

G. P. Natal - 10km - CLASSIFICAÇÃO VETERANOS-B M

Posição	Dorsal	Atleta	T. Oficial	Dif. 1º	T. 5k	T. Real	Ritmo	Equipa
1	1732	LUIS GINJA	0:32:37		0:15:30	0:32:36	0:03:15	GRUPO DESPORTIVO RECREATIVO REBOLEIRA
2	1733	NUNO ROMÃO	0:32:45	0:00:08	0:15:16	0:32:45	0:03:16	GRUPO DESPORTIVO RECREATIVO REBOLEIRA
3	871	JOSÉ DIAS DA SILVA	0:34:41	0:02:04	0:16:12	0:34:38	0:03:27	CLUBE ATLETICO DAS PATAMEIRAS
4	1821	MIGUEL MENDES	0:35:13	0:02:36	0:16:21	0:34:53	0:03:29	SOCIEDADE FILARMONICA RECREATIVA ARTISTI
5	1765	PEDRO MESTRE	0:35:17	0:02:40	0:16:28	0:35:14	0:03:31	
6	377	LUÍS RIO	0:35:40	0:03:03	0:16:44	0:35:34	0:03:33	G D C BANCO DE PORTUGAL
7	1815	CARLOS FERNANDES	0:35:54	0:03:17	0:16:25	0:35:36	0:03:33	SOCIEDADE FILARMONICA RECREATIVA ARTISTI
8	1156	PEDRO MOTA	0:36:05	0:03:27	0:17:01	0:36:03	0:03:36	WERUN PORTUGAL
9	510	MIGUEL TEIXEIRA	0:36:08	0:03:31	0:16:52	0:36:05	0:03:36	
10	1702	HENRIQUE MEIRA	0:36:16	0:03:39	0:16:58	0:36:14	0:03:37	CLUBE ATLETISMO ODIMARQ
11	1843	LUIS MIGUEL PEREIRA PINTO	0:36:26	0:03:49	0:16:51	0:36:19	0:03:37	SPORTING CLUBE DA REBOLEIRA DAMAIA
12	1505	PAULO LOPES	0:36:35	0:03:58	0:16:35	0:36:33	0:03:39	CORRER LISBOA
13	1728	FERNANDO SANTOS	0:36:36	0:03:59	0:17:09	0:36:35	0:03:39	GRUPO DESPORTIVO RECREATIVO REBOLEIRA
14	1157	PEDRO CAVILHAS	0:36:39	0:04:01	0:16:55	0:36:30	0:03:39	WERUN PORTUGAL
15	1125	JOSÉ BARRINHA	0:36:41	0:04:04	0:17:13	0:36:39	0:03:39	VILA FRIA/ JG SEGUROS
16	1847	PEDRO MANUEL VAZ SEMEDO	0:36:56	0:04:18	0:17:06	0:36:37	0:03:39	SPORTING CLUBE DA REBOLEIRA DAMAIA
17	1223	JOÃO PRISAL	0:36:56	0:04:19	0:17:15	0:36:50	0:03:41	RAIL RUNNERS
18	311	JOSÉ GEADA	0:37:29	0:04:51	0:17:23	0:37:24	0:03:44	CLUBE ATLETICO DAS PATAMEIRAS
19	380	ANTÓNIO SIMÕES	0:37:30	0:04:53	0:17:28	0:37:24	0:03:44	G D C BANCO DE PORTUGAL
20	1730	JORGE CORREIA	0:37:33	0:04:56	0:17:51	0:37:32	0:03:45	GRUPO DESPORTIVO RECREATIVO REBOLEIRA
21	465	RUI OLIVEIRA	0:37:42	0:05:05	0:17:36	0:37:38	0:03:45	ACOREANA CLUBE BANIF
22	757	FERNANDO CANDEIAS	0:37:44	0:05:07	0:17:50	0:37:37	0:03:45	SS CGD
23	1460	RUI FERREIRA	0:37:48	0:05:10	0:17:41	0:37:44	0:03:46	WWW.OCARTAXEIRO.COM
24	1097	ANTONIO PINHEIRO	0:38:22	0:05:44	0:18:02	0:38:20	0:03:50	
25	381	FERNANDO MARTINS	0:39:08	0:06:31	0:18:17	0:38:56	0:03:53	G D C BANCO DE PORTUGAL
26	1114	MIGUEL LOURENÇO	0:39:14	0:06:37	0:18:13	0:39:13	0:03:55	
27	76	JOÃO VEIGA	0:39:16	0:06:39	0:18:23	0:38:58	0:03:53	
28	1543	LUIS FINO	0:39:17	0:06:40	0:18:26	0:39:07	0:03:54	
29	173	GONÇALO FERREIRA	0:39:37	0:07:00	0:18:21	0:39:33	0:03:57	
30	1466	FERNANDO GODINHO	0:39:38	0:07:01	0:18:31	0:39:30	0:03:57	WWW.OCARTAXEIRO.COM
31	872	ORLANDO CORREIA	0:39:39	0:07:02	0:18:13	0:39:15	0:03:55	CLUBE ATLETICO DAS PATAMEIRAS
32	1141	JOSE FACHADAS	0:39:45	0:07:08	0:18:44	0:39:38	0:03:57	A NATUREZA ENSINA
33	1530	HELDER FRANCISCO	0:39:51	0:07:14	0:18:42	0:39:43	0:03:58	
34	1344	ARTUR OLIVEIRA	0:39:51	0:07:14	0:17:38	0:39:50	0:03:59	C. BENFICA ALGUEIRO M MARTINS
35	1431	CARLOS CUSTÓDIO	0:40:00	0:07:23	0:18:40	0:39:51	0:03:59	CÂMARA LISBOA CLUBE
36	1428	AUGUSTO FERREIRA	0:40:00	0:07:23	0:18:30	0:39:45	0:03:58	
37	1062	MAURICIO MARQUES	0:40:15	0:07:38	0:18:59	0:40:02	0:04:00	
38	1753	FILIPE PINTO BRÍZIDA	0:40:29	0:07:52	0:19:07	0:40:15	0:04:01	
39	963	MANUEL TAVARES	0:40:44	0:08:07	0:18:47	0:40:41	0:04:04	
40	938	JOÃO DUARTE	0:40:45	0:08:07	0:19:03	0:40:23	0:04:02	QUINTAJENSE F.C.
