6
632	632-A - VALTER MATOS	33	25:06.044	19,1	13:19:57.494	1:19:01.241	Equipa 6
632	632-A - VALTER MATOS	34	25:39.266	18,7	13:45:36.760	1:44:40.507	Equipa 6
632	632-D - FRANCISCO FAUSTINO	35	24:21.037	19,7	14:09:57.797	2:09:01.544	Equipa 6
632	632-D - FRANCISCO FAUSTINO	36	23:25.994	20,5	14:33:23.791	2:32:27.538	Equipa 6
632	632-F - ÁLVARO CONCEIÇÃO	37	23:04.781	20,8	14:56:28.572	2:55:32.319	Equipa 6
632	632-F - ÁLVARO CONCEIÇÃO	38	24:00.203	20	15:20:28.775	3:19:32.522	Equipa 6
632	632-C - ORLANDO SEBASTIÃO	39	24:35.460	19,5	15:45:04.235	3:44:07.982	Equipa 6
632	632-C - ORLANDO SEBASTIÃO	40	24:35.867	19,5	16:09:40.102	4:08:43.849	Equipa 6
632	632-B - GILBERTO DIAS	41	25:50.545	18,6	16:35:30.647	4:34:34.394	Equipa 6
632	632-B - GILBERTO DIAS	42	24:02.808	20	16:59:33.455	4:58:37.202	Equipa 6
632	632-E - IÚRI CHAGAS	43	25:09.701	19,1	17:24:43.156	5:23:46.903	Equipa 6
632	632-E - IÚRI CHAGAS	44	25:18.887	19	17:50:02.043	5:49:05.790	Equipa 6
632	632-A - VALTER MATOS	45	25:20.784	18,9	18:15:22.827	6:14:26.574	Equipa 6
632	632-A - VALTER MATOS	46	25:48.381	18,6	18:41:11.208	6:40:14.955	Equipa 6
632	632-D - FRANCISCO FAUSTINO	47	23:05.708	20,8	19:04:16.916	7:03:20.663	Equipa 6
632	632-D - FRANCISCO FAUSTINO	48	23:11.285	20,7	19:27:28.201	7:26:31.948	Equipa 6
632	632-F - ÁLVARO CONCEIÇÃO	49	22:55.972	20,9	19:50:24.173	7:49:27.920	Equipa 6
632	632-C - ORLANDO SEBASTIÃO	50	23:21.729	20,5	20:13:45.902	8:12:49.649	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
632	632-B - GILBERTO DIAS	51	24:14.872	19,8	20:38:00.774	8:37:04.521	Equipa 6
632	632-E - IÚRI CHAGAS	52	24:21.191	19,7	21:02:21.965	9:01:25.712	Equipa 6
632	632-A - VALTER MATOS	53	24:55.363	19,3	21:27:17.328	9:26:21.075	Equipa 6
632	632-D - FRANCISCO FAUSTINO	54	22:34.315	21,3	21:49:51.643	9:48:55.390	Equipa 6
632	632-F - ÁLVARO CONCEIÇÃO	55	22:30.774	21,3	22:12:22.417	10:11:26.164	Equipa 6
632	632-C - ORLANDO SEBASTIÃO	56	23:12.308	20,7	22:35:34.725	10:34:38.472	Equipa 6
632	632-B - GILBERTO DIAS	57	23:45.951	20,2	22:59:20.676	10:58:24.423	Equipa 6
632	632-E - IÚRI CHAGAS	58	23:39.129	20,3	23:22:59.805	11:22:03.552	Equipa 6
632	632-A - VALTER MATOS	59	24:45.516	19,4	23:47:45.321	11:46:49.068	Equipa 6
632	632-D - FRANCISCO FAUSTINO	60	22:42.335	21,1	24:10:27.656	12:09:31.403	Equipa 6
633	633-C - ARMÉNIO RODRIGUES	1	25:25.868	18,9	25:25.868	12:24:29.615	Equipa 6
633	633-A - OCTÁVIO CARMO	2	21:17.655	22,5	46:43.523	12:45:47.270	Equipa 6
633	633-B - RICARDO GONÇALVES	3	21:45.405	22,1	1:08:28.928	13:07:32.675	Equipa 6
633	633-D - HERNÂNI VENTURA	4	21:49.646	22	1:30:18.574	13:29:22.321	Equipa 6
633	633-E - LUIS CAEIRO	5	22:06.733	21,7	1:52:25.307	13:51:29.054	Equipa 6
633	633-F - JOÃO FIGUEIREDO	6	22:46.066	21,1	2:15:11.373	14:14:15.120	Equipa 6
633	633-C - ARMÉNIO RODRIGUES	7	20:47.219	23,1	2:35:58.592	14:35:02.339	Equipa 6
633	633-A - OCTÁVIO CARMO	8	21:19.911	22,5	2:57:18.503	14:56:22.250	Equipa 6
633	633-B - RICARDO GONÇALVES	9	20:52.683	23	3:18:11.186	15:17:14.933	Equipa 6
633	633-D - HERNÂNI VENTURA	10	21:21.133	22,5	3:39:32.319	15:38:36.066	Equipa 6
633	633-E - LUIS CAEIRO	11	21:50.591	22	4:01:22.910	16:00:26.657	Equipa 6
633	633-F - JOÃO FIGUEIREDO	12	22:34.729	21,3	4:23:57.639	16:23:01.386	Equipa 6
633	633-C - ARMÉNIO RODRIGUES	13	20:34.393	23,3	4:44:32.032	16:43:35.779	Equipa 6
633	633-A - OCTÁVIO CARMO	14	20:58.414	22,9	5:05:30.446	17:04:34.193	Equipa 6
633	633-B - RICARDO GONÇALVES	15	20:47.000	23,1	5:26:17.446	17:25:21.193	Equipa 6
633	633-D - HERNÂNI VENTURA	16	21:23.548	22,4	5:47:40.994	17:46:44.741	Equipa 6
633	633-E - LUIS CAEIRO	17	21:56.055	21,9	6:09:37.049	18:08:40.796	Equipa 6
633	633-F - JOÃO FIGUEIREDO	18	22:58.611	20,9	6:32:35.660	18:31:39.407	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
633	633-C - ARMÉNIO RODRIGUES	19	21:33.046	22,3	6:54:08.706	18:53:12.453	Equipa 6
633	633-C - ARMÉNIO RODRIGUES	20	21:20.537	22,5	7:15:29.243	19:14:32.990	Equipa 6
633	633-A - OCTÁVIO CARMO	21	21:33.169	22,3	7:37:02.412	19:36:06.159	Equipa 6
633	633-A - OCTÁVIO CARMO	22	22:23.429	21,4	7:59:25.841	19:58:29.588	Equipa 6
633	633-B - RICARDO GONÇALVES	23	21:24.271	22,4	8:20:50.112	20:19:53.859	Equipa 6
633	633-B - RICARDO GONÇALVES	24	21:20.447	22,5	8:42:10.559	20:41:14.306	Equipa 6
633	633-D - HERNÂNI VENTURA	25	21:58.439	21,8	9:04:08.998	21:03:12.745	Equipa 6
633	633-D - HERNÂNI VENTURA	26	22:08.448	21,7	9:26:17.446	21:25:21.193	Equipa 6
633	633-E - LUIS CAEIRO	27	23:03.143	20,8	9:49:20.589	21:48:24.336	Equipa 6
633	633-E - LUIS CAEIRO	28	22:55.066	20,9	10:12:15.655	22:11:19.402	Equipa 6
633	633-F - JOÃO FIGUEIREDO	29	24:09.179	19,9	10:36:24.834	22:35:28.581	Equipa 6
633	633-F - JOÃO FIGUEIREDO	30	24:21.351	19,7	11:00:46.185	22:59:49.932	Equipa 6
633	633-C - ARMÉNIO RODRIGUES	31	22:09.403	21,7	11:22:55.588	23:21:59.335	Equipa 6
633	633-C - ARMÉNIO RODRIGUES	32	22:02.344	21,8	11:44:57.932	23:44:01.679	Equipa 6
633	633-A - OCTÁVIO CARMO	33	22:30.724	21,3	12:07:28.656	0:06:32.403	Equipa 6
633	633-A - OCTÁVIO CARMO	34	23:13.601	20,7	12:30:42.257	0:29:46.004	Equipa 6
633	633-B - RICARDO GONÇALVES	35	22:57.999	20,9	12:53:40.256	0:52:44.003	Equipa 6
633	633-B - RICARDO GONÇALVES	36	22:35.995	21,2	13:16:16.251	1:15:19.998	Equipa 6
633	633-D - HERNÂNI VENTURA	37	22:54.755	20,9	13:39:11.006	1:38:14.753	Equipa 6
633	633-D - HERNÂNI VENTURA	38	23:12.009	20,7	14:02:23.015	2:01:26.762	Equipa 6
633	633-E - LUIS CAEIRO	39	23:32.104	20,4	14:25:55.119	2:24:58.866	Equipa 6
633	633-E - LUIS CAEIRO	40	23:27.448	20,5	14:49:22.567	2:48:26.314	Equipa 6
633	633-F - JOÃO FIGUEIREDO	41	24:30.720	19,6	15:13:53.287	3:12:57.034	Equipa 6
633	633-F - JOÃO FIGUEIREDO	42	25:32.306	18,8	15:39:25.593	3:38:29.340	Equipa 6
633	633-C - ARMÉNIO RODRIGUES	43	22:17.536	21,5	16:01:43.129	4:00:46.876	Equipa 6
633	633-C - ARMÉNIO RODRIGUES	44	21:54.966	21,9	16:23:38.095	4:22:41.842	Equipa 6
633	633-A - OCTÁVIO CARMO	45	22:03.997	21,8	16:45:42.092	4:44:45.839	Equipa 6
633	633-A - OCTÁVIO CARMO	46	23:06.403	20,8	17:08:48.495	5:07:52.242	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
633	633-B - RICARDO GONÇALVES	47	22:28.705	21,4	17:31:17.200	5:30:20.947	Equipa 6
