

G. P. Natal - 10km - CLASSIFICAÇÃO VETERANOS-A M

Posição	Dorsal	Atleta	T. Oficial	Dif. 1º	T. 5k	T. Real	Ritmo	Equipa
1	1358	NELSON CRUZ	0:30:28		0:14:44	0:30:28	0:03:02	CLUBE PEDRO PESSOA EA
2	1706	JOSE GASPAR	0:31:34	0:01:06	0:14:47	0:31:34	0:03:09	CLUBE ATLETISMO ODIMARQ
3	1725	BRUNO FRAGA	0:32:07	0:01:39	0:14:52	0:32:07	0:03:12	GRUPO DESPORTIVO RECREATIVO REBOLEIRA
4	1708	LUIS BATISTA	0:33:04	0:02:36	0:15:17	0:33:04	0:03:18	CLUBE ATLETISMO ODIMARQ
5	1626	VITOR TAVARES MARQUES	0:34:14	0:03:46	0:16:16	0:34:13	0:03:25	
6	1852	ANTÓNIO PINTO	0:35:17	0:04:49	0:16:26	0:35:16	0:03:31	GRD OS FIXES
7	1851	BRUNO CARVALHO	0:35:33	0:05:05	0:16:26	0:35:29	0:03:32	FC ROSSAO
8	1143	LUIS ANTUNES	0:35:35	0:05:07	0:16:41	0:35:25	0:03:32	A NATUREZA ENSINA
9	1067	JOÃO FERREIRA	0:35:53	0:05:25	0:16:45	0:35:44	0:03:34	
10	1260	CARLOS HENRIQUES	0:36:33	0:06:05	0:17:23	0:36:24	0:03:38	RB RUNNING
11	292	LUCIANO CONTENTE	0:36:38	0:06:09	0:17:10	0:36:34	0:03:39	
12	494	NUNO RICARDO TEIXEIRA	0:36:39	0:06:11	0:16:53	0:36:37	0:03:39	CLUBE COLABORADORES AXA
13	1343	HENRIQUE JOANICO	0:36:46	0:06:18	0:16:46	0:36:45	0:03:40	C.BENFICA ALGUEIRAO M MARTINS
14	117	RICARDO NEVES	0:37:08	0:06:40	0:17:12	0:37:05	0:03:42	GPCTIN CASA DA MOEDA
15	1016	RUI HENRIQUES	0:37:21	0:06:53	0:17:30	0:37:16	0:03:43	SERVICOS SOCIAIS MONTEPIO
16	1542	MIGUEL FERNANDES	0:37:37	0:07:09	0:17:18	0:37:35	0:03:45	
17	1225	PEDRO AFONSO PEREIRA	0:37:43	0:07:15	0:17:38	0:37:37	0:03:45	RAIL RUNNERS
18	1661	PAULO HERMEZILHA	0:37:54	0:07:26	0:17:38	0:37:48	0:03:46	ASSOC. ESTILOS DE VIDA EM LISBOA
19	1838	ANTONINO VIEIRA AMARANTE VAZ	0:38:11	0:07:42	0:17:41	0:38:07	0:03:48	SPORTING CLUBE DA REBOLEIRA DAMAJA
20	1138	DAVID ROSA	0:38:12	0:07:44	0:17:57	0:38:05	0:03:48	A NATUREZA ENSINA
21	592	FERNANDO ALMEIDA	0:38:34	0:08:06	0:17:53	0:38:28	0:03:50	
22	1803	MARCO VELOSO	0:38:58	0:08:30	0:17:51	0:38:54	0:03:53	LINDA-A-PASTORA SPORTING CLUBE
23	1660	NUNO LOURENÇO	0:39:00	0:08:32	0:18:04	0:38:53	0:03:53	ASSOC. ESTILOS DE VIDA EM LISBOA
24	1154	VALTER OLIVEIRA	0:39:28	0:09:00	0:18:14	0:39:24	0:03:56	WERUN PORTUGAL
25	1342	JOÃO PEREIRA	0:39:32	0:09:04	0:18:35	0:39:21	0:03:56	C.BENFICA ALGUEIRAO M MARTINS
26	1463	HUGO LUZ	0:39:40	0:09:12	0:18:43	0:39:36	0:03:57	WWW.OCARTAXEIRO.COM
