



CORRIDA 5K - CLASSIFICAÇÃO GERAL

Posição	Dorsal	Cat.	Pos.Cat.	Participante	T. Oficial	Dif. 1º	T. Real	Ritmo	Equipa
1	833	ABS-M	1	TIAGO DEZ-REIS	0:17:29		0:17:29	0:03:29	GRUPO DESPORTIVO CULT CRUZ PIC
2	573	ABS-M	2	JOÃO PAULO DIAS GUEDES	0:20:25	0:02:56	0:20:23	0:04:04	CASA DO POVO DE ERVEDAL
3	575	ABS-M	3	FÁBIO SEIXAS LOPES	0:20:50	0:03:21	0:20:48	0:04:09	OS LOBOS
4	793	ABS-M	4	DANIEL DOS SANTOS CARDOSO	0:21:11	0:03:42	0:21:11	0:04:14	EFC
5	968	ABS-M	5	GONÇALO ARRAIOS	0:21:46	0:04:17	0:21:46	0:04:21	
6	969	ABS-M	6	PEDRO ARRAIOS	0:22:02	0:04:33	0:22:02	0:04:24	
7	705	ABS-M	7	MIGUEL CORREIA	0:22:09	0:04:40	0:22:09	0:04:25	GOOFY'S
8	970	ABS-M	8	JOÃO MATOS	0:22:43	0:05:14	0:22:43	0:04:32	C.C.D ALVITEJO
9	923	ABS-M	9	TOMÁS TEMPERO ANTÓNIO	0:23:04	0:05:35	0:23:04	0:04:36	
10	340	ABS-M	10	JORGE MIRANDA	0:23:11	0:05:42	0:23:09	0:04:37	
11	759	ABS-M	11	BERNARDO ALCÁCER	0:23:34	0:06:05	0:23:34	0:04:42	5KM INTERMARCHÉ VENDAS NOVAS
12	423	ABS-M	12	PAULO SIETRA	0:24:07	0:06:38	0:24:07	0:04:49	ADN TRILHOS
13	966	ABS-M	13	TIAGO ALDEIAS	0:24:40	0:07:11	0:24:38	0:04:55	P
14	525	ABS-M	14	JOEL MÓSCA	0:24:53	0:07:24	0:24:53	0:04:58	
15	127	ABS-M	15	MIGUEL GRILO	0:24:58	0:07:29	0:24:57	0:04:59	
16	128	ABS-M	16	MARCO GRILO	0:25:04	0:07:35	0:25:02	0:05:00	
17	187	ABS-M	17	JOSUÉ INÁCIO	0:25:15	0:07:46	0:25:13	0:05:02	
18	126	ABS-F	1	MARGARIDA GRILO	0:25:52	0:08:23	0:25:52	0:05:10	
19	145	ABS-M	18	GONÇALO ALEXANDRE VILELAS MEND	0:25:52	0:08:23	0:25:51	0:05:10	
20	657	ABS-M	19	JOSÉ ANTÓNIO FERREIRA	0:25:54	0:08:25	0:25:52	0:05:10	
21	609	ABS-M	20	JUSTINO CARRAÇO FARINHO	0:26:00	0:08:31	0:25:57	0:05:11	
22	995	ABS-M	21	PEDRO GOMES ESTEVES	0:26:08	0:08:39	0:26:08	0:05:13	
23	766	ABS-M	22	JOAQUIM SANTOS	0:26:10	0:08:41	0:26:07	0:05:13	
24	189	ABS-M	23	BERNARDO LOPES	0:26:12	0:08:43	0:26:12	0:05:14	
25	633	ABS-M	24	LEANDRO DE SOUSA CHAN	0:26:26	0:08:57	0:26:23	0:05:16	GORUN VENDAS NOVAS
26	576	ABS-M	25	JOSÉ FRANCISCO DE SOUSA REGA	0:26:41	0:09:12	0:26:38	0:05:19	GDR AFEITEIRA
27	637	ABS-M	26	ANDRÉ MIRA	0:26:53	0:09:24	0:26:53	0:05:22	
28	372	ABS-M	27	JOSE PENEDO	0:27:00	0:09:31	0:26:58	0:05:23	
29	91	ABS-F	2	MARIA DO CARMO DIAS	0:27:08	0:09:39	0:27:06	0:05:25	PI GYM SS TEAM
30	661	ABS-M	28	GONÇALO FERNANDES MARQUES	0:27:12	0:09:43	0:27:05	0:05:25	MARQUES
31	1002	ABS-M	29	SIMÃO NIFRA GONÇALVES	0:27:16	0:09:47	0:27:16	0:05:27	