633	633-B - RICARDO GONÇALVES	48	22:39.263	21,2	17:53:56.463	5:53:00.210	Equipa 6
633	633-D - HERNÂNI VENTURA	49	22:30.381	21,3	18:16:26.844	6:15:30.591	Equipa 6
633	633-D - HERNÂNI VENTURA	50	22:38.506	21,2	18:39:05.350	6:38:09.097	Equipa 6
633	633-E - LUIS CAEIRO	51	22:03.519	21,8	19:01:08.869	7:00:12.616	Equipa 6
633	633-E - LUIS CAEIRO	52	22:14.139	21,6	19:23:23.008	7:22:26.755	Equipa 6
633	633-F - JOÃO FIGUEIREDO	53	23:45.960	20,2	19:47:08.968	7:46:12.715	Equipa 6
633	633-F - JOÃO FIGUEIREDO	54	25:03.896	19,2	20:12:12.864	8:11:16.611	Equipa 6
633	633-C - ARMÉNIO RODRIGUES	55	21:11.776	22,6	20:33:24.640	8:32:28.387	Equipa 6
633	633-A - OCTÁVIO CARMO	56	21:53.419	21,9	20:55:18.059	8:54:21.806	Equipa 6
633	633-B - RICARDO GONÇALVES	57	21:19.766	22,5	21:16:37.825	9:15:41.572	Equipa 6
633	633-D - HERNÂNI VENTURA	58	21:26.331	22,4	21:38:04.156	9:37:07.903	Equipa 6
633	633-E - LUIS CAEIRO	59	21:58.854	21,8	22:00:03.010	9:59:06.757	Equipa 6
633	633-F - JOÃO FIGUEIREDO	60	23:15.981	20,6	22:23:18.991	10:22:22.738	Equipa 6
633	633-C - ARMÉNIO RODRIGUES	61	21:00.833	22,8	22:44:19.824	10:43:23.571	Equipa 6
633	633-A - OCTÁVIO CARMO	62	21:55.992	21,9	23:06:15.816	11:05:19.563	Equipa 6
633	633-B - RICARDO GONÇALVES	63	20:44.548	23,1	23:27:00.364	11:26:04.111	Equipa 6
633	633-D - HERNÂNI VENTURA	64	22:14.085	21,6	23:49:14.449	11:48:18.196	Equipa 6
633	633-E - LUIS CAEIRO	65	22:10.510	21,6	24:11:24.959	12:10:28.706	Equipa 6
634	634-F - FABIO PAULINO	1	29:24.166	16,3	29:24.166	12:28:27.913	Equipa 6
634	634-E - NUNO SILVA	2	23:54.730	20,1	53:18.896	12:52:22.643	Equipa 6
634	634-E - NUNO SILVA	3	25:46.321	18,6	1:19:05.217	13:18:08.964	Equipa 6
634	634-B - HUGO CONTREIRAS	4	33:36.318	14,3	1:52:41.535	13:51:45.282	Equipa 6
634	634-D - BRUNO SILVA	5	25:34.421	18,8	2:18:15.956	14:17:19.703	Equipa 6
634	634-C - RICARDO RIBEIRO	6	26:51.938	17,9	2:45:07.894	14:44:11.641	Equipa 6
634	634-A - RUI GONÇALVES	7	26:20.530	18,2	3:11:28.424	15:10:32.171	Equipa 6
634	634-F - FABIO PAULINO	8	23:34.239	20,4	3:35:02.663	15:34:06.410	Equipa 6
634	634-E - NUNO SILVA	9	24:31.859	19,6	3:59:34.522	15:58:38.269	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
634	634-E - NUNO SILVA	10	24:29.401	19,6	4:24:03.923	16:23:07.670	Equipa 6
634	634-B - HUGO CONTREIRAS	11	34:14.105	14	4:58:18.028	16:57:21.775	Equipa 6
634	634-D - BRUNO SILVA	12	26:00.084	18,5	5:24:18.112	17:23:21.859	Equipa 6
634	634-C - RICARDO RIBEIRO	13	25:32.949	18,8	5:49:51.061	17:48:54.808	Equipa 6
634	634-A - RUI GONÇALVES	14	25:39.500	18,7	6:15:30.561	18:14:34.308	Equipa 6
634	634-E - NUNO SILVA	15	34:19.963	14	6:49:50.524	18:48:54.271	Equipa 6
634	634-B - HUGO CONTREIRAS	16	37:30.343	12,8	7:27:20.867	19:26:24.614	Equipa 6
634	634-D - BRUNO SILVA	17	26:13.016	18,3	7:53:33.883	19:52:37.630	Equipa 6
634	634-C - RICARDO RIBEIRO	18	26:27.225	18,1	8:20:01.108	20:19:04.855	Equipa 6
634	634-A - RUI GONÇALVES	19	26:33.796	18,1	8:46:34.904	20:45:38.651	Equipa 6
634	634-A - RUI GONÇALVES	20	26:58.684	17,8	9:13:33.588	21:12:37.335	Equipa 6
634	634-F - FABIO PAULINO	21	24:01.566	20	9:37:35.154	21:36:38.901	Equipa 6
634	634-F - FABIO PAULINO	22	24:19.373	19,7	10:01:54.527	22:00:58.274	Equipa 6
634	634-E - NUNO SILVA	23	27:58.955	17,2	10:29:53.482	22:28:57.229	Equipa 6
634	634-E - NUNO SILVA	24	27:30.703	17,4	10:57:24.185	22:56:27.932	Equipa 6
634	634-B - HUGO CONTREIRAS	25	53:25.176	9	11:50:49.361	23:49:53.108	Equipa 6
634	634-D - BRUNO SILVA	26	27:49.656	17,2	12:18:39.017	0:17:42.764	Equipa 6
634	634-D - BRUNO SILVA	27	30:32.030	15,7	12:49:11.047	0:48:14.794	Equipa 6
634	634-C - RICARDO RIBEIRO	28	33:04.884	14,5	13:22:15.931	1:21:19.678	Equipa 6
634	634-C - RICARDO RIBEIRO	29	29:59.332	16	13:52:15.263	1:51:19.010	Equipa 6
634	634-A - RUI GONÇALVES	30	28:53.193	16,6	14:21:08.456	2:20:12.203	Equipa 6
634	634-A - RUI GONÇALVES	31	28:24.822	16,9	14:49:33.278	2:48:37.025	Equipa 6
634	634-F - FABIO PAULINO	32	24:41.953	19,4	15:14:15.231	3:13:18.978	Equipa 6
634	634-F - FABIO PAULINO	33	24:31.798	19,6	15:38:47.029	3:37:50.776	Equipa 6
634	634-F - FABIO PAULINO	34	25:16.993	19	16:04:04.022	4:03:07.769	Equipa 6
634	634-E - NUNO SILVA	35	27:01.902	17,8	16:31:05.924	4:30:09.671	Equipa 6
634	634-E - NUNO SILVA	36	28:07.270	17,1	16:59:13.194	4:58:16.941	Equipa 6
634	634-D - BRUNO SILVA	37	40:07.069	12	17:39:20.263	5:38:24.010	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
634	634-A - RUI GONÇALVES	38	33:53.640	14,2	18:13:13.903	6:12:17.650	Equipa 6
634	634-A - RUI GONÇALVES	39	28:05.918	17,1	18:41:19.821	6:40:23.568	Equipa 6
634	634-A - RUI GONÇALVES	40	29:09.098	16,5	19:10:28.919	7:09:32.666	Equipa 6
634	634-F - FABIO PAULINO	41	26:17.051	18,3	19:36:45.970	7:35:49.717	Equipa 6
634	634-F - FABIO PAULINO	42	27:26.010	17,5	20:04:11.980	8:03:15.727	Equipa 6
634	634-E - NUNO SILVA	43	25:50.894	18,6	20:30:02.874	8:29:06.621	Equipa 6
634	634-B - HUGO CONTREIRAS	44	48:47.444	9,8	21:18:50.318	9:17:54.065	Equipa 6
634	634-A - RUI GONÇALVES	45	29:04.912	16,5	21:47:55.230	9:46:58.977	Equipa 6
634	634-F - FABIO PAULINO	46	24:14.624	19,8	22:12:09.854	10:11:13.601	Equipa 6
634	634-E - NUNO SILVA	47	24:44.933	19,4	22:36:54.787	10:35:58.534	Equipa 6
634	634-B - HUGO CONTREIRAS	48	42:30.765	11,3	23:19:25.552	11:18:29.299	Equipa 6
634	634-C - RICARDO RIBEIRO	49	26:17.615	18,3	23:45:43.167	11:44:46.914	Equipa 6
634	634-F - FABIO PAULINO	50	28:27.215	16,9	24:14:10.382	12:13:14.129	Equipa 6
635	635-D - MIGUEL GABADINHO	1	32:58.227	14,6	32:58.227	12:32:01.974	Equipa 6
635	635-C - LUIS ROMAÕ	2	28:21.726	16,9	1:01:19.953	13:00:23.700	Equipa 6
635	635-B - JOÃO VITÓRIA	3	30:08.208	15,9	1:31:28.161	13:30:31.908	Equipa 6
635	635-E - JORGE SOARES	4	26:37.335	18	1:58:05.496	13:57:09.243	Equipa 6
635	635-F - ANGELO MENDONÇA	5	27:09.503	17,7	2:25:14.999	14:24:18.746	Equipa 6
635	635-A - JOSÉ COELHO	6	29:21.097	16,4	2:54:36.096	14:53:39.843	Equipa 6
635	635-D - MIGUEL GABADINHO	7	26:05.102	18,4	3:20:41.198	15:19:44.945	Equipa 6
635	635-C - LUIS ROMAÕ	8	28:14.511	17	3:48:55.709	15:47:59.456	Equipa 6
635	635-B - JOÃO VITÓRIA	9	30:17.329	15,8	4:19:13.038	16:18:16.785	Equipa 6