27	732	NUNO	0:40:03	0:09:35	0:18:40	0:39:54	0:03:59	
28	576	NUNO FILIPE SILVA	0:40:12	0:09:44	0:18:40	0:40:12	0:04:01	CORRER LISBOA
29	436	PAULO ALVES	0:40:23	0:09:55	0:18:34	0:40:09	0:04:00	WEST RUNNERS
30	1144	RUI PAREDES	0:40:28	0:10:00	0:18:48	0:40:22	0:04:02	A NATUREZA ENSINA
31	1296	JOÃO AFONSO	0:40:34	0:10:06	0:19:21	0:40:01	0:04:00	
32	1893	JORGE SEBASTIÃO	0:40:35	0:10:07	0:18:31	0:40:23	0:04:02	
33	114	PAULO ALVES	0:40:49	0:10:21	0:18:50	0:40:47	0:04:04	GPCTIN CASA DA MOEDA
34	1711	PEDRO GOMES	0:41:01	0:10:33	0:18:47	0:39:30	0:03:57	CLUBE ATLETISMO ODIMARQ
35	1346	LUIS PEDRO FERREIRA	0:41:04	0:10:36	0:19:32	0:40:55	0:04:05	C.BENFICA ALGUEIRAO M MARTINS
36	771	PAULO JORGE ROBALO	0:41:09	0:10:41	0:19:30	0:40:46	0:04:04	
37	593	EDUARDO SANTOS	0:41:19	0:10:51	0:19:02	0:41:14	0:04:07	
38	1028	PEDRO MARTINS	0:41:30	0:11:02	0:19:09	0:41:05	0:04:06	PEDROS
39	405	PEDRO SOARES	0:41:31	0:11:02	0:19:02	0:41:25	0:04:08	CORRER LISBOA
40	106	PEDRO FERNANDES	0:41:56	0:11:28	0:19:10	0:41:34	0:04:09	
41	354	HUGO ROCHA	0:42:01	0:11:33	0:19:14	0:41:37	0:04:09	
42	449	NUNO SABINO	0:42:07	0:11:39	0:19:03	0:41:49	0:04:10	ACOREANA CLUBE BANIF
43	1541	PEDRO LUZIO	0:42:08	0:11:40	0:19:17	0:41:47	0:04:10	SS CGD
44	1683	HUGO COSTA	0:42:14	0:11:46	0:19:09	0:41:56	0:04:11	CENTRO DESPORTIVO UNIVERSITARIO DE LISBO
45	839	VITOR NOVAIS	0:42:20	0:11:52	0:19:33	0:41:26	0:04:08	GRUPO AMIGOS ATLETISMO VFXIRA
46	616	JOÃO GREGÓRIO	0:42:26	0:11:58	0:19:48	0:42:16	0:04:13	
47	1882	CÁTIA SERÓDIO	0:42:37	0:12:09	0:19:39	0:42:35	0:04:15	O PRATICANTE
48	86	RICARDO JORGE LOPES PEREIRA	0:42:45	0:12:17	0:19:38	0:42:43	0:04:16	
49	1486	PAULO ALEXANDRE CALDEIRA	0:42:56	0:12:28	0:19:40	0:42:28	0:04:14	
50	41	BRUNO AMARO	0:43:09	0:12:41	0:19:51	0:42:39	0:04:15	



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Posição	Dorsal	Atleta	T. Oficial	Dif. 1º	T. 5k	T. Real	Ritmo	Equipa
51	491	MIGUEL TRUNINGER SOUSA	0:43:20	0:12:52	0:20:06	0:43:02	0:04:18	CLUBE COLABORADORES AXA
52	1271	EDUARDO QUARESMA	0:43:29	0:13:01	0:20:06	0:42:35	0:04:15	
53	1568	FERNANDO COSTA	0:43:35	0:13:07	0:20:10	0:43:17	0:04:19	
54	248	RODRIGO ALMEIDA	0:43:37	0:13:09	0:20:02	0:43:26	0:04:20	CLUBE DO NOVO BANCO
55	321	SÉRGIO DA SILVA ESPADANA PIRES	0:43:42	0:13:14	0:20:58	0:43:27	0:04:20	
56	620	PEDRO CABRAL	0:43:44	0:13:16	0:19:35	0:42:16	0:04:13	