41	169	CARLOS CAETANO	0:40:47	0:08:09	0:19:00	0:40:41	0:04:04	BANCO ALIMENTAR
42	736	ABILIO FERNANDES	0:40:54	0:08:17	0:19:07	0:40:22	0:04:02	
43	1148	FERNANDO SOUSA	0:40:55	0:08:18	0:19:05	0:40:28	0:04:02	
44	426	NELSON MOTA	0:40:57	0:08:19	0:18:45	0:40:29	0:04:02	ACOREANA CLUBE BANIF
45	1459	NUNO ALMEIDA	0:40:57	0:08:20	0:19:08	0:40:48	0:04:04	RESTAURANTE O CARTAXEIRO
46	309	PAULO GAMBOA	0:40:58	0:08:21	0:19:14	0:40:48	0:04:04	CLUBE ATLETICO DAS PATAMEIRAS
47	1602	JOSÉ VARELA	0:41:10	0:08:33	0:19:15	0:41:07	0:04:06	
48	141	PEDRO DIAS	0:41:14	0:08:36	0:19:07	0:40:58	0:04:05	KEEP RUNNING
49	244	PEDRO VITOR	0:41:15	0:08:38	0:18:55	0:40:59	0:04:05	CLUBE DO NOVO BANCO
50	1212	GONÇALO FERREIRA	0:41:17	0:08:40	0:19:09	0:41:09	0:04:06	GD INE



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Posição	Dorsal	Atleta	T. Oficial	Dif. 1º	T. 5k	T. Real	Ritmo	Equipa
51	1140	MARIO BOUCINHA	0:41:25	0:08:48	0:20:06	0:41:05	0:04:06	A NATUREZA ENSINA
52	1720	NUNO QUEIJA	0:41:39	0:09:02	0:19:09	0:41:37	0:04:09	CLUBE FUTEBOL OS BELENENSES
53	243	PEDRO GABRIEL	0:41:42	0:09:04	0:18:48	0:41:31	0:04:09	CLUBE DO NOVO BANCO
54	1769	TIAGO MOREIRA	0:42:00	0:09:23	0:19:42	0:41:16	0:04:07	
55	1345	LUIS ROUSSADO	0:42:02	0:09:25	0:19:53	0:41:55	0:04:11	C. BENFICA ALGUEIRAO M MARTINS
56	1581	LUÍS PAISANA	0:42:04	0:09:27	0:19:26	0:41:53	0:04:11	ASS GD ACADEMIA DO KORPO
57	1226	RUI GERALDES	0:42:09	0:09:32	0:19:39	0:41:41	0:04:10	RAIL RUNNERS
58	675	TIAGO MANUEL BRANDAO MENDES	0:42:15	0:09:38	0:19:13	0:42:12	0:04:13	CLUBE MILLENIUM BCP
59	1604	ALBERTO ARAUJO	0:42:23	0:09:46	0:19:53	0:42:14	0:04:13	RB RUNNING
60	1106	JORGE BRITO	0:42:28	0:09:51	0:19:23	0:42:27	0:04:14	
61	1605	NUNO SILVA	0:42:29	0:09:52	0:19:47	0:41:33	0:04:09	
62	59	NUNO CIDADE DO CARMO	0:42:41	0:10:04	0:20:26	0:42:34	0:04:15	
63	1455	ANTÓNIO PAZES	0:42:48	0:10:10	0:19:47	0:42:40	0:04:16	RESTAURANTE O CARTAXEIRO
64	602	MIGUEL ROCHA	0:42:53	0:10:16	0:19:33	0:42:40	0:04:16	
65	1721	PAULO BRITO	0:42:57	0:10:20	0:20:06	0:42:42	0:04:16	CLUBE FUTEBOL OS BELENENSES
66	214	JOÃO CARDOSO	0:42:58	0:10:21	0:20:05	0:42:05	0:04:12	BANCO ALIMENTAR
67	1692	RUI MELO	0:43:12	0:10:35	0:20:01	0:42:51	0:04:17	CENTRO DESPORTIVO UNIVERSITARIO DE LISBO
68	224	HUGO CARAGO	0:43:27	0:10:50	0:19:56	0:43:17	0:04:19	CLUBE DO NOVO BANCO
69	695	LUIS PEDRO VICENTE MONTEIRO	0:43:28	0:10:51	0:20:06	0:43:12	0:04:19	CLUBE MILLENIUM BCP
70	969	TIAGO RODRIGUES	0:43:32	0:10:54	0:20:25	0:42:24	0:04:14	
71	1219	FRANCISCO CALDEIRA	0:43:35	0:10:58	0:20:16	0:43:16	0:04:19	GD INE
72	981	JOÃO RODRIGUES	0:43:47	0:11:10	0:19:56	0:43:00	0:04:18	