635	635-E - JORGE SOARES	10	26:21.215	18,2	4:45:34.253	16:44:38.000	Equipa 6
635	635-F - ANGELO MENDONÇA	11	28:22.907	16,9	5:13:57.160	17:13:00.907	Equipa 6
635	635-A - JOSÉ COELHO	12	29:29.258	16,3	5:43:26.418	17:42:30.165	Equipa 6
635	635-D - MIGUEL GABADINHO	13	26:15.148	18,3	6:09:41.566	18:08:45.313	Equipa 6
635	635-C - LUIS ROMAÕ	14	28:26.650	16,9	6:38:08.216	18:37:11.963	Equipa 6
635	635-B - JOÃO VITÓRIA	15	30:40.005	15,7	7:08:48.221	19:07:51.968	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
635	635-E - JORGE SOARES	16	27:31.286	17,4	7:36:19.507	19:35:23.254	Equipa 6
635	635-F - ANGELO MENDONÇA	17	29:55.748	16	8:06:15.255	20:05:19.002	Equipa 6
635	635-A - JOSÉ COELHO	18	28:58.087	16,6	8:35:13.342	20:34:17.089	Equipa 6
635	635-D - MIGUEL GABADINHO	19	27:24.186	17,5	9:02:37.528	21:01:41.275	Equipa 6
635	635-C - LUIS ROMAÕ	20	29:35.744	16,2	9:32:13.272	21:31:17.019	Equipa 6
635	635-B - JOÃO VITÓRIA	21	32:57.035	14,6	10:05:10.307	22:04:14.054	Equipa 6
635	635-E - JORGE SOARES	22	30:12.801	15,9	10:35:23.108	22:34:26.855	Equipa 6
635	635-F - ANGELO MENDONÇA	23	34:21.491	14	11:09:44.599	23:08:48.346	Equipa 6
635	635-A - JOSÉ COELHO	24	31:49.716	15,1	11:41:34.315	23:40:38.062	Equipa 6
635	635-D - MIGUEL GABADINHO	25	28:57.014	16,6	12:10:31.329	0:09:35.076	Equipa 6
635	635-C - LUIS ROMAÕ	26	31:09.906	15,4	12:41:41.235	0:40:44.982	Equipa 6
635	635-B - JOÃO VITÓRIA	27	33:16.058	14,4	13:14:57.293	1:14:01.040	Equipa 6
635	635-E - JORGE SOARES	28	38:37.522	12,4	13:53:34.815	1:52:38.562	Equipa 6
635	635-F - ANGELO MENDONÇA	29	32:20.984	14,8	14:25:55.799	2:24:59.546	Equipa 6
635	635-A - JOSÉ COELHO	30	32:08.153	14,9	14:58:03.952	2:57:07.699	Equipa 6
635	635-D - MIGUEL GABADINHO	31	31:29.130	15,2	15:29:33.082	3:28:36.829	Equipa 6
635	635-C - LUIS ROMAÕ	32	31:57.528	15	16:01:30.610	4:00:34.357	Equipa 6
635	635-B - JOÃO VITÓRIA	33	33:38.490	14,3	16:35:09.100	4:34:12.847	Equipa 6
635	635-E - JORGE SOARES	34	29:47.244	16,1	17:04:56.344	5:04:00.091	Equipa 6
635	635-F - ANGELO MENDONÇA	35	32:37.643	14,7	17:37:33.987	5:36:37.734	Equipa 6
635	635-A - JOSÉ COELHO	36	31:31.399	15,2	18:09:05.386	6:08:09.133	Equipa 6
635	635-D - MIGUEL GABADINHO	37	28:41.125	16,7	18:37:46.511	6:36:50.258	Equipa 6
635	635-C - LUIS ROMAÕ	38	30:14.434	15,9	19:08:00.945	7:07:04.692	Equipa 6
635	635-B - JOÃO VITÓRIA	39	31:57.179	15	19:39:58.124	7:39:01.871	Equipa 6
635	635-E - JORGE SOARES	40	28:17.407	17	20:08:15.531	8:07:19.278	Equipa 6
635	635-F - ANGELO MENDONÇA	41	29:47.175	16,1	20:38:02.706	8:37:06.453	Equipa 6
635	635-A - JOSÉ COELHO	42	31:33.816	15,2	21:09:36.522	9:08:40.269	Equipa 6
635	635-D - MIGUEL GABADINHO	43	29:35.842	16,2	21:39:12.364	9:38:16.111	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
635	635-C - LUIS ROMAÕ	44	30:01.562	16	22:09:13.926	10:08:17.673	Equipa 6
635	635-B - JOÃO VITÓRIA	45	31:36.793	15,2	22:40:50.719	10:39:54.466	Equipa 6
635	635-E - JORGE SOARES	46	28:41.321	16,7	23:09:32.040	11:08:35.787	Equipa 6
635	635-F - ANGELO MENDONÇA	47	34:10.371	14	23:43:42.411	11:42:46.158	Equipa 6
635	635-A - JOSÉ COELHO	48	32:50.399	14,6	24:16:32.810	12:15:36.557	Equipa 6
636	636-F - FILIPE GONÇALVES	1	31:01.848	15,5	31:01.848	12:30:05.595	Equipa 6
636	636-F - FILIPE GONÇALVES	2	24:34.212	19,5	55:36.060	12:54:39.807	Equipa 6
636	636-A - MARIO DOMINGUES	3	23:55.746	20,1	1:19:31.806	13:18:35.553	Equipa 6
636	636-A - MARIO DOMINGUES	4	23:40.333	20,3	1:43:12.139	13:42:15.886	Equipa 6
636	636-F - FILIPE GONÇALVES	5	24:27.165	19,6	2:07:39.304	14:06:43.051	Equipa 6
636	636-F - FILIPE GONÇALVES	6	24:50.606	19,3	2:32:29.910	14:31:33.657	Equipa 6
636	636-A - MARIO DOMINGUES	7	22:56.621	20,9	2:55:26.531	14:54:30.278	Equipa 6
636	636-C - LUIS TEIXEIRA	8	22:27.180	21,4	3:17:53.711	15:16:57.458	Equipa 6
636	636-B - WILSON FONSECA	9	21:50.832	22	3:39:44.543	15:38:48.290	Equipa 6
636	636-D - RICARDO GOUVEIA	10	23:32.777	20,4	4:03:17.320	16:02:21.067	Equipa 6
636	636-D - RICARDO GOUVEIA	11	22:59.053	20,9	4:26:16.373	16:25:20.120	Equipa 6
636	636-B - WILSON FONSECA	12	20:54.831	23	4:47:11.204	16:46:14.951	Equipa 6
636	636-E - PATRICIO MATADO	13	22:47.232	21,1	5:09:58.436	17:09:02.183	Equipa 6
636	636-C - LUIS TEIXEIRA	14	21:34.669	22,2	5:31:33.105	17:30:36.852	Equipa 6
636	636-A - MARIO DOMINGUES	15	22:39.811	21,2	5:54:12.916	17:53:16.663	Equipa 6
636	636-D - RICARDO GOUVEIA	16	22:34.872	21,3	6:16:47.788	18:15:51.535	Equipa 6
636	636-B - WILSON FONSECA	17	21:44.957	22,1	6:38:32.745	18:37:36.492	Equipa 6
636	636-F - FILIPE GONÇALVES	18	24:09.923	19,9	7:02:42.668	19:01:46.415	Equipa 6
636	636-E - PATRICIO MATADO	19	21:39.406	22,2	7:24:22.074	19:23:25.821	Equipa 6
636	636-C - LUIS TEIXEIRA	20	21:58.890	21,8	7:46:20.964	19:45:24.711	Equipa 6
636	636-A - MARIO DOMINGUES	21	22:08.430	21,7	8:08:29.394	20:07:33.141	Equipa 6
636	636-D - RICARDO GOUVEIA	22	22:54.461	21	8:31:23.855	20:30:27.602	Equipa 6
636	636-B - WILSON FONSECA	23	22:15.223	21,6	8:53:39.078	20:52:42.825	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
636	636-F - FILIPE GONÇALVES	24	23:34.451	20,4	9:17:13.529	21:16:17.276	Equipa 6
636	636-C - LUIS TEIXEIRA	25	22:35.900	21,2	9:39:49.429	21:38:53.176	Equipa 6
636	636-E - PATRICIO MATADO	26	22:16.432	21,5	10:02:05.861	22:01:09.608	Equipa 6
636	636-B - WILSON FONSECA	27	22:39.297	21,2	10:24:45.158	22:23:48.905	Equipa 6
636	636-D - RICARDO GOUVEIA	28	23:26.907	20,5	10:48:12.065	22:47:15.812	Equipa 6
636	636-E - PATRICIO MATADO	29	22:24.592	21,4	11:10:36.657	23:09:40.404	Equipa 6
636	636-D - RICARDO GOUVEIA	30	24:29.337	19,6	11:35:05.994	23:34:09.741	Equipa 6
636	636-E - PATRICIO MATADO	31	22:55.570	20,9	11:58:01.564	23:57:05.311	Equipa 6
636	636-C - LUIS TEIXEIRA	32	22:29.467	21,3	12:20:31.031	0:19:34.778	Equipa 6
636	636-A - MARIO DOMINGUES	33	24:02.758	20	12:44:33.789	0:43:37.536	Equipa 6
636	636-F - FILIPE GONÇALVES	34	24:41.516	19,4	13:09:15.305	1:08:19.052	Equipa 6
636	636-A - MARIO DOMINGUES	35	25:03.378	19,2	13:34:18.683	1:33:22.430	Equipa 6
636	636-F - FILIPE GONÇALVES	36	24:36.208	19,5	13:58:54.891	1:57:58.638	Equipa 6
636	636-C - LUIS TEIXEIRA	37	22:41.517	21,2	14:21:36.408	2:20:40.155	Equipa 6