57	837	MAURO PIMENTA	0:43:54	0:13:26	0:20:41	0:42:55	0:04:17	GRUPO AMIGOS ATLETISMO VFXIRA
58	386	PAULO FLOR	0:44:01	0:13:33	0:21:04	0:43:20	0:04:20	AJP
59	38	DANIEL RAMOS	0:44:04	0:13:36	0:19:22	0:43:15	0:04:19	
60	1451	TIAGO MADEIRA	0:44:10	0:13:42	0:20:02	0:43:48	0:04:22	
61	661	FILIPE MARQUES	0:44:14	0:13:46	0:21:00	0:43:51	0:04:23	BANCO ALIMENTAR
62	1544	PAULO MARQUES	0:44:25	0:13:57	0:19:20	0:43:36	0:04:21	
63	118	RUI CORREIA	0:44:36	0:14:08	0:20:58	0:43:54	0:04:23	GPCTIN CASA DA MOEDA
64	446	HUGO SOUSA	0:44:40	0:14:12	0:21:05	0:44:27	0:04:26	ACOREANA CLUBE BANIF
65	53	DIOGO MAGALHAES	0:44:59	0:14:31	0:20:54	0:44:46	0:04:28	
66	1834	MARCO COSTA	0:45:10	0:14:42	0:21:08	0:44:29	0:04:26	SPORT LISBOA E CAMPOLIDE
67	1283	GONÇALO ROSADO	0:45:16	0:14:48	0:20:45	0:44:31	0:04:27	
68	282	MARCO CASEIRO	0:45:20	0:14:52	0:21:46	0:45:20	0:04:32	OS PERIGOSOS
69	577	NUNO COUTO	0:45:23	0:14:55	0:21:15	0:45:16	0:04:31	
70	1785	BENARDO RODRIGUES	0:45:29	0:15:01	0:20:11	0:43:59	0:04:23	LINDA-A-PASTORA SPORTING CLUBE
71	390	TIAGO DOMINGUES	0:45:34	0:15:06	0:20:43	0:45:15	0:04:31	
72	444	ALEXANDRE MONTEIRO	0:45:36	0:15:08	0:21:52	0:44:03	0:04:24	BANCO ALIMENTAR
73	1482	CARLOS ANDRÉ DIAS FERREIRA	0:45:37	0:15:09	0:21:14	0:43:24	0:04:20	
74	96	JOSÉ LIBERATO	0:45:47	0:15:19	0:21:22	0:45:08	0:04:30	GPCTIN CASA DA MOEDA
75	1854	PAULO SIMÕES	0:46:18	0:15:50	0:21:27	0:45:29	0:04:32	
76	940	PEDRO VASCONCELOS	0:46:19	0:15:50	0:21:03	0:46:15	0:04:37	
77	212	PAULO CALDEIRA	0:46:21	0:15:53	0:21:58	0:45:46	0:04:34	
78	1371	HUGO FERREIRA	0:46:27	0:15:59	0:21:21	0:45:13	0:04:31	LEBRES E TARTARUGAS
79	532	PEDRO FILIPE MAIA	0:46:29	0:16:01	0:21:08	0:46:15	0:04:37	
80	728	JOÃO JORGE	0:46:31	0:16:03	0:21:50	0:46:17	0:04:37	
81	1270	NUNO CURTO	0:46:33	0:16:05	0:20:52	0:45:39	0:04:33	
82	724	MARCO CARVALHO	0:46:37	0:16:09	0:21:19	0:45:41	0:04:34	
83	306	FREDERICO NOBRE	0:46:40	0:16:12	0:22:05	0:46:02	0:04:36	CLUBE DO STRESS
84	1901	CARLOS REBELO	0:46:40	0:16:12	0:21:33	0:45:18	0:04:31	LIBERTY SEGUROS
85	811	MIGUEL REIS	0:46:47	0:16:19	0:21:23	0:46:24	0:04:38	SS CGD
86	1444	MANUEL BENTO	0:46:57	0:16:29	0:20:25	0:46:48	0:04:40	SPORTING CLUBE DE CASINHOS
87	195	JOSÉ TOMÁS	0:47:00	0:16:32	0:20:42	0:46:53	0:04:41	VALEJAS ATLETICO CLUBE