73	1121	FERNANDO ROSETE	0:43:54	0:11:17	0:20:16	0:43:11	0:04:19	RUN4FUN
74	181	RICARDO MARTINS	0:43:55	0:11:18	0:20:23	0:43:39	0:04:21	
75	262	JOAO ANDRE GONCALVES	0:44:06	0:11:29	0:20:23	0:43:20	0:04:20	
76	1380	RUI GUERREIRO	0:44:11	0:11:34	0:20:34	0:43:45	0:04:22	HOLMES PLACE ALGES - FITZRUN
77	1793	JOÃO RODRIGUES	0:44:19	0:11:42	0:19:59	0:42:45	0:04:16	LINDA-A-PASTORA SPORTING CLUBE
78	1782	ANTÓNIO PEDRO CANELAS	0:44:19	0:11:42	0:19:44	0:42:56	0:04:17	LINDA-A-PASTORA SPORTING CLUBE
79	833	BRUNO SILVA	0:44:22	0:11:45	0:21:10	0:42:49	0:04:16	GRUPO AMIGOS ATLETISMO VFXIRA
80	869	LUIS	0:44:24	0:11:46	0:20:33	0:43:48	0:04:22	BANCO ALIMENTAR
81	113	NUNO SOUSA	0:44:36	0:11:59	0:21:00	0:43:55	0:04:23	GPCTIN CASA DA MOEDA
82	155	SERGIO HENRIQUE	0:44:43	0:12:06	0:20:48	0:44:18	0:04:25	BANCO ALIMENTAR
83	385	AGOSTINHO MATIAS	0:44:45	0:12:07	0:21:00	0:44:05	0:04:24	AJP
84	506	MANUEL PUNGO	0:44:53	0:12:15	0:20:16	0:43:20	0:04:20	BANCO ALIMENTAR
85	711	PEDRO MANUEL SILVA ANTUNES CANAS	0:44:54	0:12:17	0:21:23	0:44:46	0:04:28	CLUBE MILLENIUM BCP
86	182	ALEXANDRE BENTO	0:44:59	0:12:22	0:20:40	0:44:19	0:04:25	
87	585	NUNO ALEXANDRE GOMES BOGALHEIRO	0:45:01	0:12:24	0:20:45	0:44:57	0:04:29	BANCO ALIMENTAR
88	1126	JOAQUIM SANTOS	0:45:07	0:12:29	0:20:23	0:43:18	0:04:19	VILA FRIA/ JG SEGUROS
89	391	JORGE BERNARDO	0:45:07	0:12:30	0:20:32	0:44:24	0:04:26	
90	1120	BRUNO LOUREIRO	0:45:10	0:12:32	0:20:36	0:44:23	0:04:26	
91	457	RUI AZEVEDO	0:45:19	0:12:42	0:20:52	0:44:41	0:04:28	
92	1338	JAIME MAURÍCIO	0:45:33	0:12:55	0:20:53	0:45:22	0:04:32	CASA DO BENFICA DE ALGUEIRAO M
93	107	ANTONIO NOGUEIRA	0:45:45	0:13:07	0:21:41	0:45:15	0:04:31	
94	531	ALEXANDRE SANTOS	0:45:51	0:13:14	0:21:11	0:45:31	0:04:33	
95	946	NUNO SANTOS	0:45:56	0:13:19	0:20:30	0:45:46	0:04:34	CLUBE OGMA
96	1531	RICARDO MOTOMURA	0:46:11	0:13:34	0:21:57	0:45:20	0:04:32	
97	698	ALEXANDRE MANUEL M MOITA	0:46:14	0:13:37	0:21:09	0:44:52	0:04:29	CLUBE MILLENIUM BCP
98	1246	PAULO GONÇALVES	0:46:29	0:13:51	0:21:42	0:45:42	0:04:34	CÂMARA LISBOA CLUBE
99	249	RUI GAMA	0:46:29	0:13:52	0:21:41	0:46:18	0:04:37	CLUBE DO NOVO BANCO
100	554	PAULO GONÇALVES	0:46:42	0:14:04	0:21:24	0:45:25	0:04:32	BANCO ALIMENTAR



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Posição	Dorsal	Atleta	T. Oficial	Dif. 1º	T. 5k	T. Real	Ritmo	Equipa
101	1456	PAULO MEIRELES	0:46:52	0:14:15	0:21:23	0:46:24	0:04:38	RESTAURANTE O CARTAXEIRO
102	830	MÁRIO VITÓRIA	0:47:03	0:14:26	0:21:13	0:44:53	0:04:29	VITORIA & DOMINGUES, LDA
103	44	NUNO MIGUEL BATISTA MARTINS	0:47:05	0:14:28	0:22:15	0:46:31	0:04:39	