636	636-D - RICARDO GOUVEIA	38	24:16.589	19,8	14:45:52.997	2:44:56.744	Equipa 6
636	636-C - LUIS TEIXEIRA	39	23:37.911	20,3	15:09:30.908	3:08:34.655	Equipa 6
636	636-D - RICARDO GOUVEIA	40	23:48.970	20,2	15:33:19.878	3:32:23.625	Equipa 6
636	636-C - LUIS TEIXEIRA	41	25:08.957	19,1	15:58:28.835	3:57:32.582	Equipa 6
636	636-E - PATRICIO MATADO	42	22:27.363	21,4	16:20:56.198	4:19:59.945	Equipa 6
636	636-A - MARIO DOMINGUES	43	24:45.542	19,4	16:45:41.740	4:44:45.487	Equipa 6
636	636-F - FILIPE GONÇALVES	44	26:06.308	18,4	17:11:48.048	5:10:51.795	Equipa 6
636	636-A - MARIO DOMINGUES	45	24:39.561	19,5	17:36:27.609	5:35:31.356	Equipa 6
636	636-F - FILIPE GONÇALVES	46	25:22.846	18,9	18:01:50.455	6:00:54.202	Equipa 6
636	636-E - PATRICIO MATADO	47	21:52.238	21,9	18:23:42.693	6:22:46.440	Equipa 6
636	636-D - RICARDO GOUVEIA	48	22:24.904	21,4	18:46:07.597	6:45:11.344	Equipa 6
636	636-E - PATRICIO MATADO	49	23:25.708	20,5	19:09:33.305	7:08:37.052	Equipa 6
636	636-A - MARIO DOMINGUES	50	23:12.997	20,7	19:32:46.302	7:31:50.049	Equipa 6
636	636-C - LUIS TEIXEIRA	51	22:14.541	21,6	19:55:00.843	7:54:04.590	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
636	636-F - FILIPE GONÇALVES	52	24:04.602	19,9	20:19:05.445	8:18:09.192	Equipa 6
636	636-D - RICARDO GOUVEIA	53	21:36.473	22,2	20:40:41.918	8:39:45.665	Equipa 6
636	636-B - WILSON FONSECA	54	21:10.310	22,7	21:01:52.228	9:00:55.975	Equipa 6
636	636-C - LUIS TEIXEIRA	55	22:28.644	21,4	21:24:20.872	9:23:24.619	Equipa 6
636	636-B - WILSON FONSECA	56	21:11.245	22,7	21:45:32.117	9:44:35.864	Equipa 6
636	636-D - RICARDO GOUVEIA	57	22:07.809	21,7	22:07:39.926	10:06:43.673	Equipa 6
636	636-F - FILIPE GONÇALVES	58	22:45.169	21,1	22:30:25.095	10:29:28.842	Equipa 6
636	636-E - PATRICIO MATADO	59	20:47.611	23,1	22:51:12.706	10:50:16.453	Equipa 6
636	636-B - WILSON FONSECA	60	21:10.520	22,7	23:12:23.226	11:11:26.973	Equipa 6
636	636-D - RICARDO GOUVEIA	61	23:17.223	20,6	23:35:40.449	11:34:44.196	Equipa 6
636	636-A - MARIO DOMINGUES	62	22:13.748	21,6	23:57:54.197	11:56:57.944	Equipa 6
636	636-B - WILSON FONSECA	63	21:40.440	22,1	24:19:34.637	12:18:38.384	Equipa 6
637	637-F - PAULO OLIVEIRA	1	26:49.779	17,9	26:49.779	12:25:53.526	Equipa 6
637	637-F - PAULO OLIVEIRA	2	22:49.141	21	49:38.920	12:48:42.667	Equipa 6
637	637-C - GENTIL MESTRE	3	24:36.745	19,5	1:14:15.665	13:13:19.412	Equipa 6
637	637-C - GENTIL MESTRE	4	24:55.620	19,3	1:39:11.285	13:38:15.032	Equipa 6
637	637-B - FRANCISCO MATEUS	5	24:17.505	19,8	2:03:28.790	14:02:32.537	Equipa 6
637	637-B - FRANCISCO MATEUS	6	25:02.248	19,2	2:28:31.038	14:27:34.785	Equipa 6
637	637-A - PAULO MENDES	7	24:57.091	19,2	2:53:28.129	14:52:31.876	Equipa 6
637	637-A - PAULO MENDES	8	25:15.540	19	3:18:43.669	15:17:47.416	Equipa 6
637	637-E - PAULO CRUZ	9	22:56.778	20,9	3:41:40.447	15:40:44.194	Equipa 6
637	637-E - PAULO CRUZ	10	23:05.017	20,8	4:04:45.464	16:03:49.211	Equipa 6
637	637-D - CARLOS MATILDE	11	25:39.779	18,7	4:30:25.243	16:29:28.990	Equipa 6
637	637-D - CARLOS MATILDE	12	25:40.856	18,7	4:56:06.099	16:55:09.846	Equipa 6
637	637-F - PAULO OLIVEIRA	13	21:23.336	22,4	5:17:29.435	17:16:33.182	Equipa 6
637	637-F - PAULO OLIVEIRA	14	22:15.301	21,6	5:39:44.736	17:38:48.483	Equipa 6
637	637-C - GENTIL MESTRE	15	24:03.579	20	6:03:48.315	18:02:52.062	Equipa 6
637	637-C - GENTIL MESTRE	16	25:18.473	19	6:29:06.788	18:28:10.535	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
637	637-B - FRANCISCO MATEUS	17	24:07.113	19,9	6:53:13.901	18:52:17.648	Equipa 6
637	637-B - FRANCISCO MATEUS	18	25:34.507	18,8	7:18:48.408	19:17:52.155	Equipa 6
637	637-A - PAULO MENDES	19	25:31.665	18,8	7:44:20.073	19:43:23.820	Equipa 6
637	637-A - PAULO MENDES	20	25:41.139	18,7	8:10:01.212	20:09:04.959	Equipa 6
637	637-E - PAULO CRUZ	21	26:30.433	18,1	8:36:31.645	20:35:35.392	Equipa 6
637	637-D - CARLOS MATILDE	22	27:46.763	17,3	9:04:18.408	21:03:22.155	Equipa 6
637	637-D - CARLOS MATILDE	23	27:24.085	17,5	9:31:42.493	21:30:46.240	Equipa 6
637	637-F - PAULO OLIVEIRA	24	22:44.799	21,1	9:54:27.292	21:53:31.039	Equipa 6
637	637-F - PAULO OLIVEIRA	25	23:00.016	20,9	10:17:27.308	22:16:31.055	Equipa 6
637	637-C - GENTIL MESTRE	26	26:39.080	18	10:44:06.388	22:43:10.135	Equipa 6
637	637-C - GENTIL MESTRE	27	25:47.988	18,6	11:09:54.376	23:08:58.123	Equipa 6
637	637-B - FRANCISCO MATEUS	28	25:09.249	19,1	11:35:03.625	23:34:07.372	Equipa 6
637	637-B - FRANCISCO MATEUS	29	25:52.563	18,5	12:00:56.188	23:59:59.935	Equipa 6
637	637-A - PAULO MENDES	30	28:23.210	16,9	12:29:19.398	0:28:23.145	Equipa 6
637	637-A - PAULO MENDES	31	27:44.283	17,3	12:57:03.681	0:56:07.428	Equipa 6
637	637-E - PAULO CRUZ	32	24:40.579	19,5	13:21:44.260	1:20:48.007	Equipa 6
637	637-E - PAULO CRUZ	33	24:41.620	19,4	13:46:25.880	1:45:29.627	Equipa 6
637	637-D - CARLOS MATILDE	34	37:20.620	12,9	14:23:46.500	2:22:50.247	Equipa 6
637	637-D - CARLOS MATILDE	35	33:06.903	14,5	14:56:53.403	2:55:57.150	Equipa 6
637	637-F - PAULO OLIVEIRA	36	23:59.616	20	15:20:53.019	3:19:56.766	Equipa 6
637	637-F - PAULO OLIVEIRA	37	24:11.749	19,8	15:45:04.768	3:44:08.515	Equipa 6
637	637-C - GENTIL MESTRE	38	27:08.755	17,7	16:12:13.523	4:11:17.270	Equipa 6
637	637-C - GENTIL MESTRE	39	27:07.597	17,7	16:39:21.120	4:38:24.867	Equipa 6
637	637-B - FRANCISCO MATEUS	40	26:30.865	18,1	17:05:51.985	5:04:55.732	Equipa 6
637	637-B - FRANCISCO MATEUS	41	26:27.148	18,1	17:32:19.133	5:31:22.880	Equipa 6
637	637-A - PAULO MENDES	42	27:46.839	17,3	18:00:05.972	5:59:09.719	Equipa 6
637	637-A - PAULO MENDES	43	27:34.868	17,4	18:27:40.840	6:26:44.587	Equipa 6
637	637-E - PAULO CRUZ	44	24:05.948	19,9	18:51:46.788	6:50:50.535	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
637	637-E - PAULO CRUZ	45	24:03.368	20	19:15:50.156	7:14:53.903	Equipa 6
637	637-D - CARLOS MATILDE	46	28:50.926	16,6	19:44:41.082	7:43:44.829	Equipa 6
637	637-D - CARLOS MATILDE	47	27:21.599	17,5	20:12:02.681	8:11:06.428	Equipa 6
637	637-F - PAULO OLIVEIRA	48	23:00.069	20,9	20:35:02.750	8:34:06.497	Equipa 6
637	637-F - PAULO OLIVEIRA	49	23:40.483	20,3	20:58:43.233	8:57:46.980	Equipa 6
637	637-C - GENTIL MESTRE	50	24:50.702	19,3	21:23:33.935	9:22:37.682	Equipa 6