88	470	PEDRO SERRA	0:47:09	0:16:41	0:21:50	0:46:47	0:04:40	CORRER LISBOA
89	846	RENATO RAMOS	0:47:19	0:16:51	0:21:05	0:46:03	0:04:36	MOVET
90	954	SÉRGIO NUNES	0:47:25	0:16:57	0:21:40	0:45:35	0:04:33	FC ESTRELAS LISBOA
91	246	JOÃO BATISTA	0:47:30	0:17:02	0:22:11	0:46:56	0:04:41	CLUBE DO NOVO BANCO
92	974	GONÇALO REY	0:47:35	0:17:07	0:21:34	0:46:54	0:04:41	
93	435	NUNO FREITAS	0:47:45	0:17:17	0:22:16	0:47:28	0:04:44	
94	1795	JORGE BANHA	0:47:50	0:17:22	0:20:53	0:47:38	0:04:45	LINDA-A-PASTORA SPORTING CLUBE
95	819	PEDRO LOPES	0:47:54	0:17:26	0:22:02	0:47:11	0:04:43	SS CGD
96	289	ANTÓNIO PEREIRA	0:48:04	0:17:36	0:21:44	0:46:39	0:04:39	
97	1593	VASCO MAGALHÃES	0:48:06	0:17:38	0:21:59	0:47:03	0:04:42	TARTARUGAS SOLIDARIAS
98	1238	LUÍS MESTRE	0:48:10	0:17:42	0:22:53	0:47:28	0:04:44	
99	1297	SÉRGIO MOTA PEREIRA	0:48:10	0:17:42	0:22:38	0:47:36	0:04:45	
100	1009	NUNO RODRIGUES	0:48:17	0:17:49	0:21:58	0:47:05	0:04:42	SERVICOS SOCIAIS MONTEPIO



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Posição	Dorsal	Atleta	T. Oficial	Dif. 1º	T. 5k	T. Real	Ritmo	Equipa
101	795	PEDRO LOPES	0:48:20	0:17:52	0:22:36	0:47:54	0:04:47	
102	344	TELMO OLIVEIRA	0:48:25	0:17:57	0:22:07	0:48:11	0:04:49	WEST RUNNERS
103	1808	PAULO RODRIGUES	0:48:38	0:18:10	0:22:43	0:48:34	0:04:51	LINDA-A-PASTORA SPORTING CLUBE
104	205	RUI MATOS	0:48:39	0:18:11	0:22:45	0:47:17	0:04:43	BANCO ALIMENTAR
105	1468	NUNO APOLO	0:48:40	0:18:12	0:22:33	0:48:13	0:04:49	WWW.OCARTAXEIRO.COM
106	601	HUGO DIAS	0:48:42	0:18:14	0:22:11	0:48:14	0:04:49	
107	523	JOÃO GONÇALVES	0:48:42	0:18:14	0:22:13	0:47:43	0:04:46	PRIMOS DOS POUSOS
108	1300	NUNO CLEMENTE	0:48:46	0:18:18	0:21:43	0:47:00	0:04:42	TIVOLI
109	1027	PEDRO FERRAZ	0:48:59	0:18:31	0:21:57	0:48:34	0:04:51	PEDROS
110	857	FAIZAL ISMAEL	0:49:04	0:18:36	0:23:00	0:48:49	0:04:52	BANCO ALIMENTAR
111	1124	RUI PEDRO SILVA	0:49:12	0:18:44	0:22:32	0:48:31	0:04:51	
112	1672	ARTUR NOBRE VICENTE	0:49:26	0:18:58	0:22:59	0:48:42	0:04:52	ASSOCIACAO DESPORTIVA NUCLEOEIRAS
113	517	FRANCISCO SANTOS	0:49:32	0:19:04	0:22:33	0:49:06	0:04:54	WEST RUNNERS
114	660	RUI VEITAS	0:49:34	0:19:06	0:22:46	0:49:11	0:04:55	BANCO ALIMENTAR
115	720	PAULO CALDEIRA	0:49:34	0:19:06	0:22:15	0:49:19	0:04:55	FAMILIA
116	112	NUNO GONÇALVES	0:49:35	0:19:07	0:22:45	0:48:52	0:04:53	GDCINCM