104	78	JOÃO PARADINHA	0:47:13	0:14:35	0:21:28	0:45:29	0:04:32	BANCO ALIMENTAR
105	637	PEDRO CANECO	0:47:20	0:14:43	0:21:30	0:46:03	0:04:36	
106	582	PAULO SENA	0:47:21	0:14:43	0:21:56	0:46:31	0:04:39	
107	746	CARLOS ANSELMO CARVALHO	0:47:24	0:14:47	0:21:51	0:46:14	0:04:37	RB RUNNING
108	266	ALEXANDRE ABADE	0:47:26	0:14:48	0:21:47	0:45:43	0:04:34	
109	145	MIGUEL RAU	0:47:31	0:14:53	0:21:48	0:46:50	0:04:41	
110	1856	CARLOS VITORINO	0:47:32	0:14:55	0:21:49	0:45:36	0:04:33	JUVENTUDE OPERARIA MONTE ABRAAO
111	1193	JOÃO PEDRO LOUREIRO	0:47:33	0:14:55	0:21:54	0:47:12	0:04:43	
112	263	JOAO RIBEIRO DA SILVA	0:47:37	0:15:00	0:21:49	0:46:09	0:04:36	
113	1540	NUNO COSTA	0:47:38	0:15:01	0:21:38	0:45:38	0:04:33	SS CGD
114	1199	LUÍS MOURA	0:47:38	0:15:01	0:21:48	0:47:17	0:04:43	
115	251	SÉRGIO EIRA	0:47:39	0:15:02	0:21:51	0:45:54	0:04:35	CLUBE DO NOVO BANCO
116	1625	JULIO REIS	0:47:41	0:15:04	0:21:50	0:47:35	0:04:45	
117	825	NUNO MALTEZ	0:47:42	0:15:05	0:21:43	0:46:42	0:04:40	
118	434	PEDRO LUÍS	0:47:45	0:15:08	0:22:16	0:47:28	0:04:44	
119	17	PAULO SOUSA	0:47:51	0:15:14	0:21:53	0:47:28	0:04:44	
120	1556	LUÍS RAMOS	0:47:53	0:15:15	0:21:57	0:47:34	0:04:45	
121	1302	NUNO VARELA	0:47:55	0:15:18	0:21:35	0:46:10	0:04:37	TIVOLI
122	1170	JOÃO LEITÃO	0:47:56	0:15:18	0:22:17	0:47:01	0:04:42	RUNLOVERS
123	1575	MÁRIO CUNHA	0:47:57	0:15:20	0:21:30	0:46:10	0:04:37	PACE MAKERS
124	67	ALBERTO MONTEIRO	0:48:01	0:15:24	0:21:54	0:47:41	0:04:46	
125	587	MIGUEL AZEVEDO	0:48:06	0:15:29	0:22:29	0:47:29	0:04:44	
126	493	PAULO JORGE PAIXÃO	0:48:12	0:15:34	0:22:26	0:47:56	0:04:47	CLUBE COLABORADORES AXA
127	275	RUI JOSE RAMALHO DOS SANTOS	0:48:14	0:15:37	0:22:25	0:47:13	0:04:43	
128	743	RUI ANTUNES	0:48:15	0:15:38	0:21:57	0:48:00	0:04:48	BANCO ALIMENTAR
129	615	ROGERIO LUIS	0:48:20	0:15:43	0:22:11	0:47:53	0:04:47	
130	399	RUI BORRALHO	0:48:20	0:15:43	0:23:16	0:48:20	0:04:50	G D C BANCO DE PORTUGAL
131	1103	LUIS TAVARES	0:48:24	0:15:47	0:22:17	0:47:40	0:04:46	
132	863	ARTUR SOARES	0:48:26	0:15:49	0:22:12	0:48:10	0:04:49	
133	1381	LUÍS PIRES	0:48:29	0:15:52	0:22:31	0:48:02	0:04:48	HOLMES PLACE ALGES - FITZRUN
134	245	RICARDO CANAS	0:48:29	0:15:52	0:22:44	0:47:18	0:04:43	CLUBE DO NOVO BANCO
135	659	MIGUEL NUNO CHAVES	0:48:33	0:15:56	0:21:48	0:47:53	0:04:47	GD BANCO BPI
136	482	LUÍS CALHEIROS	0:48:34	0:15:57	0:21:57	0:47:22	0:04:44	GD BANCO BPI
137	883	RUI MATIAS	0:48:35	0:15:58	0:21:53	0:47:58	0:04:47	
138	1912	TIAGO CANHOTO	0:48:39	0:16:02	0:22:18	0:47:57	0:04:47	
139	1680	CANDIDO ALVES	0:48:41	0:16:04	0:22:05	0:47:23	0:04:44	CENTRO DESPORTIVO UNIVERSITARIO DE LISBO