637	637-C - GENTIL MESTRE	51	24:08.322	19,9	21:47:42.257	9:46:46.004	Equipa 6
637	637-A - PAULO MENDES	52	26:12.592	18,3	22:13:54.849	10:12:58.596	Equipa 6
637	637-A - PAULO MENDES	53	27:30.301	17,5	22:41:25.150	10:40:28.897	Equipa 6
637	637-B - FRANCISCO MATEUS	54	23:37.573	20,3	23:05:02.723	11:04:06.470	Equipa 6
637	637-F - PAULO OLIVEIRA	55	36:59.155	13	23:42:01.878	11:41:05.625	Equipa 6
637	637-E - PAULO CRUZ	56	24:03.928	19,9	24:06:05.806	12:05:09.553	Equipa 6
638	638-B - DAVID GONÇALVES	1	26:15.745	18,3	26:15.745	12:25:19.492	Equipa 6
638	638-F - BRUNO FERREIRA	2	21:34.666	22,2	47:50.411	12:46:54.158	Equipa 6
638	638-E - FILIPE MORAIS	3	21:02.378	22,8	1:08:52.789	13:07:56.536	Equipa 6
638	638-A - DUARTE PALMA	4	22:29.437	21,3	1:30:22.863	13:51:56.047	Equipa 6
638	638-D - RUI CARVALHAL	4	21:30.074	22,3	1:30:22.863	13:29:26.610	Equipa 6
638	638-C - PATRICK SOUSA	5	23:38.299	20,3	1:54:01.162	13:53:04.909	Equipa 6
638	638-B - DAVID GONÇALVES	6	21:57.638	21,9	2:15:58.800	14:15:02.547	Equipa 6
638	638-F - BRUNO FERREIRA	7	21:07.305	22,7	2:37:06.105	14:36:09.852	Equipa 6
638	638-E - FILIPE MORAIS	8	20:57.641	22,9	2:58:03.746	14:57:07.493	Equipa 6
638	638-D - RUI CARVALHAL	9	21:32.001	22,3	3:19:35.747	15:18:39.494	Equipa 6
638	638-C - PATRICK SOUSA	10	21:55.578	21,9	3:41:31.325	15:40:35.072	Equipa 6
638	638-A - DUARTE PALMA	11	22:53.107	21	4:04:24.432	16:03:28.179	Equipa 6
638	638-B - DAVID GONÇALVES	12	21:47.454	22	4:26:11.886	16:25:15.633	Equipa 6
638	638-F - BRUNO FERREIRA	13	21:04.208	22,8	4:47:16.094	16:46:19.841	Equipa 6
638	638-E - FILIPE MORAIS	14	21:03.956	22,8	5:08:20.050	17:07:23.797	Equipa 6
638	638-D - RUI CARVALHAL	15	21:17.092	22,6	5:29:37.142	17:28:40.889	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
638	638-C - PATRICK SOUSA	16	21:59.292	21,8	5:51:36.434	17:50:40.181	Equipa 6
638	638-A - DUARTE PALMA	17	23:04.525	20,8	6:14:40.959	18:13:44.706	Equipa 6
638	638-B - DAVID GONÇALVES	18	21:45.107	22,1	6:36:26.066	18:35:29.813	Equipa 6
638	638-F - BRUNO FERREIRA	19	21:43.909	22,1	6:58:09.975	18:57:13.722	Equipa 6
638	638-E - FILIPE MORAIS	20	21:16.863	22,6	7:19:26.838	19:18:30.585	Equipa 6
638	638-D - RUI CARVALHAL	21	21:36.972	22,2	7:41:03.810	19:40:07.557	Equipa 6
638	638-C - PATRICK SOUSA	22	22:16.034	21,6	8:03:19.844	20:02:23.591	Equipa 6
638	638-A - DUARTE PALMA	23	22:45.907	21,1	8:26:05.751	20:25:09.498	Equipa 6
638	638-B - DAVID GONÇALVES	24	21:31.552	22,3	8:47:37.303	20:46:41.050	Equipa 6
638	638-F - BRUNO FERREIRA	25	22:02.957	21,8	9:09:40.260	21:08:44.007	Equipa 6
638	638-E - FILIPE MORAIS	26	21:38.749	22,2	9:31:19.009	21:30:22.756	Equipa 6
638	638-D - RUI CARVALHAL	27	22:13.881	21,6	9:53:32.890	21:52:36.637	Equipa 6
638	638-C - PATRICK SOUSA	28	22:48.894	21	10:16:21.784	22:15:25.531	Equipa 6
638	638-A - DUARTE PALMA	29	23:34.862	20,4	10:39:56.646	22:39:00.393	Equipa 6
638	638-B - DAVID GONÇALVES	30	22:17.555	21,5	11:02:14.201	23:01:17.948	Equipa 6
638	638-F - BRUNO FERREIRA	31	23:28.226	20,5	11:25:42.427	23:24:46.174	Equipa 6
638	638-E - FILIPE MORAIS	32	22:10.370	21,6	11:47:52.797	23:46:56.544	Equipa 6
638	638-D - RUI CARVALHAL	33	22:19.272	21,5	12:10:12.069	0:09:15.816	Equipa 6
638	638-C - PATRICK SOUSA	34	22:48.854	21	12:33:00.923	0:32:04.670	Equipa 6
638	638-A - DUARTE PALMA	35	24:07.225	19,9	12:57:08.148	0:56:11.895	Equipa 6
638	638-B - DAVID GONÇALVES	36	22:41.207	21,2	13:19:49.355	1:18:53.102	Equipa 6
638	638-F - BRUNO FERREIRA	37	22:43.391	21,1	13:42:32.746	1:41:36.493	Equipa 6
638	638-E - FILIPE MORAIS	38	22:24.594	21,4	14:04:57.340	2:04:01.087	Equipa 6
638	638-D - RUI CARVALHAL	39	22:37.157	21,2	14:27:34.497	2:26:38.244	Equipa 6
638	638-C - PATRICK SOUSA	40	22:45.720	21,1	14:50:20.217	2:49:23.964	Equipa 6
638	638-A - DUARTE PALMA	41	23:26.866	20,5	15:13:47.083	3:12:50.830	Equipa 6
638	638-B - DAVID GONÇALVES	42	22:42.473	21,1	15:36:29.556	3:35:33.303	Equipa 6
638	638-F - BRUNO FERREIRA	43	23:07.890	20,8	15:59:37.446	3:58:41.193	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
638	638-E - FILIPE MORAIS	44	22:22.815	21,4	16:22:00.261	4:21:04.008	Equipa 6
638	638-D - RUI CARVALHAL	45	29:07.503	16,5	16:51:07.764	4:50:11.511	Equipa 6
638	638-C - PATRICK SOUSA	46	22:33.395	21,3	17:13:41.159	5:12:44.906	Equipa 6
638	638-A - DUARTE PALMA	47	23:51.890	20,1	17:37:33.049	5:36:36.796	Equipa 6
638	638-B - DAVID GONÇALVES	48	22:12.281	21,6	17:59:45.330	5:58:49.077	Equipa 6
638	638-F - BRUNO FERREIRA	49	22:02.630	21,8	18:21:47.960	6:20:51.707	Equipa 6
638	638-E - FILIPE MORAIS	50	21:24.549	22,4	18:43:12.509	6:42:16.256	Equipa 6
638	638-D - RUI CARVALHAL	51	22:46.145	21,1	19:05:58.654	7:05:02.401	Equipa 6
638	638-C - PATRICK SOUSA	52	22:31.597	21,3	19:28:30.251	7:27:33.998	Equipa 6
638	638-A - DUARTE PALMA	53	22:59.370	20,9	19:51:29.621	7:50:33.368	Equipa 6
638	638-B - DAVID GONÇALVES	54	21:54.331	21,9	20:13:23.952	8:12:27.699	Equipa 6
638	638-F - BRUNO FERREIRA	55	22:11.343	21,6	20:35:35.295	8:34:39.042	Equipa 6
638	638-E - FILIPE MORAIS	56	21:37.218	22,2	20:57:12.513	8:56:16.260	Equipa 6
638	638-D - RUI CARVALHAL	57	22:40.711	21,2	21:19:53.224	9:18:56.971	Equipa 6
638	638-C - PATRICK SOUSA	58	22:07.458	21,7	21:42:00.682	9:41:04.429	Equipa 6
638	638-A - DUARTE PALMA	59	22:41.259	21,2	22:04:41.941	10:03:45.688	Equipa 6
638	638-B - DAVID GONÇALVES	60	22:05.762	21,7	22:26:47.703	10:25:51.450	Equipa 6
638	638-F - BRUNO FERREIRA	61	21:41.982	22,1	22:48:29.685	10:47:33.432	Equipa 6
638	638-E - FILIPE MORAIS	62	22:01.295	21,8	23:10:30.980	11:09:34.727	Equipa 6
638	638-D - RUI CARVALHAL	63	22:21.221	21,5	23:32:52.201	11:31:55.948	Equipa 6
638	638-C - PATRICK SOUSA	64	22:49.382	21	23:55:41.583	11:54:45.330	Equipa 6
638	638-A - DUARTE PALMA	65	23:42.024	20,3	24:19:23.607	12:18:27.354	Equipa 6
639	639-E - PAUL LUZIA	1	32:56.285	14,6	32:56.285	12:32:00.032	Equipa 6
639	639-D - RAUL PIEDADE	2	21:13.952	22,6	54:10.237	12:53:13.984	Equipa 6
639	639-F - RAUL BATISTA	3	23:31.425	20,4	1:17:41.662	13:16:45.409	Equipa 6
639	639-A - VASCO MESSIAS	4	23:01.448	20,8	1:40:43.110	13:39:46.857	Equipa 6
639	639-B - MARCO SANTOS	5	24:27.534	19,6	2:05:10.644	14:04:14.391	Equipa 6