117	1472	JOSÉ ARTUR ALMEIDA	0:49:37	0:19:09	0:22:35	0:49:25	0:04:56	
118	975	MIGUEL SANTOS	0:49:39	0:19:11	0:22:20	0:47:38	0:04:45	
119	977	JOAO VAZ	0:49:39	0:19:11	0:22:20	0:47:38	0:04:45	
120	1203	CARLOS RIBEIRO	0:49:51	0:19:23	0:22:36	0:49:39	0:04:57	
121	922	NUNO MATIAS	0:49:53	0:19:25	0:23:08	0:47:45	0:04:46	
122	718	ALEXANDRE RAINHA CAMPOS	0:49:54	0:19:26	0:21:31	0:49:43	0:04:58	BRAIN TUMOR TEAM
123	1418	JOÃO CARVALHO	0:49:56	0:19:28	0:23:12	0:48:22	0:04:50	ETIOPE E QUENIANOS
124	1872	RICARDO JORGE DE DEUS CATELA	0:50:02	0:19:34	0:23:11	0:48:58	0:04:53	LIBERTY SEGUROS
125	1579	HÉLIO MARTINS	0:50:03	0:19:35	0:23:48	0:49:36	0:04:57	BANCO ALIMENTAR
126	65	GLEIBER MENDES	0:50:10	0:19:42	0:25:20	0:50:10	0:05:01	4CLIENT
127	1691	RUI BARROCA	0:50:11	0:19:43	0:23:22	0:49:02	0:04:54	CENTRO DESPORTIVO UNIVERSITARIO DE LISBO
128	1427	RUI VIDEIRA	0:50:21	0:19:53	0:22:21	0:47:58	0:04:47	TARTARUGAS SOLIDARIAS
129	1687	MIGUEL VINAGRE	0:50:21	0:19:53	0:23:10	0:49:01	0:04:54	CENTRO DESPORTIVO UNIVERSITARIO DE LISBO
130	1858	NUNO PAULO VARANDAS CARAMPANTA	0:50:22	0:19:54	0:22:52	0:49:35	0:04:57	LIBERTY SEGUROS
131	343	JOÃO MENDES	0:50:26	0:19:58	0:22:22	0:49:51	0:04:59	WEST RUNNERS
132	1313	CARLOS MANUEL DO NASCIMENTO MARQUES	0:50:29	0:20:01	0:22:59	0:48:07	0:04:48	
133	646	PAULO TRIGO	0:50:29	0:20:01	0:23:17	0:49:34	0:04:57	
134	247	RICARDO SILVA	0:50:35	0:20:07	0:23:18	0:49:07	0:04:54	CLUBE DO NOVO BANCO
135	538	HUGO SEVERINO	0:50:36	0:20:08	0:23:44	0:49:47	0:04:58	CLUBE EDP - LISBOA
136	1557	DANIEL ALVES	0:50:41	0:20:13	0:24:23	0:50:03	0:05:00	
137	362	JOSÉ ESTEVES	0:50:57	0:20:29	0:23:20	0:49:17	0:04:55	BANCO ALIMENTAR
138	873	PAULO CALDEIRA	0:50:58	0:20:30	0:24:28	0:49:43	0:04:58	CLUBE ATLETICO DAS PATAMEIRAS
139	1836	RICARDO PEREIRA	0:51:07	0:20:38	0:24:04	0:50:25	0:05:02	SPORT LISBOA E CAMPOLIDE
140	1473	DANIEL VINAGRE	0:51:07	0:20:39	0:23:03	0:50:14	0:05:01	BISNAGAS
141	1150	RICARDO SOUSA	0:51:10	0:20:42	0:23:15	0:49:29	0:04:56	OS PAPOILAS SALTITANTES
142	745	NUNO BARBOSA MORAIS	0:51:15	0:20:47	0:24:18	0:50:44	0:05:04	BRAIN TUMOR TEAM
143	1171	SANDRO PINTO	0:51:16	0:20:48	0:23:39	0:50:20	0:05:02	RUNLOVERS
144	1889	RICARDO ANDORINHO	0:51:31	0:21:03	0:24:01	0:49:32	0:04:57	
145	1088	RUI GOMES	0:51:33	0:21:05	0:23:40	0:49:41	0:04:58	SAMSUNG
