



## G. P. Natal - 10km - CLASSIFICAÇÃO VETERANOS-C F

Posição	Dorsal	Atleta	T. Oficial	Dif. 1º	T. 5k	T. Real	Ritmo	Equipa
1	752	PEDRO ALMEIDA	0:47:14		0:21:06	0:45:42	0:04:34	SS CGD
2	1761	MANUELA FOLGADO	0:47:16	0:00:02	0:22:04	0:47:09	0:04:42	
3	371	M TERESA DOMINGUES	0:47:26	0:00:12	0:21:52	0:46:43	0:04:40	
4	411	MARIA CLEONICE DE OLIVEIRA	0:47:59	0:00:45	0:22:36	0:47:59	0:04:47	
5	1735	ANABELA CARVALHO	0:48:15	0:01:01	0:22:04	0:48:01	0:04:48	GRUPO DESPORTIVO SAO DOMINGOS
6	407	MARIA JOÃO VAZ	0:49:15	0:02:01	0:23:02	0:48:36	0:04:51	
7	1829	DEOLINDA DE SOUSA	0:49:33	0:02:19	0:23:19	0:49:13	0:04:55	SPORT LISBOA E CAMPOLIDE
8	1781	ALICE MACHADO	0:49:37	0:02:22	0:23:06	0:49:22	0:04:56	LINDA-A-PASTORA SPORTING CLUBE
9	559	MARIA FILOMENA RAMOS MARTINS	0:49:55	0:02:41	0:22:47	0:49:09	0:04:54	
10	847	GRAÇA ROLDÃO	0:50:24	0:03:10	0:23:51	0:48:48	0:04:52	
11	1751	CLAUDIA NOVAIS	0:51:25	0:04:11	0:23:12	0:49:55	0:04:59	
12	852	FÁTIMA GONÇALVES	0:51:47	0:04:33	0:23:28	0:50:09	0:05:00	
13	219	ANA BERNARDES	0:52:04	0:04:50	0:22:49	0:51:11	0:05:07	CLUBE DO NOVO BANCO
14	481	ANA PAULA FÓRNEAS	0:52:10	0:04:56	0:24:28	0:51:50	0:05:11	GD BANCO BPI
15	259	ETELVINA VIDAL	0:52:27	0:05:12	0:24:24	0:52:14	0:05:13	
16	1649	FILOMENA JACINTO	0:52:45	0:05:31	0:24:01	0:51:27	0:05:08	OS AMIGOS DA ALAMEDA
17	607	PAULA MACHADO	0:52:48	0:05:34	0:24:43	0:51:59	0:05:11	
18	1110	CECÍLIA NICOLAU	0:52:53	0:05:39	0:24:56	0:51:12	0:05:07	ASSOCIACAO DE ATLETISMO LEBRES
19	1805	PALMIRA RODRIGUES	0:52:59	0:05:45	0:24:30	0:51:49	0:05:10	LINDA-A-PASTORA SPORTING CLUBE
20	1339	NATALIA MARCHEVA	0:53:05	0:05:50	0:24:58	0:52:32	0:05:15	CASA DO BENFICA DE ALGUEIRAO M
21	490	MARIA DE LURDES VENÂNCIO	0:53:18	0:06:04	0:23:18	0:53:02	0:05:18	CLUBE COLABORADORES AXA
22	636	MARIA DE LURDES NUNES GONÇALVES	0:53:48	0:06:34	0:25:48	0:52:23	0:05:14	
23	672	DULCE MARIA SILVA NOGUEIRA RAMOS	0:54:08	0:06:54	0:24:18	0:53:07	0:05:18	CLUBE MILLENIUM BCP
24	220	ANA MARGARIDA MONTEIRO	0:54:13	0:06:59	0:25:13	0:53:08	0:05:18	CLUBE DO NOVO BANCO
25	241	ADELAIDE MANHICA	0:55:37	0:08:23	0:25:52	0:54:20	0:05:26	TEAM DA PTZONA
26	1295	ELSA MOTA	0:56:04	0:08:50	0:25:39	0:55:12	0:05:31	
27	1658	MARIA FERNANDA SANTOS	0:56:32	0:09:18	0:25:31	0:55:27	0:05:32	ASSOC. ESTILOS DE VIDA EM LISBOA
28	1332	MARIA MARQUES	0:56:51	0:09:37	0:26:06	0:55:56	0:05:35	CASA DO BENFICA DE ALGUEIRAO M
29	1394	TERESA MORENO	0:56:54	0:09:39	0:25:48	0:56:42	0:05:40	BRAIN TUMOR TEAM