639	639-C - PAULO GUERREIRO	6	22:31.269	21,3	2:27:41.913	14:26:45.660	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
639	639-D - RAUL PIEDADE	7	20:55.439	22,9	2:48:37.352	14:47:41.099	Equipa 6
639	639-E - PAUL LUZIA	8	22:18.003	21,5	3:10:55.355	15:09:59.102	Equipa 6
639	639-F - RAUL BATISTA	9	23:30.672	20,4	3:34:26.027	15:33:29.774	Equipa 6
639	639-A - VASCO MESSIAS	10	22:49.121	21	3:57:15.148	15:56:18.895	Equipa 6
639	639-B - MARCO SANTOS	11	24:39.420	19,5	4:21:54.568	16:20:58.315	Equipa 6
639	639-C - PAULO GUERREIRO	12	22:00.934	21,8	4:43:55.502	16:42:59.249	Equipa 6
639	639-D - RAUL PIEDADE	13	20:47.458	23,1	5:04:42.960	17:03:46.707	Equipa 6
639	639-E - PAUL LUZIA	14	22:08.018	21,7	5:26:50.978	17:25:54.725	Equipa 6
639	639-F - RAUL BATISTA	15	23:03.315	20,8	5:49:54.293	17:48:58.040	Equipa 6
639	639-A - VASCO MESSIAS	16	22:54.302	21	6:12:48.595	18:11:52.342	Equipa 6
639	639-B - MARCO SANTOS	17	24:18.579	19,7	6:37:07.174	18:36:10.921	Equipa 6
639	639-C - PAULO GUERREIRO	18	22:44.564	21,1	6:59:51.738	18:58:55.485	Equipa 6
639	639-D - RAUL PIEDADE	19	21:04.908	22,8	7:20:56.646	19:20:00.393	Equipa 6
639	639-E - PAUL LUZIA	20	23:39.406	20,3	7:44:36.052	19:43:39.799	Equipa 6
639	639-F - RAUL BATISTA	21	23:15.197	20,6	8:07:51.249	20:06:54.996	Equipa 6
639	639-A - VASCO MESSIAS	22	22:38.445	21,2	8:30:29.694	20:29:33.441	Equipa 6
639	639-B - MARCO SANTOS	23	24:25.048	19,7	8:54:54.742	20:53:58.489	Equipa 6
639	639-C - PAULO GUERREIRO	24	22:58.050	20,9	9:17:52.792	21:16:56.539	Equipa 6
639	639-D - RAUL PIEDADE	25	21:39.808	22,2	9:39:32.600	21:38:36.347	Equipa 6
639	639-E - PAUL LUZIA	26	24:33.870	19,5	10:04:06.470	22:03:10.217	Equipa 6
639	639-F - RAUL BATISTA	27	23:51.508	20,1	10:27:57.978	22:27:01.725	Equipa 6
639	639-A - VASCO MESSIAS	28	24:45.298	19,4	10:52:43.276	22:51:47.023	Equipa 6
639	639-B - MARCO SANTOS	29	24:35.824	19,5	11:17:19.100	23:16:22.847	Equipa 6
639	639-C - PAULO GUERREIRO	30	23:46.079	20,2	11:41:05.179	23:40:08.926	Equipa 6
639	639-D - RAUL PIEDADE	31	22:32.619	21,3	12:03:37.798	0:02:41.545	Equipa 6
639	639-D - RAUL PIEDADE	32	22:41.545	21,2	12:26:19.343	0:25:23.090	Equipa 6
639	639-E - PAUL LUZIA	33	24:06.712	19,9	12:50:26.055	0:49:29.802	Equipa 6
639	639-E - PAUL LUZIA	34	25:58.041	18,5	13:16:24.096	1:15:27.843	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
639	639-F - RAUL BATISTA	35	25:05.408	19,1	13:41:29.504	1:40:33.251	Equipa 6
639	639-F - RAUL BATISTA	36	25:02.094	19,2	14:06:31.598	2:05:35.345	Equipa 6
639	639-A - VASCO MESSIAS	37	24:38.500	19,5	14:31:10.098	2:30:13.845	Equipa 6
639	639-A - VASCO MESSIAS	38	24:17.523	19,8	14:55:27.621	2:54:31.368	Equipa 6
639	639-B - MARCO SANTOS	39	26:13.209	18,3	15:21:40.830	3:20:44.577	Equipa 6
639	639-B - MARCO SANTOS	40	27:06.822	17,7	15:48:47.652	3:47:51.399	Equipa 6
639	639-C - PAULO GUERREIRO	41	24:06.557	19,9	16:12:54.209	4:11:57.956	Equipa 6
639	639-C - PAULO GUERREIRO	42	24:12.459	19,8	16:37:06.668	4:36:10.415	Equipa 6
639	639-D - RAUL PIEDADE	43	21:58.111	21,8	16:59:04.779	4:58:08.526	Equipa 6
639	639-E - PAUL LUZIA	44	25:32.230	18,8	17:24:37.009	5:23:40.756	Equipa 6
639	639-F - RAUL BATISTA	45	25:21.079	18,9	17:49:58.088	5:49:01.835	Equipa 6
639	639-A - VASCO MESSIAS	46	23:53.253	20,1	18:13:51.341	6:12:55.088	Equipa 6
639	639-B - MARCO SANTOS	47	25:55.558	18,5	18:39:46.899	6:38:50.646	Equipa 6
639	639-C - PAULO GUERREIRO	48	23:57.453	20	19:03:44.352	7:02:48.099	Equipa 6
639	639-D - RAUL PIEDADE	49	21:58.313	21,8	19:25:42.665	7:24:46.412	Equipa 6
639	639-E - PAUL LUZIA	50	24:18.350	19,7	19:50:01.015	7:49:04.762	Equipa 6
639	639-F - RAUL BATISTA	51	24:19.436	19,7	20:14:20.451	8:13:24.198	Equipa 6
639	639-A - VASCO MESSIAS	52	23:45.650	20,2	20:38:06.101	8:37:09.848	Equipa 6
639	639-B - MARCO SANTOS	53	25:51.556	18,6	21:03:57.657	9:03:01.404	Equipa 6
639	639-C - PAULO GUERREIRO	54	23:27.147	20,5	21:27:24.804	9:26:28.551	Equipa 6
639	639-D - RAUL PIEDADE	55	20:46.864	23,1	21:48:11.668	9:47:15.415	Equipa 6
639	639-E - PAUL LUZIA	56	22:31.311	21,3	22:10:42.979	10:09:46.726	Equipa 6
639	639-F - RAUL BATISTA	57	22:41.494	21,2	22:33:24.473	10:32:28.220	Equipa 6
639	639-A - VASCO MESSIAS	58	22:35.443	21,2	22:55:59.916	10:55:03.663	Equipa 6
639	639-B - MARCO SANTOS	59	24:00.298	20	23:20:00.214	11:19:03.961	Equipa 6
639	639-C - PAULO GUERREIRO	60	23:14.903	20,6	23:43:15.117	11:42:18.864	Equipa 6
639	639-D - RAUL PIEDADE	61	21:28.469	22,4	24:04:43.586	12:03:47.333	Equipa 6
640	640-F - FERNANDO FILIPE	1	31:26.957	15,3	31:26.957	12:30:30.704	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
640	640-F - FERNANDO FILIPE	2	25:04.829	19,1	56:31.786	12:55:35.533	Equipa 6
640	640-C - JOÃO CRAVO	3	27:54.478	17,2	1:24:26.264	13:23:30.011	Equipa 6
640	640-C - JOÃO CRAVO	4	29:17.699	16,4	1:53:43.963	13:52:47.710	Equipa 6
640	640-A - ALEXANDRE VICENTE	5	25:11.894	19	2:18:55.857	14:17:59.604	Equipa 6
640	640-A - ALEXANDRE VICENTE	6	25:42.892	18,7	2:44:38.749	14:43:42.496	Equipa 6
640	640-B - BRUNO BRÁS	7	31:07.928	15,4	3:15:46.677	15:14:50.424	Equipa 6
640	640-B - BRUNO BRÁS	8	34:09.726	14,1	3:49:56.403	15:49:00.150	Equipa 6
640	640-E - ANTÓNIO ESTEVES	9	32:39.614	14,7	4:22:36.017	16:21:39.764	Equipa 6
640	640-E - ANTÓNIO ESTEVES	10	35:40.887	13,5	4:58:16.904	16:57:20.651	Equipa 6
640	640-D - TOMÁS SILVESTRE	11	26:34.963	18,1	5:24:51.867	17:23:55.614	Equipa 6
640	640-D - TOMÁS SILVESTRE	12	26:49.794	17,9	5:51:41.661	17:50:45.408	Equipa 6
640	640-F - FERNANDO FILIPE	13	23:48.693	20,2	6:15:30.354	18:14:34.101	Equipa 6
640	640-F - FERNANDO FILIPE	14	24:29.400	19,6	6:39:59.754	18:39:03.501	Equipa 6
640	640-C - JOÃO CRAVO	15	27:39.263	17,4	7:07:39.017	19:06:42.764	Equipa 6
640	640-C - JOÃO CRAVO	16	30:07.273	15,9	7:37:46.290	19:36:50.037	Equipa 6
640	640-A - ALEXANDRE VICENTE	17	25:31.222	18,8	8:03:17.512	20:02:21.259	Equipa 6
640	640-E - ANTÓNIO ESTEVES	18	33:54.078	14,2	8:37:11.590	20:36:15.337	Equipa 6
640	640-E - ANTÓNIO ESTEVES	19	36:34.565	13,1	9:13:46.155	21:12:49.902	Equipa 6
640	640-D - TOMÁS SILVESTRE	20	30:24.824	15,8	9:44:10.979	21:43:14.726	Equipa 6