146	1180	DAVID PINHEIRO	0:51:34	0:21:05	0:23:18	0:49:29	0:04:56	AFO
147	1907	ANTONIO ARNAUT	0:51:34	0:21:06	0:22:58	0:49:51	0:04:59	
148	429	TIAGO SALVADO	0:51:41	0:21:13	0:23:40	0:50:24	0:05:02	MOVET
149	805	GONÇALO ZAGALO	0:51:56	0:21:28	0:23:39	0:51:16	0:05:07	PERNAS DE GAFANHOTO
150	1060	PEDRO ASCENSÃO	0:52:06	0:21:38	0:23:08	0:51:25	0:05:08	



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Posição	Dorsal	Atleta	T. Oficial	Dif. 1º	T. 5k	T. Real	Ritmo	Equipa
151	337	CARLOS DIAS	0:52:16	0:21:48	0:23:49	0:50:57	0:05:05	
152	1878	RUI FILIPE FRANCO FERREIRA LIMA DA SILVA	0:52:19	0:21:51	0:25:41	0:51:05	0:05:06	LIBERTY SEGUROS
153	1903	HENRIQUE VENTURA	0:52:29	0:22:01	0:23:38	0:51:08	0:05:06	LIBERTY SEGUROS
154	518	MARCO DURÃO	0:52:34	0:22:06	0:24:38	0:51:37	0:05:09	MRE
155	204	JOÃO MEDEIROS	0:52:34	0:22:06	0:24:26	0:51:05	0:05:06	
156	759	HUGO VENANCIO	0:52:37	0:22:09	0:24:32	0:51:54	0:05:11	SS CGD
157	1298	HUMBERTO CARLOS JÚLIO VALENTIM	0:52:48	0:22:20	0:24:05	0:51:25	0:05:08	
158	1484	NUNO GUERREIRO	0:52:51	0:22:23	0:23:42	0:50:37	0:05:03	
159	1516	LUÍS BOLETO	0:52:53	0:22:25	0:25:11	0:51:16	0:05:07	BRAIN TUMOR TEAM
160	1284	TIAGO BATISTA	0:52:53	0:22:25	0:24:24	0:52:09	0:05:12	
161	996	DAVID ALMEIDA	0:52:54	0:22:26	0:23:12	0:50:43	0:05:04	SERVICOS SOCIAIS MONTEPIO
162	521	JORGE SOUSA	0:53:13	0:22:45	0:23:50	0:52:15	0:05:13	PRIMOS DOS POUSOS
163	600	LUÍS MATIAS	0:53:33	0:23:05	0:23:28	0:51:47	0:05:10	BANCO ALIMENTAR
164	1318	JOÃO CARLOS VAZ FERNANDES	0:53:33	0:23:05	0:24:10	0:52:59	0:05:17	
165	1437	PEDRO PEREIRA	0:53:37	0:23:09	0:23:30	0:51:34	0:05:09	AFO
166	1621	DAVID VAZ	0:53:53	0:23:25	0:24:57	0:51:45	0:05:10	BRAIN TUMOR TEAM
167	1416	AFONSO PINO	0:53:56	0:23:28	0:24:32	0:52:23	0:05:14	ETIOPE E QUENIANOS
168	295	NUNO CARNEIRO	0:54:06	0:23:38	0:24:34	0:53:29	0:05:20	
169	584	VASCO GONÇALVES VIEIRA	0:54:09	0:23:41	0:25:05	0:51:58	0:05:11	
170	1615	JOSÉ LUÍS DINIS	0:54:21	0:23:53	0:24:45	0:53:24	0:05:20	
171	1485	MARCO BAPTISTA	0:54:25	0:23:57	0:24:27	0:52:11	0:05:13	
172	1182	RICARDO CAMPOS	0:54:47	0:24:19	0:25:39	0:52:42	0:05:16	AFO
173	1178	MÁRIO CAETANO	0:54:55	0:24:27	0:25:22	0:52:51	0:05:17	AFO
174	18	BRUNO MADEIRA	0:54:59	0:24:31	0:25:57	0:54:41	0:05:28	
175	1432	SERGIO LOPES	0:55:02	0:24:34	0:25:52	0:54:02	0:05:24	CÂMARA LISBOA CLUBE