30	277	MARIA SILVA	0:56:57	0:09:43	0:26:19	0:55:30	0:05:33	
31	359	JOHANNA MOLINA	0:57:03	0:09:49	0:26:29	0:56:02	0:05:36	
32	1798	LEONOR FAINHA	0:57:13	0:09:59	0:26:35	0:56:37	0:05:39	LINDA-A-PASTORA SPORTING CLUBE
33	1791	ISABEL LINO	0:57:16	0:10:01	0:26:31	0:56:09	0:05:36	LINDA-A-PASTORA SPORTING CLUBE
34	687	PATRICIA ALEXANDRA CASTANHEIRA DINIS	0:57:34	0:10:19	0:26:28	0:56:32	0:05:39	CLUBE MILLENIUM BCP
35	1830	ISILDA BARRADAS	0:57:36	0:10:22	0:26:21	0:57:12	0:05:43	SPORT LISBOA E CAMPOLIDE
36	197	SUSANA GOMES	0:57:38	0:10:23	0:26:42	0:57:31	0:05:45	VALEJAS ATLETICO CLUBE
37	666	CARMINDA PIRES REGA	0:57:41	0:10:27	0:26:50	0:56:00	0:05:36	BANCO ALIMENTAR
38	1578	HELENA ESTEVINHA	0:58:03	0:10:49	0:26:58	0:57:12	0:05:43	
39	1880	MARIANA PEDRO ANDRADE	0:58:04	0:10:50	0:27:05	0:57:00	0:05:42	
40	1635	CECILIA RIBEIRO	0:58:30	0:11:16	0:26:38	0:58:09	0:05:48	
41	33	TERESA LOUREIRO	0:58:50	0:11:36	0:27:04	0:58:06	0:05:48	
42	1429	ANABELA MEIA-VIA	0:58:53	0:11:39	0:27:27	0:58:37	0:05:51	CÂMARA LISBOA CLUBE
43	1092	HENRIQUETA MAJOR	0:58:54	0:11:40	0:26:30	0:56:54	0:05:41	REDS
44	1089	MARIA DE LURDES VAZ	0:58:54	0:11:40	0:26:30	0:56:53	0:05:41	REDS
45	149	ISABEL RODRIGUES	0:59:43	0:12:29	0:26:29	0:58:06	0:05:48	CLUBE ANACOM
46	1369	MARIA BATISTA	0:59:47	0:12:33	0:27:08	0:58:45	0:05:52	G.A.OS TARTARUGAS
47	1659	MARIANA PEREIRA	0:59:54	0:12:40	0:26:41	0:58:21	0:05:50	ASSOC. ESTILOS DE VIDA EM LISBOA
48	1845	MARIA FÁTIMA REIXA RODRIGUES ABREU	1:00:05	0:12:51	0:27:57	0:58:48	0:05:52	SPORTING CLUBE DA REBOLEIRA DAMAIA
49	1524	OLGA GALVÃO	1:00:09	0:12:55	0:27:33	0:58:10	0:05:49	VALADARES
50	23	ANA MARQUES	1:00:11	0:12:57	0:27:53	0:59:03	0:05:54	



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51	464	IDALINA MADEIRA	1:00:21	0:13:07	0:27:08	0:59:09	0:05:54	ACOREANA CLUBE BANIF
52	706	MARIA TERESA ALVES ANTUNES JANELA	1:00:37	0:13:22	0:27:11	0:59:59	0:05:59	CLUBE MILLENIUM BCP
53	1024	ISABEL GUERRA	1:01:03	0:13:49	0:27:49	0:59:43	0:05:58	
54	639	MARIA HELENA ANDRADE	1:01:15	0:14:01	0:27:55	0:59:03	0:05:54	
55	1545	OLENA RAZINKOVA	1:01:19	0:14:05	0:28:29	0:59:28	0:05:56	
56	1161	LEONOR COTRIM	1:01:38	0:14:24	0:29:02	1:01:33	0:06:09	
57	324	EMILIA JANELA	1:02:00	0:14:45	0:28:36	1:00:56	0:06:05	TARTARUGAS SOLIDARIAS
58	461	HELENA SANTOS	1:02:21	0:15:07	0:28:10	1:01:50	0:06:11	ACOREANA CLUBE BANIF
59	515	MARIA JOAO FERNANDES SIMOES	1:02:23	0:15:09	0:28:34	1:02:06	0:06:12	