140	1693	RUI TOMÁS	0:48:41	0:16:04	0:22:37	0:48:21	0:04:50	CENTRO DESPORTIVO UNIVERSITARIO DE LISBO
141	1420	NUNO VALADA	0:48:50	0:16:13	0:23:23	0:48:33	0:04:51	SS CGD
142	669	PEDRO ALEXANDRE LOURENCO SA	0:48:51	0:16:14	0:22:29	0:47:40	0:04:46	CLUBE MILLENIUM BCP
143	610	JOAQUIM PALMEIRO	0:48:58	0:16:21	0:22:28	0:47:47	0:04:46	
144	998	GUILHERME ALBINO	0:48:58	0:16:21	0:22:12	0:47:51	0:04:47	SERVICOS SOCIAIS MONTEPIO
145	1320	RICARDO GIL CARVALHO	0:49:01	0:16:24	0:22:48	0:48:08	0:04:48	AMIGOS
146	1184	RUI LAPA	0:49:05	0:16:28	0:22:08	0:47:02	0:04:42	AFO
147	1019	PAULO PALMINHA	0:49:08	0:16:31	0:22:24	0:48:13	0:04:49	
148	663	JOÃO ALEXANDRE SANTOS	0:49:09	0:16:31	0:22:16	0:46:44	0:04:40	
149	1001	JORGE SOUSA	0:49:22	0:16:45	0:22:30	0:48:15	0:04:49	SERVICOS SOCIAIS MONTEPIO
150	1292	ROGÉRIO GONÇALVES	0:49:26	0:16:49	0:22:37	0:48:56	0:04:53	OS GALGOS



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Posição	Dorsal	Atleta	T. Oficial	Dif. 1º	T. 5k	T. Real	Ritmo	Equipa
151	841	CARLOS LUIS	0:49:28	0:16:51	0:22:29	0:49:04	0:04:54	
152	892	FERNANDO JORGE MONTEIRO MENDES	0:49:33	0:16:56	0:23:11	0:48:01	0:04:48	
153	81	GENTIL PEREIRA	0:49:34	0:16:57	0:22:31	0:48:02	0:04:48	AMIGOS DA FLOR
154	667	MIGUEL TOSCANO	0:49:41	0:17:04	0:22:23	0:48:02	0:04:48	TOSCANO
155	1910	PAULO MORGADO	0:49:42	0:17:04	0:23:08	0:48:07	0:04:48	
156	1529	RUI ALMEIDA	0:49:46	0:17:09	0:22:14	0:47:49	0:04:46	
157	683	NUNO MIGUEL BRAVO OLIVEIRA NAIA	0:49:47	0:17:10	0:22:21	0:49:41	0:04:58	CLUBE MILLENIUM BCP
158	50	LUÍS AFONSO	0:49:50	0:17:13	0:23:10	0:48:17	0:04:49	GEORUNNERS
159	1133	DANYEL CUN HA	0:49:53	0:17:16	0:22:21	0:49:11	0:04:55	
160	741	JOSE CARLOS MACARIO FERREIRA	0:50:03	0:17:26	0:23:27	0:49:12	0:04:55	
161	1059	PAULO LUCAS	0:50:12	0:17:35	0:22:27	0:49:32	0:04:57	
162	854	JOSÉ LUÍS PIMENTA	0:50:19	0:17:42	0:23:51	0:48:43	0:04:52	
163	730	FRANCISCO SARDINHA	0:50:19	0:17:42	0:23:15	0:49:57	0:04:59	CORRER LISBOA
164	1012	PEDRO CARRASCO	0:50:25	0:17:48	0:23:22	0:49:12	0:04:55	SERVICOS SOCIAIS MONTEPIO
165	1149	PEDRO CARDOSO	0:50:27	0:17:50	0:23:08	0:49:18	0:04:55	BANCO ALIMENTAR
166	1362	MÁRIO JOSÉ ALVES	0:50:33	0:17:56	0:23:08	0:49:13	0:04:55	
167	225	JOÃO RAMOS	0:50:39	0:18:02	0:23:22	0:50:05	0:05:00	CLUBE DO NOVO BANCO
168	880	NORBERTO MARQUES	0:50:43	0:18:05	0:23:07	0:48:45	0:04:52	BANCO ALIMENTAR
169	1685	LUIS MARTINS	0:50:44	0:18:07	0:23:47	0:50:34	0:05:03	CENTRO DESPORTIVO UNIVERSITARIO DE LISBO
170	473	LUÍS MIGUEL RELVAS PEDRO	0:50:46	0:18:09	0:22:58	0:50:11	0:05:01	WEST RUNNERS
171	260	MANUEL POTES	0:50:56	0:18:19	0:23:19	0:49:37	0:04:57	