176	279	HUGO COLAÇO	0:55:05	0:24:37	0:25:08	0:52:53	0:05:17	BANCO ALIMENTAR
177	1411	JOÃO ARTUR BAPTISTA	0:55:28	0:25:00	0:24:52	0:53:45	0:05:22	
178	389	SÉRGIO CARDOSO	0:55:42	0:25:14	0:24:49	0:54:49	0:05:28	
179	797	CRISTIANO SANTOS	0:56:11	0:25:43	0:25:20	0:54:32	0:05:27	
180	842	NUNO ALMEIDA	0:56:25	0:25:57	0:24:32	0:54:12	0:05:25	FAST AND FURIOUS FROM BELAS
181	1465	ANTÓNIO MARQUES	0:56:32	0:26:04	0:25:17	0:54:57	0:05:29	WWW.OCARTAXEIRO.COM
182	1590	EDUARDO SANTINI	0:56:43	0:26:15	0:25:38	0:54:27	0:05:26	ORIGINAL RUNNERS
183	814	PAULO ABREU	0:56:56	0:26:28	0:26:34	0:54:53	0:05:29	SS CGD
184	314	MIGUEL ANGELO CARVALHO	0:57:06	0:26:38	0:25:14	0:56:33	0:05:39	BANCO ALIMENTAR
185	605	RICARDO JOSÉ PIMENTA	0:57:07	0:26:39	0:26:15	0:55:57	0:05:35	
186	1458	PAULO DINIS	0:57:11	0:26:43	0:25:58	0:56:44	0:05:40	RESTAURANTE O CARTAXEIRO
187	133	NUNO ALEXANDRE DA SILVA SANTIAGO	0:57:20	0:26:52	0:25:59	0:55:21	0:05:32	BANCO ALIMENTAR
188	1084	NELSON CHENG	0:57:35	0:27:07	0:26:36	0:55:40	0:05:34	SAMSUNG
189	947	ANTÓNIO CASAS NOVAS	0:57:37	0:27:09	0:26:22	0:56:07	0:05:36	GODINHO
190	1620	ORLANDO CUNHA	0:57:44	0:27:16	0:26:11	0:55:42	0:05:34	
191	393	SÉRGIO MESQUITA	0:57:50	0:27:22	0:26:21	0:56:06	0:05:36	RUN BUDDY RUN
192	392	GONÇALO LOPES	0:57:50	0:27:22	0:26:24	0:56:05	0:05:36	RUN BUDDY RUN
193	191	NUNO TEIXEIRA	0:58:09	0:27:41	0:27:09	0:56:43	0:05:40	
194	997	FERNANDO PALMA	0:58:14	0:27:46	0:26:27	0:56:05	0:05:36	SERVICOS SOCIAIS MONTEPIO
195	1865	SANDRA LOPES	0:58:47	0:28:19	0:27:32	0:56:41	0:05:40	LIBERTY SEGUROS
196	769	NUNO CASTELBRANCO SILVA	0:58:54	0:28:26	0:26:42	0:58:17	0:05:49	
197	342	JOAQUIM NUNES PIMENTEL	0:59:04	0:28:36	0:26:49	0:57:22	0:05:44	
198	868	JOSÉ MIGUEL CARVALHO	0:59:19	0:28:51	0:26:41	0:57:45	0:05:46	
199	185	VALTER LOPES	0:59:25	0:28:57	0:27:11	0:57:22	0:05:44	
200	453	NUNO SILVA	0:59:42	0:29:14	0:25:44	0:58:28	0:05:50	ACOREANA CLUBE BANIF



G. P. Natal - 10km - CLASSIFICAÇÃO VETERANOS-A M

Posição	Dorsal	Atleta	T. Oficial	Dif. 1º	T. 5k	T. Real	Ritmo	Equipa
201	1478	PEDRO SILVA LOPES	0:59:52	0:29:24	0:27:08	0:57:40	0:05:46	ROUND TABLE RUNNING TEAM
202	1152	BRUNO SILVA	0:59:54	0:29:26	0:27:27	0:58:11	0:05:49	OS PAPOILAS SALTITANTES
203	1609	IVAN MIGUEL GUERRA	0:59:56	0:29:28	0:30:05	0:59:56	0:05:59	