60	338	ISABEL SANTIAGO	1:02:38	0:15:24	0:28:39	1:00:30	0:06:03	
61	43	JOANA DARC CHOURIÇO	1:03:13	0:15:59	0:29:17	1:03:06	0:06:18	
62	747	CRISTINA MARTINS	1:03:18	0:16:04	0:29:41	1:02:08	0:06:12	RB RUNNING
63	1553	HELENA ROSADO	1:03:24	0:16:10	0:28:58	1:01:38	0:06:09	SCALABIS NIGHT RUNNERS
64	1440	ELISABETH LOUREIRO	1:03:24	0:16:10	0:29:26	1:02:13	0:06:13	SPORTING CLUBE DE CASAINHOS
65	12	PAULA COUTO	1:03:44	0:16:29	0:30:04	1:03:11	0:06:19	ALGYMNS
66	1688	PAULA NETO	1:03:49	0:16:34	0:29:14	1:01:40	0:06:10	CENTRO DESPORTIVO UNIVERSITARIO DE LISBO
67	176	ANA-ALICE SIMÕES PEREIRA	1:03:59	0:16:45	0:29:17	1:03:37	0:06:21	
68	1351	NIDIA SILVA	1:04:04	0:16:50	0:29:47	1:03:14	0:06:19	
69	542	MARIA CLOTILDE RIBEIRO DA SILVA	1:04:49	0:17:35	0:29:19	1:03:23	0:06:20	CORRER LISBOA
70	735	MANUELA JUNOT	1:05:21	0:18:07	0:30:28	1:03:35	0:06:21	
71	455	ANA CANAVEIRA	1:05:22	0:18:08	0:29:44	1:04:14	0:06:25	ACOREANA CLUBE BANIF
72	15	LUISA FALE COSTA	1:05:24	0:18:10	0:29:00	1:04:12	0:06:25	
73	565	ISABEL MARIA SOBREDA BARBIERI CARDOSO	1:05:37	0:18:23	0:30:11	1:03:49	0:06:22	
74	222	FELICIANA FERREIRA	1:05:51	0:18:37	0:30:24	1:04:38	0:06:27	CLUBE DO NOVO BANCO
75	1487	HELENA FINO	1:06:43	0:19:29	0:30:40	1:05:46	0:06:34	HAPPY RUNNERS
76	102	FILOMENA SANTANA	1:06:46	0:19:32	0:32:35	1:06:11	0:06:37	
77	66	LURDES ALVES	1:07:19	0:20:05	0:30:48	1:06:10	0:06:37	
78	327	FERNANDA ALMEIDA	1:09:00	0:21:45	0:30:36	1:06:57	0:06:41	
79	984	MANUELA CASTANHO	1:09:42	0:22:28	0:32:44	1:08:18	0:06:49	
80	423	MA FEE HUNG	1:10:02	0:22:48	0:32:25	1:08:46	0:06:52	ACOREANA CLUBE BANIF
81	960	HELENA DORES	1:11:58	0:24:43	0:33:12	1:11:03	0:07:06	
82	366	JULIETA SANTOS	1:12:06	0:24:52	0:32:13	1:09:06	0:06:54	TARTARUGAS SOLIDARIAS
83	1510	NATÁLIA PINTO	1:13:43	0:26:28	0:32:52	1:12:05	0:07:12	GRUPO EXCURS. OS ECONOMICOS
84	303	CLÁUDIA FERREIRA	1:13:43	0:26:28	0:32:01	1:13:18	0:07:19	CLUBE DO STRESS
85	108	DORA DUARTE	1:13:55	0:26:41	0:33:18	1:12:57	0:07:17	
86	540	MARIA CARMO ANJOS	1:14:02	0:26:48	0:34:09	1:12:50	0:07:17	
87	756	DORA PIRES	1:14:16	0:27:02	0:34:25	1:12:40	0:07:16	SS CGD
88	755	CRISTINA SANTOS	1:14:16	0:27:02	0:34:25	1:12:40	0:07:16	SS CGD
89	1597	ANA NAVA	1:14:26	0:27:12	0:34:24	1:12:14	0:07:13	
90	157	VERA SILVA	1:17:46	0:30:31	0:35:22	1:16:16	0:07:37	BANCO ALIMENTAR
91	777	NATÁLIA EMILIA DO CARMO MARTINS	1:20:10	0:32:56	0:35:05	1:19:20	0:07:56	
92	691	REGINA LUCIA FERREIRA DE OLIVEIRA	1:31:53	0:44:39	0:42:48	1:30:03	0:09:00	CLUBE MILLENIUM BCP