172	250	RUI GAMEIRO	0:50:59	0:18:22	0:23:45	0:50:24	0:05:02	CLUBE DO NOVO BANCO
173	1550	JOSÉ CARLOS VERMELHO AMARAL	0:51:14	0:18:37	0:23:29	0:49:36	0:04:57	
174	331	MÁRIO PEREIRA	0:51:20	0:18:43	0:22:33	0:51:07	0:05:06	
175	962	JOAO MARQUES	0:51:21	0:18:44	0:23:52	0:50:34	0:05:03	
176	452	SÉRGIO CAJADO	0:51:28	0:18:51	0:23:23	0:50:06	0:05:00	ACOREANA CLUBE BANIF
177	1237	VASCO ALPALHÃO	0:51:36	0:18:59	0:23:16	0:49:26	0:04:56	
178	300	ANTÓNIO PAULO R. SIETRA	0:51:44	0:19:07	0:24:30	0:50:15	0:05:01	
179	416	CARLOS CRAVEIRA	0:51:46	0:19:09	0:23:33	0:50:50	0:05:05	AC TEAM
180	1322	ANTÓNIO GONÇALVES	0:51:58	0:19:21	0:23:38	0:50:53	0:05:05	
181	1013	RICARDO DIAS	0:52:06	0:19:29	0:22:30	0:50:59	0:05:05	SERVICOS SOCIAIS MONTEPIO
182	480	RICARDO MARTINS	0:52:10	0:19:33	0:23:36	0:50:57	0:05:05	GD BANCO BPI
183	1217	RUI MARQUES	0:52:10	0:19:33	0:24:03	0:50:54	0:05:05	GD INE
184	1214	MARCOS OLIVEIRA	0:52:11	0:19:34	0:24:04	0:50:55	0:05:05	GD INE
185	1879	NUNO MIGUEL CASTRO MARQUES	0:52:17	0:19:39	0:25:41	0:51:02	0:05:06	LIBERTY SEGUROS
186	346	LUIS FIALHO	0:52:19	0:19:42	0:23:18	0:50:44	0:05:04	
187	533	DAVID JOÃO ALMEIDA	0:52:33	0:19:56	0:23:10	0:50:27	0:05:02	
188	1275	IVO PEREIRA JOAQUIM	0:52:35	0:19:58	0:24:40	0:52:24	0:05:14	CORRER EPAL
189	1424	JOSÉ LUIS PEREIRA	0:52:48	0:20:10	0:23:49	0:51:04	0:05:06	
190	1324	NUNO LUFINHA	0:52:49	0:20:11	0:24:50	0:51:55	0:05:11	HAPPY RUNNERS
191	966	DINIS MENDES	0:53:02	0:20:25	0:25:08	0:50:45	0:05:04	MAIANGA CALLING
192	1218	SALOMÉ FERREIRA	0:53:16	0:20:39	0:24:18	0:52:06	0:05:12	GD INE
193	579	JOÃO FAUSTINO	0:53:18	0:20:40	0:25:19	0:51:59	0:05:11	
194	1494	LUIS EVANGELISTA	0:53:22	0:20:45	0:24:45	0:52:04	0:05:12	EVANG
195	365	ANTÓNIO TAVARES	0:53:29	0:20:52	0:24:48	0:52:39	0:05:15	
196	1636	MIGUEL GARANHOTO	0:53:31	0:20:54	0:23:59	0:53:07	0:05:18	
197	564	PEDRO LOUREIRO	0:53:32	0:20:55	0:24:15	0:52:44	0:05:16	BANCO ALIMENTAR
198	1056	JOÃO BANZA	0:53:47	0:21:10	0:25:05	0:53:13	0:05:19	
199	1560	PEDRO BASTOS	0:53:47	0:21:10	0:24:10	0:51:38	0:05:09	BANCO ALIMENTAR
200	184	HELDER CARREIRA	0:53:49	0:21:12	0:24:50	0:52:58	0:05:17	BANCO ALIMENTAR



G. P. Natal - 10km - CLASSIFICAÇÃO VETERANOS-B M

Posição	Dorsal	Atleta	T. Oficial	Dif. 1º	T. 5k	T. Real	Ritmo	Equipa
201	631	NUNO VENTURA	0:54:00	0:21:23	0:25:31	0:52:30	0:05:15	GRUPO ATLETAS MONSANTO
202	1264	MIGUEL MONTEIRO FERNANDES	0:54:07	0:21:30	0:24:12	0:52:01	0:05:12	BANCO ALIMENTAR
203	290	RUI PEDRO GONÇALVES	0:54:25	0:21:48	0:24:57	0:54:17	0:05:25	BANCO ALIMENTAR
204	1408	PAULO ONOFRE	0:54:35	0:21:58	0:25:14	0:54:07	0:05:24	BRAIN TUMOR TEAM