204	372	NUNO LOURENÇO	1:00:16	0:29:48	0:27:30	0:59:13	0:05:55	
205	1367	RICARDO CALDEIRA	1:00:29	0:30:01	0:27:01	1:00:09	0:06:00	CASA DO PESSOAL DO IVA
206	1887	PEDRO FURTADO	1:00:40	0:30:12	0:28:16	0:58:53	0:05:53	
207	1280	NUNO ALMEIDA DIAS	1:01:02	0:30:34	0:27:33	0:58:50	0:05:53	
208	1577	NUNO PIRES DA SILVA	1:01:13	0:30:45	0:26:23	0:58:57	0:05:53	
209	1194	GUERRA	1:01:34	0:31:06	0:27:59	0:59:41	0:05:58	BANCO ALIMENTAR
210	198	JOAO VENES	1:01:38	0:31:10	0:29:52	1:01:38	0:06:09	
211	469	HUGO FIALHO	1:01:57	0:31:29	0:27:55	1:01:06	0:06:06	CORRER LISBOA
212	1611	RICARDO ROSA	1:02:05	0:31:37	0:27:58	1:00:00	0:06:00	
213	709	PEDRO MIGUEL ESTEVES FERNANDES	1:02:12	0:31:44	0:28:58	1:00:20	0:06:02	CLUBE MILLENIUM BCP
214	824	RICARDO MARTINS	1:02:26	0:31:58	0:28:40	1:01:48	0:06:10	
215	763	SÉRGIO CASTRO	1:03:17	0:32:49	0:27:46	1:02:39	0:06:15	PERNAS DE GAFANHOTO
216	336	JORGE LOURENÇO	1:03:53	0:33:25	0:28:43	1:02:34	0:06:15	
217	1537	TIAGO DIAS	1:04:01	0:33:33	0:29:21	1:02:37	0:06:15	
218	1307	ADELINO GUILHERME	1:04:16	0:33:48	0:28:40	1:02:29	0:06:14	TIVOLI
219	648	GLEYSSEN FELIX	1:04:41	0:34:13	0:28:13	1:04:05	0:06:24	
220	662	FERNANDO FERNANDES	1:04:48	0:34:20	0:28:54	1:02:55	0:06:17	PI-LINHA RUNNERS
221	187	RUI MANUEL DIAS	1:04:48	0:34:20	0:29:16	1:02:56	0:06:17	PI-LINHA RUNNERS
222	119	VITOR CARDOSO	1:04:56	0:34:28	0:29:50	1:03:11	0:06:19	GPCTIN CASA DA MOEDA
223	1069	PAULO LUIS PEREIRA BRANDÃO DE SOUSA MATO	1:05:02	0:34:34	0:29:24	1:04:39	0:06:27	
224	1046	MIGUEL CRUZ	1:05:05	0:34:37	0:26:47	1:03:48	0:06:22	MOVET
225	168	FILIPPE COSTA	1:05:22	0:34:54	0:29:47	1:03:56	0:06:23	BANCO ALIMENTAR
226	1632	RICARDO NUNO MARTINS SILVA PEREIRA	1:05:36	0:35:08	0:29:50	1:04:13	0:06:25	
227	1404	JOÃO VAZ	1:05:53	0:35:25	0:31:19	1:05:25	0:06:32	FALCOES SELVAGENS
228	953	PEDRO MARTINS	1:06:35	0:36:07	0:29:13	1:04:44	0:06:28	FC ESTRELAS LISBOA
229	1250	PAULO MARQUES	1:06:59	0:36:31	0:30:49	1:06:18	0:06:37	
230	1853	LUIS CABAÇA	1:08:11	0:37:43	0:30:44	1:07:07	0:06:42	
231	965	LUIS FORTES	1:08:38	0:38:10	0:36:06	1:08:38	0:06:51	THE LAST ONES
232	957	PEDRO CARVALHO	1:09:41	0:39:13	0:30:44	1:07:50	0:06:47	FC ESTRELAS LISBOA
233	1258	HUGO FERREIRA	1:12:39	0:42:11	0:30:58	1:10:25	0:07:02	
234	535	FRANCISCO JOSÉ GALÃO BERNARDO	1:17:03	0:46:35	0:34:11	1:14:57	0:07:29	