640	640-D - TOMÁS SILVESTRE	21	29:29.802	16,3	10:13:40.781	22:12:44.528	Equipa 6
640	640-C - JOÃO CRAVO	22	32:51.754	14,6	10:46:32.535	22:45:36.282	Equipa 6
640	640-C - JOÃO CRAVO	23	36:31.279	13,1	11:23:03.814	23:22:07.561	Equipa 6
640	640-F - FERNANDO FILIPE	24	42:29.851	11,3	12:05:33.665	0:04:37.412	Equipa 6
640	640-A - ALEXANDRE VICENTE	25	43:53.961	10,9	12:49:27.626	0:48:31.373	Equipa 6
640	640-A - ALEXANDRE VICENTE	26	28:52.578	16,6	13:18:20.204	1:17:23.951	Equipa 6
640	640-E - ANTÓNIO ESTEVES	27	51:08.632	9,4	14:09:28.836	2:08:32.583	Equipa 6
640	640-D - TOMÁS SILVESTRE	28	31:45.882	15,1	14:41:14.718	2:40:18.465	Equipa 6
640	640-D - TOMÁS SILVESTRE	29	32:48.930	14,6	15:14:03.648	3:13:07.395	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
640	640-C - JOÃO CRAVO	30	55:09.406	8,7	16:09:13.054	4:08:16.801	Equipa 6
640	640-C - JOÃO CRAVO	31	38:24.081	12,5	16:47:37.135	4:46:40.882	Equipa 6
640	640-A - ALEXANDRE VICENTE	32	2:28:08.501	3,2	19:15:45.636	7:14:49.383	Equipa 6
640	640-A - ALEXANDRE VICENTE	33	29:07.020	16,5	19:44:52.656	7:43:56.403	Equipa 6
640	640-A - ALEXANDRE VICENTE	34	30:55.043	15,5	20:15:47.699	8:14:51.446	Equipa 6
640	640-D - TOMÁS SILVESTRE	35	29:22.241	16,3	20:45:09.940	8:44:13.687	Equipa 6
640	640-B - BRUNO BRÁS	36	36:35.187	13,1	21:21:45.127	9:20:48.874	Equipa 6
640	640-B - BRUNO BRÁS	37	33:38.396	14,3	21:55:23.523	9:54:27.270	Equipa 6
640	640-E - ANTÓNIO ESTEVES	38	37:08.977	12,9	22:32:32.500	10:31:36.247	Equipa 6
640	640-C - JOÃO CRAVO	39	26:03.362	18,4	22:58:35.862	10:57:39.609	Equipa 6
640	640-F - FERNANDO FILIPE	40	24:23.148	19,7	23:22:59.010	11:22:02.757	Equipa 6
640	640-F - FERNANDO FILIPE	41	26:19.602	18,2	23:49:18.612	11:48:22.359	Equipa 6
640	640-F - FERNANDO FILIPE	42	25:08.703	19,1	24:14:27.315	12:13:31.062	Equipa 6
641	641-E - LEONEL COSTA	1	36:19.683	13,2	36:19.683	12:35:23.430	Equipa 6
641	641-C - ARMÉNIO LOURENÇO	2	28:51.862	16,6	1:05:11.545	13:04:15.292	Equipa 6
641	641-D - MANUEL MARCELINO	3	32:42.377	14,7	1:37:53.922	13:36:57.669	Equipa 6
641	641-A - DARIO GUERREIRO	4	27:55.550	17,2	2:05:49.472	14:04:53.219	Equipa 6
641	641-E - LEONEL COSTA	5	30:08.077	15,9	2:35:57.549	14:35:01.296	Equipa 6
641	641-E - LEONEL COSTA	6	32:35.657	14,7	3:08:33.206	15:07:36.953	Equipa 6
641	641-C - ARMÉNIO LOURENÇO	7	28:56.791	16,6	3:37:29.997	15:36:33.744	Equipa 6
641	641-D - MANUEL MARCELINO	8	30:53.819	15,5	4:08:23.816	16:07:27.563	Equipa 6
641	641-A - DARIO GUERREIRO	9	29:43.904	16,1	4:38:07.720	16:37:11.467	Equipa 6
641	641-A - DARIO GUERREIRO	10	30:54.529	15,5	5:09:02.249	17:08:05.996	Equipa 6
641	641-E - LEONEL COSTA	11	32:29.364	14,8	5:41:31.613	17:40:35.360	Equipa 6
641	641-E - LEONEL COSTA	12	34:26.033	13,9	6:15:57.646	18:15:01.393	Equipa 6
641	641-C - ARMÉNIO LOURENÇO	13	29:33.401	16,2	6:45:31.047	18:44:34.794	Equipa 6
641	641-C - ARMÉNIO LOURENÇO	14	29:29.837	16,3	7:15:00.884	19:14:04.631	Equipa 6
641	641-F - RUI RICARDO	15	28:36.966	16,8	7:43:37.850	19:42:41.597	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
641	641-B - PAULO BARRELAS	16	33:23.019	14,4	8:17:00.869	20:16:04.616	Equipa 6
641	641-D - MANUEL MARCELINO	17	34:05.083	14,1	8:51:05.952	20:50:09.699	Equipa 6
641	641-D - MANUEL MARCELINO	18	31:00.950	15,5	9:22:06.902	21:21:10.649	Equipa 6
641	641-A - DARIO GUERREIRO	19	29:24.042	16,3	9:51:30.944	21:50:34.691	Equipa 6
641	641-A - DARIO GUERREIRO	20	34:18.447	14	10:25:49.391	22:24:53.138	Equipa 6
641	641-F - RUI RICARDO	21	32:07.136	14,9	10:57:56.527	22:57:00.274	Equipa 6
641	641-F - RUI RICARDO	22	31:15.732	15,4	11:29:12.259	23:28:16.006	Equipa 6
641	641-B - PAULO BARRELAS	23	36:37.828	13,1	12:05:50.087	0:04:53.834	Equipa 6
641	641-B - PAULO BARRELAS	24	35:59.940	13,3	12:41:50.027	0:40:53.774	Equipa 6
641	641-E - LEONEL COSTA	25	31:35.554	15,2	13:13:25.581	1:12:29.328	Equipa 6
641	641-E - LEONEL COSTA	26	34:40.609	13,8	13:48:06.190	1:47:09.937	Equipa 6
641	641-D - MANUEL MARCELINO	27	36:11.435	13,3	14:24:17.625	2:23:21.372	Equipa 6
641	641-D - MANUEL MARCELINO	28	35:19.793	13,6	14:59:37.418	2:58:41.165	Equipa 6
641	641-C - ARMÉNIO LOURENÇO	29	30:14.350	15,9	15:29:51.768	3:28:55.515	Equipa 6
641	641-C - ARMÉNIO LOURENÇO	30	30:34.956	15,7	16:00:26.724	3:59:30.471	Equipa 6
641	641-A - DARIO GUERREIRO	31	31:29.569	15,2	16:31:56.293	4:31:00.040	Equipa 6
641	641-A - DARIO GUERREIRO	32	34:33.737	13,9	17:06:30.030	5:05:33.777	Equipa 6
641	641-D - MANUEL MARCELINO	33	37:53.156	12,7	17:44:23.186	5:43:26.933	Equipa 6
641	641-D - MANUEL MARCELINO	34	36:38.961	13,1	18:21:02.147	6:20:05.894	Equipa 6
641	641-B - PAULO BARRELAS	35	43:26.948	11	19:04:29.095	7:03:32.842	Equipa 6
641	641-B - PAULO BARRELAS	36	36:29.869	13,2	19:40:58.964	7:40:02.711	Equipa 6
641	641-C - ARMÉNIO LOURENÇO	37	29:58.717	16	20:10:57.681	8:10:01.428	Equipa 6
641	641-A - DARIO GUERREIRO	38	29:39.956	16,2	20:40:37.637	8:39:41.384	Equipa 6
641	641-D - MANUEL MARCELINO	39	35:30.729	13,5	21:16:08.366	9:15:12.113	Equipa 6
641	641-D - MANUEL MARCELINO	40	35:04.351	13,7	21:51:12.717	9:50:16.464	Equipa 6
641	641-F - RUI RICARDO	41	28:10.908	17	22:19:23.625	10:18:27.372	Equipa 6
641	641-F - RUI RICARDO	42	28:30.784	16,8	22:47:54.409	10:46:58.156	Equipa 6
641	641-F - RUI RICARDO	43	28:01.963	17,1	23:15:56.372	11:15:00.119	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
642	642-B - FABIO JOÃO	1	49:32.465	9,7	49:32.465	12:48:36.212	Equipa 6
642	642-A - JOÃO VIEGAS	2	36:11.951	13,3	1:25:44.416	13:24:48.163	Equipa 6
642	642-A - JOÃO VIEGAS	3	27:04.020	17,7	1:52:48.436	13:51:52.183	Equipa 6
642	642-F - ANDRÉ GUERREIRO	4	30:42.184	15,6	2:23:30.620	14:22:34.367	Equipa 6
642	642-F - ANDRÉ GUERREIRO	5	31:14.721	15,4	2:54:45.341	14:53:49.088	Equipa 6
642	642-E - ANTÓNIO JOSUÉ	6	26:14.903	18,3	3:21:00.244	15:20:03.991	Equipa 6
642	642-E - ANTÓNIO JOSUÉ	7	28:17.348	17	3:49:17.592	15:48:21.339	Equipa 6
642	642-D - DAVID FÉLIX	8	32:13.984	14,9	4:21:31.576	16:20:35.323	Equipa 6
642	642-C - RUBEN DIOGO	9	26:56.724	17,8	4:48:28.300	16:47:32.047	Equipa 6
642	642-C - RUBEN DIOGO	10	27:56.643	17,2	5:16:24.943	17:15:28.690	Equipa 6
642	642-B - FABIO JOÃO	11	39:49.819	12,1	5:56:14.762	17:55:18.509	Equipa 6