205	115	PAULO SOUSA	0:54:37	0:21:59	0:25:58	0:53:15	0:05:19	GPCTIN CASA DA MOEDA
206	1010	PAULO MARQUES ALMEIDA	0:54:37	0:22:00	0:24:49	0:53:28	0:05:20	SERVICOS SOCIAIS MONTEPIO
207	710	JOAO ALEXANDRE MOREIRA CARRASCO CAEIRO	0:54:42	0:22:05	0:23:51	0:52:52	0:05:17	CLUBE MILLENIUM BCP
208	73	GONÇALO MALHEIRO	0:54:50	0:22:13	0:24:17	0:53:06	0:05:18	
209	1470	PEDRO MIGUEL OSCAR	0:54:55	0:22:18	0:25:09	0:53:34	0:05:21	
210	956	NUNO LOPES	0:55:04	0:22:26	0:24:09	0:53:14	0:05:19	FC ESTRELAS LISBOA
211	590	FERNANDO SANTOS	0:55:22	0:22:44	0:24:35	0:54:59	0:05:29	
212	1409	JOSÉ CARLOS ANTUNES	0:55:28	0:22:50	0:24:52	0:53:45	0:05:22	
213	1048	RUI ALVES	0:55:31	0:22:54	0:25:40	0:55:08	0:05:30	
214	125	NUNO BARRETO	0:55:39	0:23:02	0:25:15	0:53:48	0:05:22	
215	1098	CARLOS SUISSAS	0:55:57	0:23:19	0:25:33	0:53:58	0:05:23	
216	798	RUI CARLOS ALVES LINO	0:56:03	0:23:25	0:26:19	0:53:57	0:05:23	FF4R
217	63	JOÃO RAMOS	0:56:05	0:23:27	0:28:01	0:56:05	0:05:36	4CLIENT
218	152	MIGUEL CAMPO	0:56:06	0:23:29	0:25:34	0:54:40	0:05:28	
219	815	PAULO ANDRADE	0:56:22	0:23:45	0:25:30	0:54:27	0:05:26	SS CGD
220	1894	NUNO PEREIRA	0:56:49	0:24:12	0:26:02	0:56:39	0:05:39	
221	1566	RICARDO BURNAY BASTOS	0:57:06	0:24:29	0:26:23	0:54:51	0:05:29	
222	239	EDUARDO AMORIM	0:57:29	0:24:51	0:26:22	0:56:20	0:05:38	
223	383	RICARDO FIGUEIREDO	0:57:31	0:24:54	0:25:45	0:56:19	0:05:37	
224	1766	PEDRO MURTINHAL	0:57:37	0:25:00	0:27:01	0:55:39	0:05:33	
225	419	LUIS ALBUQUERQUE	0:57:37	0:25:00	0:27:00	0:55:39	0:05:33	ACOREANA CLUBE BANIF
226	1617	RAFAEL PESSOA	0:57:54	0:25:17	0:26:09	0:55:52	0:05:35	
227	715	BRUNO FILIPE GOMES SANTOS	0:58:06	0:25:29	0:25:26	0:56:28	0:05:38	CLUBE MILLENIUM BCP
228	1006	MANUEL CARLOS SANTOS	0:58:14	0:25:36	0:27:05	0:57:01	0:05:42	SERVICOS SOCIAIS MONTEPIO
229	1077	ANDRÉ MOTA	0:58:16	0:25:39	0:27:05	0:56:23	0:05:38	SAMSUNG
230	976	NUNO MARCELINO	0:58:33	0:25:55	0:26:03	0:56:31	0:05:39	
231	1612	RUI PINHEIRO	0:58:34	0:25:57	0:27:31	0:56:30	0:05:39	
232	816	PAULO BAILÃO	0:58:37	0:26:00	0:27:24	0:56:35	0:05:39	SS CGD
233	952	CARLOS MACHADO	0:58:40	0:26:03	0:27:06	0:56:56	0:05:41	FC ESTRELAS LISBOA
234	21	MANUEL PRATES	0:58:46	0:26:09	0:27:30	0:57:23	0:05:44	G D VIDENSE
235	865	JOSÉ MANUEL BORGES DE CARVALHO	0:58:58	0:26:21	0:26:41	0:57:07	0:05:42	
236	162	FABIO JANUARIO	0:59:05	0:26:27	0:25:48	0:57:35	0:05:45	BANCO ALIMENTAR
237	748	TONY GERMANO PAULOS	0:59:06	0:26:29	0:25:18	0:58:31	0:05:51	BANCO ALIMENTAR
238	1547	LUÍS BARBOSA	0:59:07	0:26:30	0:27:08	0:57:40	0:05:46	BRAIN TUMOR TEAM