32	286	ABS-M	30	DIOGO CALISTO	0:27:17	0:09:48	0:27:11	0:05:26	BE FUN'S
33	285	ABS-M	31	JOSÉ FILIPE RUNA CALISTO	0:27:20	0:09:51	0:27:14	0:05:26	BE FUN'S
34	587	ABS-F	3	SARA SOFIA PEREIRA MARMELEIRA	0:27:27	0:09:58	0:27:27	0:05:29	
35	996	ABS-M	32	LUIS SERRUDO	0:27:35	0:10:06	0:27:35	0:05:31	
36	85	ABS-M	33	PEDRO FELIZARDO	0:27:35	0:10:06	0:27:29	0:05:29	GORUN VENDAS NOVAS
37	847	ABS-M	34	CARLOS SILVA	0:28:11	0:10:42	0:28:05	0:05:37	CARLOS SILVA
38	700	ABS-F	4	MARGARIDA GRULHA	0:28:15	0:10:46	0:28:10	0:05:38	
39	604	ABS-M	35	DUARTE FRANCISCO DA SILVA BRAN	0:28:25	0:10:56	0:28:25	0:05:41	
40	603	ABS-M	36	DIOGO FRANCISCO DA SILVA BRANC	0:28:25	0:10:56	0:28:23	0:05:40	
41	787	ABS-F	5	ANA RITA CARVALHO	0:28:28	0:10:59	0:28:23	0:05:40	
42	599	ABS-M	37	VITOR HUGO LOPES REAL	0:28:30	0:11:01	0:28:25	0:05:41	REAL TEAM
43	291	ABS-F	6	ANA FIGUEIREDO	0:28:42	0:11:13	0:28:39	0:05:43	
44	297	ABS-M	38	EDUARDO MARQUES DUARTE	0:28:50	0:11:21	0:28:46	0:05:45	
45	303	ABS-M	39	ALBERTO MOSQUEIRA	0:28:54	0:11:25	0:28:52	0:05:46	
46	273	ABS-M	40	ANTONIO JOSÉ PINTO VALADAS	0:29:26	0:11:57	0:29:23	0:05:52	
47	886	ABS-F	7	JESSICA CAIADO	0:29:48	0:12:19	0:29:42	0:05:56	
48	703	ABS-M	41	BRUNO FILIPE DOS SANTOS GUERRE	0:29:56	0:12:27	0:29:54	0:05:58	GAC
49	96	ABS-M	42	CARLOS ALBERTO	0:30:02	0:12:33	0:30:00	0:06:00	
50	579	ABS-F	8	ÁNGELA VAZ	0:30:08	0:12:39	0:30:04	0:06:00	



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Posição	Dorsal	Cat.	Pos.Cat.	Participante	T. Oficial	Dif. 1º	T. Real	Ritmo	Equipa
51	875	ABS-F	9	CÁTIA ROQUE	0:30:13	0:12:44	0:30:09	0:06:01	AQUAPLACE
52	870	ABS-F	10	TERESA MELGUEIRA	0:30:13	0:12:44	0:30:09	0:06:01	AQUAPLACE
53	337	ABS-M	43	ANDRÉ LOBATO FERREIRA	0:30:14	0:12:45	0:30:11	0:06:02	
54	512	ABS-F	11	MARIA JOÃO MARTINS COSTA	0:30:36	0:13:07	0:30:31	0:06:06	CORRER BENAVENTE
55	169	ABS-F	12	BRIGITE ALVES	0:30:55	0:13:26	0:30:50	0:06:10	
56	760	ABS-M	44	ANDRÉ GAUDÊNCIO	0:30:56	0:13:27	0:30:56	0:06:11	5KM INTERMARCHE VENDAS NOVAS
57	370	ABS-M	45	MIGUEL SERAFIM	0:31:10	0:13:41	0:31:10	0:06:14	NÚCLEO SPORTINGUISTA VENDAS NO
58	304	ABS-F	13	SIMONA FAKTOROVA	0:31:24	0:13:55	0:31:24	0:06:16	
59	522	ABS-F	14	ANA CATARINA RICARDO	0:31:26	0:13:57	0:31:23	0:06:16	GORUN VENDAS NOVAS
60	195	ABS-F	15	FÁTIMA	0:31:45	0:14:16	0:31:45	0:06:21	SQ