642	642-A - JOÃO VIEGAS	12	28:13.860	17	6:24:28.622	18:23:32.369	Equipa 6
642	642-A - JOÃO VIEGAS	13	27:43.358	17,3	6:52:11.980	18:51:15.727	Equipa 6
642	642-A - JOÃO VIEGAS	14	29:19.095	16,4	7:21:31.075	19:20:34.822	Equipa 6
642	642-F - ANDRÉ GUERREIRO	15	30:56.413	15,5	7:52:27.488	19:51:31.235	Equipa 6
642	642-F - ANDRÉ GUERREIRO	16	31:54.584	15	8:24:22.072	20:23:25.819	Equipa 6
642	642-E - ANTÓNIO JOSUÉ	17	25:51.870	18,6	8:50:13.942	20:49:17.689	Equipa 6
642	642-E - ANTÓNIO JOSUÉ	18	27:24.126	17,5	9:17:38.068	21:16:41.815	Equipa 6
642	642-C - RUBEN DIOGO	19	27:01.457	17,8	9:44:39.525	21:43:43.272	Equipa 6
642	642-D - DAVID FÉLIX	20	33:34.390	14,3	10:18:13.915	22:17:17.662	Equipa 6
642	642-D - DAVID FÉLIX	21	35:49.302	13,4	10:54:03.217	22:53:06.964	Equipa 6
642	642-B - FABIO JOÃO	22	39:32.901	12,1	11:33:36.118	23:32:39.865	Equipa 6
642	642-B - FABIO JOÃO	23	43:48.652	11	12:17:24.770	0:16:28.517	Equipa 6
642	642-F - ANDRÉ GUERREIRO	24	34:17.515	14	12:51:42.285	0:50:46.032	Equipa 6
642	642-A - JOÃO VIEGAS	25	39:36.670	12,1	13:31:18.955	1:30:22.702	Equipa 6
642	642-A - JOÃO VIEGAS	26	30:53.049	15,5	14:02:12.004	2:01:15.751	Equipa 6
642	642-E - ANTÓNIO JOSUÉ	27	31:09.913	15,4	14:33:21.917	2:32:25.664	Equipa 6
642	642-E - ANTÓNIO JOSUÉ	28	30:39.894	15,7	15:04:01.811	3:03:05.558	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
642	642-D - DAVID FÉLIX	29	39:37.778	12,1	15:43:39.589	3:42:43.336	Equipa 6
642	642-D - DAVID FÉLIX	30	37:41.064	12,7	16:21:20.653	4:20:24.400	Equipa 6
642	642-B - FABIO JOÃO	31	45:09.981	10,6	17:06:30.634	5:05:34.381	Equipa 6
642	642-A - JOÃO VIEGAS	32	38:28.779	12,5	17:44:59.413	5:44:03.160	Equipa 6
642	642-A - JOÃO VIEGAS	33	30:53.952	15,5	18:15:53.365	6:14:57.112	Equipa 6
642	642-D - DAVID FÉLIX	34	47:40.591	10,1	19:03:33.956	7:02:37.703	Equipa 6
642	642-E - ANTÓNIO JOSUÉ	35	31:00.791	15,5	19:34:34.747	7:33:38.494	Equipa 6
642	642-F - ANDRÉ GUERREIRO	36	46:25.699	10,3	20:21:00.446	8:20:04.193	Equipa 6
642	642-A - JOÃO VIEGAS	37	31:37.315	15,2	20:52:37.761	8:51:41.508	Equipa 6
642	642-A - JOÃO VIEGAS	38	30:10.931	15,9	21:22:48.692	9:21:52.439	Equipa 6
642	642-B - FABIO JOÃO	39	41:48.097	11,5	22:04:36.789	10:03:40.536	Equipa 6
643	643-C - FRANCISCO SILVA	1	34:56.746	13,7	34:56.746	12:34:00.493	Equipa 6
643	643-C - FRANCISCO SILVA	2	28:41.179	16,7	1:03:37.925	13:02:41.672	Equipa 6
643	643-D - DANIEL VAZ	3	43:55.987	10,9	1:47:33.912	13:46:37.659	Equipa 6
643	643-D - DANIEL VAZ	4	26:02.332	18,4	2:13:36.244	14:12:39.991	Equipa 6
643	643-E - LUCIANO BRAS	5	28:44.405	16,7	2:42:20.649	14:41:24.396	Equipa 6
643	643-E - LUCIANO BRAS	6	29:45.297	16,1	3:12:05.946	15:11:09.693	Equipa 6
643	643-A - JORGE CARVALHO	7	27:11.524	17,7	3:39:17.470	15:38:21.217	Equipa 6
643	643-A - JORGE CARVALHO	8	38:45.253	12,4	4:18:02.723	16:17:06.470	Equipa 6
643	643-C - FRANCISCO SILVA	9	27:46.595	17,3	4:45:49.318	16:44:53.065	Equipa 6
643	643-C - FRANCISCO SILVA	10	28:23.023	16,9	5:14:12.341	17:13:16.088	Equipa 6
643	643-B - MARCO SERAFIM	11	23:34.414	20,4	5:37:46.755	17:36:50.502	Equipa 6
643	643-B - MARCO SERAFIM	12	24:27.022	19,6	6:02:13.777	18:01:17.524	Equipa 6
643	643-D - DANIEL VAZ	13	25:50.540	18,6	6:28:04.317	18:27:08.064	Equipa 6
643	643-D - DANIEL VAZ	14	27:20.457	17,6	6:55:24.774	18:54:28.521	Equipa 6
643	643-B - MARCO SERAFIM	15	53:00.006	9,1	7:48:24.780	19:47:28.527	Equipa 6
643	643-B - MARCO SERAFIM	16	25:51.261	18,6	8:14:16.041	20:13:19.788	Equipa 6
643	643-A - JORGE CARVALHO	17	45:10.757	10,6	8:59:26.798	20:58:30.545	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
643	643-A - JORGE CARVALHO	18	28:40.776	16,7	9:28:07.574	21:27:11.321	Equipa 6
643	643-C - FRANCISCO SILVA	19	30:03.074	16	9:58:10.648	21:57:14.395	Equipa 6
643	643-C - FRANCISCO SILVA	20	30:52.706	15,5	10:29:03.354	22:28:07.101	Equipa 6
643	643-D - DANIEL VAZ	21	30:06.446	15,9	10:59:09.800	22:58:13.547	Equipa 6
643	643-D - DANIEL VAZ	22	28:02.376	17,1	11:27:12.176	23:26:15.923	Equipa 6
643	643-E - LUCIANO BRAS	23	32:27.336	14,8	11:59:39.512	23:58:43.259	Equipa 6
643	643-E - LUCIANO BRAS	24	29:36.272	16,2	12:29:15.784	0:28:19.531	Equipa 6
643	643-B - MARCO SERAFIM	25	25:59.517	18,5	12:55:15.301	0:54:19.048	Equipa 6
643	643-B - MARCO SERAFIM	26	26:07.240	18,4	13:21:22.541	1:20:26.288	Equipa 6
643	643-B - MARCO SERAFIM	27	29:18.593	16,4	13:50:41.134	1:49:44.881	Equipa 6
643	643-C - FRANCISCO SILVA	28	32:03.687	15	14:22:44.821	2:21:48.568	Equipa 6
643	643-C - FRANCISCO SILVA	29	33:32.075	14,3	14:56:16.896	2:55:20.643	Equipa 6
643	643-A - JORGE CARVALHO	30	31:14.371	15,4	15:27:31.267	3:26:35.014	Equipa 6
643	643-A - JORGE CARVALHO	31	28:52.251	16,6	15:56:23.518	3:55:27.265	Equipa 6
643	643-D - DANIEL VAZ	32	26:37.926	18	16:23:01.444	4:22:05.191	Equipa 6
643	643-E - LUCIANO BRAS	33	31:27.237	15,3	16:54:28.681	4:53:32.428	Equipa 6
643	643-E - LUCIANO BRAS	34	32:28.902	14,8	17:26:57.583	5:26:01.330	Equipa 6
643	643-D - DANIEL VAZ	35	31:47.655	15,1	17:58:45.238	5:57:48.985	Equipa 6
643	643-C - FRANCISCO SILVA	36	32:32.441	14,8	18:31:17.679	6:30:21.426	Equipa 6
643	643-C - FRANCISCO SILVA	37	31:26.657	15,3	19:02:44.336	7:01:48.083	Equipa 6
643	643-B - MARCO SERAFIM	38	26:29.097	18,1	19:29:13.433	7:28:17.180	Equipa 6
643	643-D - DANIEL VAZ	39	27:13.053	17,6	19:56:26.486	7:55:30.233	Equipa 6
643	643-A - JORGE CARVALHO	40	27:44.709	17,3	20:24:11.195	8:23:14.942	Equipa 6
643	643-E - LUCIANO BRAS	41	29:24.086	16,3	20:53:35.281	8:52:39.028	Equipa 6
643	643-D - DANIEL VAZ	42	27:10.625	17,7	21:20:45.906	9:19:49.653	Equipa 6
643	643-B - MARCO SERAFIM	43	25:09.695	19,1	21:45:55.601	9:44:59.348	Equipa 6
643	643-A - JORGE CARVALHO	44	27:14.301	17,6	22:13:09.902	10:12:13.649	Equipa 6
643	643-D - DANIEL VAZ	45	26:29.357	18,1	22:39:39.259	10:38:43.006	Equipa 6



4 e 5 Junho 2016

No.	Nome	Voltas	Tempo Volta	Veloc. Media	Tempo Decorrido	Hora passagem	Classe
643	643-B - MARCO SERAFIM	46	25:06.612	19,1	23:04:45.871	11:03:49.618	Equipa 6
643	643-D - DANIEL VAZ	47	32:50.830	14,6	23:37:36.701	11:36:40.448	Equipa 6
643	643-B - MARCO SERAFIM	48	23:29.169	20,4	24:01:05.870	12:00:09.617	Equipa 6
	Bandeira extra				24:34:00.396	12:33:04.143	