239	177	LUÍS MIGUEL MARQUES CRISTÃO	0:59:20	0:26:43	0:26:19	0:57:52	0:05:47	
240	723	JOAQUIM CORREIA	0:59:21	0:26:44	0:26:57	0:57:15	0:05:43	
241	335	FERNANDO DUARTE	0:59:37	0:26:59	0:27:53	0:58:46	0:05:52	
242	779	RUI MANUEL SIMÕES ALMEIDA	0:59:50	0:27:13	0:26:46	0:59:26	0:05:56	
243	767	LUÍS DUARTE ROVISCO PINTO	0:59:57	0:27:20	0:26:10	0:58:06	0:05:48	PINTOS
244	462	LUIS NEVES	1:00:21	0:27:44	0:27:24	0:59:07	0:05:54	ACOREANA CLUBE BANIF
245	475	NELSON CABAÇO	1:00:21	0:27:44	0:26:55	0:59:02	0:05:54	ACOREANA CLUBE BANIF
246	1391	SERGIO JERONIMO DIAS	1:00:23	0:27:45	0:27:34	0:59:51	0:05:59	BRAIN TUMOR TEAM
247	358	PEDRO CAMPOS D'OLIVEIRA	1:00:42	0:28:05	0:26:37	0:59:41	0:05:58	
248	264	MARCOS MADEIRA	1:00:45	0:28:07	0:28:09	1:00:27	0:06:02	
249	1153	JOEL COELHO	1:00:54	0:28:17	0:28:07	0:59:12	0:05:55	OS PAPOILAS SALTITANTES
250	1304	LUIS RODRIGUES	1:00:55	0:28:18	0:30:12	0:59:05	0:05:54	TIVOLI



G. P. Natal - 10km - CLASSIFICAÇÃO VETERANOS-B M

Posição	Dorsal	Atleta	T. Oficial	Dif. 1º	T. 5k	T. Real	Ritmo	Equipa
251	778	LOURENZO MARQUES	1:00:57	0:28:20	0:27:33	1:00:23	0:06:02	
252	1816	CARLOS MENEZES	1:01:05	0:28:27	0:27:52	0:59:44	0:05:58	SOCIEDADE FILARMONICA RECREATIVA ARTISTI
253	910	FILIPPE SAMPAIO	1:01:39	0:29:02	0:28:22	0:59:59	0:05:59	BANCO ALIMENTAR
254	1188	MARCO SIMÕES SANTOS	1:02:02	0:29:24	0:27:34	1:01:51	0:06:11	CORRER EPAL
255	1453	NUNO AMEIXIAL	1:02:47	0:30:09	0:28:48	1:01:23	0:06:08	
256	903	RENATO VIEIRA	1:03:44	0:31:06	0:28:43	1:01:55	0:06:11	OS CARACOIS FURIOSOS
257	129	RICARDO NEGRÃO	1:04:15	0:31:38	0:28:43	1:02:10	0:06:13	
258	801	ANELIDE PEREIRA	1:04:21	0:31:44	0:28:05	1:03:45	0:06:22	
259	1389	JOÃO SILVA	1:04:30	0:31:53	0:30:31	1:02:37	0:06:15	OS FOGUETES
260	189	MIGUEL PEREIRA	1:04:49	0:32:11	0:29:16	1:02:56	0:06:17	PI-LINHA RUNNERS
261	190	LUIS REIS	1:04:49	0:32:11	0:28:57	1:02:55	0:06:17	PI-LINHA RUNNERS
262	288	JOAQUIM DIAS	1:04:49	0:32:11	0:28:54	1:02:56	0:06:17	PI-LINHA RUNNERS
263	188	ARTUR DENOMINATO	1:04:50	0:32:13	0:29:16	1:02:57	0:06:17	PI-LINHA RUNNERS
264	1202	ÁLVARO GONÇALVES	1:04:59	0:32:22	0:30:16	1:03:01	0:06:18	
265	1574	ANDRÉ SIMÕES	1:05:04	0:32:27	0:30:23	1:04:32	0:06:27	BANCOALIMENTARGPNATAL
266	99	MIGUEL FRAGA	1:06:19	0:33:42	0:29:13	1:04:58	0:06:29	GPCTIN CASA DA MOEDA
267	488	PEDRO BARRELA	1:06:50	0:34:13	0:30:35	1:05:38	0:06:33	GD BANCO BPI
268	658	MIGUEL SILVA	1:08:29	0:35:52	0:30:26	1:07:42	0:06:46	CLUBE ROBBIALAC
269	901	CARLOS CAPELO	1:09:50	0:37:13	0:31:17	1:08:01	0:06:48	OS CARACOIS FURIOSOS
270	792	SERGIO BORGES	1:10:47	0:38:10	0:35:10	1:10:47	0:07:04	NUCLEO DESPORTIVO AUTOCOOPE