61	508	ABS-F	16	SUSANA CASTOR	0:31:53	0:14:24	0:31:33	0:06:18	
62	234	ABS-F	17	HELENA PEDRADAS	0:31:59	0:14:30	0:31:56	0:06:23	
63	356	ABS-F	18	MARIA JOÃO GALVEIA	0:32:00	0:14:31	0:31:54	0:06:22	CBR
64	355	ABS-F	19	SARA GALVEIA	0:32:00	0:14:31	0:31:54	0:06:22	SCOTRUNNERS
65	523	ABS-F	20	SUSUNA ABRANTES	0:32:03	0:14:34	0:32:00	0:06:24	GORUN VENDAS NOVAS
66	560	ABS-M	46	VITOR PEREIRA	0:32:20	0:14:51	0:32:19	0:06:27	G.D.R. SÃO FRANCISCO DA SERRA
67	99	ABS-F	21	DANIELA PEREIRA	0:32:27	0:14:58	0:32:26	0:06:29	
68	138	ABS-F	22	SONIA PITEIRA	0:32:27	0:14:58	0:32:27	0:06:29	
69	1001	ABS-F	23	SARA NIFRA	0:32:28	0:14:59	0:32:26	0:06:29	
70	574	ABS-F	24	MARÍLIA FREIRE	0:32:57	0:15:28	0:32:55	0:06:35	OS LOBOS
71	426	ABS-F	25	RITA LETRAS	0:33:30	0:16:01	0:33:25	0:06:41	
72	425	ABS-M	47	NUNO LETRAS	0:33:30	0:16:01	0:33:25	0:06:41	FOGUETES DE PEGÕES
73	909	ABS-F	26	NARCISA BENGALINHA	0:33:39	0:16:10	0:33:36	0:06:43	
74	371	ABS-F	27	LIA GODINHO	0:33:40	0:16:11	0:33:35	0:06:43	BAMBIS
75	460	ABS-F	28	MILENA SANTOS	0:33:40	0:16:11	0:33:35	0:06:43	MILENA SANTOS
76	429	ABS-F	29	GRACIETE SOFIA HENRIQUES SILVA	0:33:40	0:16:11	0:33:36	0:06:43	
77	914	ABS-F	30	MONICA TEIXEIRA	0:33:41	0:16:12	0:33:38	0:06:43	
78	714	ABS-M	48	JOAO PEDRO OLIVEIRA	0:33:56	0:16:27	0:33:52	0:06:46	WHITETEAM
79	935	ABS-M	49	FÁBIO ANTUNES	0:34:43	0:17:14	0:34:39	0:06:55	
80	934	ABS-F	31	ANA BATISTA	0:34:43	0:17:14	0:34:38	0:06:55	
81	658	ABS-F	32	MYRIAM CARREIRA	0:34:43	0:17:14	0:34:37	0:06:55	KLENTOS
82	699	ABS-F	33	SONIA GRULHA	0:34:57	0:17:28	0:34:52	0:06:58	
83	196	ABS-F	34	SARA RIBEIRO	0:34:58	0:17:29	0:34:55	0:06:59	
84	459	ABS-F	35	MATILDE CAEIRO	0:35:18	0:17:49	0:35:12	0:07:02	
85	698	ABS-M	50	ALEXANDRE CAEIRO	0:35:18	0:17:49	0:35:12	0:07:02	MARATONA HOMEM BALÁ RUNNING
86	827	ABS-F	36	SOPHIE VEIGA FONTES	0:35:54	0:18:25	0:35:50	0:07:10	PI GYM SS TEAM
87	511	ABS-F	37	EVA GAMA	0:36:14	0:18:45	0:36:08	0:07:13	CORRER BENAVENTE
88	408	ABS-M	51	VITCTOR SILVA	0:36:14	0:18:45	0:36:14	0:07:14	BUSSOLA - ADL
89	567	ABS-F	38	JESSICA GROA	0:36:15	0:18:46	0:36:10	0:07:14	CORRER BENAVENTE
90	458	ABS-F	39	ANA BARROS	0:36:48	0:19:19	0:36:43	0:07:20	
91	238	ABS-M	52	TOMÁS SANTOS	0:37:12	0:19:43	0:37:09	0:07:25	GL RUN
92	543	ABS-F	40	JOANA MIRA	0:38:38	0:21:09	0:38:38	0:07:43	
93	406	ABS-F	41	MARIA INÉS COSTA	0:38:40	0:21:11	0:38:40	0:07:44	MARIA
94	514	ABS-F	42	LARA REDONDO DO SADO	0:38:42	0:21:13	0:38:42	0:07:44	GANHA DORES
95	82	ABS-F	43	MARIA JOSÉ FELIZARDO	0:39:12	0:21:43	0:39:09	0:07:49	GORUN VENDAS NOVAS
96	123	ABS-F	44	CLÁUDIA POMBINHO	0:39:37	0:22:08	0:39:31	0:07:54	BOMBEIROS VOLUNTÁRIOS DE MONTE
97	122	ABS-F	45	HELENA MALHÃO	0:39:37	0:22:08	0:39:31	0:07:54	BOMBEIROS VOLUNTÁRIOS DE MONTE
98	933	ABS-F	46	MARIA MADALENA ANTUNES	0:39:55	0:22:26	0:39:52	0:07:58	
99	433	ABS-F	47	DÉLIA PEREIRA	0:39:55	0:22:26	0:39:52	0:07:58	
100	542	ABS-F	48	ISABEL MIRA	0:40:00	0:22:31	0:40:00	0:08:00	



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Posição	Dorsal	Cat.	Pos.Cat.	Participante	T. Oficial	Dif. 1º	T. Real	Ritmo	Equipa
101	271	ABS-F	49	ROSA CANIVETE	0:41:02	0:23:33	0:41:00	0:08:12	
102	246	ABS-F	50	MARIA INÊS CONCEIÇÃO	0:41:38	0:24:09	0:41:34	0:08:18	
103	360	ABS-M	53	PEDRO NEVES	0:41:40	0:24:11	0:41:35	0:08:19	PI GYM SS TEAM
104	245	ABS-F	51	SÍLVIA CONCEIÇÃO	0:41:40	0:24:11	0:41:36	0:08:19	
105	1000	ABS-F	52	ANA PAULA MOTA GONÇALVES	0:42:06	0:24:37	0:42:02	0:08:24	GORUN VENDAS NOVAS
106	236	ABS-M	54	HELDER SANTOS	0:42:06	0:24:37	0:42:03	0:08:24	GORUN VENDAS NOVAS
107	190	ABS-F	53	MARIA LUÍSA LOPES	0:43:01	0:25:32	0:42:56	0:08:35	
108	84	ABS-F	54	BEATRIZ FELIZARDO	0:43:20	0:25:51	0:43:19	0:08:39	GORUN VENDAS NOVAS
109	87	ABS-M	55	CARLOS MOREIRA	0:43:34	0:26:05	0:43:27	0:08:41	GORUN VENDAS NOVAS
110	88	ABS-F	55	PAULA CRISTINA MARCELINO	0:43:34	0:26:05	0:43:28	0:08:41	GORUN VENDAS NOVAS
111	98	ABS-F	56	FELICIDADE PITEIRA	0:44:07	0:26:38	0:44:06	0:08:49	
112	764	ABS-F	57	Mª MANUELA V. DAMIÃO	0:44:20	0:26:51	0:44:16	0:08:51	
113	260	ABS-F	58	HERMÍNIA HENRIQUES	0:44:33	0:27:04	0:44:20	0:08:52	
114	505	ABS-F	59	MARIANA OLIVEIRA	0:45:49	0:28:20	0:45:49	0:09:09	OLIVEIRA
115	405	ABS-F	60	EUNICE OLIVEIRA	0:47:21	0:29:52	0:47:21	0:09:28	RAPÓTACHO
116	439	ABS-F	61	MARISA TRIGUEIRÃO	0:50:24	0:32:55	0:50:11	0:10:02	FITNESS TEAM
117	504	ABS-F	62	ANDREIA OLIVEIRA	0:50:24	0:32:55	0:50:24	0:10:04	OLIVEIRA
118	729	ABS-M	56	FRANCISCO CABRITA	0:53:04	0:35:35	0:52:48	0:10:33	GORUN VENDAS NOVAS
119	507	ABS-M	57	NUNO JOSÉ CARVALHO	0:53:32	0:36:03	0:53:08	0:10:37	
120	296	ABS-F	63	ISAURA DE SOUSA ALMEIDA DUARTE	0:56:26	0:38:57	0:56:08	0:11:13	
121	736	ABS-M	58	JOÃO VICENTE CATARINO RATO	1:03:15	0:45:46	1:02:24	0:12:28	